

January

Post Falls School District
Nutrition Services



MIDDLE SCHOOL MENU

2024



Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
Happy New Year!				
8 Breakfast Pancake Wrap Lunch Chicken Patty Sandwich	9 Breakfast Breakfast Bread Yogurt Lunch Crispito Potato Choice	10 Breakfast Breakfast Pizza Lunch RIBBQ Sandwich Baked Beans	11 Breakfast Breakfast Sandwich Egg & Cheese Lunch Chicken Nuggets Garlic Bread Potato Choice	12 Walk in lunches available Please see PFSD website for details.
15 NO SCHOOL	16 Breakfast PopTart Yogurt Lunch Enchilada w/ Salsa Verde Sauce Salsa Rice NEW	17 Breakfast Cereal Bar Lunch Cheeseburger Potato Choice	18 Breakfast French Toast Mini Sausage Links Lunch Teriyaki Chicken Rice Bowl Dinner Roll NEW	19 Breakfast Biscuit & Gravy Lunch Corndogs Pudding cup
22 Breakfast Breakfast Bagel Egg and Cheese Lunch Macaroni & Cheese Pork Bowl Garlic Toast	23 Breakfast Breakfast Round Yogurt Lunch Big Daddy BBQ Chicken Pizza NEW	24 Breakfast Breakfast Burrito Diced Potato Lunch Chicken Cheesy Rice Bake Dinner Roll NEW	25 Breakfast Mini Waffle Sausage Links Lunch Hot Ham & Cheese Sandwich Sunchip	26 Walk in lunches available Please see PFSD website for details.
29 Breakfast Pancake Wrap on a Stick Lunch Cheeseburger Baked Chips	30 Breakfast Breakfast Bread Yogurt Lunch Bean & Cheese Burrito Potato Choice	31 Breakfast Breakfast Pizza Lunch Chicken Alfredo Pasta Dinner Roll NEW	1 Breakfast Breakfast Sandwich Egg & Cheese Lunch Beef Hot Dog Scratch Cookie	2 Walk in lunches available Please see PFSD website for details.

ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK

ALL LUNCHESS COME WITH FRUIT, VEGGIES AND MILK

See our virtual menu on the Nutrition Services homepage at www.pfsd.com for nutrition and allergen information.

Meal Prices:	
Milk—	\$0.60
Breakfast—	\$2.20
Reduced	\$.30
Lunch—	\$3.45
Reduced	\$.40
Adult lunch—	\$4.70

Alternate lunch choices:

**Uncrustable
PB&J, Pizza,
Salad or Sub
Sandwich**

ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.