

Middle School Lunch Menu

Meal Price \$3.05
Milk without Meal - .40ea



JANUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Winter Break – No school

1

Professional Development No School

2

Chicken Strips
Mashed Potatoes, Gravy, Green Beans, Cookie, Pineapple, Milk

3

Pancake Stick
Tri Taters, Scrambled Eggs, Juice Blend, Fruit Cocktail, Milk

4

Chicken Sandwich
Baked Beans, French Fries, Steamed Carrots, Cheesy Broccoli, Cinnamon Apples, Milk

5

Breakfasts Tornado
Potato Bites, Scrambled Eggs, Juice Blend, Cereal Bar, Mandarin Oranges, Milk

8

Sloppy Joe
Baked Beans, Chips, Baby Carrots, Frozen Treat, Milk

9

Mac & Cheese
Smokies, Steamed Broccoli, Carrots, Cinnamon Roll, Banana, Milk

10

Popcorn Chicken
Mashed Potatoes, Gravy, Green Beans, Dinner Roll, Fruit Cocktail, Milk

11

Pizza
Tossed Salad, Breadstick, Red Peppers, Apple Slices, Milk

12

Professional Development No School

15

Chicken & Noodles
Mashed Potatoes, Steamed Peas, Wheat Roll, Tropical Fruit, Milk

16

Mexican Crispito
Frito Salad, Cheesy Corn Bake, Carrots, Juice Blend, Mandarin Oranges, Milk

17

Steak Fingers
Cheesy Potatoes, Green Beans, Broccoli, Rosy Applesauce, Milk

18

Corn Dog Bites
Baked Beans, Chips, Cucumber Slices, Carrots, Grapes, Milk

19

Mini Breakfast Bites
Scrambled Eggs, Tri Taters, Juice Blend, Pineapple, Milk

22

Spaghetti
Meatballs, Fresh Broccoli, Carrots, Garlic Bread, Peaches, Milk

23

Cheeseburger
Baked Beans, French Fries, Broccoli, Frozen Treat, Milk

24

Tater Tot Casserole
Steamed Peas & Carrots, Dinner Roll, Tropical Fruit, Milk

25

Pizza
Tossed Salad, Breadstick, Red Peppers, Apple Slices, Milk

26

French Bread Pizza
Tossed Salad, Cucumber Slices, Pears, Milk

29

Cowboy Cavatini
Tossed Salad, Garlic Bread, Steamed Corn, Oranges, Milk

30

Biscuits & Gravy
Beef Stick, Tri Taters, Juice Blend, Banana, Milk

31



January Total \$64.05