

# LUNCH MENU 4

Middle Schools, ICS, & STEM

January 8th - 12th 2024

Our menus are aligned with the USDAs  
Healthier U.S. School Challenge.

Menu May Vary By School



<b>MONDAY</b>	Pho (FU as in FUN!) with <b>Vegetarian</b> Option
<b>TUESDAY</b>	Spice House with <b>Vegetarian</b> Option
<b>WEDNESDAY</b>	Fiesta WG Nachos with <b>Vegetarian</b> Option
<b>THURSDAY</b>	Spice House with <b>Vegetarian</b> Option
<b>FRIDAY</b>	Fiesta WG Nachos with <b>Vegetarian</b> Option



## Every Day Choices

Mozzarella Stuffed WG Breadsticks  
with Spaghetti Sauce(v)  
Cheese WG Pizza Slice(v)  
Pepperoni WG Pizza Slice

<b>MONDAY</b>	Sausage WG Pizza Buffalo
<b>TUESDAY</b>	Chicken WG Pizza
<b>WEDNESDAY</b>	Supreme WG Pizza
<b>THURSDAY</b>	Hawaiian WG Pizza
<b>FRIDAY</b>	Meatlover's WG Pizza



## Special Menu Item Offered Wednesday

<b>MONDAY</b>	Beef Meatball Marinara Sub
<b>TUESDAY</b>	French Toast & Turkey Sausage
<b>WEDNESDAY</b>	SweetnSour WG Chicken & Brown Rice Bowl
<b>THURSDAY</b>	Bean & Cheese Burrito(v) with Salsa
<b>FRIDAY</b>	Beef and <b>Lentil(v)</b> Sloppy Joes



## THRIVE SIDES OFFERED DAILY WITH LUNCH ENTREES

Garden Greens plus a variety of Fresh  
& Canned Fruits & Vegetables. Locally  
Grown items are offered whenever  
seasonally available.  
Low Fat or Fat Free Milk offered with all  
meals.

## Daily Classic Grill Fare with Fries

**Vegetarian Rainbow Chili(v)**  
**Vegetarian Burger(v)**, Regular & Spicy WG Chicken  
Burgers, Hamburger, Cheeseburger



Special Menu Item Offered on Wednesday

<b>MONDAY</b>	Grilled Cheese Sandwich(v)
<b>TUESDAY</b>	Turkey Hot Dog
<b>WEDNESDAY</b>	Big City Bites- Philly Style Cheesesteak Sub
<b>THURSDAY</b>	Roasted Mushroom Swiss Burger
<b>FRIDAY</b>	Fishstick Po' Boy Sub(v)



Be sure to get your fruit or vegetable  
from the Thrive Bar to make your Fast  
Takes selection a complete meal!

<b>MONDAY</b>	<b>Fiesta Dip Box(v)</b> Chef Salad with Rolls Turkey & Cheese Sub Crispy WG Chicken Wrap
<b>TUESDAY</b>	<b>Strawberry Banana Parfait Cup(v)</b> <b>Hearty Garden Veg Salad(v)</b> with Rolls American Sub Chicken Caesar Wrap
<b>WEDNESDAY</b>	<b>Classic Hummus Box with Flatbread(v)</b> Crispy WG Chicken Salad with Rolls Italian Sub Buffalo Chicken Wrap
<b>THURSDAY</b>	Protein PowerUp Box <b>Regular(v)</b> or Chicken Caesar Salad with Rolls Turkey & Cheese Sub Crispy WG Chicken Wrap
<b>FRIDAY</b>	Deli Bento Box with Flatbread <b>Garden Fiesta Salad(v)</b> with Rolls (Turkey) Ham & Cheese Sub Chicken Caesar Wrap

To file a complaint of discrimination,  
write U.S. Department of Agriculture,  
Director, Office of Adjudication and  
Compliance, 1400 Independence Ave-  
nue, SW, Washington, DC 20250-9410  
or call (800) 795-3272 (voice) or (202)  
720-6382 (TTY). USDA is an equal  
opportunity provider and employer.

Nutrition Information is available upon request.

