



Middle School Breakfast

JAN

MONDAY



TUESDAY

2

WEDNESDAY

3

Breakfast Pizza
Cereal
W/ String Cheese
Banana
Juice and Milk

THURSDAY

4

Biscuit w/ Gravy
Ham & Cheese English Muffin
Sandwich
Diced Peaches
Juice and Milk

FRIDAY

5

Sausage Biscuit
English Muffin
Fresh Apple
Juice & Milk

8

Sausage Biscuit
French Toast Sticks
Applesauce
Juice & Milk

9

Biscuits & Gravy
Cinnamon Scone
Orange Smiles
Juice & Milk

10

Breakfast Pizza
English Muffin
Bananas
Juice & Milk

11

Ham & Cheese
Biscuits & Gravy
Craisins
Juice & Milk

12

Flat Bread Waffle
Stacker
Pancakes
Fresh Apple
Juice & Milk

Local ingredients used when seasonally available



16

Biscuits & Gravy
Mixed Berry Scone
Orange Smiles
Juice & Milk

17

Breakfast Pizza
Homestyle Waffles
Bananas
Juice & Milk

18

Ham & Cheese
English Muffin
Biscuits & Gravy
Diced Peaches
Juice & Milk

19

English Muffin
Sausage Biscuit
Fresh Apple
Juice & Milk

Variety of fat-free and non-fat milk offered daily

22

Sausage Biscuit
French Toast Sticks
Applesauce
Juice and Milk

23

Biscuits & Gravy
Cinnamon Scone
Orange Slices
Juice and Milk

24

Breakfast Pizza
English Muffin
Banana
Juice and Milk

25

Ham & Cheese
English Muffin Sandwich
Biscuits & Gravy
Craisins
Juice and Milk

26

Flat Bread Waffle
Stacker
Pancakes
Fresh Apple
Juice and Milk

29

Cinnamon Toast Bar
French Toast Bits
Applesauce
Juice and Milk

30

Biscuit & Gravy
Mixed Berry Scone
Orange Slices
Juice and Milk

31

Breakfast Pizza
Homestyle Waffles
Banana
Juice and Milk



Menu subject to change based on product availability

This institution is an equal opportunity provider.