

Middle School

January 3-5, 2024



EVERYDAY SELECTS

M
T
W
TH
F

Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries

DAILY SPECIALS

M: Grilled Cheese W: Corndog F: Bacon Cheeseburger



**PLANT-BASED, VEGETARIAN,
NATURAL & MORE... ALL THE
INGREDIENTS YOU LOVE!**

mon

Apples, Bananas,
Oranges, Peaches,
Beans
Salad Mix

TUES

Apples, Bananas, Oranges
Apple Sauce
Basil Corn Salad
Broccoli
Salad Mix

WED

Apples, Bananas,
Oranges, Pears
Carrots
Salad Mix

THURS

Apples, Bananas, Oranges
Apple Sauce
Apple Glazed Baby Carrots
Corn
Salad Mix

FRI

Apples, Bananas,
Oranges, Peaches
Celery Sticks
Salad Mix

FAST TAKES

M
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Turkey & Cheese Sub, Crispy Chicken Wrap, Chef Salad, Fiesta Dip Box
American Combo Sub, Chicken Caesar Wrap, Garden Hearty Salad, Strawberry Banana Parfait
Italian Combo Sub, Buffalo Chicken Wrap, Crispy Chicken Salad, Hummus Box
Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks, Parmesan Green Beans
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries OK

DAILY SPECIALS

Uncrustable Box
Sunbutter & Jelly Sandwich Box

EVERYDAY PIZZA

M
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Sausage Pizza & Roasted Broccoli
Buffalo Chicken Pizza & Parmesan Green Beans
Supreme Pizza & Roasted Broccoli and Cauliflower
Cheeseburger Pizza & Parmesan Green Beans
Meat Lover's Pizza & Roasted Broccoli

DAILY SPECIALS

Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks

GLOBAL FLAVORS

M
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Breakfast 4 Lunch: Pancakes, Waffles, Scrambled Eggs, Sausage, Cinnamon Apples, Sweet Potato Fries, Tots
Teriyaki Chicken Wrap, Korean BBQ Tofu Wrap, Soy Roasted Potatoes, Spicy Asian Veggies, Broccoli
Cheese Calzone, Pepperoni Calzone, Broccoli & Red Peppers, Butternut Squash, Parmesan Green Beans
Tinga Chicken Wrap, Beef Taco Wrap, Black Beans, Mexican Sweet Potatoes, Mexican Zucchini
Greek Meatball Rollup, 3 Cheese Flatbread, Broccoli, Summer Squash, Roasted Chickpeas

DAILY SPECIALS

Classic Foods Around the World

*This institution is an equal
opportunity provider.
Additional nutrition information
available upon request.*

Middle School

January 8-12, 2024



EVERYDAY SELECTS

M
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F

Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries

DAILY SPECIALS

M: Grilled Cheese W: Corndog F: Bacon Cheeseburger



**PLANT-BASED, VEGETARIAN,
NATURAL & MORE... ALL THE
INGREDIENTS YOU LOVE!**

mon

Apples, Bananas,
Oranges, Peaches,
Beans
Salad Mix

TUES

Apples, Bananas, Oranges
Apple Sauce
Basil Corn Salad
Broccoli
Salad Mix

WED

Apples, Bananas,
Oranges, Pears
Carrots
Salad Mix

THURS

Apples, Bananas, Oranges
Apple Sauce
Apple Glazed Baby Carrots
Corn
Salad Mix

FRI

Apples, Bananas,
Oranges, Peaches
Celery Sticks
Salad Mix

FAST TAKES

M
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Turkey & Cheese Sub, Crispy Chicken Wrap, Chef Salad, Fiesta Dip Box
American Combo Sub, Chicken Caesar Wrap, Garden Hearty Salad, Strawberry Banana Parfait
Italian Combo Sub, Buffalo Chicken Wrap, Crispy Chicken Salad, Hummus Box
Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks, Parmesan Green Beans
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries OK

DAILY SPECIALS

Uncrustable Box
Sunbutter & Jelly Sandwich Box

EVERYDAY PIZZA

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Sausage Pizza & Roasted Broccoli
Buffalo Chicken Pizza & Parmesan Green Beans
Supreme Pizza & Roasted Broccoli and Cauliflower
Cheeseburger Pizza & Parmesan Green Beans
Meat Lover's Pizza & Roasted Broccoli

DAILY SPECIALS

Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks

GLOBAL FLAVORS

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Chicken Nuggets, Chicken Tenders, Crinkle Cut Fries, Baby Carrots, Celery Sticks, Assortment of Sauces
Bean & Cheese Enchiladas, Chicken Enchiladas Suiza, Black Beans, Mexican Sweet Potato, Mexican Zucchini
Chili Cheese Baked Potato, Broccoli Cheese Baked Potato, Beef and Cheese Baked Potato
Pasta Bar: Alfredo Sauce, Meaty Marinara, Broccoli & Red Peppers, Butternut Squash, Parmesan Green Beans
Orange Chicken, Teriyaki Tofu, Fried Rice, Soy Roasted Potatoes, Spicy Asian Vegetables, Broccoli

DAILY SPECIALS

Comfort Foods Around the World

*This institution is an equal
opportunity provider.
Additional nutrition information
available upon request.*

Middle School

January 16-19, 2024



EVERYDAY SELECTS

M
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Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries

DAILY SPECIALS

M: Grilled Cheese W: Corndog F: Bacon Cheeseburger



**PLANT-BASED, VEGETARIAN,
NATURAL & MORE... ALL THE
INGREDIENTS YOU LOVE!**

FAST TAKES

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Turkey & Cheese Sub, Crispy Chicken Wrap, Chef Salad, Fiesta Dip Box
American Combo Sub, Chicken Caesar Wrap, Garden Hearty Salad, Strawberry Banana Parfait
Italian Combo Sub, Buffalo Chicken Wrap, Crispy Chicken Salad, Hummus Box
Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks, Parmesan Green Beans
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries OK

DAILY SPECIALS

Uncrustable Box
Sunbutter & Jelly Sandwich Box

mon

Apples, Bananas,
Oranges, Peaches,
Beans
Salad Mix

TUES

Apples, Bananas, Oranges
Apple Sauce
Basil Corn Salad
Broccoli
Salad Mix

WED

Apples, Bananas,
Oranges, Pears
Carrots
Salad Mix

THURS

Apples, Bananas, Oranges
Apple Sauce
Apple Glazed Baby Carrots
Corn
Salad Mix

FRI

Apples, Bananas,
Oranges, Peaches
Celery Sticks
Salad Mix

EVERYDAY PIZZA

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Sausage Pizza & Roasted Broccoli
Buffalo Chicken Pizza & Parmesan Green Beans
Supreme Pizza & Roasted Broccoli and Cauliflower
Cheeseburger Pizza & Parmesan Green Beans
Meat Lover's Pizza & Roasted Broccoli

DAILY SPECIALS

Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks

GLOBAL FLAVORS

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BBQ Pulled Pork Nachos/Tachos, BBQ Pulled Turkey Nachos/Tachos, Carolina Coleslaw
Teriyaki Meatball Sub, Korean BBQ Chicken Sub, Soy Roasted Potatoes, Spicy Asian Vegetables, Broccoli
Al Pastor Tacos, Carnitas Tacos, Refried Beans, Black Beans, Mexican Sweet Potatoes, Mexican Zucchini
Fajita Chicken Ramen Bowl, Vegetarian Ramen Bowl (Made with Real Yakisoba Noodles)
Chicken and Waffles, Apple Glazed Carrots, Blue Ribbon Coleslaw

DAILY SPECIALS

Street Foods Around the World

*This institution is an equal
opportunity provider.
Additional nutrition information
available upon request.*

Middle School

January 22-26, 2024



EVERYDAY SELECTS

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Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries

DAILY SPECIALS

M: Grilled Cheese W: Corndog F: Bacon Cheeseburger



PLANT-BASED, VEGETARIAN, NATURAL & MORE... ALL THE INGREDIENTS YOU LOVE!

FAST TAKES

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Turkey & Cheese Sub, Crispy Chicken Wrap, Chef Salad, Fiesta Dip Box
American Combo Sub, Chicken Caesar Wrap, Garden Hearty Salad, Strawberry Banana Parfait
Italian Combo Sub, Buffalo Chicken Wrap, Crispy Chicken Salad, Hummus Box
Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks, Parmesan Green Beans
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries OK

DAILY SPECIALS

Uncrustable Box
Sunbutter & Jelly Sandwich Box

mon

Apples, Bananas, Oranges, Peaches, Beans
Salad Mix

TUES

Apples, Bananas, Oranges
Apple Sauce
Basil Corn Salad
Broccoli
Salad Mix

WED

Apples, Bananas, Oranges, Pears
Carrots
Salad Mix

THURS

Apples, Bananas, Oranges
Apple Sauce
Apple Glazed Baby Carrots
Corn
Salad Mix

EVERYDAY PIZZA

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Sausage Pizza & Roasted Broccoli
Buffalo Chicken Pizza & Parmesan Green Beans
Supreme Pizza & Roasted Broccoli and Cauliflower
Cheeseburger Pizza & Parmesan Green Beans
Meat Lover's Pizza & Roasted Broccoli

DAILY SPECIALS

Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks

FRI

Apples, Bananas, Oranges, Peaches
Celery Sticks
Salad Mix

GLOBAL FLAVORS

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Tinga Chicken Rice Bowl, Taco Beef Rice Bowl, Pinto Beans, Mexican Sweet Potatoes, Mexican Zucchini
Teriyaki Chicken Bowl, Korean BBQ Tofu Bowl, Soy Roasted Potatoes, Spicy Asian Veggie Blend, Broccoli
BBQ Chicken Bowl, Popcorn Chicken Bowl, Mashed Potatoes, Low Country Green Beans, Baked Beans
Tuscan Veggie Bowl, Meatball Pasta Bowl, Broccoli & Red Peppers, Butternut Squash, Parmesan Green Beans
Greek Turkey Rice Bowl, Roasted Chickpea Rice Bowl, Broccoli, Summer Squash, Roasted Tomatoes

DAILY SPECIALS

Bowls Around the World

This institution is an equal opportunity provider. Additional nutrition information available upon request.

Middle School

January 29-31, 2024



EVERYDAY SELECTS

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Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries
Fajita Chicken Nachos, Beef Nachos, Bean and Cheese Nachos
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries

DAILY SPECIALS

M: Grilled Cheese W: Corndog F: Bacon Cheeseburger



**PLANT-BASED, VEGETARIAN,
NATURAL & MORE... ALL THE
INGREDIENTS YOU LOVE!**

FAST TAKES

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Turkey & Cheese Sub, Crispy Chicken Wrap, Chef Salad, Fiesta Dip Box
American Combo Sub, Chicken Caesar Wrap, Garden Hearty Salad, Strawberry Banana Parfait
Italian Combo Sub, Buffalo Chicken Wrap, Crispy Chicken Salad, Hummus Box
Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks, Parmesan Green Beans
Hamburger, Cheeseburger, Crispy Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger, French Fries OK

DAILY SPECIALS

Uncrustable Box
Sunbutter & Jelly Sandwich Box

mon

Apples, Bananas,
Oranges, Peaches,
Beans
Salad Mix

TUES

Apples, Bananas, Oranges
Apple Sauce
Basil Corn Salad
Broccoli
Salad Mix

WED

Apples, Bananas,
Oranges, Pears
Carrots
Salad Mix

THURS

Apples, Bananas, Oranges
Apple Sauce
Apple Glazed Baby Carrots
Corn
Salad Mix

EVERYDAY PIZZA

M
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Sausage Pizza & Roasted Broccoli
Buffalo Chicken Pizza & Parmesan Green Beans
Supreme Pizza & Roasted Broccoli and Cauliflower
Cheeseburger Pizza & Parmesan Green Beans
Meat Lover's Pizza & Roasted Broccoli

DAILY SPECIALS

Cheese Pizza, Pepperoni Pizza, Mozzarella Stuffed Breadsticks

FRI

Apples, Bananas,
Oranges, Peaches
Celery Sticks
Salad Mix

GLOBAL FLAVORS

M
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3 Cheese Grilled Cheese, Meatball Sub, Broccoli & Red Peppers, Butternut Squash, Parmesan Green Beans
Pulled Pork BBQ Sandwich, BBQ Veggie Burger, Crinkle Cut Fries, Low Country Green Beans, Baked Beans
Beef Tacos, Tinga Chicken Tacos (Soft or Crunchy), Black Beans, Mexican Sweet Potatoes, Mexican Zucchini
Greek Turkey Sub, Greek Meatball Sub, Broccoli, Summer Squash, Roasted Chickpeas
Korean BBQ Chicken Taco, Teriyaki Chicken Taco, Soy Roasted Potatoes, Spicy Asian Vegetables, Broccoli

DAILY SPECIALS

Portables Around the World

*This institution is an equal
opportunity provider.
Additional nutrition information
available upon request.*