

## Woodland Lunch January 2024 K-8 & 9-12

Monday	Tuesday	Wednesday	Thursday	Friday	
l OFF	2 OFF	3 <b>OFF</b>	4 OFF	5 OFF	
8**Meatless Monday**  Mac and cheese Carrots Green Beans Applesauce Papaya Mango Asst. Milk	9 Chicken quesadillas Rice Pilaf Refried beans Mandarin- oranges/Grapes Asst. Milk	10 Goulash Bread stick Roasted veggies Asparagus Peaches / Pears Asst. Milk	Black bean Burger Yams California Blend Pineapple Cuties oranges Asst. Milk	Popcorn chicken Scallop Potatoes Baked beans Cantaloupe Applesauce Asst. Milk	Alternate:  Monday-PB&J  Chicken wrap
Professional Development Day Staff Only	16 Hamburger Green Beans Garden salad Fruit Cocktail Applesauce Asst. Milk	BBQ chicken Whole Grain roll Roasted potato's Wax Beans Peaches/ Grapes Asst. Milk	Sloppy Joe's Squash Blend Peas & Carrot Mandarin oranges/ Mango Asst. Milk	French Bread cheese pizza Cucumber slices California blend Fruit cocktail Grapes Asst. Milk	Alternate:
Cheese Pizza Salad Green Beans Fruit cocktail Grapes Asst. Milk	23 Chili Garlic bread Broccoli Peas/carrots Peaches Mango cup Asst. Milk	24 Hot Ham Cheese Sandwich Baked beans California Blend Applesauce Orange Slices Asst. Milk	25 Beef stroganoff Whole Grain Roll Squash blend Garden Salad Honeydew Pears Asst. Milk	26 Chicken parmesan sandwich Wax beans/ Corn Pineapple Fruit Cocktail Asst. Milk	Alternate:  Monday- PB&J  Grilled Chicken Sandwich
29**Meatless Monday** Grilled Cheese Tomato soup Garden salad Grapes / Pears Asst. Milk	30 Cheeseburger Broccoli Sweet fries Pineapple Cuties oranges Asst. Milk	31 Chicken alfredo California blend Carrot sticks Pears / Grapes Asst. Milk			Alternate:

Any Questions, please feel free to call anytime: Kellie Strenk (810)455-4289

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Elementary Lunch Secondary Reduce Lunch

Asst Milk included with every meal,1% white, Chocolate & Strawberry

\*Grindable will substitute mixed veggies for salad, fruit cocktail for pineapple, and peas for corn.

\*\* All students are provided a free breakfast and lunch, under the CEP program 2023-24