

JAN

MENU 2024

BIG BEND STATE PARK



We are now hiring for kitchen jobs!

- Part-time
- Medical Benefits
- Daytime Schedule
- Holidays off
- Weekends off

Visit our website for more details!



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

MONDAY

Our unit breakfast consists of all 3 food components placed on the student's tray.

TUESDAY

Food Components Required at Breakfast:
Whole Grain
Fruits & Milk

WEDNESDAY

All breakfast cereals and pastries contain at least 51% whole grain.

THURSDAY

1% White Milk is offered daily.

FRIDAY

Meals are Subject to Change due to Ongoing Supply Chain and Staffing Issues

8 Mini-Waffles
100% fruit juice
Low-Fat White Milk

9 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

10 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

11 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

12 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

15 **Holiday**



16 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

17 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

18 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

19 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

22 Mini-Waffles
100% fruit juice
Low-Fat White Milk

23 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

24 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

25 Chicken & Waffle
100% fruit juice
Low-Fat White Milk

26 Whole Grain Cereal
Chilled Fruit
Low-Fat White Milk

29 Mini-Waffles
100% fruit juice
Low-Fat White Milk

30 Whole Grain Cereal
100% fruit juice
Low-Fat White Milk

31 Mini-Pancakes
Fresh Fruit
Low-Fat White Milk

Student Breakfast:
\$1.50

Adult Breakfast:
\$3.10



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.

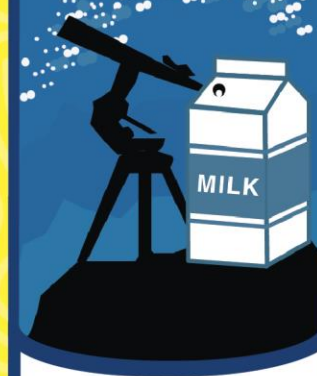


Updated 1/1/2024
www.SquareMeals.org

JAN

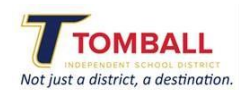
MENU 2024

BIG BEND STATE PARK



Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

To add money to a student's account visit: www.schoolcafe.com



MONDAY

Our unit lunch consists of all 5 food components placed on the student's tray

8 Teriyaki Beef
New! Chow Mein
Vegetables, Fruits & Milk

15 **Holiday**

MARTIN LUTHER KING DAY

22 Breakfast for Lunch!
Pancake, Sausage & Scrambled Eggs
Hash Brown, Fruit
Milk

29 **New! Rotini & Beef Meatsauce**
Vegetables, Fruits
Milk

TUESDAY

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

9 Taco Tuesday
Vegetables, Fruits
Milk

16 Taco Tuesday
Vegetables, Fruits
Milk

23 Taco Tuesday
Vegetables, Fruits
Milk

30 Taco Tuesday
Vegetables, Fruits
Milk

WEDNESDAY

All lunch rolls, tortillas, rice, pastas and breads contain at least 51% whole grain.

10 **New! Vegetarian Chicken Nuggets**
Vegetables, Fruits
Breadstick & Milk

17 Steak Fingers
Vegetables, Fruits
Dinner Roll & Milk

24 **New! Vegetarian Chicken Nuggets**
Vegetables, Fruits
Breadstick & Milk

31 Steak Fingers
Vegetables, Fruits
Dinner Roll & Milk

THURSDAY

1% White Milk offered daily.

11 Baja Fish Sticks
Vegetables, Fruits
Milk

18 Pizza
Vegetables, Fruits
Milk

25 Baja Fish Sticks
Vegetables, Fruits
Milk

Student Lunch:
\$2.50

FRIDAY

Meals are Subject to Change due to Ongoing Supply Chain and Staffing Issues

12 Cheeseburger
Vegetables, Fruits
Milk

19 Chicken Sandwich
Vegetables, Fruits
Milk

26 Cheeseburger
Vegetables, Fruits
Milk

Adult Lunch:
\$4.60

