

LUNCH MENU 5

Middle Schools, ICS, & STEM

January 15th - 19th 2024

Our menus are aligned with the USDAs
Healthier U.S. School Challenge.

Menu May Vary By School



MONDAY	NO SCHOOL
TUESDAY	Spice House with Vegetarian Option Fiesta
WEDNESDAY	WG Nachos with Vegetarian Option Spice
THURSDAY	House with Vegetarian Option
FRIDAY	Fiesta WG Nachos with Vegetarian Option



Every Day Choices
*Mozzarella Stuffed WG Breadsticks
with Spaghetti Sauce(v)
Cheese WG Pizza Slice(v)
Pepperoni WG Pizza Slice*

MONDAY	NO SCHOOL
TUESDAY	Buffalo Chicken WG Pizza
WEDNESDAY	Supreme WG Pizza
THURSDAY	Hawaiian WG Pizza
FRIDAY	Meatlover's WG Pizza



MONDAY	NO SCHOOL
TUESDAY	Chicken Alfredo Macaroni Pasta
WEDNESDAY	Pork Posole with WG Tostitos
THURSDAY	Turkey & Gravy Over Mashed Potatoes
FRIDAY	WG Fishsticks(v) and Wedge Fries



THRIVE SIDES
OFFERED DAILY WITH
LUNCH **ENTREES**

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally
Grown items are offered whenever
seasonally available.
Low Fat or Fat Free Milk offered with all
meals.

Daily Classic Grill Fare with Fries

Vegetarian Rainbow Chili(v)
Vegetarian Burger(v), Regular & Spicy WG
Chicken Burgers, Hamburger, Cheeseburger



MONDAY	NO SCHOOL
TUESDAY	Turkey Hot Dog
WEDNESDAY	BBQ Pulled Pork Sandwich Roasted
THURSDAY	Mushroom Swiss Burger
FRIDAY	Fishstick Po' Boy Sub(v)



**Be sure to get your fruit or vegetable
from the Thrive Bar to make your Fast
Takes selection a complete meal!**

MONDAY	NO SCHOOL
TUESDAY	Strawberry Banana Parfait Cup(v) Hearty Garden Veg Salad(v) American Sub Chicken Caesar Wrap
WEDNESDAY	Classic Hummus Box with Flatbread(v) Crispy WG Chicken Salad with Rolls Italian Sub Buffalo Chicken Wrap
THURSDAY	Protein PowerUp Box Regular(v) or Chicken Caesar Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
FRIDAY	Deli Bento Box with Flatbread Garden Fiesta Salad(v) (Turkey) Ham & Cheese Sub Chicken Caesar Wrap

*To file a complaint of discrimination,
write U.S. Department of Agriculture,
Director, Office of Adjudication and
Compliance, 1400 Independence Ave-
nue, SW, Washington, DC 20250-9410
or call (800) 795-3272 (voice) or (202)
720-6382 (TTY). USDA is an equal
opportunity provider and employer.*

Nutrition Information is available upon request.

