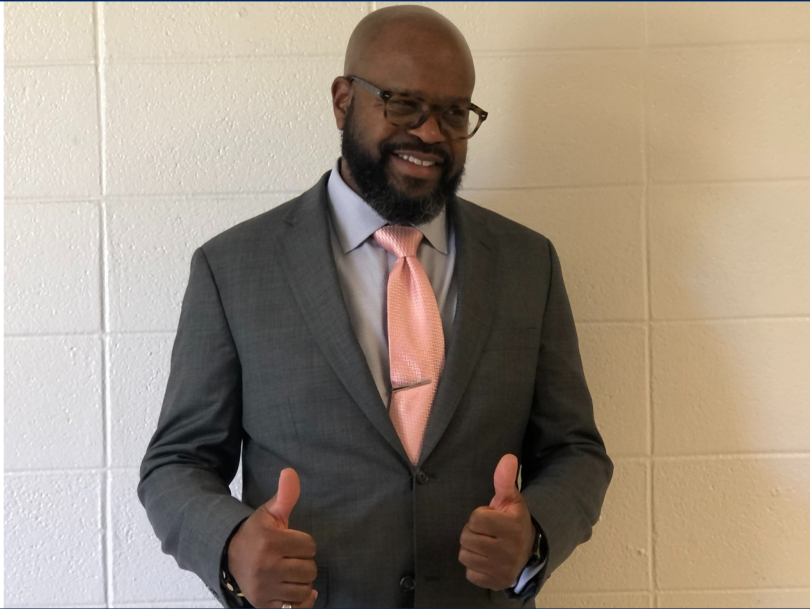


RIGHT CHOICES TODAY

Volume 1, Issue 1
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Meet Marlon Worrill

By James

Well just in case you haven't heard, Right Choices Program is moving in the right direction starting with a new director! Meet Marlon Worrill who is the new director of alternative programs throughout the Beaufort County South Carolina School District. He also has a dual role as director of Right Choices Program located at 2900 Mink Point!

What made you decide to come to Right Choices Program?

I was asked to come and take this position. The district thought they needed a new direction.

What do you see as the future of alternative education for the Beaufort County South Carolina School District?

We want to make sure we provide support for students in the alternative program.

Can you tell me why there is not a one-size fits all method to alternative education?

Students are individuals and not every student has the same needs. You need to get to know the students needs.

How do you plan on fulfilling your job responsibilities at Right Choices and at other sites throughout the Beaufort County School District?

Train your team and trust them to do the important work of helping students achieve!

What do you consider to be non-negotiable for the students at Right Choices Programs?

We won't tolerate any disruptions!

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HOW FOCUSED ARE YOU?

By Erick

Do you find yourself distracted and hard to focus on getting things done?

Well let me tell you all about being focused. Focus to me is doing my work without getting distracted by either me distracting myself or letting others distract me. While I have been at Right Choices, I have not gotten distracted like I did at my home school. This is because there are not as many students in the school and more students usually mean louder hallways and louder classrooms. Here we have no bell to signal the changing of classes and not as many students coming in and out of the classrooms.

Another way of focusing is by doing something good and productive. By this I mean actually doing your work nice and neat. At Right Choices you don't really rush and be done with your work unlike at my home school, when you have a due date and rush just to get it done. Here at Right Choices they let me take my time and think about my work. Here I have to be productive because the teachers push you. At Right Choices, I can focus and get direct help from the teacher since there are not that many students in the class. You also get to do your work in peace and quiet because most students are on task.

Since all of your work comes from your

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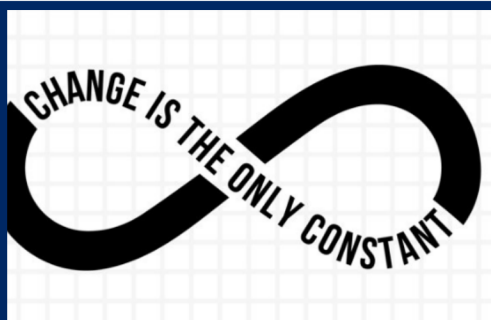


Image by Cuteshops

<https://designbundles.net/cuteshop/1271446-change-is-the-only-constant-infinity-symbol-svg>

CHANGES, CHANGES, CHANGES!

By James

If you think you know about Right Choices....think again!

Last year I was at Right Choices for a few weeks. Don't ask me how I got there but I am still here! Last year, most of the teachers and administration didn't care about the connection students needed with their home school. In my opinion, that is something really important because many students including myself did not get the course work which made students behind in their work. Students may have failed certain classes because of the lack of communication with teachers at the Right Choices Program and their home school.



"I Rate Right Choices Program 5 Stars!
Image from Canva

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There Is No Easy Road To Success Until You MakeThe RIGHT CHOICES!

By Brisbane and James

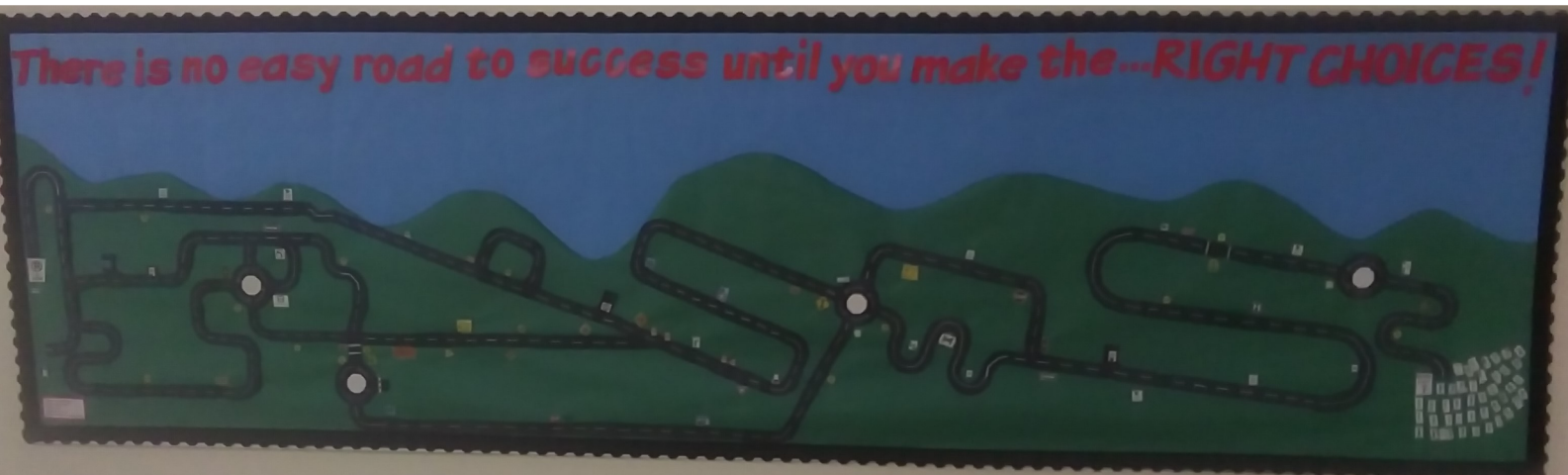


Photo Taken by Jeffrey Lewis

Making the right choices can be difficult especially if you are a middle or high school student. It is important for students to critique the above bulletin board of the “Road to Success” to see where they believe they are! Meet James and learn what a high schooler thinks about the “Road to Success”.

What is success?

When you complete what you want to achieve.
Going down the right path!

Where do you see yourself on the “Road to Success”?

With the gorillas in the jungle! To me the gorillas are my friends and the jungle represents where I live and I see myself succeeding with my homeboys and not leaving them behind.

Can you elaborate on what is stopping you from moving smoothly through these roads?

What’s stopping me from moving smoothly through these roads are my bad decisions and the adrenaline I feel at times. In my mind it feels like the way to get what you want is through violence!

Can you formulate a theory as to why you believe that these roads were not designed as a straight “Road to Success”?

These roads weren’t designed to be straight because in life as you move forward there are many ways and obstacles in life!

Design a model of a “Road to Success” that could solve the dilemma of why so many students struggle to achieve success. Explain your model to success and why you believe that it will be effective.

In real-life paths there are multiple paths with multiple options, bad or good. In my model there are only two bad or good! If you go through a good path without there being a bad decision you would achieve success!

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WHAT'S FOR BREAKFAST AND LUNCH AT YOUR SCHOOL?

By Destiny

Do you eat school breakfast or lunch? Well I do! Here at Right Choices we have the best breakfast and lunch. If you ask me, the food is always fresh and we always have something that is healthy for us to eat. They make sure the kids are well fed. We even had a cookout with a variety of foods prepared for us by the Beaufort County School District chef because the students earned it by completing and sharing a project about their lives with the director and staff!

When asked, most students say that they like the chicken sandwiches and the pizza. We will have to see what they really think after they take the survey and rank their favorite breakfast and lunch meal!

Breakfast: September 11-September 15, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
*Eggs and Cheese *Biscuit *Crackers *Fruit *Cinnamon Toast Crunch Bars *Cinnamon Sticks *Milk	*Graham Crackers *Cereal Bars *Ham and Cheese Sandwich *Grits *Grapes *Juice	*Egg and Cheese *Bagel *Biscuit *Cereal *Healthy Bars *Milk *Fruit	*Oatmeal *Eggs *Graham Crackers *Biscuit *Cheese *Cereal Bars *Juice	*Fruit *Biscuit and Cheese *Yogurt *Cereal Variety *Crackers *Cereal Bars *Milk

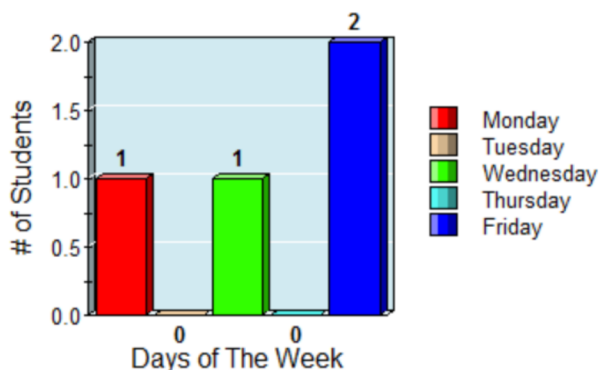
Lunch: September 11-September 15, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
*Pizza *Chicken *Carrots *Fruit *Milk	*Chicken *Rice *Cheese Pizza *Fruit *Milk	*Grilled Chicken *Hot dog *Hamburger *Baked Beans *Lettuce, Tomato, Onion *Tossed Salad *Green Beans *Cookout	*Popcorn Chicken *Mashed Potatoes *Green Beans *Gravy *Crackers *Yogurt *Milk	*Pizza *Pizza with Pepperoni *Fruit *Milk

Created by Destiny

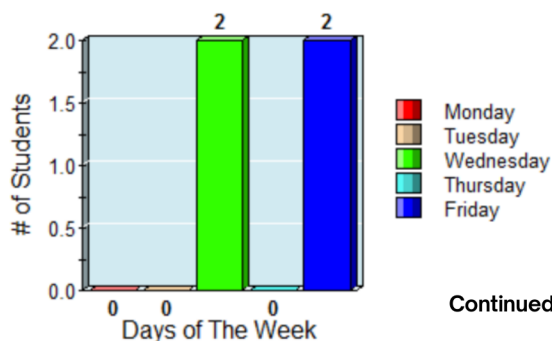
Students who ate breakfast and lunch September 11-September 15, 2023 took a survey. Below are the results.

Favorite Breakfast Week of 9/11-9/15, 2023



https://nces.ed.gov/nceskids/graphing/classic/bar_pie_chart.asp?temp=4581912

Favorite Lunch Week of 9/11-9/15, 2023



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Meet Shaira Who Provides Nutrition For The Students Of The Beaufort County School District

Here at Right Choices Program our food is delivered to a makeshift cafeteria where students are provided with “a very amazing and alot of food choices daily”. Shaira commutes between Battery Creek High School and Right Choices Program by van to provide the students with a healthy breakfast and lunch.

How is the food prepared?

The food is prepared whenever it is close to your breakfast and lunch time to make sure everything is hot and fresh.

How does it make you feel that Monday-Friday you have to come to Right Choices to bring us breakfast and lunch?

I honestly love bringing the breakfast and lunch from Battery Creek to Right Choices.

Photo of Shaira Taken By Brisbane

MEET MR. LEWIS

By James

This is Jeffrey Lewis. This is his first year as a Behavior Management Specialist also known as a BMS at Right Choices Program. He started working here the last few weeks of the 2022-2023 school year. His job title requires him to provide conflict resolution, provide small group and individual counseling, and to provide the students with strategies to self-regulate and self-monitor their behavior.

I had the pleasure of interviewing Mr. Lewis to better understand his role at Right Choices and to learn how myself and my peers can benefit from our interactions with him!

What motivates you to do this job?

The students and staff here at Right Choices and knowing that everyday is different and everyday needs are different. By that I mean don't dwell on the past, move forward!

What do you think about the Right Choices Program?

I think the Right Choices Program is a magnificent program that is on the right path to student behavior and academic achievement.

How did you adapt to this school?

I learn by talking to the students and understand that yesterday I was once these students.



Photo By Brisbane

What do you think about students at Right Choices?

I think they have the ability to think first and react in a positive way.

How do you deal with students that have difficult behavior?

Understand them first and know where they are coming from and make sure that my response can help them to better themselves and influence someone else to learn from their mistakes.

Do you notice any changes from last year?

Yes! The structure of the system has taken a turn in a better way!

How can you adapt to your daily routine of having a job at Right Choices Program, being a personal trainer, and being a college student?

No matter what you go through or how sad it may be or the storm or difficulty or problems, I will always find the time to hear and listen and make myself understand that I'm needed.

What is your secret to developing a relationship with students?

Inspiration and dedication inspired by y'all and dedicated to y'all and will continue that no matter where I go!

Now that you got the opportunity to learn about Mr. Lewis, I hope that you understand that he conducts himself in a professional manner to lead students by example. He is more than a mediator, he is a mentor. He is also dedicated and passionate about his job and gives Right Choices Program his all!

No Cellphone...Ugh!

By Destiny

Do you think that you could spend the day without a cellphone? Well if you don't then coming to Right Choices may not be your path to change!

Let me tell you about my cellphone experience both before and while at Right Choices! I have been in a no cellphone school since I started school! Students were not allowed to bring their cellphones into the school for any reason. You would think that this would stop the drama! It did not! Students would use their phones after school and the drama would start the next day! So if you were to ask me if not having a cellphone in school makes students focus? I would say "sometimes!" Having no cellphone is stressful, but it has some kids in their "right mind".

I was so excited to go to a high school where I could carry my cellphone! The problem is that instead of starting 9th grade at my home school, I started school this fall at Right Choices! We are not

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SCHOOL BREAKFAST AND LUNCH

By Destiny

Continued from Page 5

Results

Although Monday, Wednesday, and Friday each received votes, half of the students surveyed chose the breakfast menu served on Friday as their number one choice. Wednesday and Friday tied as the number one lunch both receiving two votes each. The problem with this survey is that the number of participants in the survey was small. Only 4 students participated in the survey.

Well, maybe if you don't eat school food you should try it. Some people don't like the way other people cook, but I'll give you three reasons why you should try it!

- **Reason #1:** Ms. Shaira works very hard to prepare, deliver, and also serve our food. She comes all the way from Battery Creek High School to bring us breakfast and lunch twice a day!
- **Reason #2:** Nutrition: It is difficult to go all day without eating. You need to eat to have lots of energy.
- **Reason #3:** Things you should always be thankful for! Some people don't have any food! We should be thankful that Ms. Shaira brings us something to eat!



Apple iPhone 15 Pro Max render based on multiple design leaks
@GRAPHICALRYAN, MACRUMORS

Meet Shaira

Continued From Page 5

Do you feel respected by the students and staff?

The students are very respectful and the staff. Good treatment, feel more respected at Right Choices than Battery Creek!

What are the differences between students at Right Choices and Battery Creek?

The students at Right Choices are more respectful and they all work together. The students at Battery Creek need more respect. There are wonderful and amazing kids at both schools!

Overall, what conclusion can you draw about the differences between Battery Creek and Right Choices?

The differences between Battery Creek and Right Choices is that Right Choices has less students so I can get to know y'all. Right Choices students like to eat. The cafeteria equipment at Battery Creek needs to be updated!

There is no harm in trying school food. Never waste food someone put all their effort into just for you to have something to eat!



Director Worrill being interviewed
Photo taken by Brisbane

MEET MR. WORRILL CONTINUED.....

Continued From Page 1
By James

As a student who was at Right Choices for a few weeks at the end of the school year 2022-2023, I already see significant changes! How do you plan on teaching students the path to making right choices?

We communicate that we have a new structure and so that structure can focus on student growth.

What motivates you to be at Right Choices?

I love the work!

How do you respond to people when they find out you are a director of alternative schools and they label your students as “criminals”?

I correct them and let them know “We have students and my students are as good as any students from other schools.....my students aren’t criminals!”

You are always smiling! What makes you smile when you walk into Right Choices?

I smile because I have the opportunity to serve students and that is what keeps me going. There is nothing to be mad about when I do this work!

So now that you have gotten the opportunity to learn about the new director of alternative programs and his philosophy on change, you will better understand that the Right Choices Program is headed in a different direction that promotes student growth and development along with an infrastructure that is student centered and promotes self-motivation and accountability!

If you ever come to Right Choices, know that Mr. Worrill and his team will provide you with the guidance, order, and direction that will give you the opportunity to make positive changes in your life if you are ready to make a change!

Mr. Worrill can be quoted as saying.....“The kids give me life!”

Then vs. Now

By James

Continued From Page 3

Last year they paid attention to us physically by letting us play basketball to make sure there weren't any altercations, but they didn't pay attention to students academically. If you think that is bad, even between staff there were a lot of miscommunications! They didn't know where they wanted us. Every day the schedule changed! They also didn't enforce school uniforms which made everyone not look presentable for school. This made students here at Right Choices look different in a bad way!

This year everything is different! The communication with us as students and teachers with our home school got a lot better. This year the teachers made us emailed our teachers at our home school to be sure we had everything we needed to succeed academically. They also enforced wearing our school uniform like regular students again.

So far the Right Choices Program is on the right path. This year the food they fed us got way better! This year the routine is more organized and the students and teachers know where to go and know what the plan is as soon as the school day starts. This year we have teachers that are willing to teach us and are willing to help us become better students, but also to become a better person on the outside of school! Overall, Right Choices Program took a huge turn!

Focus, Focus, Focus!

By Erick

Continued From Page 3

home school, you really need to be productive to receive credit and to pass your classes. To be productive to me is doing the work the teachers assign to you. It is easier to be productive at Right Choices because there is really nothing to do to be unproductive unlike regular school. At regular school you could skip class, not do your work, be on your phone, talk too much, interrupt the class and more. This is why if you come over here you will be productive and do your work better than you did before.

You can't really zone out while you are at Right Choice. What I mean is that the teachers "be on you" because they have a lot of energy since there are a few students, so they can help you with your work. There is really nothing that can zone you out here because there is nothing that catches your interest. At your home school you can easily zone out because you may not work on your classwork or you are distracted by your peers. Here at Right Choices, although you are not with your actual teacher, the teachers here actually help you with your classwork, which means you better get on Google Classroom, MindTap, Edgenuity, or VirtualSC to get your grades up!

By the end of reading this I hope you understand to make the right choices and not end up here, but if you do come here you now know what to expect!

IF YOU DON'T THINK YOU NEED DRUG AND ALCOHOL COUNSELING.....THINK AGAIN!

By Isaac



Photo Taken By Brisbane

Does your school provide you with drug and alcohol counseling? Well, at Right Choices we have a counselor named Ms. Williams who is available four days a week at the Mink Point site. Ms. Williams provides the students with individual and group counseling. You don't have to be a student who is an active drug or alcohol user to talk to her. You can go to Ms. Williams to discuss your curiosities and to learn more about the effects of drug and alcohol use on your body.

Can you explain why people get addicted to drugs?

People get addicted to drugs for many reasons: experimental, environmental, family, friends, or they just want to be included.

How would you classify different drugs?

- **Hallucinogens:** LSD, PCP, cannabis, ecstasy
[Hallucinogens are drugs that have you seeing things that no one else is seeing.]
- **Stimulants:** alcohol, methamphetamine, cocaine
[Stimulants are drugs that can make a person feel more awake, alert, confident, or energetic.]

How would you estimate how many high schoolers do drugs?

About 35 out of 100 students use drugs and this number could be much higher.

What do you notice about drug addicts?

- They don't feel like they have a problem
- They feel that they can stop at anytime
- They feel that it is their life and they can live it how they want too!

What is more addictive drugs or alcohol?

It depends on age, usage, and weight when it comes to alcohol. Older people tend to be more addicted to prescription medication.

What would you use to classify a person an addict?

There are 13 criteria to classify a person as an addict below I will give you five:

1. period of use
2. cravings
3. withdrawal symptoms
4. unsuccessful attempts to cut down use
5. giving up important activities to use

How are drugs related to high school dropouts?

Students prefer to get high which hinders one from doing his or her schoolwork.

What conclusion can you draw about drug users?

Life events play a huge role in why a person may use drugs. They may feel like no one loves or cares about them so they use substances as a way to finding that love. They will find others that use and they believe that they found the love that they had been longing for from family and friends.

What advice would you give to high schoolers that are thinking about doing drugs?

My advice to them is "not to do it" because substance use:

- wrecks lives
- causes negative behaviors
- can lead to a road of destruction

Should kids go to drug and alcohol counseling even if they aren't using or interested in drug or alcohol use?

Yes, the reason being they may not be using but they can get the education to help someone else who may be using to help save their lives.

Now that you learned about our drug and alcohol counselor's role, it is time for you to seek out the drug and alcohol counselor at your school if you may be a substance abuse user, have questions, or want advice on how to help someone who may need support from a counselor!

CAN'T LIVE WITHOUT YOUR CELLPHONE...THINK AGAIN!

By Destiny

Continued From Page 7

going to discuss why I am here, but I am here! Being at Right Choices I am able to bring both of my cellphones but I cannot use them. All cellphones have to be checked in when you arrive at school. If you ask, me no one has issues with this rule. It has actually been good because there is no cellphone “social media drama” here!

In my opinion, having no phone causes less confusion, less drama, and more focus on education. It's quiet here at Right Choices and everyone is into success rather than phones. Being a teenager and not being able to use your cellphone in school is good because they want better for us! So if you think you can't live without your cellphone...think again!



Samsung Galaxy Z Flip 5: <https://www.cnet.com>

By Brisbane and James

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“Road to Success”

After critiquing this map, what do you believe school administrators, teachers, students, and parents can do to lead students to academic success?

In order for administrators to help me reach my academic goals I feel like they need to explain how the school works and what we need because they don't take the time to explain what we need to pass. They don't talk about the benefits we can get for example like Academy for Career Excellence or ACE which is a trade school that Beaufort County South Carolina students can go to earn a certificate in a trade like becoming a barber or learning how to repair cars.

The teachers from my school need to give us students from other countries priority over people who have been here their whole life who speak and read English. Teachers should take their time to teach and help students understand.

As a student I can stay on task and help others and not distract others. I can also turn in work. I can achieve my academic goals. Students would be of help if we all helped each other as a group. I feel like if I don't let other people get in my head, I wouldn't have as many problems in school!

What my mom can do is motivate me to do good in school. Also for her to understand this new school system, so she can guide me!

If you get the opportunity to visit the Right Choices Program, hopefully you will take the time to look closely at the “Road To Success” bulletin board. You will be amazed at how much you can learn about yourself and how much growth and development you may need even if you are an adult!

MEET SGT. SMITH

By Erick

Most of you may have heard the term SRO but do you know what SRO stands for? Well, an SRO is a School Resource Officer who interacts with students, staff, and the local Sheriff's department. Here at Right Choices Program Sgt. Smith is our SRO. Let's get to know a little bit about Sgt. Smith's role at Right Choices and throughout the community!

What do you do in your office?

When I am in my office sometimes I review reports, I am making police reports, send emails, and doing training.

What made you become a School Resource Officer (SRO)?

I like the challenge of working with students.

How do you feel about the Right Choices Program?

It is a nice program that helps kids succeed!

What keeps you motivated?

I like working with kids and getting to know them.

How do you deal with disruptive students?

I talk to kids about making right decisions before making one. I try to mentor them before they get out of control.

How would you describe your job?

I like to help people. Not everyone is cut out to work at school. No day is the same! Always on the go!

How do you feel when people call you 12?

It doesn't bother me!

How do you feel about arresting kids?

It is part of the job. "Do the crime, do the time!"



Photo Taken By Brisbane

Why do you believe that students don't have good relationships with cops?

Appearance, judgment, and attitude!

What other job responsibilities do you have?

I have two other roles outside of being an SRO. I am an Emergency Management Specialist (EMD) that responds to disasters and I am a Tactical Flight Officer who flies in a helicopter and operates the forward-looking infrared or FLIR camera and mapping system during searches. I am also required to continuously train for all of the roles I have with the Beaufort County Sheriff's Department.

Now that you have learned about our school SRO, I hope you better understand the role of the SRO and that they are here to support the students, staff, and the community! Also that Sgt. Smith's role outside of the Beaufort County South Carolina School District as an Emergency Management Specialist (EMD) responding during disasters and a Tactical Flight Officer who flies in a helicopter to assist with searches, provides the community with multiple levels of support!

When asked how she likes all of her jobs?

Sgt. Smith said "It's fun!"

MEET MS. COUCH

By Dom

Ms. Couch has more than 25 years of teaching experience. She is one of the educators at the Right Choices Program that has been here for two and a half years. Ms. Couch is a good listener. If you need someone to talk to, she is the right teacher for you. One of her pet peeves is that she does not tolerate disrespect. If you disrespect her you will definitely face consequences! Now learn more about Ms. Couch!



Are there any challenges as an alternative education teacher?

It's only the curriculum because the students have different classes from their respective home school.

Have you ever had to get out of character because of a child?

Yes, but only when someone is not following the expectations of Right Choices!

What is your **philosophy on alternative education?**

I believe that it's a start for kids to restart and fix themselves and that it's not the end of the road!

Can you elaborate on the reasons why the Right Choices Program needed to **change?**

It's better for students to do academics with teachers instead of doing only Edgenuity.

Can you **predict what the Right Choices Program will look like in five years ?**

Hopefully, this program will be a model for other schools to look at where we deal with less discipline issues and more with students trying to get back on track!

BINARY CODING AT RIGHT CHOICES

By Brisbane and Students

Have you ever used the binary code? Think again! The binary code has been around since ancient times. It had been discovered that a form of the binary code can be traced back to ancient Egypt, China, and India. According to convertbinary.com, ancient Egyptians used “horus-Eyes” fractions to measure and count grains and liquids as early as 2400 B.C.E. The binary code that we use today was created in 1679 by Gottfried Wilhelm Leibniz and published in 1703 in an article called *Explication de l'Arithmétique Binaire*.

What is the binary code used for today? Well, according to convertbinary.com the binary system is used to operate digital circuits in computers. In other words, this means that binary code sends signals that are used to perform specific task. For example, when you strike the uppercase letter A on your keyboard, you are actually sending your computer processor 01000001.

So if you think you don't know much about the binary code.....think again!

Source for article: <https://www.convertbinary.com/blog/binary-number-system-history>

Binary Coded Jewelry

The students at Right Choices Program 2900 Mink Point used the alphabet binary code to create bracelets or necklaces of their name or a message such as “I love you”. You can find instructions on how to create a binary coded piece of jewelry at <https://www.youtube.com/watch?v=f2E1vGEUCzU>



Image From: www.mybaba.com

Binary Coded Message From Our Students

01010100 01101000 01100101 00100000 01110011 01110100 01110101 01100100
01100101 01101110 01110100 01110011 00100000 01100001 01110100 00100000
01010010 01101001 01100111 01101000 01110100 00100000 01000011 01101000
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00100000 01010000 01110010 01101111 01100111 01110010 01100001 01101101
00100001 00100000

Alphabet ASCII and Binary Code Chart

Letter	ASCII Code	Binary	Letter	ASCII Code	Binary
a	097	01100001	A	065	01000001
b	098	01100010	B	066	01000010
c	099	01100011	C	067	01000011
d	100	01100100	D	068	01000100
e	101	01100101	E	069	01000101
f	102	01100110	F	070	01000110
g	103	01100111	G	071	01000111
h	104	01101000	H	072	01001000
i	105	01101001	I	073	01001001
j	106	01101010	J	074	01001010
k	107	01101011	K	075	01001011
l	108	01101100	L	076	01001100
m	109	01101101	M	077	01001101
n	110	01101110	N	078	01001110
o	111	01101111	O	079	01001111
p	112	01110000	P	080	01010000
q	113	01110001	Q	081	01010001
r	114	01110010	R	082	01010010
s	115	01110011	S	083	01010011
t	116	01110100	T	084	01010100
u	117	01110101	U	085	01010101
v	118	01110110	V	086	01010110
w	119	01110111	W	087	01010111
x	120	01111000	X	088	01011000
y	121	01111001	Y	089	01011001
z	122	01111010	Z	090	01011010

https://www.phys.uconn.edu/~rozman/Courses/P2200_13F/downloads/ascii.pdf

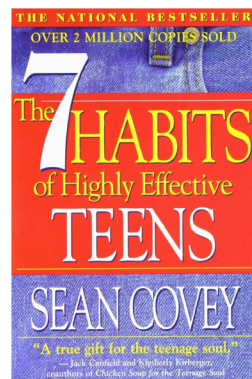
<https://www.rapidtables.com/convert/number/binary-to-ascii.html>

Please note that upper and lowercase letters are represented by different binary codes



BOOK REVIEW

By Jalen



Book Cover @barnesandnoble.com

The 7 Habits of Highly Effective Teens by Sean Covey

The 7 Habits of Highly Effective Teens by Sean Covey offers its reader visual pictures, charts, and symbols that show examples throughout the book. I want to make a correction, although this is a hardcover book, I consider it to be more of a “manual” because you do not have to read it from cover to cover. You can pick a section that you want to focus on and read only that section. Now let’s get to what this “manual” is about!

Based on what I read, this book gives you a better grasp on how to handle many situations in the real-world! In this book they have a section called “Personal Bank Account” or PBA for short. This section teaches you ways to manage your money. You can read about topics such as health, jealousy, and peer pressure. This book offers teens problem-solving options.

The author Sean Covey has written over 25 books that focuses on providing kids, teens, and adults with strategies to improve their lives simondandschulster.com. According to simondandschulster.com, 3 million copies of 7 Habits of Highly Effective Teens” has been sold.

According to barnesandnoble.com most of the reviews rate this book five stars but the overall rating is 4.0 out of five. Muhammad Sajjad an audience reviewer said “Yeah this book is simply awesome as it has a lot of stuff that helps you improve and upgrade to a better version of yourself!” I recently read this book after being recom-

Continued on Page 16

Movie Review

By Anonymous: Two Male Authors

The Barbie Movie 2023 is more than a movie, it is a phenomenon that is difficult to escape! Everywhere I look pink, pink, pink. When I first found out about the movie, I thought it would be boring and just about Barbies and their boy problems. As I started watching the movie I cringed a little bit at first because I was sitting in a sold out theater mostly filled with women! As I continued watching the plot made it interesting.

The movie starts out with Barbie having to make a decision as to whether she should stay in the Mattle “doll-world” or go out in the real-world to better understand herself and learn her true purpose. Although she resisted at first, Barbie was quickly on her way in her iconic 1959 Chevrolet Corvette C1 with none other than Ken in her back seat on the road to enlightenment!

Barbie Movie 2023



Movie Cover @cinemark.com

Right Choices!

They say make choices!
Who says make choices?
My friends make choices!
My friends make choices!
Do they lead to Right Choices?
Then I make choices.
Are they the choices.....
that lead to Right Choices?

Do I make Choices?
Do I make Choices?
Or follow their choices?
Are there wrong choices?
Are there right choices?
Should I evaluate the choices?
Before I make any choices?
Or do my friends choices.....
become my choices?

Do I follow others' choices?
And flow with the choices?
Should I lead in making sound choices?
And become ostracized because of
my choices!

If all of my choices.....
are negative choices!
And I don't remind myself.....
that there are consequences to my
choices!

Then, I know that my choices will lead me
to Right Choices!

Written By: Michele Brisbane
September 18, 2023

ostracized: to prevent someone from being part of a group because you dislike the person or disapprove of something the person has done

Definition From Cambridge Dictionary

Continued On Page 16

BOOK REVIEW/MOVIE REVIEW

CONTINUED FROM PAGE 15



Author: Sean Covey

Image From <https://teachmiddleeastmag.com/a-moment-with-sean-covey/>

7 HABITS

By Jalen

mended to read it by one of my friends. At first, I thought it's going to be really boring but after reading two or three pages I found the book to be interesting.

Now say you can't find the book or want to look at other options, then according to The Napoleon Hill Foundation, you might want to take a look at "Think and Grow Rich" by Napoleon Hill. Basically this book encourages the reader not to doubt himself and to eliminate all of his insecurities!

In my opinion, this book would benefit people in the real-world. I like the chapter where the author discusses the personal bank account but maybe you might like other sections. Don't worry, this book has a table of contents and is like a guide to becoming a young adult. This book makes you ready for the real-world. This is what I think about this book. Hopefully after reading my book review, you will take the time to read one of Sean Covey's books if you are a kid, teen, or even an adult!

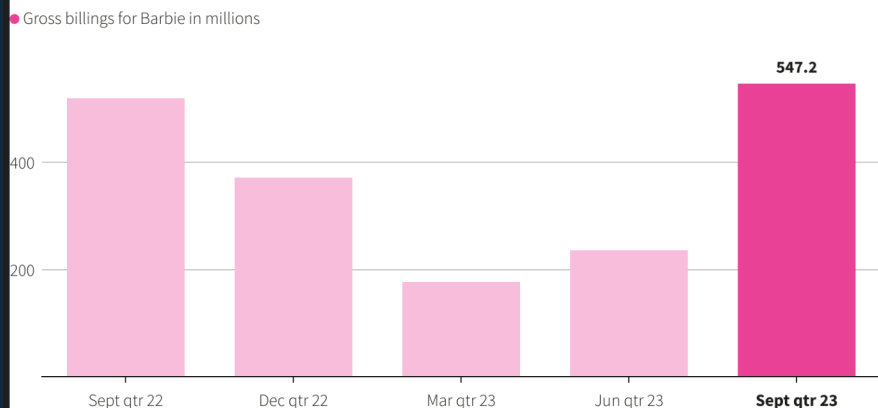
Barbie Movie Review

By Anonymous: Two Male Students

The movie touched on some sensitive issues that girls and women face, such as unrealistic body size. It also focused on the roles and responsibilities that women face along with the high standards that are placed upon them. I know that I am making this movie sound so serious, but the acting was purposefully bad which contributed to a lot of laugh out loud moments.

Barbie sales set to get a bump in Q3 after movie buzz

Barbie worldwide gross billings set to grow in Q3 after roughly four quarters of decline



Note: Billings for June, Sept qtr '23 are Refinitiv estimates
Source: Refinitiv Data

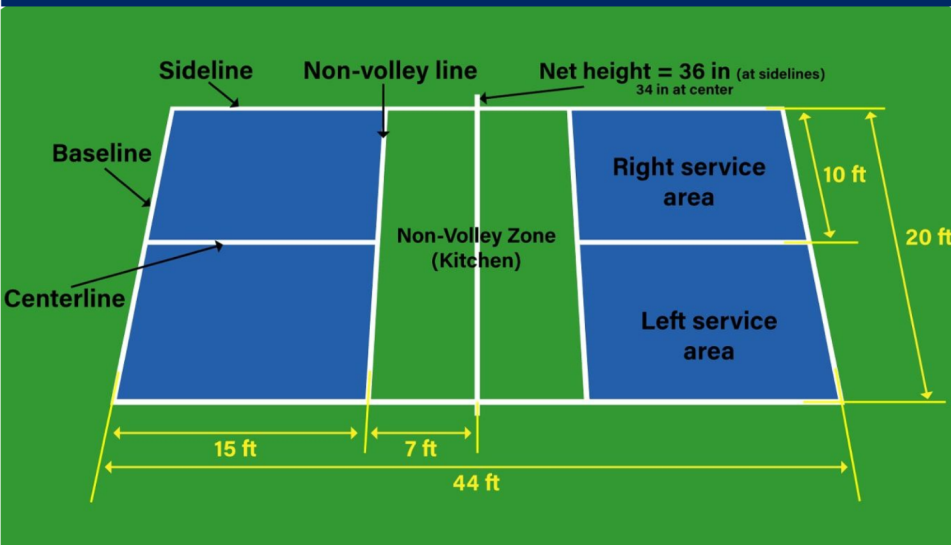
Source: Refinitiv Dta

My first impression of the movie was negative. According to this movie, they wanted men and women to be equal. From a male perspective it did the opposite of what feminist say they want. I continued watching because I was curious to find out how the writer or writers could get away with writing a movie that put women above men and put men down. So as the movie played out I better understood what director Greta Gerwig who is now the first female to direct a billion dollar movie wanted the audience to understand! Equality for men and women is long overdue!

I rate this movie 4.5 stars. I recommend it to girls 12 and under, but this is an inclusive movie so anyone who watches it will get something out of it! I'm positive that Mattle would recommend that you see the movie, then go grab Barbie merchandise because according to the graph above their sales have more than doubled since June 2023. So if you haven't seen it yet, what are you waiting for!

PICKLEBALL ANYONE

By Kamion



What is the kitchen/non-volley zone?

The kitchen (non-volley zone) is pretty clear. What it means is that you can't step in or on the kitchen line while returning the ball after a serve. If you volley in the kitchen, it is considered a fault volley within the kitchen. It is a fault if after volleying the ball you gain momentum and accidentally step in the kitchen, even if the volley is considered dead. A player can be in the kitchen as long as they want if they're not volleying there.

Point System

The team that serves is the only one who gains points. Most games are played to 11 points. In all games you must have two points higher than the opposing team to win.

***volley** is a ball hit in the air before it bounces onto the court during a rally.

***rally** the continuous back and forth that occurs after the service but before a fault
<https://primetimepickleball.com/what-is-a-rally-in-pickleball/>

***dead** is the term used to describe the pickleball after a fault is declared.
<https://www.onixpickleball.com/blogs/learn-pickleball/pickleball-terms>

So if you are in the Beaufort County, SC area and you have not tried playing pickleball, head over to the Burton Wells Recreation Complex because according to *The Island News*, on October 5 there was a ribbon cutting ceremony celebrating the opening of six new pickleball courts. I think you should put this on your "to do list". Pickleball is easy to learn, gets you off social media and active, and is something fun to do with your friends and family!

Most information used in this article came from: <https://usapickleball.org/>

Do you know what "pickleball" is or do you want to know? Well today I'm going to tell you everything there is to know about it!

Pickleball is a sport that two to four people can play. You need a paddle, ball, a court, and a net. According to usapickleball.org, this is one of the fastest growing sports in the United States today with 4.6 million players and growing.

How did the pickleball game get created?

This all started in 1965 when two congressmen Joel Pritchard and Bill Bell were at Pritchard's home and decided they wanted to play a family game. They were lacking equipment to play a game called badminton. Without enough equipment they started playing with ping-pong paddles and a 60 inch net. Soon enough they realized 60 inches was too high and lowered it to 36 inches. It was in the backyard of Joel Pritchard's house in Virginia where the first official pickleball court was made!

How do you play pickleball?

Pickleball is played with two to four players. Every pickleball game starts with a serve. The server must serve underhanded from behind the baseline. The serve must be diagonally across the service court. So if you are serving from the left, you serve the ball diagonally to the left side. This rule is the same if you serve from the right side. After the first serve the ball must bounce once before the opposing team can return it back. If a point is scored, the serving team continues switching sides until a fault is committed. A fault is an action that stops play because of a rule violation. A fault by the receiving team results in a point for the serving team. A fault by the serving team results in loss of serve.

Do you make goals? If so, how long does it take you to accomplish your goal? Here at Right Choices Program students are learning to set SMART Goals.

What are SMART goals you might ask? Each letter in the word smart is an acronym for setting and achieving a goal.

- **Specific:** targeted to what you want to accomplish
- **Measurable:** numerical outcome
- **Attainable:** goal can be met with effort
- **Relevant:** important, significant, necessary
- **Timely:** can be accomplished in a reasonable amount of time

How do students decide the scope or how big the goal should be? This all depends on the students' success rate of accomplishing their previous goals.

Some common types of goals are to:

- o Increase something
- o Make something
- o Improve something
- o Reduce something
- o Save something
- o Develop someone (yourself!)

Here at Right Choices students learn about four different types of goals:

- personal
- social
- academic
- career

If you think setting and accomplishing a SMART goal is easy, then think again!

Let's look at an example of an academic SMART goal that a student could set and attain.

Specific: I will complete all 10 missing assignments in Google Classroom and submit them to my ELA teacher in two weeks before the marking period ends.

Measurable: The measurement is that as I complete the assignments and submit them in Google Classroom, I can count how many more assignments I need to submit.

Attainable: This is attainable because I know which assignments are missing and I can complete one missing assignment each day to attain this goal.

SMART GOAL WORKSHEET

S SPECIFIC Does this goal make sense? Is it clear?	
M MEASURABLE Is the goal measurable? Can you track your progress?	
A ATTAINABLE Is this goal challenging but not impossible?	
R RELEVANT Is this goal functional and necessary?	
T TIMELY When will the goal be completed?	
SMART GOALS Write the complete SMART goal here.	

www.YourTherapySource.com

Worksheet On: WWW.YourTherapySource.com

Relevant: This is relevant because without completing and submitting these late assignments within two weeks, I will fail the ELA course.

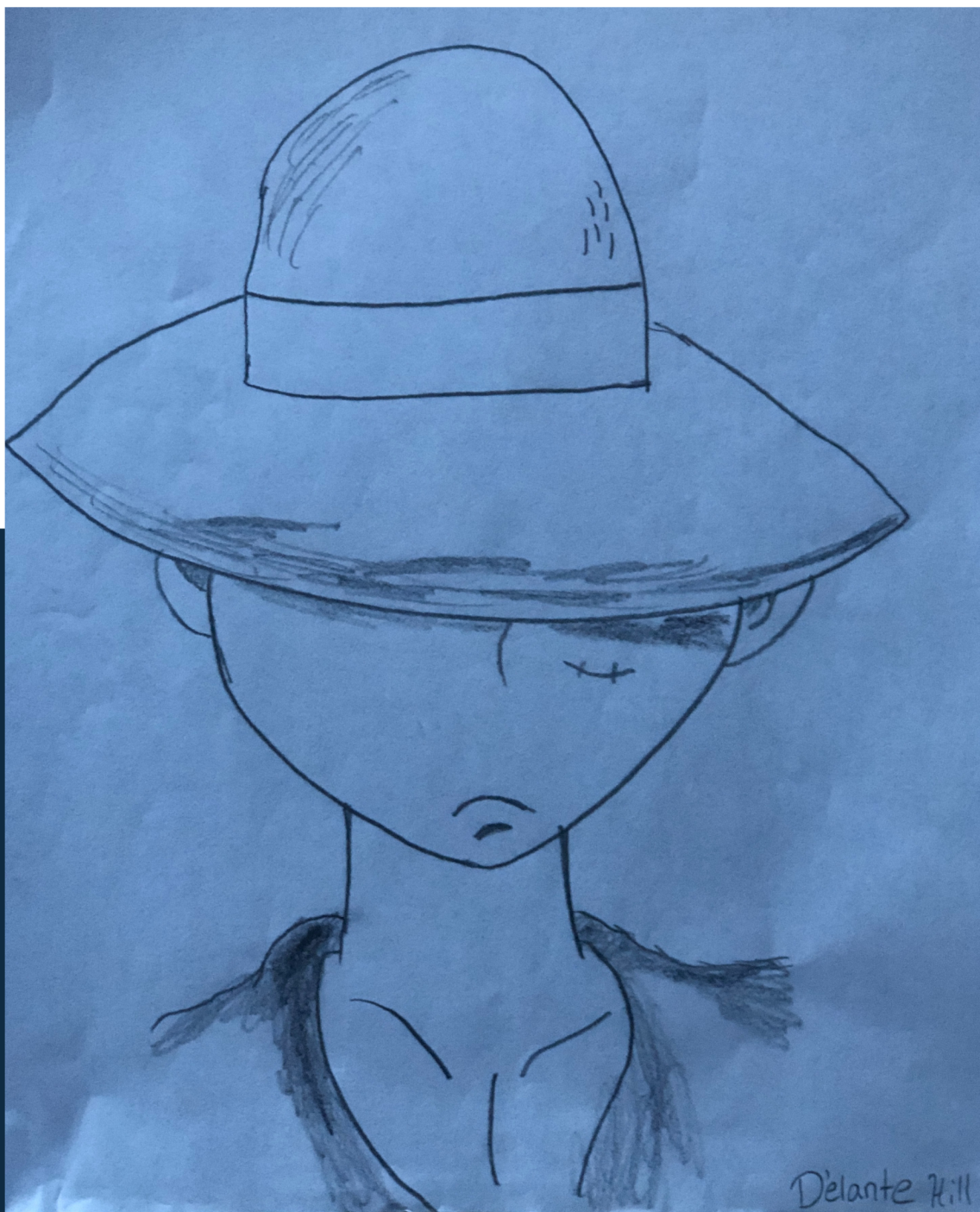
Timely: The assignments must be completed and submitted in Google Classroom within 2 weeks from now or I will fail the ELA course.

Now that you learned about creating and achieving SMART goals, anyone can set and meet goals for their personal, social, academic, or career. Beware that making the goal may be easy but there may be hidden obstacles to a student completing 10 missing assignments in two weeks such as forfeiting time with friends, other assignments that may be due, or other responsibilities such as chores or a job. Don't hesitate! Use the SMART goal worksheet and start making SMART goals today!

ART

BY D'ELANTE

DECEMBER 2023



Freehand sketch by D'elante original by Drawing Ideas on Youtube t

Right Choices Today

Right Choices Today newsletter was created by Michele Brisbane an alternative education teacher in the Beaufort County South Carolina School District with 20+ years of teaching experience both in and out of the New York City Department of Education from Birth through Adult Education. The students at Right Choices Program have been challenged to create questions, conduct research, interview, and question the validity of the information that they incorporated into this newsletter. The students worked both independently and collaboratively to collect data using various sources to produce both qualitative and quantitative analysis with very little teacher input. The biggest challenges for the students were to learn how to work independent of the teacher, conducting valid research, citing their sources, and creating DOK level 2-4 questions. In the end the students produced several pieces that accurately captured their experience at the Right Choices Program and leave the reader with questions that encourage them to evaluate what they believed they already knew!

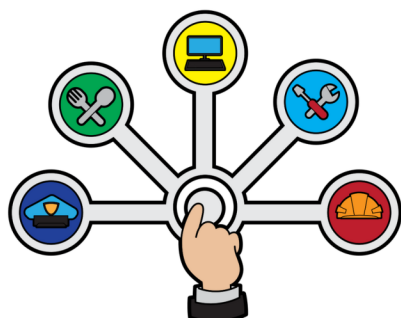
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MICHELE BRISBANE

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Special thanks to Alyson Waldrop for technical support and all that you do!



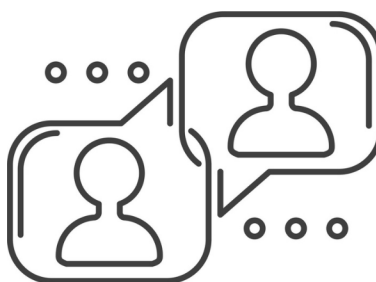
Clip Art By Vector Toons
Careers

When asked what will you be when you grow up most kids say traditional careers such as teacher, lawyer, doctor, or nurse. Let's explore some nontraditional careers and see if one of them may be the right career path for you!

NEXT ISSUE

Do you ever find it difficult to communicate with your peers, adults, or even family members! In the next issue you will learn some methods on how to effectively communicate!

Effective Communication



VectorStock.com/8401019

Getting a Driver's Permit or License

If you are 15 or 16 and live in South Carolina then, you should be thinking about getting your driver's permit or license!



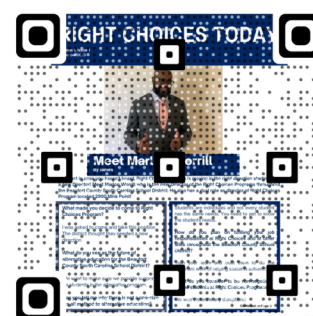
South Carolina Driver's Permit and License Photos@wistv.com

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Image of Right Choices Program From Facebook



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