

LUNCH MENU₃

Middle Schools, ICS, & STEM Jan 1st - 5th 2024

Menu May Vary By School Site.
Our menus are aligned with the USDAs Healthier U.S.
School Challenge.



MONDAY	NO SCHOOL
TUESDAY	Spice House Rice & Noodle Bowls (v) option included
WEDNESDAY	Fiesta Nachos (v) option included
THURSDAY	Spice House Rice & Noodle Bowls (v) option included
FRIDAY	Fiesta Nachos (v) option included



Everyday Choices

*Cheese Stuffed Breadsticks with Spaghetti
Sauce(v)
Cheese Pizza(v)
Pepperoni Pizza*

MONDAY	NO SCHOOL Buffalo
TUESDAY	Chicken Pizza
WEDNESDAY	Supreme Pizza
THURSDAY	Hawaiian Pizza
FRIDAY	Meatlover's Pizza



This Week's Features:



MONDAY	NO SCHOOL
TUESDAY	WG Cheese Ravioli Square(v) Vegetarian Baked Beans
WEDNESDAY	Orange WG Chicken & Brown Rice Roasted Broccoli & Carrots
THURSDAY	WG Macaroni & Cheese(v) Aztec Corn with Black Beans
FRIDAY	Cheese Omelet(v) with Cinnamon Pinwheel Tater Tot Hash



THRIVE SIDES OFFERED DAILY WITH LUNCH SELECTION

Garden Greens plus a variety of Fresh
& Canned Fruits & Vegetables. Locally Grown items are
offered whenever seasonally available. Low Fat or Fat Free
Milk offered with all meals.

Daily Classic Grill Fare with Fries

Vegetarian Rainbow Chili(v)
Vegetarian Burger(v), Regular & Spicy WG
Chicken Burgers, Hamburger, Cheeseburger



MONDAY	NO SCHOOL
TUESDAY	Turkey Hot Dog
WEDNESDAY	BBQ Pulled Pork Sandwich Roasted
THURSDAY	Mushroom Swiss Burger
FRIDAY	Fishstick Po' Boy Sub(v)



In a hurry? Grab Fast Takes-
But Don't Forget to Select From the Thrive Bar!

MONDAY	NO SCHOOL
TUESDAY	Strawberry Banana Parfait(v) Garden Veg Salad(v) American Sub Chicken Caesar Wrap
WEDNESDAY	Classic Hummus Box(v) Crispy WG Chicken Salad Italian Sub Buffalo Chicken Wrap
THURSDAY	Protein PowerUp Box Regular(v) or Chicken Caesar Salad Turkey & Cheese Sub Crispy WG Chicken Wrap
FRIDAY	Deli Bento Box Garden Fiesta Salad(v) (Turkey) Ham & Cheese Sub Chicken Caesar Wrap

*To file a complaint of discrimination,
write U.S. Department of Agriculture,
Director, Office of Adjudication and
Compliance, 1400 Independence Ave-
nue, SW, Washington, DC 20250-9410
or call (800) 795-3272 (voice) or (202)
720-6382 (TTY). USDA is an equal
opportunity provider and employer.*

Nutrition Information is available upon request.

