

## LUNCH MENU<sub>2</sub>

### Middle Schools, ICS, & STEM Jan 29th - Feb 2nd 2024

Menu May Vary By School Site.  
Our menus are aligned with the USDAs Healthier U.S.  
School Challenge.



<b>MONDAY</b>	Pho (FU as in FUN!) with <b>Vegetarian</b> Option
<b>TUESDAY</b>	Spice House Rice or Noodles w/ <b>Vegetarian</b> Option
<b>WEDNESDAY</b>	Fiesta Nachos with <b>Vegetarian</b> Option
<b>THURSDAY</b>	Spice House Rice or Noodles w/ <b>Vegetarian</b> Option
<b>FRIDAY</b>	Fiesta Nachos with <b>Vegetarian</b> Option



#### Everyday Choices

*Cheese Stuffed Breadsticks with Spaghetti  
Sauce(v)  
Cheese Pizza(v)  
Pepperoni Pizza*

<b>MONDAY</b>	Sausage Pizza
<b>TUESDAY</b>	Buffalo Chicken Pizza
<b>WEDNESDAY</b>	Supreme Pizza
<b>THURSDAY</b>	Hawaiian Pizza
<b>FRIDAY</b>	Meatlover's Pizza



#### This Week's Features:



<b>MONDAY</b>	<b>Cheese WG Lasagna Rollup(v)</b> Roasted Broccoli & Carrots
<b>TUESDAY</b>	Pancakes & Turkey Sausage Baked Cinnamon Apples
<b>WEDNESDAY</b>	BBQ Chicken Strip Sandwich Mexican Black Beans
<b>THURSDAY</b>	<b>Baked WG Pasta(v)</b> Green Beans
<b>FRIDAY</b>	<b>WG Fishstick Po' Boy Sub(v) &amp;</b> Slaw with Wedge Cut Fries



#### THRIVE SIDES OFFERED DAILY WITH LUNCH SELECTION

Garden Greens plus a variety of Fresh  
& Canned Fruits & Vegetables. Locally  
Grown items are offered whenever  
seasonally available. Low Fat or Fat Free  
Milk offered with all meals.

#### Daily Classic Grill Fare with Fries

**Vegetarian Rainbow Chili(v)**  
**Vegetarian Burger(v)**, Regular & Spicy WG  
Chicken Burgers, Hamburger, Cheeseburger



<b>MONDAY</b>	Grilled Cheese Sandwich(v)
<b>TUESDAY</b>	Turkey Hot Dog
<b>WEDNESDAY</b>	<b>Big City Bites- Philly Style Cheesesteak Sub</b>
<b>THURSDAY</b>	Roasted Mushroom Swiss Burger
<b>FRIDAY</b>	<b>Fishstick Po' Boy Sub(v)</b>



**In a hurry? Grab Fast Takes-**  
*But Don't Forget to Select From the Thrive Bar!*

<b>MONDAY</b>	<b>Fiesta Dip Box(v)</b> Chef Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
<b>TUESDAY</b>	<b>Strawberry Banana Parfait(v)</b> <b>Garden Veg Salad(v)</b> American Sub Chicken Caesar Wrap
<b>WEDNESDAY</b>	<b>Classic Hummus Box(v)</b> Crispy WG Chicken Salad Italian Sub Buffalo Chicken Wrap
<b>THURSDAY</b>	Protein PowerUp Box <b>Regular(v)</b> or Chicken Caesar Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
<b>FRIDAY</b>	Deli Bento Box <b>Garden Fiesta Salad(v)</b> (Turkey) Ham & Cheese Sub Chicken Caesar Wrap

*To file a complaint of discrimination,  
write U.S. Department of Agriculture,  
Director, Office of Adjudication and  
Compliance, 1400 Independence Ave-  
nue, SW, Washington, DC 20250-9410  
or call (800) 795-3272 (voice) or (202)  
720-6382 (TTY). USDA is an equal  
opportunity provider and employer.*

Nutrition Information is available upon request.

