

LUNCH MENU

Middle Schools, ICS, & STEM January 22nd - 26th 2024

Menu May Vary By School Site.
Our menus are aligned with the USDAs Healthier U.S.
School Challenge.



MONDAY	Pho (FU as in FUN!) with Vegetarian Option
TUESDAY	Spice House Rice or Noodles w/ Vegetarian Option
WEDNESDAY	Fiesta Nachos with Vegetarian Option
THURSDAY	Spice House Rice or Noodles w/ Vegetarian Option
FRIDAY	Fiesta Nachos with Vegetarian Option



Everyday Choices

*Cheese Stuffed Breadsticks with Spaghetti
Sauce(v)
Cheese Pizza(v)
Pepperoni Pizza*

MONDAY	Sausage Pizza
TUESDAY	Buffalo Chicken Pizza
WEDNESDAY	Supreme Pizza
THURSDAY	Hawaiian Pizza
FRIDAY	Meatlover's Pizza



This Week's Features:



MONDAY	Turkey or Lentil(v) Taco Tot'chos Roasted Seasoned Broccoli
TUESDAY	Glazed Chicken Drumstick Mixed Veggie
WEDNESDAY	WG Popcorn Chicken & Potato Bowl Vegetarian Baked Beans
THURSDAY	WG Pasta with Meat or Lentil(v) Sauce Roasted Broccoli & Carrots
FRIDAY	WG Chicken & Waffles Wedge Cut Fries



THRIVE SIDES OFFERED
DAILY WITH LUNCH
SELECTION

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally
Grown items are offered whenever
seasonally available. Low Fat or Fat Free
Milk offered with all meals.

Daily Classic Grill Fare with Fries

Vegetarian Rainbow Chili(v)
Vegetarian Burger(v), Regular & Spicy WG Chicken
Burgers, Hamburger, Cheeseburger



SPECIAL MENU ITEM OFFERED ON WEDNESDAY

MONDAY	Grilled Cheese Sandwich(v)
TUESDAY	Turkey Hot Dog
WEDNESDAY	Big City Bites- Philly Style Cheesesteak Sub
THURSDAY	Roasted Mushroom Swiss Burger
FRIDAY	Fishstick Po' Boy Sub(v)



In a hurry? Grab Fast Takes-

But Don't Forget to Select From the Thrive Bar!

MONDAY	Fiesta Dip Box(v) Chef Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
TUESDAY	Strawberry Banana Parfait(v) Garden Veg Salad(v) American Sub Chicken Caesar Wrap
WEDNESDAY	Classic Hummus Box(v) Crispy WG Chicken Salad Italian Sub Buffalo Chicken Wrap
THURSDAY	Protein PowerUp Box Regular(v) or Chicken Caesar Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
FRIDAY	Deli Bento Box Garden Fiesta Salad(v) (Turkey) Ham & Cheese Sub Chicken Caesar Wrap

*To file a complaint of discrimination,
write U.S. Department of Agriculture,
Director, Office of Adjudication and
Compliance, 1400 Independence Ave-
nue, SW, Washington, DC 20250-9410
or call (800) 795-3272 (voice) or (202)
720-6382 (TTY). USDA is an equal
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Nutrition Information is available upon request.

