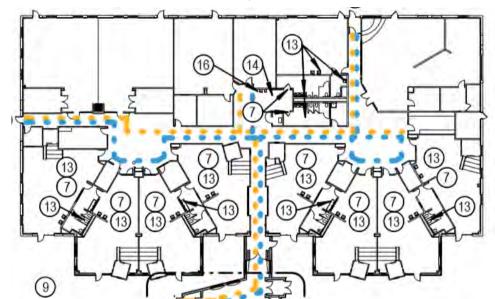


Preparing School Buildings for a COVID Informed Return

Emile Lauzzana, Executive Director, Capital Projects Bernerd Rice, Executive Director, Physical Properties

Presented to the Board of Education
October 21, 2020

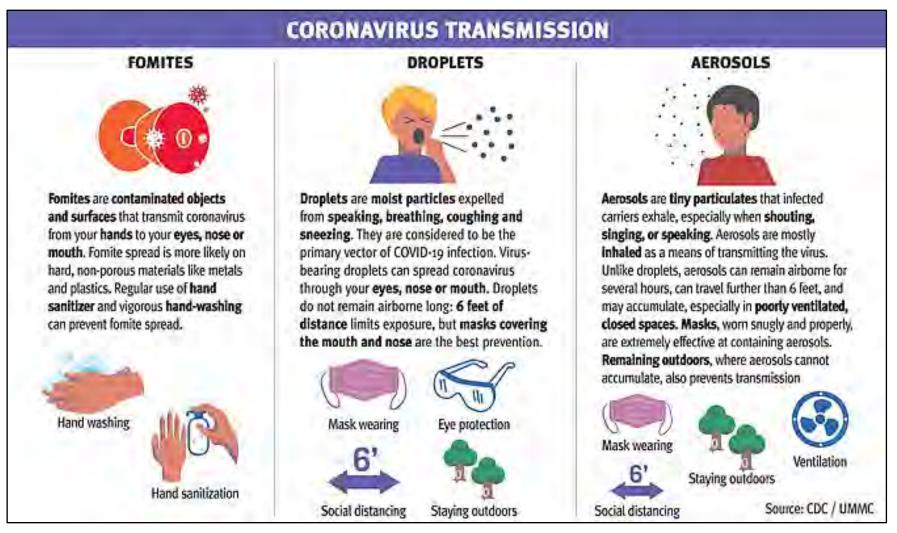


Presentation Overview

- Types of COVID Transmission Fomite, Droplet, and Aerosol
- Primary Risk Reduction Strategies
 - Managing Vacant School Buildings for a Safe Return
 - Heating, Ventilating and Air Conditioning (HVAC) Systems
 - Water Quality
 - Touch Surfaces and Social Distancing
 - Cleaning and Sanitizing
 - Touchless Plumbing Conversion
 - Hand Washing / Sanitizing
 - Social Distance Preparations
 - Air Quality Preparations
 - Restroom Preparations
 - Ventilation and Filtration
 - Review of Additional Technologies
- Expert Summary Guidance:
 - Harvard School of Public Health
 - American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE)
- Next Steps and AAPS Recommendations



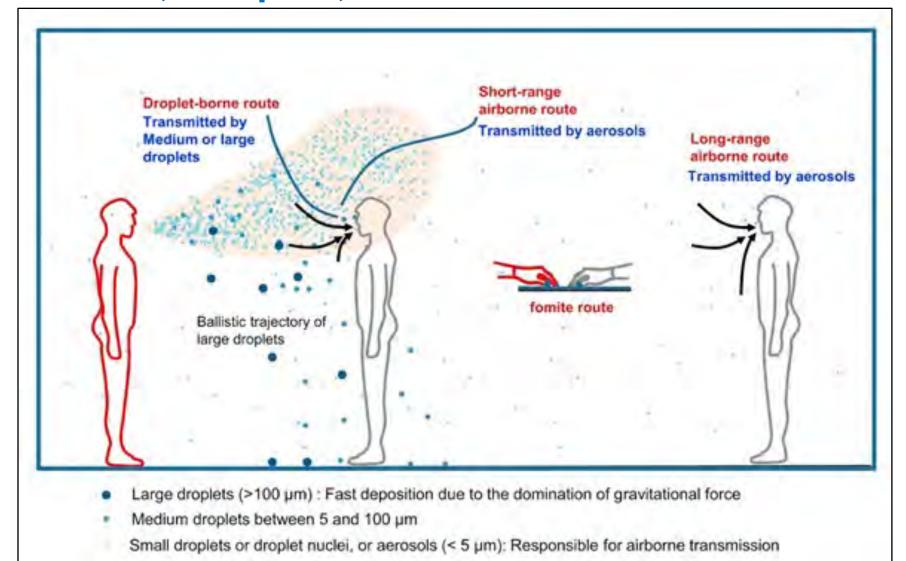
Types of COVID Transmission



Source: Centers for Disease Control (CDC)



Fomite, Droplet, and Aerosol Transmission



Source: https://www.sciencedirect.com/science/article/pii/S0196655316305314



How Big is a Micron?

Small and Smaller

Estimated diameters in microns (millionths of a meter)

75 MICRONS

Human hair (But they vary greatly)

50 MICRONS

Smallest visible respiratory droplets

5 MICRONS

Respiratory nuclei, called an aerosol

0.15 MICRONS

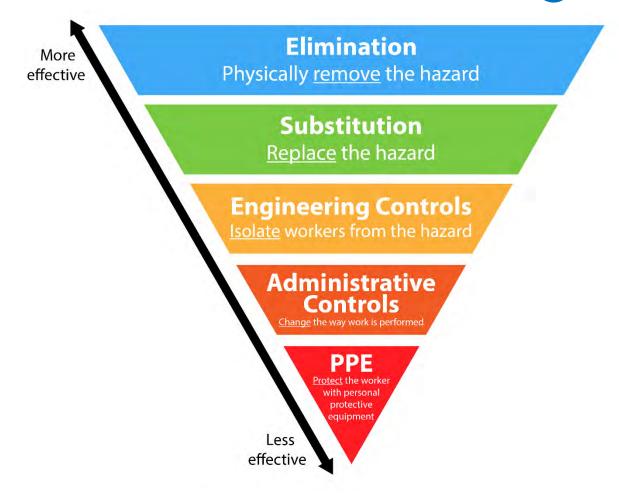
Coronavirus

SOURCES: Kimberly Prather; WHO Research Gate/Gary Haq

GRAPHIC BY ROBERT ROY BRITT

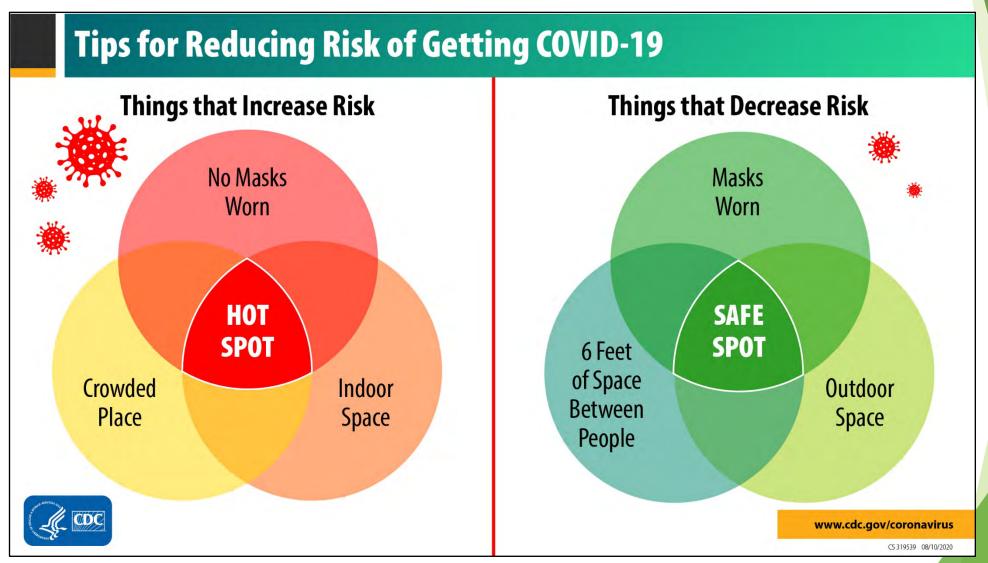


Risk Reduction Strategies



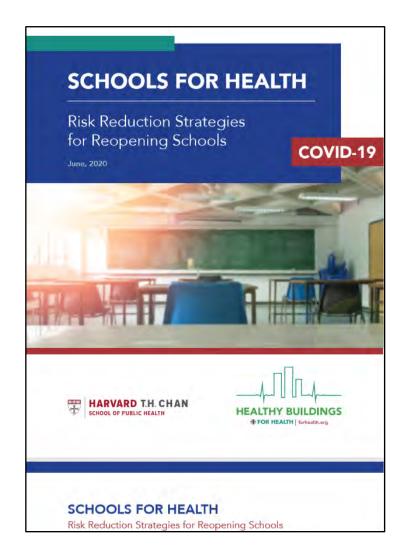
CDC Hierarchy of Controls

Primary Risk Reduction Strategies





Risk Reduction Strategies





Risk Reduction Strategies



RISK REDUCTION STRATEGIES

HEALTHY CLASSROOMS

Wear masks

Wash hands frequently

Maximize physical distancing to protect individuals

Maximize group distancing to slow transmission chains

Disinfect object between users

HEALTHY BUILDINGS

Increase outdoor air ventilation

Filter indoor air

Supplement with portable air cleaners

Verify ventilation and filtration performance

Consider advanced air quality techniques

Use plexiglass as physical barrier

Install no-contact infrastructure

Keep surfaces clean

Focus on bathroom hygiene



Managing Vacant School Buildings for a Safe Return



Managing Vacant School Buildings for a Safe Return

Heating Ventilating and Air Conditioning (HVAC) Systems

- While the buildings are unoccupied, HVAC systems are run at a minimum of two hours twice per week to keep them in good working order
- Increase filter changes to 3x per year and increase filter density where feasible
- Deep Clean and Commission all HVAC systems







Managing Vacant School Buildings for a Safe Return

Water Quality

- While buildings are unoccupied, completely flush the plumbing systems weekly to help prevent the growth of Legionella bacteria which can cause Legionnaires disease
- Complete the bi-annual replacement of all drinking water filters
- Test all school buildings for Ecoli and Legionella



Preparing School Buildings for a Safe Return to In-Person Instruction



Cleaning and Sanitizing

- Frequently touched surfaces including light switches, doors, benches, bathrooms, will be cleaned every four hours with an EPA-approved disinfectant.
- Staff will wear appropriate personal protective equipment when cleaning.
- Custodial staff to regularly check and restock soap, hand sanitizer and paper towels.
- Hallway and classroom doors will be propped open to minimize touch surface contact where feasible
- Hand sanitizer will be provided in all occupied spaces and when arriving at school

Touchpoints:





Plumbing Systems - Fixture Modifications

- Remove all drinking fountain bubblers and cap openings
- Install water bottle fillers at locations of drinking fountain bubblers where feasible
- Begin transition to touchless restroom fixture operation for sinks, toilets, and urinals



Plumbing Systems - Convert to Touchless Operation

Examples of Specified Touchless Fixtures for sinks, toilets and urinals:











Health and Wellness Signage

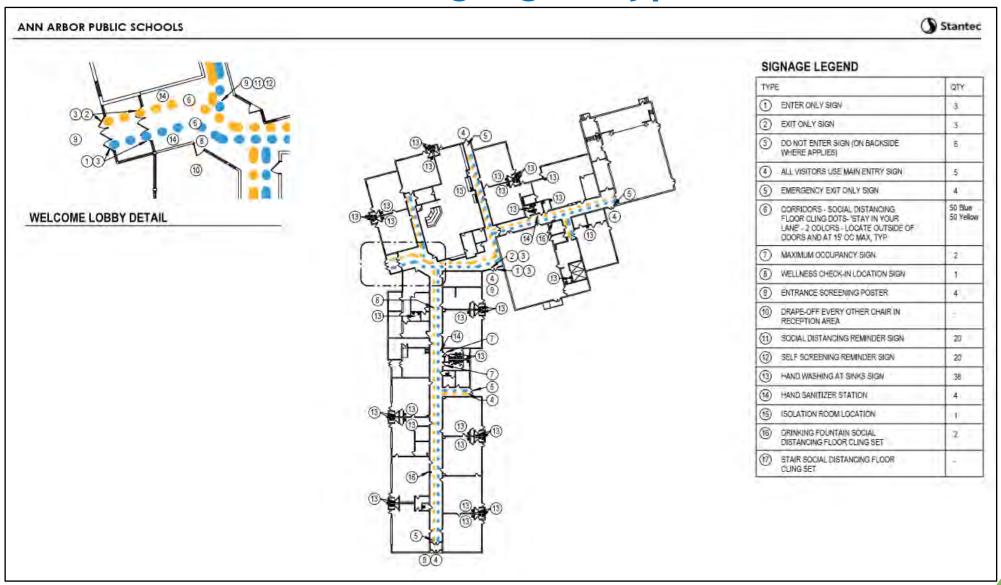
AAPS has retained Stantec consulting architects and planners to develop informational signage and social distancing strategies. Signage will be placed throughout the schools including:

- "In-Only" and Exit-Only" door locations
- Social Distancing Reminders
- Self-Screening Reminders
- One-Way hallway and staircase traffic circulation Walk on the right side only- "Stay in Your Lane"
- Maximum Occupancy for Elevators
- Maximum Occupancy for Restrooms
- Hand Washing Reminders in Restrooms





Health and Wellness Signage - Typical Floor Plan



Health and Wellness Signage - Overall Legend

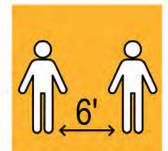
SIGNAGE LEGEND

TYPE	E			
1	ENTER ONLY SIGN			
2	EXIT ONLY SIGN			
3	DO NOT ENTER SIGN (ON BACKSIDE WHERE APPLIES)			
4	ALL VISITORS USE MAIN ENTRY SIGN			
(5)	EMERGENCY EXIT ONLY SIGN			
6	CORRIDORS - SOCIAL DISTANCING FLOOR CLING DOTS- 'STAY IN YOUR LANE' - 2 COLORS - LOCATE OUTSIDE OF DOORS AND AT 15' OC MAX, TYP			
7	MAXIMUM OCCUPANCY SIGN			
8	WELLNESS CHECK-IN LOCATION SIGN			
9	ENTRANCE SCREENING POSTER			
10)	DRAPE-OFF EVERY OTHER CHAIR IN RECEPTION AREA			
11)	SOCIAL DISTANCING REMINDER SIGN			
12	SELF SCREENING REMINDER SIGN			
13)	HAND WASHING AT SINKS SIGN			
14)	HAND SANITIZER STATION			
15)	ISOLATION ROOM LOCATION			
16)	DRINKING FOUNTAIN SOCIAL DISTANCING FLOOR CLING SET			
17)	37) STAIR SOCIAL DISTANCING FLOOR CLING SET			











Health and Wellness Signage -Entry Poster

Posters will be placed outside of each school with entry requirement reminders. Entrance posters will be translated into multiple languages as needed.



Health and Wellness Signage - Entry and Exit

Entrances and Exits will be clearly labeled to promote In-Only and Exit-Only locations to minimize crossing circulation pathways.













Health and Wellness Signage - Hallway Circulation

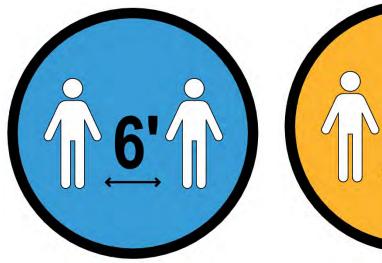
Hallway Circulation floor dots will be installed in hallways to promote one-way hallway circulation.



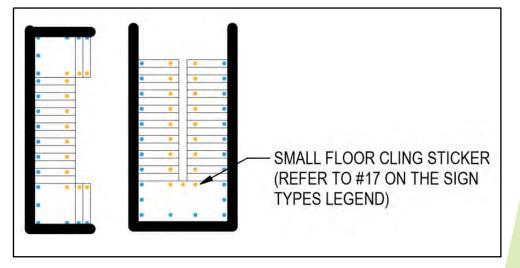


Health and Wellness Signage - Cue locations and Stairway Circulation

Social Distance floor dots will be installed in stairwells and potential cue locations such as water bottle filling stations, offices, cafeterias, etc.







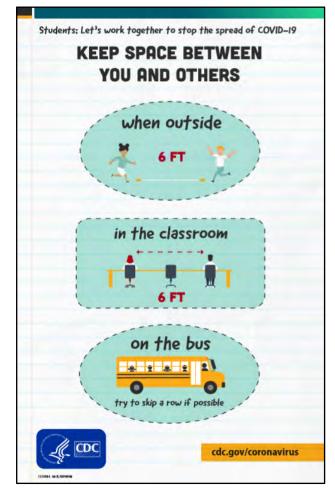
Health and Wellness Signage - Maximum Occupancy

Maximum Occupancy will be designated for shared spaces such as restrooms, media centers, elevators, etc.



Health and Wellness Signage - General Health Reminders

General health reminders and masking reminders will be posted throughout the schools.





Health and Wellness Signage - Hand Washing Reminders

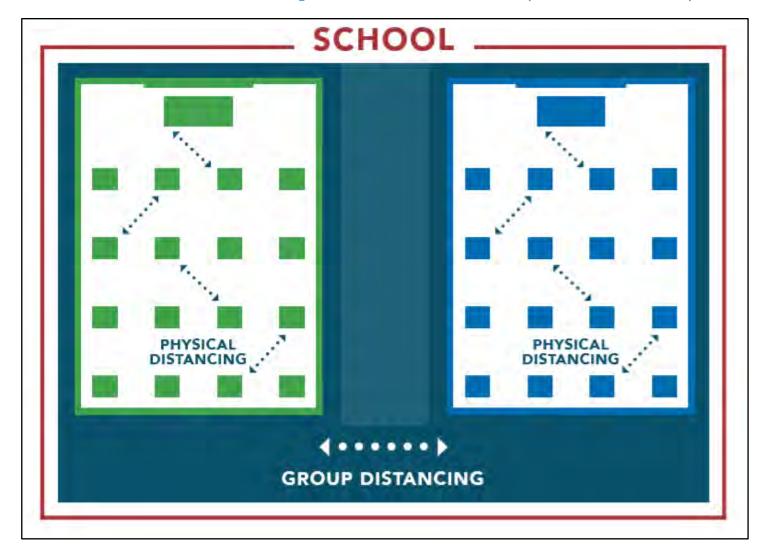
Handwashing reminders will be posted at all sinks and restrooms.





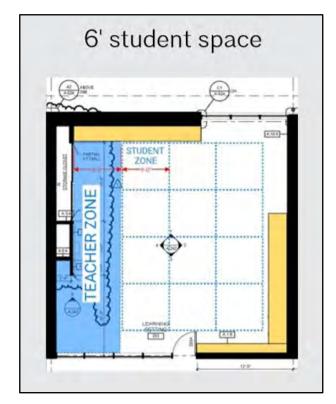


Social Distancing Preparations - Physical Distance vs. Group Distance (Cohorts)



Social Distancing Preparations - Classroom Layouts

Classroom, Offices and other occupied space will have furniture arranged to maximize social distancing. Unused furniture will be secured and labeled.

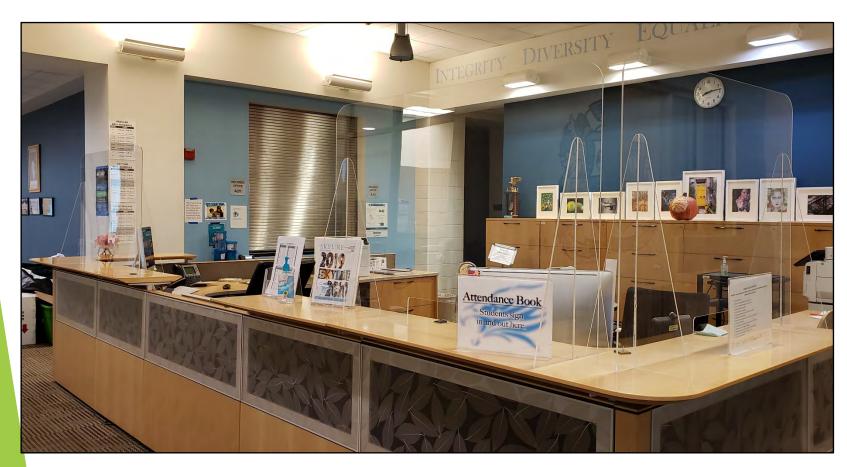


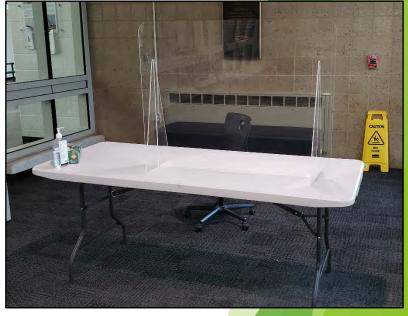
- **SAMPLE Classroom Layout** - *Stantec / American Institute of Architects*



Social Distancing Preparations - Sneeze Guards

Sneeze Guards will be installed in all offices and other transaction locations where maintaining social distance is not feasible





29

- Skyline High School



Ventilation in Restrooms

Studies have shown that toilets and other restroom fixtures can be a risk of generating airborne droplets and droplet residues that could contribute to transmission of pathogens.

- Keep toilet room doors closed, even when not in use.
- Put the toilet seat lid down, if there is one, before flushing.
- Vent separately where possible (e.g. turn exhaust fan on if vented directly outdoors and run fan continuously).
- Keep bathroom windows closed if open windows could lead to reentrainment of air into other parts of the building.
- Remove Forced Air Hand Dryers



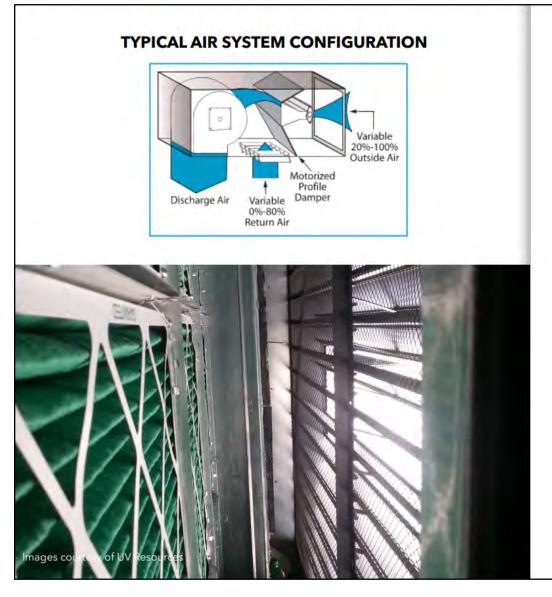
Heating Ventilating and Air Conditioning Systems (HVAC) - VENTILATION

AAPS has retained Fishbeck as consulting engineers to assist in maximizing the healthy operation of our school buildings' HVAC systems. The work has focused in several areas:

- Maximizing the provision of fresh outside air
- Maximizing the effectiveness of air filtration systems
- Developing algorithms for operating AAPS buildings in an Enhanced Indoor Air Quality Mode through the District's Building Automation System (BAS)







ENHANCED INDOOR

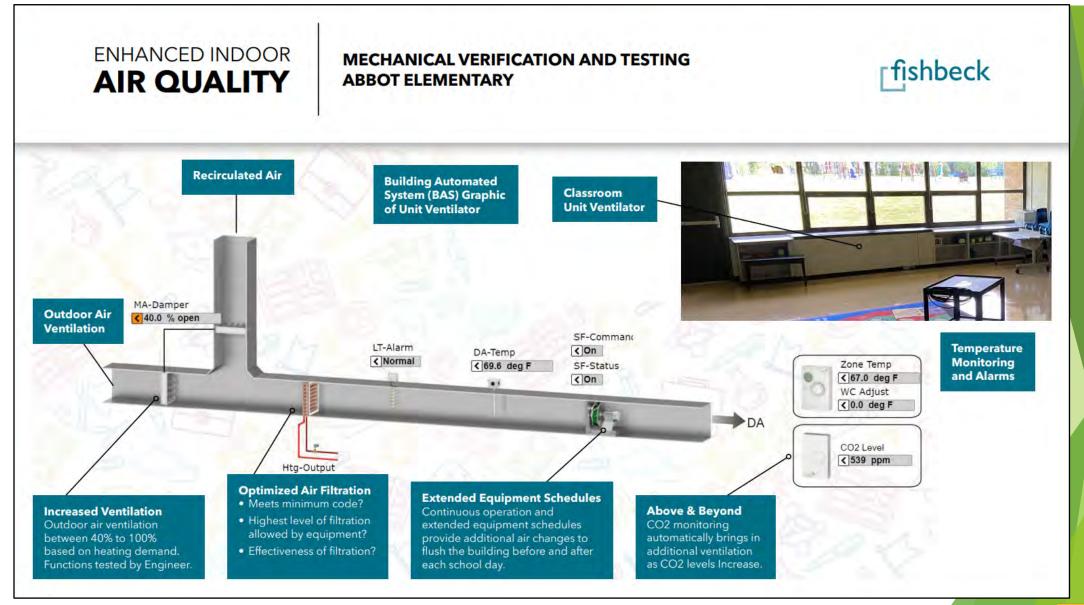
AIR QUALITY

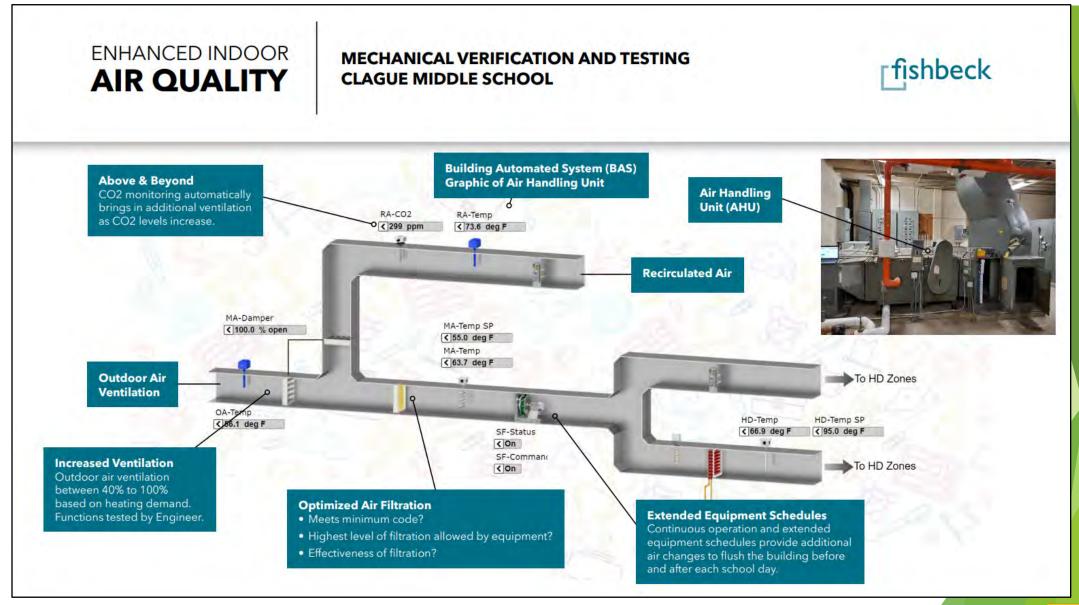
VENTILATION

- · Review control system
- Modify sequences and setpoints to allow for an increase in outdoor air
- Implement emergency mode ventilation sequences









ENHANCED INDOOR AIR QUALITY

AIR FILTRATION

- Verify outdoor and exhaust air paths – Inspect filters, air intakes, and control devices
- Recommend filter upgrades based on fan capability and space available in units

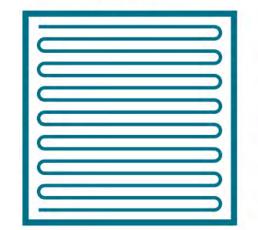


MERV-8 to MERV-13 1" or 2" up to 4" thickness





HEPA Filter 12" thickness



Considerations: Physical size, pressure drop (fan capacity to maintain airflow), availability, and cost vs. benefit





Minimum Efficiency Reporting Value (MERV)

Standard 52.2	Composite Average Particle Size Efficiency, % in Size Range, µm				
Minimum Efficiency Reporting Value (MERV)	Range 1 0.30 to 1.0	Range 2 1.0 to 3.0	Range 3 3.0 to 10.0	Average Arrestance	
1	N/A	N/A	E ₃ < 20	A _{avg} < 65	
2	N/A	N/A	$E_3 < 20$	$65 \le A_{avg}$	
3	N/A	N/A	$E_3 < 20$	$70 \le A_{avg}$	
4	N/A	N/A	$E_3 < 20$	$75 \leq A_{avg}$	
5	N/A	N/A	$20 \le E_3$	N/A	
6	N/A	N/A	$35 \le E_3$	N/A	
7	N/A	N/A	$50 \le E_3$	N/A	
8	N/A	$20 \le E_2$	$70 \le E_3$	N/A	
9	N/A	$35 \le E_2$	$75 \leq E_3$	N/A	
10	N/A	$50 \le E_2$	$80 \le E_3$	N/A	
11	$20 \le E_1$	$65 \le E_2$	$85 \le E_3$	N/A	
12	$35 \le E_1$	$80 \le E_2$	$90 \le E_3$	N/A	
13	$50 \le E_1$	$85 \le E_2$	$90 \le E_3$	N/A	
14	$75 \le E_1$	$90 \le E_2$	$95 \le E_3$	N/A	
15	$85 \le E_1$	$90 \le E_2$	$95 \le E_3$	N/A	
16	$95 \le E_1$	$95 \le E_2$	$95 \le E_3$	N/A	

Aerosols
potentially
carrying
coronavirus are
approximately
5µm (5 microns)

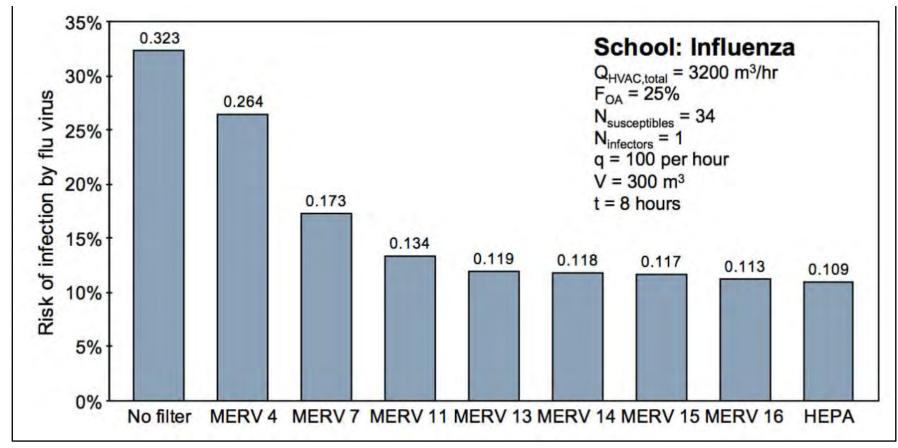
Current AAPS Air Filters

AAPS Design Standard for 2019 Bond



Minimum Efficiency Reporting Value (MERV)

Study based on one contagious person with the flu virus in a room with 35 people for 8 hours. With no filtration of the air there is a 32.3% of spread, or on average 11 people would become infected. The rate of infection drops rapidly as air filtration is introduced.



Source: Wells-Riley & HVAC Filtration for infectious airborne aerosols, NAFA Foundation Report



Other Technologies for Cleaning Air

Other Technologies to Consider:

- Vaporized Hydrogen Peroxide (VHP)
- Ultra Violet Light Whole Room Disinfection
- Ozone Disinfection
- Gas-Phase Air Cleaners (Carbon Filters)
- Ultra Violet Light In Air Supply Disinfection
- Bipolar Ionization
- Portable Air Cleaners





Vaporized Hydrogen Peroxide (VHP)

- Liquid hydrogen peroxide (H2O2) is vaporized and the vapor fills the space to disinfect all exposed surfaces.
- Space MUST be unoccupied during VHP treatment.
- Requires spaces to be sealed, including all doorways, plumbing/electrical penetrations and HVAC supply and return vents, to prevent vapor from escaping.
- The effectiveness and safety of VHP when generated inside active HVAC ducts and occupied spaces has not been rigorously studied.





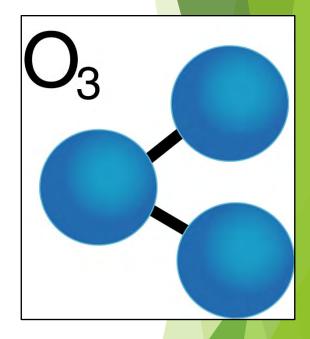
Ultra Violet Light (UV-C) - Whole Room Disinfection

- Banks of UV-Lamps installed on a portable fixture
- Used for surface disinfection
- System operates remotely to avoid exposure to direct or reflected germicidal ultraviolet rays, since they cause painful eye irritation and reddening of the skin. Typically used in highly sensitive medical environments.



Ozone Disinfection

- Ozone (O3) is a reactive gas that can disinfect air and surfaces by killing viruses, bacteria, and fungi.
- Ozone is harmful for health and exposure to ozone creates risk for a variety of symptoms and diseases associated with the respiratory tract.
- Should only be considered for disinfection in unoccupied spaces; it should never be used in occupied spaces.
- Available scientific evidence shows that, at concentrations that do not exceed public health standards, ozone is generally ineffective in controlling indoor air pollution.





Gas-Phase Air Cleaners (Carbon Filters)

- Gas-phase air cleaners are those used to remove smoke, volatile organic compounds and other odors from the air.
- Most contain sorbent materials such as carbon (e.g., activated charcoal).
- While there may be exceptions, <u>most</u> sorbent beds alone are not generally efficient at removing viruses from airstreams



Ultra Violet Light (UV-C) - In Air Supply Disinfection

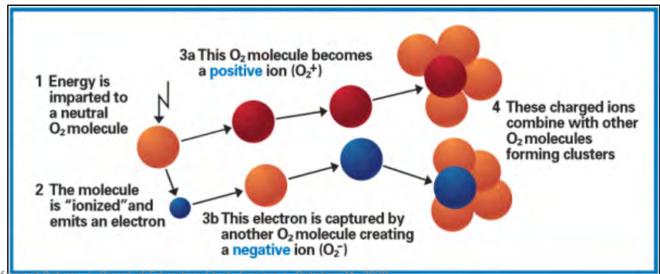
- Banks of UV-Lamps installed inside HVAC systems or associated ductwork.
- Requires high UV doses to inactivate microorganisms on-the-fly as they pass through the irradiated zone due to limited exposure time.
- Lamps pose imminent danger if used without taking the proper precautions. You MUST avoid exposure to direct or reflected germicidal ultraviolet rays, since they cause painful eye irritation and reddening of the skin.
- Typically used in highly sensitive medical environments.





Bipolar Ionization / Needlepoint Ionization and Other Ion or Reactive Oxygen Air Cleaners

- Technologies utilize various methods to create reactive ions in air that react with airborne contaminants, including viruses.
- Systems are reported to range from ineffective to very effective in reducing airborne particulates and acute health symptoms.
- Convincing scientifically-rigorous, peer-reviewed studies do not currently exist on this emerging technology; manufacturer data should be carefully considered.
- Systems may emit ozone, some at high levels.





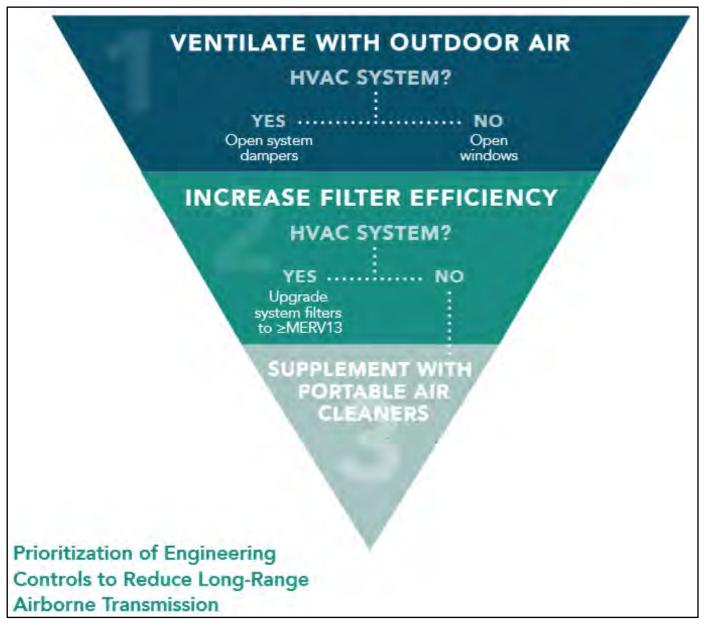
Portable Air Cleaners

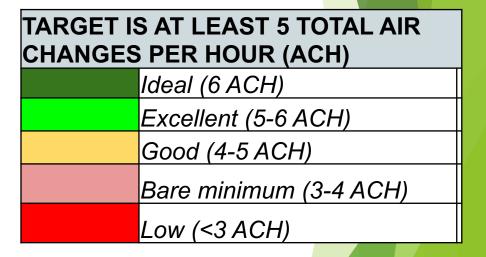
- Portable device located in the room where air cleaning is desired.
- Air is pulled into the device, and cleaned air is returned to the room.
- Devices may include any or combinations of air cleaning technologies (HEPA filters, sorbents, UV, etc.). Users are advised to carefully determine that the application of the technology is appropriate for their need.
- The rate of particle removal from air is termed the Clean Air Delivery Rate (CADR), typically in units of cubic feet per minute (CFM).





Harvard School of Public Health Summary Recommendations







Harvard School of Public Health Summary Recommendations: Air Changes per Hour (ACH)

Air Changes per Hour (ACH) is a measure of how often the air in a room is replaced by either outside air or recirculated filtered air.

SAMPLE CALCULATION

Room Size is 30'wide x 30'long x 10'high = 9,000 cubic feet of air

Ventilation system provides 1000 cubic feet per minute (CFM) of fresh and/or filtered air.

1000 CFM x 60 minutes = 60,000 cubic feet per hour

60,000 cubic feet per hour = 6.6 Air Changes per Hour (ACH) 9,000 cubic feet



Harvard School of Public Health Summary Recommendations: Air Changes per Hour (ACH)

- Code minimum ventilation rates are approximately 2.8 3.5
 ACH for schools
- Recommended rates for creating better air quality is 5+ ACH
- When operating in the Enhanced Indoor Air Quality Mode
 <u>AAPS building mechanical systems are generally able to
 provide between 5 and 11 ACH</u> depending on the room
 and/or school mechanical systems. In some older buildings
 ACHs in a limited number of rooms have been calculated to
 be below 5.
- Portable Air Cleaners can provide 1-4 additional ACH depending on room size and equipment model.



Harvard School of Public Health Summary Recommendations: Air Changes per Hour (ACH)

Increasing Air Changes per Hour (ACH) reduces the probability of virus transmission

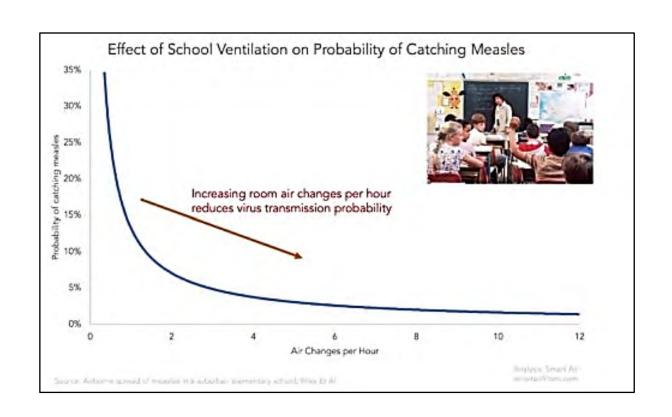


Chart is based on the Wells-Riley model developed as part of a study of a measles outbreak in NY public school in the 1970s

American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) Summary Recommendations

- It is likely, but not yet conclusively shown, that COVID19 could be spread through the air.
- Air cleaning and increased ventilation can help mitigate disease transmission.
- Options for air cleaning include: HVAC systems optimization and In-Room devices
- Technologies that can be effective include:
 - Mechanical Air Filters
 - Electronic Air Filters/Air Cleaners
 - UV-C Systems
 - Other Emerging Technologies
- Care and professional judgment should be taken to understand choices for ventilation, filtration and air disinfection, pros and cons of each and impact(s) on existing buildings systems.

Next Steps and Recommendation

NEXT STEPS

- Continue flushing water systems
- Continue installation of touchless water fixtures
- Continue commissioning HVAC systems
- Continue HVAC filter replacements and upgrades
- Continue to work with Teachers, Administrators and other Staff to implement building preparedness for a safer return to in-person instruction

RECOMMENDATION

 Purchase Portable Air Cleaners to further enhance indoor air quality for a safer return to in-person instruction





