

# High School Lunch Menu @ LWSD

January 8th - 12th 2024

Offer May Vary Based on School Site



## **DAILY SPECIALS**

Cheese Stuffed WG Breadsticks w/Spaghetti Sauce(v) | Pepperoni WG Pizza | Cheese WG Pizza(v)

BBQ Chicken WG Pizza

Buffalo Chicken WG Pizza

Chicken Bacon Ranch WG Pizza

Beef Taco WG Pizza

Meatlover's WG Pizza

# GRILL

## **DAILY SPECIALS**

Veggie Burger(v), Crispy or Spicy WG Chicken Burgers, Hamburger, Cheeseburger

M: Jersey Shore Gilled Cheese

Chicken Parmesan Burger

Philadelphia BIG CITY BITES! Philly Style Cheesesteak Sub

Pizza Burger

WG Fishstick Po' Boy Sub(v)



## **DAILY SPECIALS**

In a Hurry? Grab a Fast Takes Box- But Don't Forget to Stop By the Extras Bar for Fruits & Veggies!

M: Fiesta Dip(v) | Chef Salad | Turkey & Cheese Sub | Crispy WG Chicken Wrap

T: Strawberry Banana Parfait(v) | Hearty Garden Veg Salad(v) | American Sub | Chicken Caesar Wrap

Hummus & Flatbread(v) | Crispy WG Chicken Salad | Italian Sub | Buffalo WG Chicken Wrap

Protein PowerUp|Regular(v) or Chicken Caesar Salad Turkey & Cheese Sub | Crispy WG Chicken Wrap

Deli Bento | Garden Fiesta Salad(v) | Turkey Ham & Cheese Sandwich | Chicken Caesar Wrap



## **ADVENTURE**



## **DAILY SPECIALS**

Rainbow Vegetarian Chili(v) from Scratch!

M: ROCKIN' RAMEN- Yakisoba Noodles in Broth with Choice of Meat or Vegetarian Protein & Condiments

OVERSLEPT- Scrambled Eggs with Biscuit & Pork Sausage Gravy with Tater Tot Hash & Baked Apples

W: ROCKIN' RAMEN- Yakisoba Noodles in Broth with Choice of Meat or Vegetarian Protein & Condiments

OVERSLEPT- Choice of Chicken & Waffles with Tater Tot Has & Baked Cinnamon Apples & Syrup

ROCKIN' RAMEN- Yakisoba Noodles in Broth with Choice of Meat or Vegetarian Protein & Condiments

## **DAILY SPECIALS**

Featuring a Daily House Made Salsa with a Variety Of Mexican Cuisines

M: NACHOS: WG Tortilla Chips Topped with Choice of Meat or Whole Pinto Beans(v) and Toppings

TAQUERIA: Soft WG Tortilla & Cilantro Brown Rice with Choice of Meat Protein, Sides, & Toppings

BURRITOS: Built with Choice of Meat or Whole Pinto Beans(v) and Your Choice of Fillings & Toppings

NACHOS: WG Tortilla Chips Topped with Choice of Meat or Whole Pinto Beans(v) and Toppings

TAQUERIA: Soft or Hard Shell WG Tacos with Choice of Meat Protein, Sides, & Toppings



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.



This institution is an equal opportunity provider. Additional nutrition information available upon request.