

# SLUH Jr. Bills Cross Country

18th Annual Forest Park XC Festival (Langenberg/Cricket Field Course)

Saturday, September 9, 2023

Varsity Green	<a href="#">Race Results</a>	JV Green	<a href="#">Race Results</a>	Freshman 3k	<a href="#">Race Results</a>
	<a href="#">Race Photos</a>		<a href="#">Race Photos</a>		<a href="#">Race Photos</a>
	<a href="#">Race Video</a>		<a href="#">Race Video</a>		<a href="#">Race Video</a>

Live results with mile splits & places

## MEET RECAP

Top Seven	Race	5k place	2mi place	1mi place	1mi split	2mi split	5k finish	1mi pace	2mi pace	3mi pace	Comments	
1	Jackson Miller	V-1	9	10	13	5 05.4	10 30.4	16 20.9	5 05.4	5 25	5 19	Medalist
2	Noah Evers	V-1	14	12	10	5 04.6	10 30.9	16 36.8	5 04.6	5 26.3	5 33	Medalist, PR (:30), first sub-17
3	George Donahue	V-1	15	15	14	5 05.8	10 36.8	16 37.4	5 05.8	5 31	5 28	Medalist
4	Charlie Murray	V-1	16	16	16	5 06.4	10 37.4	16 41.0	5 06.4	5 31	5 31	Medalist
5	Gus Talleur	V-1	17	17	20	5 07.7	10 38.8	16 42.8	5 07.7	5 31.1	5 31	Medalist
6	Alex Bendaña	V-1	20	22	17	5 06.8	10 41.9	16 47.5	5 06.8	5 35.1	5 32	Medalist
7	Jaden Elgin	V-1	26	34	33	5 18.6	10 54.1	16 57.6	5 18.6	5 35.5	5 30	Medalist
Second Seven	Race	5k place	2mi place	1mi place	1mi split	2mi split	5k finish	1mi pace	2mi pace	3mi pace	Comments	
8	Mason Scargall	V-1	27	23	17	5 06.8	10 47.4	16 58.1	5 06.8	5 40.6	5 37	Medalist
9	Charlie Gray	V-2	41	26	22	5 10.6	10 50.2	17 20.8	5 10.6	5 39.6	5 55	SB
10	Hendrix Fyvie	V-2	44	39	39	5 20.2	10 57.7	17 23.3	5 20.2	5 37.5	5 51	
11	Tristan Kujawa	V-2	48	53	48	5 22.4	11 10.6	17 31.0	5 22.4	5 48.2	5 46	
12	Matthew Musial	V-2	53	61	65	5 28.1	11 16.8	17 39.6	5 28.1	5 48.7	5 48	
13	Ethan Bognar	V-2	54	62	65	5 28.1	11 17.3	17 39.6	5 28.1	5 49.2	5 48	Navy shirt, PR (:11)
14	Lucas Strohmeyer	JV	1	3	4	5 30.0	11 27.6	17 44.5	5 30.0	5 57.6	5 43	Race champion!, navy shirt, PR (:08)
Additional Finishers	Race	5k place	2mi place	1mi place	1mi split	2mi split	5k finish	1mi pace	2mi pace	3mi pace	Comments	
15	Jake Fitzpatrick	V-2	57	49	47	5 21.7	11 07.2	17 45.9	5 21.7	5 45.5	6 02	
16	Patrick Jones	V-2	67	57	40	5 20.4	11 14.9	17 59.9	5 20.4	5 54.5	6 08	
17	Preston Eash	V-2	71	68	70	5 32.0	11 30.4	18 15.4	5 32.0	5 58.4	6 08	
18	Otto Reitenbach	JV	6	9	10	5 40.7	11 51.8	18 28.3	5 40.7	6 11.1	6 00	Medalist, PR (:05)
19	Nick Ahlheim	V-2	87	72	58	5 26.1	11 35.5	18 45.5	5 26.1	6 9.4	6 31	
20	Aidan Smith	JV	12	14	25	5 56.2	12 07.9	18 51.3	5 56.2	6 11.7	6 07	Medalist, PR (:05)
21	Rowan Lemp	JV	13	10	11	5 41.2	11 55.2	18 53.7	5 41.2	6 14	6 20	Medalist, SB
22	Jens Istvan	JV	18	20	17	5 52.0	12 14.3	19 17.7	5 52.0	6 22.3	6 25	Medalist
23	Landon Beiseman	JV	19	17	8	5 40.0	12 10.4	19 19.8	5 40.0	6 30.4	6 30	Medalist, SB
24	Brayden Bussmann	JV	22	21	27	5 56.5	12 15.0	19 21.4	5 56.5	6 18.5	6 28	Medalist
25	Brady Vogt	JV	33	38	38	6 05.4	12 41.4	19 40.9	6 05.4	6 36	6 21	PR (:33), first sub-20
26	Quinn Apprill-Sokol	JV	40	37	37	6 04.7	12 40.2	20 04.9	6 04.7	6 35.5	6 44	SB
27	Jesse Brower-Toland	JV	43	43	36	6 04.3	12 50.3	20 29.1	6 04.3	6 46	6 57	SB
28	Luke Seamands	JV	45	47	54	6 17.9	13 09.4	20 33.9	6 17.9	6 51.5	6 44	
29	Simon Apprill-Sokol	JV	52	59	74	6 39.5	13 28.3	20 59.0	6 39.5	6 48.8	6 50	PR (:08), first sub-21
30	Jonah Ruyle	JV	56	60	67	6 33.3	13 29.4	21 07.1	6 33.3	6 56.1	6 56	PR (:11)
31	Mason Lauber	JV	61	57	56	6 20.2	13 25.1	21 23.2	6 20.2	7 4.9	7 15	
32	Ian Kuehner	JV	62	63	64	6 31.3	13 36.4	21 25.8	6 31.3	7 5.1	7 07	SB
33	Alex Keuss	JV	63	73	79	6 46.6	13 51.9	21 27.2	6 46.6	7 5.3	6 54	
34	Charlie Dougherty	JV	64	71	78	6 46.5	13 51.4	21 30.4	6 46.5	7 4.9	6 57	
35	Titus Zeigler	JV	65	68	77	6 44.4	13 44.6	21 31.9	6 44.4	7 0.2	7 05	
36	August Russell	JV	67	62	55	6 18.4	13 33.0	21 44.8	6 18.4	7 14.6	7 27	
37	Will Martin	JV	68	79	89	6 57.8	14 11.7	21 50.4	6 57.8	7 13.9	6 57	
38	Micah Doherty	JV	69	67	71	6 36.3	13 43.9	21 50.8	6 36.3	7 7.6	7 23	SB
39	Adrian Samaniego	JV	72	69	60	6 28.3	13 48.7	22 03.9	6 28.3	7 20.4	7 30	
40	Luke Jarboe	JV	80	80	80	6 50.9	14 12.8	22 26.1	6 50.9	7 21.9	7 28	
41	Luke McIntyre	JV	82	76	76	6 43.5	14 05.1	22 30.5	6 43.5	7 21.6	7 39	SB
42	Tommy Sullivan	JV	84	82	83	6 52.5	14 24.9	22 48.9	6 52.5	7 32.4	7 38	
43	Joshua Schmidt	JV	85	86	85	6 55.8	14 38.3	22 57.0	6 55.8	7 42.5	7 33	PR (:23), first sub-23
44	Charlie Nolan	JV	88	87	84	6 54.2	14 39.8	23 08.4	6 54.2	7 45.6	7 42	
45	Colton Eikermann	JV	90	90	93	7 12.3	14 48.6	23 32.5	7 12.3	7 36.3	7 56	
46	Graham Kelly	JV	91	85	75	6 43.0	14 37.9	23 39.3	6 43.0	7 54.9	8 12	
47	Gabe Chambers	JV	93	94	90	7 04.3	15 02.8	23 46.4	7 04.3	7 58.5	7 56	
48	Joseph Nowak	JV	95	101	101	7 22.6	15 31.3	23 55.4	7 22.6	8 8.7	7 38	PR (:19), first sub-24
49	Isaac Aguayo	JV	99	98	103	7 23.0	15 19.9	24 17.3	7 23.0	7 56.9	8 09	PR (:26)
50	Rudy Reitenbach	JV	100	102	100	7 22.2	15 32.8	24 20.5	7 22.2	8 10.6	7 60	
51	Will Hoffman	JV	102	104	104	7 23.8	15 36.8	24 42.8	7 23.8	8 13	8 16	
52	Rafa Seitz	JV	103	103	102	7 22.8	15 36.0	24 48.1	7 22.8	8 13.2	8 22	PR (:19), first sub-25
53	Madhavan Anbukumar	JV	108	111	114	8 12.4	17 13.1	27 07.8	8 12.4	9 0.7	9 01	
54	Joss Thenhaus	JV	110	112	113	8 12.2	17 13.5	27 11.1	8 12.2	9 1.3	9 03	PR (:08)
55	Alex Juan	JV	113	114	116	8 16.3	17 44.3	28 21.6	8 16.3	9 28	9 39	
56	Jerry Frantz	JV	117	117	118	9 18.0	20 03.3	31 42.2	9 18.0	10 45.3	10 35	
57	Miles Walsh	JV	119	121		9 55.4	21 38.6	33 36.6	9 55.4	11 43.2	10 53	PR (5:14), first sub-34

Varsity Race Weather: 72 degrees, 57 dew point, 59% humidity, 10 mph NNE winds, partly cloudy

JV Race Weather: 79 degrees, 55 dew point, 45% humidity, 10 mph N winds, sunny

## Freshmen - 3k Race

If you add approximately 46-54 seconds to your 3k result (ranging from our fastest to slowest finishers), you can produce an equivalent time to compare to your 3,200-meter time at the Alumni Race a month ago.

Top 7 Freshmen		Place	1mi split	3k finish	Pace	Comments
1	Joe Talleur	1	5 21.2	10 04.2		Race champion! #2 All-Time 3k for SLUH Freshmen
2	Michael Luna	4	5 21.5	10 09.4		Medalist
3	Luke Hartweger	5	5 25.0	10 19.2		Medalist
4	Ben Yoffie	7	5 24.5	10 19.9		Medalist
5	Edmund Reske	8	5 40.9	10 38.0		Medalist
6	William Thies	12	6 00.5	11 20.5		Medalist
7	JP Wildermuth	13	6 00.5	11 20.7		Medalist
Additional Freshmen		Place	1mi split	3k finish	Pace	Comments
8	Cullen Wenger	14	6 06.9	11 24.5		Medalist
9	Tommy Williams	19	6 20.6	11 42.2		Medalist
10	Alex Polacci	20	6 14.3	11 45.9		Medalist
11	Jack Siegel	23	6 20.0	11 52.9		Medalist
12	Lex Wellen	26	6 29.1	12 01.8		Medalist
13	Jack Powers	28	6 34.2	12 11.3		Medalist
14	Ben Krawat	29	6 29.6	12 14.0		Medalist
15	Nathan Khouri	31	6 32.6	12 19.0		
16	Marty Andres	36	6 44.4	12 40.5		
17	Jackson Florek	37	6 46.2	12 42.5		
18	John Cusumano	40	6 37.5	12 51.7		
19	Griffin Meier	41	6 44.2	12 51.7		SLUH XC debut!
20	Osvin Alaphat	42	6 52.3	12 55.6		
21	Liam McGinnis	44	6 44.1	12 57.5		
22	Will Green	45	6 34.5	12 59.8		
23	Carter Valle	48	7 09.8	13 22.9		
24	Gus Geldmacher	49	7 09.9	13 29.4		
25	Patrick Gattas	50	7 09.7	13 31.2		
26	Mark Schoemehl	53	7 20.0	13 45.7		
27	Xavier Newton	55	7 18.0	13 56.6		
28	Nathaniel Kleiner	56	7 37.6	14 13.6		
29	Ethan Bradshaw	58	7 46.6	14 47.8		
30	Charlie LaBarge	60	8 21.0	14 52.7		
31	Lucas Keys	61	7 25.1	15 32.2		
32	Cooper Smith	62		19 43.8		

Freshman Race Weather: 80 degrees, 55 dew point, 44% humidity, 14mph N winds, sunny skies

DID NOT RACE	Grade
Garrett Franks	12
Teddy Guidry	12
Lorenzo Gutting	12
Anthony Zangara	12
Jesse Heater	11
Andrew Moritz	11
Logan Phillips	11
Joe Stoeckel	11
Chris Carson	10
Connor Kane	10
Kayden Kim	10
Martin Miller	10
Ben Schneider	10
Nathaniel Shaw	10
Vedaant Sreedharan	10
Christian Vander Pluym	10
John Pierre	9
Will Reininger	9
Justin Scholl	9
George Zlatic	9