



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- a copy of the most recent triennial assessment, along with supporting documentation
- a copy of the current and previous board approval of the policy
- documentation demonstrating the policy has been made available to the public
- documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Leslie Dawson _____

Month and year of current assessment: 11/2023 _____

Date of last Local Wellness Policy revision: 11/08/2023 _____

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.cullmancats.com

Wellness Committee Information

How often does your district wellness committee meet? As needed or every 3 years

District Wellness Coordinator

| Name | School | Job Title | Email Address |
|---------------|--------|-----------------|-------------------------|
| Leslie Dawson | CNP | CNP Coordinator | ldawson@cullmancats.net |

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

| Name | School | Job Title | Email Address |
|---------------|----------------|-----------------|-------------------------|
| Leslie Dawson | Central Office | CNP Coordinator | ldawson@cullmancats.net |

District Wellness Committee Members

| Name | School | Job Title | Email Address |
|-------------------|----------------------|------------------------------|---------------------------|
| Leslie Dawson | CNP | CNP Coordinator | ldawson@cullmancats.net |
| James Brumley | Central Office | CSFO | jbrumley@cullmancats.net |
| Kyle Kallhoff | Central Office | Superintendent | kkallhoff@cullmancats.net |
| Nathan Bates | Cullman City Primary | Physical Education Teacher | nbates@cullmancats.net |
| Melissa Reynolds | Central Office | Student Services Coordinator | mreynolds@cullmancats.net |
| Jennifer Shugarts | Cullman High School | Lead District Nurse | jshugarts@cullmancats.net |
| Emily Hines | Central Office | Federal Programs Coordinator | ehines@cullmancats.net |
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*See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- _____ Alliance for a Healthier Generation Model Policy
- X WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- _____ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

The Cullman City Schools Wellness policy meets the needs of a diverse school population. It allows students, parents, and faculty the flexibility and freedom to make appropriate decisions without being overly burdensome. The policy is under review for update. A WellSat 3.0 was used to assess the updates needed for the current policy.

Section 2. Progress towards Goals

*NOTE: Required components are listed in blue.

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)

Describe progress and next steps:

To be compliant with the USDA final rule and ALSDE:

- All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs
- All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)
- Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.

If applicable, list additional school goals below:

Update all information to be compliant with the USDA final rule and ALSDE.

This goal has been identified in the Wellness Policy. However, the policy did not specifically identify the timeframe of non-program food sales; rather it simply identified that USDA and State of Alabama nutrition standards will be met.
Current Policy under review for updates.

Access to free potable water on campus

Describe progress and next steps:

To be compliant with the USDA final rule:

Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.

List how access to potable water is made available in schools.

Cups and water are available at all schools during breakfast and lunch service.

This goal has not been identified in the Wellness Policy. We will update policy and ensure continued compliance.

Current Policy under review for updates.

*NOTE: Required components are listed in blue.

| Guidelines for other foods and beverages available on the school campus, but not sold | Describe progress and next steps: |
|--|---|
| <p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</p> <p>If applicable, list additional school goals below:</p> <p>Will strengthen language to specifically address the time-frame when non-program foods can be sold.</p> | <p>This goal has been identified in the Wellness Policy; however, the policy did not specifically identify the timeframe of non-program food sales.</p> <p>Current Policy under review for updates.</p> |

| Marketing and advertising of only foods and beverages that meet Smart Snacks | Describe progress and next steps: |
|--|-----------------------------------|
| | |

Section 2. Progress towards Goals continued

| | |
|---|---|
| <p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p> | <p>This goal has been identified in the Wellness Policy. We will continue to monitor and ensure continued compliance.</p> <p>Current Policy under review for updates.</p> |
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*NOTE: Required components are listed in blue.

| Physical Activity Goal(s) | Describe progress and next steps: |
|--|---|
| <p>To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p> | <p>This goal has been identified in the Wellness Policy. We will continue to monitor and ensure continued compliance.</p> <p>Current Policy under review for updates.</p> |

Section 2. Progress towards Goals continued

| Nutrition Promotion and Education Goal(s) | Describe progress and next steps: |
|---|---|
| <p>To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> | <p>This goal has been identified in the Wellness Policy. We will continue to monitor and ensure continued compliance.</p> <p>Current Policy under review for updates.</p> |

*NOTE: Required components are listed in blue.

| Other school-based activities to promote student wellness goal(s) | Describe progress and next steps: |
|---|-----------------------------------|
| | |

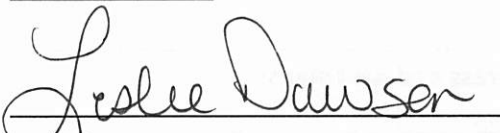
Section 2. Progress towards Goals continued

| | |
|---|---|
| <p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p> | <p>This goal has been identified in the Wellness Policy. We will continue to monitor and ensure continued compliance.</p> <p>Current Policy under review for updates.</p> |
|---|---|

CHECKLIST:

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|--|------------------|
| Triennial Assessment was made public: | Date: 11/08/2023 |
| Updated Wellness Policy received Board approval: (if applicable) | Date: 11/14/2023 |
| Wellness Policy was made public: | Date: 11/15/2023 |

SIGNATURES:


 District Wellness Assessment Leader

PRINT NAME: Leslie Dawson
 DATE: 11/08/202


 District Wellness Coordinator

PRINT NAME: Leslie Dawson
 DATE: 11/08/2023

DocuSigned by:

 Superintendent

PRINT NAME: Kyle Kallhoff
 DATE: 11/08/2023