



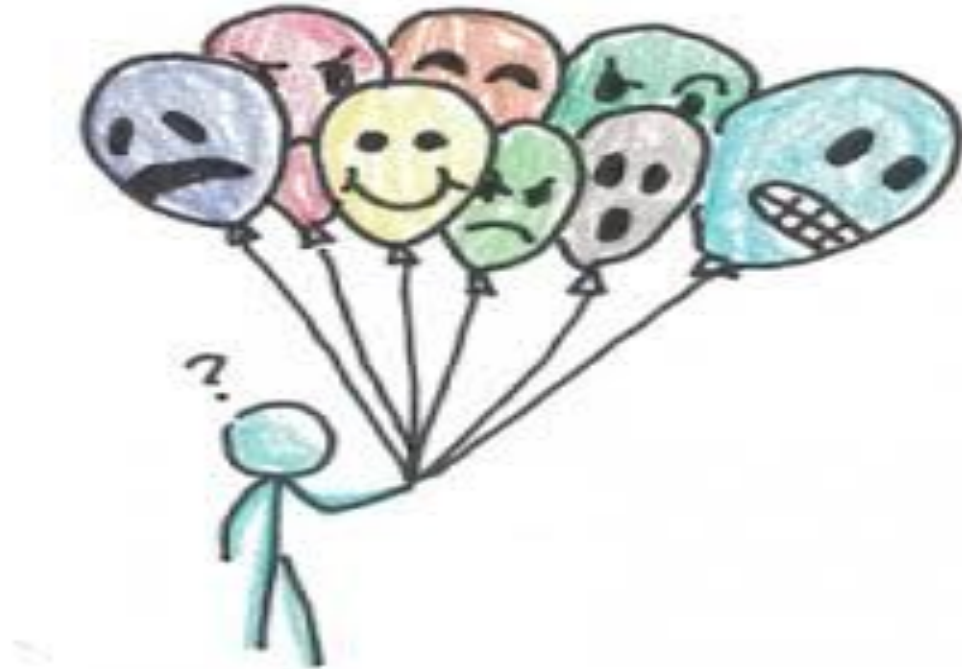
College Planning Night for Juniors Class of 2025

Diane Jensen: Lead Counselor- Grades 11 and 12

Sopie Hughes: Counselor- Grades 9 and 10

Julie Ikler: Registrar

How are you feeling right now
about the post-high school
planning process?



Where do I start?



If you could be anything
in the entire world,
what would you be?

Work backwards

1. Why is this your dream?
2. Is this dream yours?
3. Keeping this dream in mind, brainstorm your skills, interests, talents, etc.
4. Based on #3, is this dream realistic?

If yes, skip to #6
5. If no, reflect on why you chose this dream, as well as on your identified skills, interests, talents, etc. Is there something realistic in a similar realm as your dream?
6. Now, create a CLEAR vision. What does your life look like when you achieve this dream?

7. Take a few steps back, what do you need to be doing post-high school before this dream is achieved? Consider college types, majors, internships, programs, apprenticeships, jobs, relationships, mentors, life choices, etc.

8. Take a few more steps back, what do you need to be doing right now to prepare for achieving this dream? Consider, CEs, jobs, academic success, rigor of courses, types of courses, extracurricular activities, relationships, life choices, etc.

9. Make a plan for how to do the things you listed in #8

10. Do them!

Life After New Vista

What are your plans?

- College/University
- “Gap” Year
- Vocational or Technical College
- Military
- Job/Career
- No clue?!



Gap Year

- Taking a break from formal education to travel, volunteer, intern, or work
- Leading US colleges and universities, and notably Harvard University, openly support a gap year for admitted freshman.
 - For more info from Harvard go [HERE](#)
- Consider pros and cons FOR YOU
- Be productive
- Can you take college classes? Check with the college.
- Consider applying to college anyway!



Deferment: Different colleges have different rules but most allow this. **Check rules around earning college credit during your gap year.**

Scholarship Deferment: Not likely 😞. But you should always ask.

Let's Talk College



First a pledge :)



How Admissions Has Changed

More Competitive admissions

- ❑ Common Application
- ❑ Digital Marketing/Social Media
- ❑ Value/need for higher education
- ❑ COVID

What can we do?

- ❑ Think outside of the box
 - Over 7000 colleges in US
 - Look beyond the brand names
 - Use high school to build your appeal
 - Be happy you go to NV



New Vista and College



What benefits do you think students have when applying to college because they attend New Vista?



Non-traditional = Awesome

- CE's and Independent studies
- Inter/intra personal skills/Relationship based learning
- Mixed aged classrooms
- College Before Graduation Opportunities



New Vista
Website
[HERE](#)

- Strong relationships with adults
- Transcripts are unique
- Topic based classes
- Leadership opportunities (co-teaching, teaching workshops, etc.)
- Culminating Project

Recommended High School Curriculum at Stanford University

“Our admission process allows—and indeed encourages—the flexibility of a high school to design the most appropriate curricular offerings and opportunities for its students. For some schools, this curriculum includes Advanced Placement, International Baccalaureate or A-Level classes, while other high schools choose to offer equally demanding courses that neither carry a particular designation nor lead to an exam. We hope a school’s curriculum offers students the opportunity to contribute to the learning process and to pursue questions and ideas with energy and curiosity.

We look for thoughtful and highly engaged students who will make a difference at Stanford and in the world beyond. We expect that these students have taken high school course loads of reasonable and appropriate challenge in the context of their schools.

We do not have a preference for any particular curriculum.”

“Our hope is that your curriculum will inspire you to develop your intellectual interests, not suffer from unnecessary stress. The students who thrive at Stanford are those who are genuinely excited about learning, not necessarily those who take every single AP or IB, Honors or Accelerated class just because it has that designation.”

New Vista High School Profile

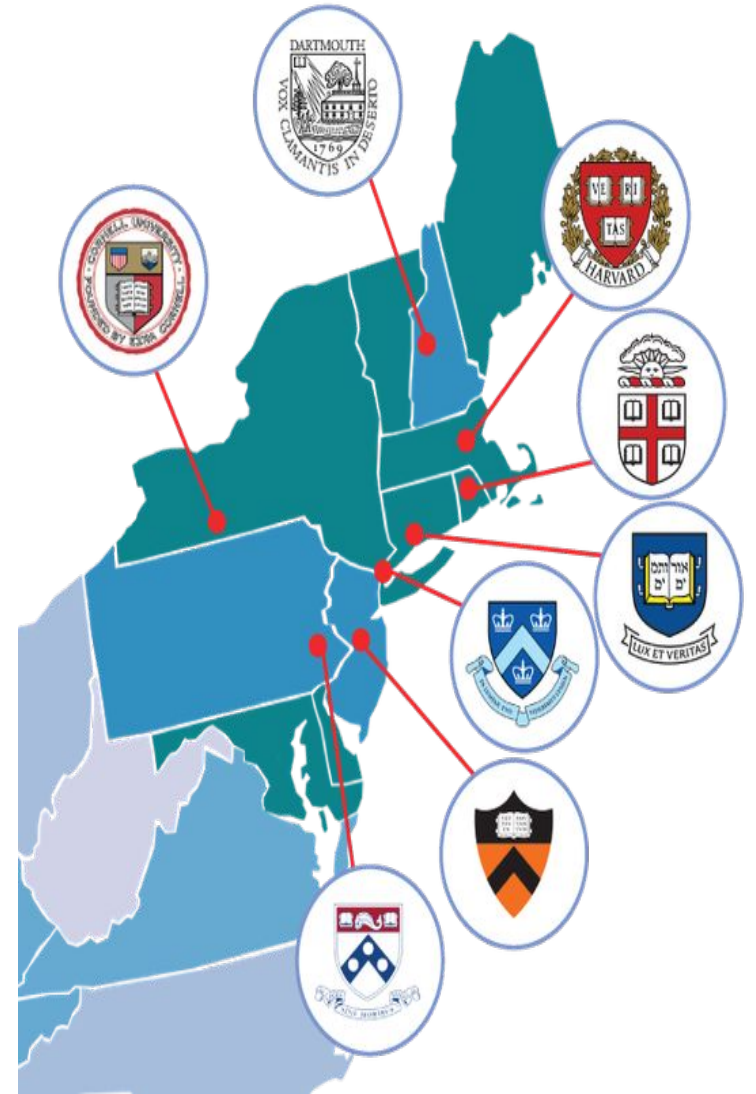
- ★ This doc is shared with colleges when we send transcripts and letters of recommendation.
- ★ All high schools have a School Profile, but none are like ours!

View [HERE](#)



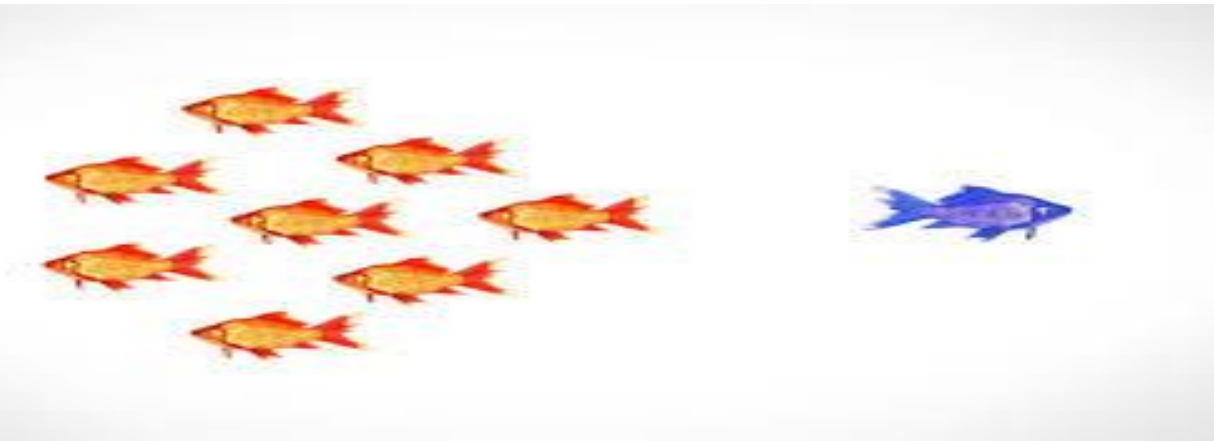
What about NV & highly selective colleges?

- Colorado College
- Columbia
- Carnegie-Mellon
- Mount Holyoke
- Parsons School of Design
- Stanford University
- Purdue
- Reed
- MIT
- Berklee College of Music
- Dartmouth College
- NYU
- Carleton College



Out of the Box Colleges

Hampshire, Sierra Nevada, College of the Atlantic, Prescott, Eugene Lang, Bennington, Harvey Mudd, Evergreen, Amherst, Bard, Sarah Lawrence College, Antioch College, Quest University: Canada, Global College, Kenyon, Kalamazoo, Knox, New College in Florida, Naropa, Colorado College, Burlington College, Goddard College, Green Mountain College, Grinnell College, Portland State, Kalamazoo College, Manhattanville College, Marlboro, Oberlin, Prescott, Shimer College, Soka University of America, Sterling College, Unity College, University of Redlands, University of Rochester, Warren Wilson, Western Washington University: Fairhaven, and many more!



- ▶ [Alternative Colleges: Unique Schools for Unique Students](#)
- ▶ [College Express Lists and Rankings](#)
- ▶ [Most Innovative Schools](#)

Public Liberal Arts Colleges

The Council of Public Liberal Arts Colleges or COPLAC is a consortium of 26 public colleges and universities in 24 states and one Canadian province

Northeast

- Eastern Connecticut State University
- Keene State College - New Hampshire
- Massachusetts College of Liberal Arts
- St. Mary's College of Maryland
- Ramapo College of New Jersey - New Jersey
- State University of New York at Geneseo
- University of Maine at Farmington- Maine

South

- Shepherd University- West Virginia
- Georgia College & State University - Georgia
- Henderson State University - Arkansas
- New College of Florida- Florida
- University of Mary Washington - Virginia
- University of Montevallo - Alabama
- University of North Carolina at Asheville
- University of Virginia's College at Wise
- College of Charleston - South Carolina

Midwest

- University of Minnesota Morris - Minnesota
- Truman State University - Missouri
- University of Wisconsin–Superior - Wisconsin
- University of Illinois at Springfield - Illinois

Southwest

- Fort Lewis College - Colorado
- Midwestern State University - Texas
- University of Science and Arts of Oklahoma

Northwest

- The Evergreen State College - Washington
- Sonoma State University- California
- Southern Oregon University - Oregon

Canada

- University of Alberta, Augustana Campus



YOU



CHOOSE

**YOU CHOOSE THEM...JUST AS MUCH AS
THEY CHOOSE YOU!**

STEP 1: SELF EXPLORATION

Consider the following:



- Values
- Strengths
- Weaknesses
- Ability
- Personality
- Experience
- Passions
- Interests
- What makes you happy?
- Who do you admire?
- When do you feel your best?
- What is a challenge you have overcome?
- What are your favorite subjects?
- What is one thing you value most?
- What did you want to be when you were little?

Use your community and resources

- Interview people in colleges, majors, carers or programs that interest you
- Talk with your advisor, teachers, counselors, school staff
- Use free interest and personality inventories
 - [Myers Briggs](#), Naviance surveys/assessments, [Truity](#)
- Take advantage of CE's
- Look at CTE (Boulder Tec)
- Look into apprenticeships
- Get a job



Why is self-exploration and figuring out what you want so important?

- 6 out of 10 students who start college will not have a degree after six years.
- Almost half (47%) of bachelor's students finished their degree in four years.
- About 80% of students in college end up changing their major at least once.
- 65% of employees are satisfied with their job
- 20% of employees are passionate about their job
- 82% of adults are happy with the state of their personal lives
- 38% of adults say they're very happy overall

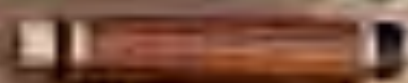
IMPORTANT Clarification

You DO NOT need to have an answer when someone asks “What do you want to be when you grow up?”

The hope is you have a passion, a dream, and ideas for a path that is filled with the things that will make you the most happy.



you are the
writer of
your own
story



STEP 2: Research - *Look at ALL the criteria*

- degrees offered
- majors/minors
- location (rural or urban setting)/distance from home
- weather
- size of the student population (from small at 1,000 to large at 35,000+)
- Type: public, private, 2 year, 4 year, specialized
- costs (tuition, room and board, etc.)
- financial assistance packages
- graduation rate/attrition rate/retention rate
- campus resources (labs, libraries, computer access, etc.)
- placement success
- internship and co-op programs
- Class size vs. student/faculty to ratio
- faculty contact (office hours)
- teacher assistants or full-time qualified faculty
- quality/reputation/ranking
- degree of pressure to excel
- relationship between school and community

- safety (campus, community)
- student body (diversity, gender, socioeconomics, etc.)
- social life (Greek organizations, sports, clubs, etc., “suitcase school”)
- religious affiliation
- aesthetics
- housing options (dorms, apartments, living at home)
- realistic entry expectations
- clubs/athletics
- study abroad programs
- disability services
- school calendar (semester, trimester, 4-1-4, year round)
- Support services: advising, career, counseling, health
- ability to transfer to a 4 year university



Use Your Resources to Make Educated Choices

- Take “Planning for College Admissions” class
- Visit college websites
- Learn about admissions requirements
- Visit campuses if possible
- Visit Colorado campuses (even if you have no interest in staying in CO)
- Virtual Campus Tours ([HERE](#))
- Attend local and virtual info sessions
- Read [Counselor’s Corner](#)
- Use Naviance/Big Future/CollegeExpress and [other search engines](#)
- Take notes/create a spreadsheet
- Set up a meeting with Diane [HERE](#)

Attend College Visits at New Vista

College

Reed College

Bryn Mawr College

The New School

Eckerd College

Willamette University

Temple University Japan

Wentworth Institute of Technology

Guilford College

Oregon State University

Portland State University

Fort Lewis College

Carleton College

Cornish College of the Arts

Pacific Northwest College of Art

The Conservatory of Recording Arts & Sciences

Simmons University

Regis University

Western Washington University

Colorado School of Mines

Elon University

University of Colorado Colorado Springs

Berklee College of Music

Texas State University

Look at College Entrance Requirements

	<u>New Vista Credits</u>	<u>CO Recommended Credits</u>
• Language Arts	4	8
• Social Studies	4	6
• Mathematics	4	8
• Science	4	6
• IIP	6	---
• Second Language	2	Through level 2
• Fine Arts	2	---
• Applied Tech	2	---
• Path	20	Electives/Academic Electives
• Culminating Project	2	---

NOTE: 2 credits = 1 year or 1 unit



Examples of College Admissions Requirements

Pratt Institute

4 years of English
3-4 years of Math
1 year of Social Studies
2 years of Science
No World Language

Lewis and Clark

4 years of English
4 years of mathematics
3-4 years of history/social science
2-3 years of a foreign language
3 years of lab science
1 year of fine arts

Harvard

4 years of English, with extensive practice in writing;
4 years of math
4 years of science: biology, chemistry, physics, and an advanced course in one of these subjects
3 years of history, including American and European history
4 years of one foreign language

Western Washington

4 years of English
4 years of Math
2 years of Science
3 years of history
2 years of world language
1 semester of arts

STEP 3: Find out what colleges are looking for

What are the main factors that impact college admissions?



What Are Colleges Looking For

- Grades
- Rigor of coursework
- Test Scores (SAT, ACT, Subject Tests)
- Application information
- Strong essays
- Leadership
- Strong letters of Recommendation
- Passion, and commitment to that passion
- Interviews
- Activities
- Authenticity
- Demonstrated Interest
- Growth
- Strong Junior Year/ 1st Semester Senior Year



Most Amazing Tool Ever! (Thanks College Essay Guy)

1. Google: “Common Data Set” + college name
2. Scroll Down to “C7”
3. Mind Blown



Lewis and Clark

C7 Relative importance of each of the following academic and nonacademic factors in first-time, first-year, degree-seeking (freshman) admission decisions.

C7		Very Important	Important	Considered	Not Considered
C7	Academic				
C7	Rigor of secondary school record	X			
C7	Class rank			X	
C7	Academic GPA	X			
C7	Standardized test scores		X		
C7	Application Essay		X		
C7	Recommendation(s)		X		
C7	Nonacademic				
C7	Interview			X	
C7	Extracurricular activities		X		
C7	Talent/ability		X		
C7	Character/personal qualities		X		
C7	First generation			X	
C7	Alumni/ae relation			X	
C7	Geographical residence			X	
C7	State residency				X
C7	Religious affiliation/commitment				X
C7	Racial/ethnic status			X	
C7	Volunteer work		X		
C7	Work experience		X		
C7	Level of applicant's interest			X	

CU Boulder

decisions.

Very Important

Important

Considered

Not Considered

Academic

Rigor of secondary school record

☒
☐
☐
☐

Class rank

☐
☐
☒
☐

Academic GPA

☒
☐
☐
☐

Standardized test scores

☐
☐
☒
☐

Application Essay

☐
☒
☐
☐

Recommendation

☐
☒
☐
☐

Nonacademic

Interview

☐
☐
☐
☒

Extracurricular activities

☐
☒
☐
☐

Talent/ability

☐
☒
☐
☐

Character/personal qualities

☐
☒
☐
☐

First generation

☐
☐
☒
☐

Alumni/ae relation

☐
☐
☐
☒

Geographical residence

☐
☐
☒
☐

State residency

☐
☐
☒
☐

Religious affiliation/commitment

☐
☐
☐
☒

Racial/ethnic status

☐
☐
☒
☐

Volunteer work

☐
☐
☒
☐

Work experience

☐
☐
☒
☐

Level of applicant's interest

☐
☐
☐
☒

Pratt Institute

	Very Important	Important	Considered	Not Considered
<i>Academic</i>				
Rigor of secondary school record	☒	☐	☐	☐
Class rank	☐	☐	☐	☒
Academic GPA	☒	☐	☐	☐
Standardized test scores	☐	☐	☒	☐
Application Essay	☐	☒	☐	☐
Recommendation	☐	☐	☒	☐
<i>Nonacademic</i>				
Interview	☐	☐	☒	☐
Extracurricular activities	☐	☐	☒	☐
Talent/ability	☒	☐	☐	☐
Character/personal qualities	☐	☒	☐	☐
First generation	☐	☐	☐	☒
Alumni/ae relation	☐	☒	☐	☐
Geographical residence	☐	☐	☐	☒
State residency	☐	☐	☐	☒
Religious affiliation/commitment	☐	☐	☐	☒
Racial/ethnic status	☐	☐	☐	☒
Volunteer work	☐	☐	☒	☐
Work experience	☐	☐	☒	☐
Level of applicant's interest	☐	☒	☐	☐

GPA and Test Score Ranges of Admitted First-Time Freshmen - Fall 2020 Data

Colorado Public Four-Year Colleges and Universities

The data below reflect the middle 50% ranges of students admitted at each institution - 25% had above and 25% had below these ranges. These are NOT requirements, but a guide to each institution's standards.

Both ACT & SAT are accepted by Colorado public institutions. Please refer to the online College Admission Guidelines tool for more information on admission criteria: coadmissiontool.org

Institution	High School GPA Mid-50% GPA range of admitted students (4.0 scale - Includes weighted GPAs)	ACT~ Mid-50% ACT range of admitted students (composite scores)	SAT~* Taken March 2016 & After Mid-50% SAT range of admitted students (Evidenced Based Reading & Writing + Math)
Adams State University	2.88 - 3.78	17 - 23	910 - 1100
Colorado Mesa University	3.28 - 3.92	20 - 26	1020 - 1200
Colorado School of Mines	3.78 - 4.00**	29 - 33	1320 - 1470
Colorado State University Fort Collins	3.41 - 4.00	23 - 30	1090 - 1290
Colorado State University Global	2.39 - 3.39	16 - 22	930 - 1150
Colorado State University Pueblo	2.95 - 3.81	18 - 24	930 - 1110
Fort Lewis College	2.97 - 3.80	17 - 23	970 - 1180
Metropolitan State University of Denver	2.72 - 3.58	17 - 23	900 - 1100
University of Colorado Boulder	3.52 - 4.00	26 - 32	1180 - 1380
University of Colorado Colorado Springs	3.16 - 3.92	21 - 27	1010 - 1210
University of Colorado Denver	3.27 - 3.99	21 - 28	1020 - 1240
University of Northern Colorado	3.18 - 3.94	20 - 27	1000 - 1190
Western Colorado University	3.12 - 3.93	20 - 27	1010 - 1200

USE NAVIANCE

Access through Class Link



Welcome, Demo Jensen!

Search for Colleges



Type a college name

SEARCH

English



Go

No Welcome Message is available at this time.

[Read more](#)

My Favorites



COLLEGES

[I'm thinking about](#)

COLLEGES

[I'm applying to](#)

CAREERS AND CLUSTERS

[I'm thinking about](#)[Important To-Dos and Tasks](#)[What's New](#)

Show Me How

Use Super Match to find colleges that fit your criteria

The image is a screenshot of the Naviance website interface. At the top, there is a dark blue navigation bar with the Naviance logo (a compass rose) and the text "NAVIANCE BY POWERSCHOOL". To the right of the logo are several navigation tabs: "Home" (highlighted in blue), "Self-Discovery", "Courses", "Careers", "Colleges" (highlighted in teal), and "Planner". Further right are icons for a heart, a dropdown arrow, a star, and an envelope. Below the navigation bar, a large white dropdown menu is open under the "Colleges" tab. The menu is organized into four columns. The first column, under the heading "College Home", includes links for "Find Your fit", "SuperMatch College Search" (which is pointed to by a black arrow), "College Match", "College Events", "Scattergrams", "Advanced College Search", and "College Lookup". The second column, under the heading "Research Colleges", includes "Colleges I'm Thinking About" (with a red heart icon), "College Visits", "College Compare" (highlighted with a light blue background), "College Resources", "Acceptance History", "Enrichment Programs", and "College Maps". The third column, under the heading "Apply to College", includes "Colleges I'm Applying to", "Manage Transcripts", "Letters of Recommendation", and "Test Scores". The fourth column, under the heading "Scholarships & Grants", includes "College-Specific Scholarships", "National Scholarship Search", "Scholarship Search", and "Favorite Scholarships" (with a red heart icon). On the left side of the page, partially visible, is a dark blue sidebar with the text "Welcome," and "Se". At the bottom of the page, there is a footer area with a red heart icon and the word "COLLEGES".

NAVIANCE
BY POWERSCHOOL

Home Self-Discovery Courses Careers Colleges Planner

College Home

Find Your fit

SuperMatch College Search

College Match

College Events

Scattergrams

Advanced College Search

College Lookup

Research Colleges

Colleges I'm Thinking About

College Visits

College Compare

College Resources

Acceptance History

Enrichment Programs

College Maps

Apply to College

Colleges I'm Applying to

Manage Transcripts

Letters of Recommendation

Test Scores

Scholarships & Grants

College-Specific Scholarships

National Scholarship Search

Scholarship Search

Favorite Scholarships

COLLEGES

Adding Colleges to Naviance

1. Can add through Super Match or search for a college
2. Once it comes up, click on the 💖 to add to “Colleges I’m Thinking About”
3. Next year, you can add them to “Colleges I’m Applying To”



Step 4: Build Your List of Colleges

How many? There's no perfect number, but some experts recommend the following:

2-3 ... you're in

2-3... you're qualified, but the competition's fierce

2-3... you're reaching, but who knows

TIPS

Create a spreadsheet to compare colleges side by side. (example)

Keep costs in mind – make sure you have affordable options w/o scholarships that you will be happy at!

Research and begin to create your college list over the summer

STEP 5: Prepare for college admissions tests

Prepare for and take the SAT at NV: April 2024 (DO NOT NEED TO REGISTER)

Look into test prep: Khan Academy, Lifelong learning, Mindfish, Kaplan, Princeton Review, etc

After April, if you want to, you can retake the SAT. www.collegeboard.org (SUPER SCORE)

Consider taking the ACT: www.actstudent.org

Students with disabilities talk with case managers/counselor to request testing accommodations ASAP

Remember the CO Grad requirements [HERE](#)

ACT: RW = 18; Math = 19 SAT: RW: 490; Math = 500

Don't love tests?! FAIRTEST.ORG

(currently 1760+ schools on this list!!)

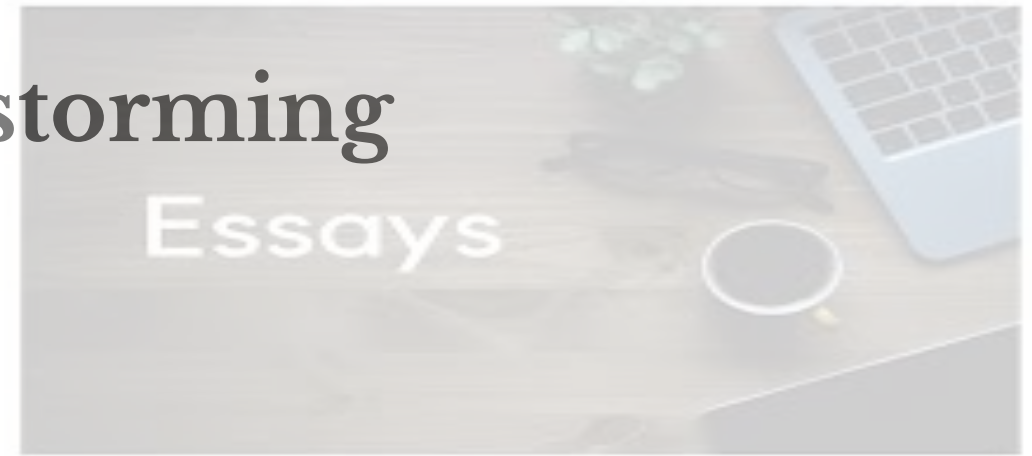




From Wake Forest University (NC):

“For the record, it’s not that we think standardized tests are evil. We just think that the measure of your intelligence and potential requires a deeper dive. It’s about life experience, aspiration, work ethic, engagement and all of what makes you who you are. Numbers rarely tell the whole story.”

STEP 6: Begin essay brainstorming



Why do colleges require essays?

- To show what makes you different from all the other qualified applicants
- To shed light on your values, contributions, opinions, and talents
- To see your voice and personality
- To fill the holes that the test scores, transcripts, and application did not show.
(Essays should show new information)
- To see your writing ability and your command of the basics of good writing

Essay Resources and Tips

Meet Ethan Sawyer



Try these exercises before starting your essay

- 1) Essence Objects Exercise:
- 2) Values Exercise:
- 3) Feelings and Needs Exercise:

Additional Resource to help with
Brainstorming:

100 Brave and Interesting Questions

12 Sample College Essays that have Worked:

A few more essay tips...

- Ask people what they think is special about you
- Read other essays
- Save work from classes
- Keep a journal
- Brainstorm topics with friends and family
- Check out www.essayhell.com & www.collegeessayguy.com

Some of the best essays are about simple topics... hiking, shoes, cooking, work experience, an admirable person, a good book, milk

GET INSPIRED.

STEP 7: Think about Letters of Recommendation

****It's New Vista so you've hopefully done this already.
If not, now is the time to continue cultivating relationships
with your teachers.****

- Advisor = counselor
- Consider who can speak to different strengths and qualities
- NOT: Friend, relative, someone who can't speak to your strengths
- Must follow 3 steps: request in person, [this form](#), and on Naviance
- Teachers cap how many letters they will write
- Show gratitude

Tips: Ask early, ask in person, bring chocolate,
& write thank you notes

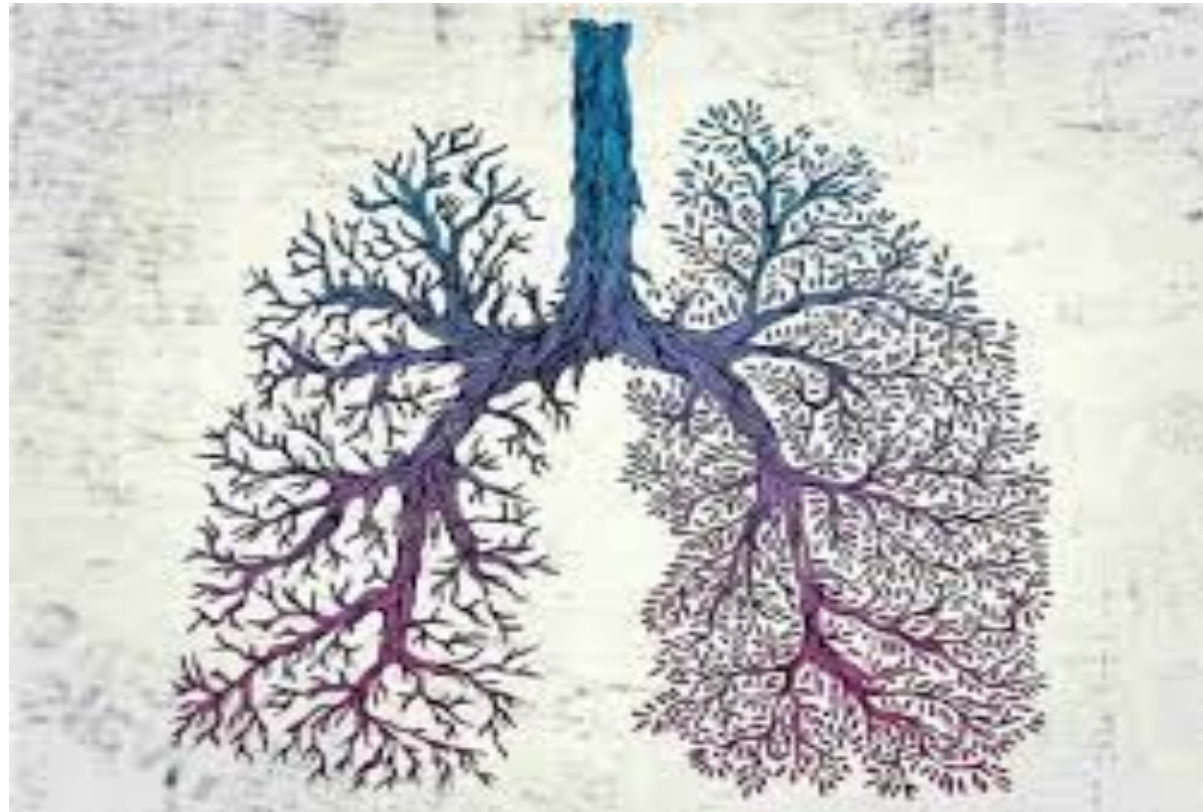


STEP 8: Consider Cost and Financial Aid

- Attend NV Financial Aid Night in September 2024
- Familiarize yourself with the FAFSA & CSS Profile
- Look at Federal Student Aid Estimator. Most colleges have these tools too.
- College Opportunity Fund
- WUE: AK, AZ, CA, CO, HI, ID, MT, NV, NM, ND, OR, SD, UT, WA, WY
- Consider College Before Graduation and ASCENT
- Create a well-rounded and balanced list that includes affordable college options **that you will be happy at!**
- Did your parent graduate from a 4 year university?
- Have hard, honest conversations
- Save money by applying on Free CO Application Days: In October



BREATHE



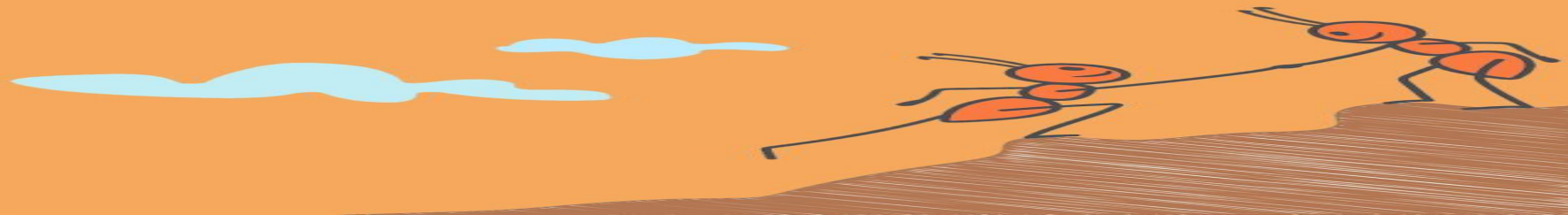
Let's Have Some...

FUN.



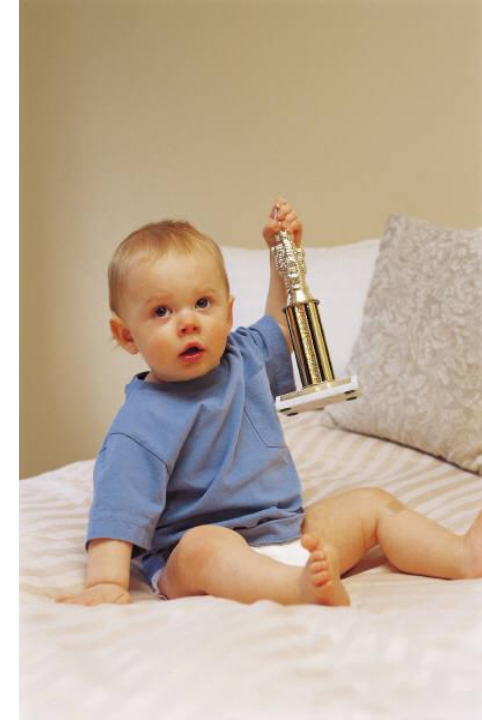
Your Role As Parents

- Take a collaborative approach (create a google doc)
- Encourage your student to explore college options
- Be in the "back seat" - and not the driver - of the college search process
- Support your student in exploring ALL options
- Be open to dialogue and responsive to questions, especially about your expectations and financial capabilities



What you can do now to prepare to be the best applicant you can be

- ★ Take rigorous classes at New Vista
- ★ Do well in your classes
- ★ Take classes connected to your path
- ★ Take advantage of [College Before Graduation program](#)
- ★ Follow admissions standards for CO Public Colleges
- ★ Pursue CEs connected to your path
- ★ Prepare for admissions testing (SAT/ACT)
- ★ Build relationships with adults
- ★ Find your co-pilots and ask for their support on this journey
- ★ Get a job (get work credit for it)
- ★ Make productive summer plans
- ★ Continue your self exploration and college research
- ★ Plan ahead for college admissions deadlines (Early VS. Reg)
- ★ Create opportunities to show demonstrated interest
- ★ Create an awesome culminating project
- ★ Get a head start (essays, applications, etc.) (Start the Common Application this summer)
- ★ Practice self-care and take things one step at a time



STEP 8: Remember this...

“If a college is a match rather than a prize, then there is plenty of time to find the right fit. All too often, students and parents are romanced by a name rather than looking for the best matches. In the end, the best fit should be what the student determines, and there should be several fits, not just one. If we do our jobs as counselors and parents, we can trust students to make and assume ownership of their decisions. It then becomes our job to support their decisions and feel good about their accomplishments.”

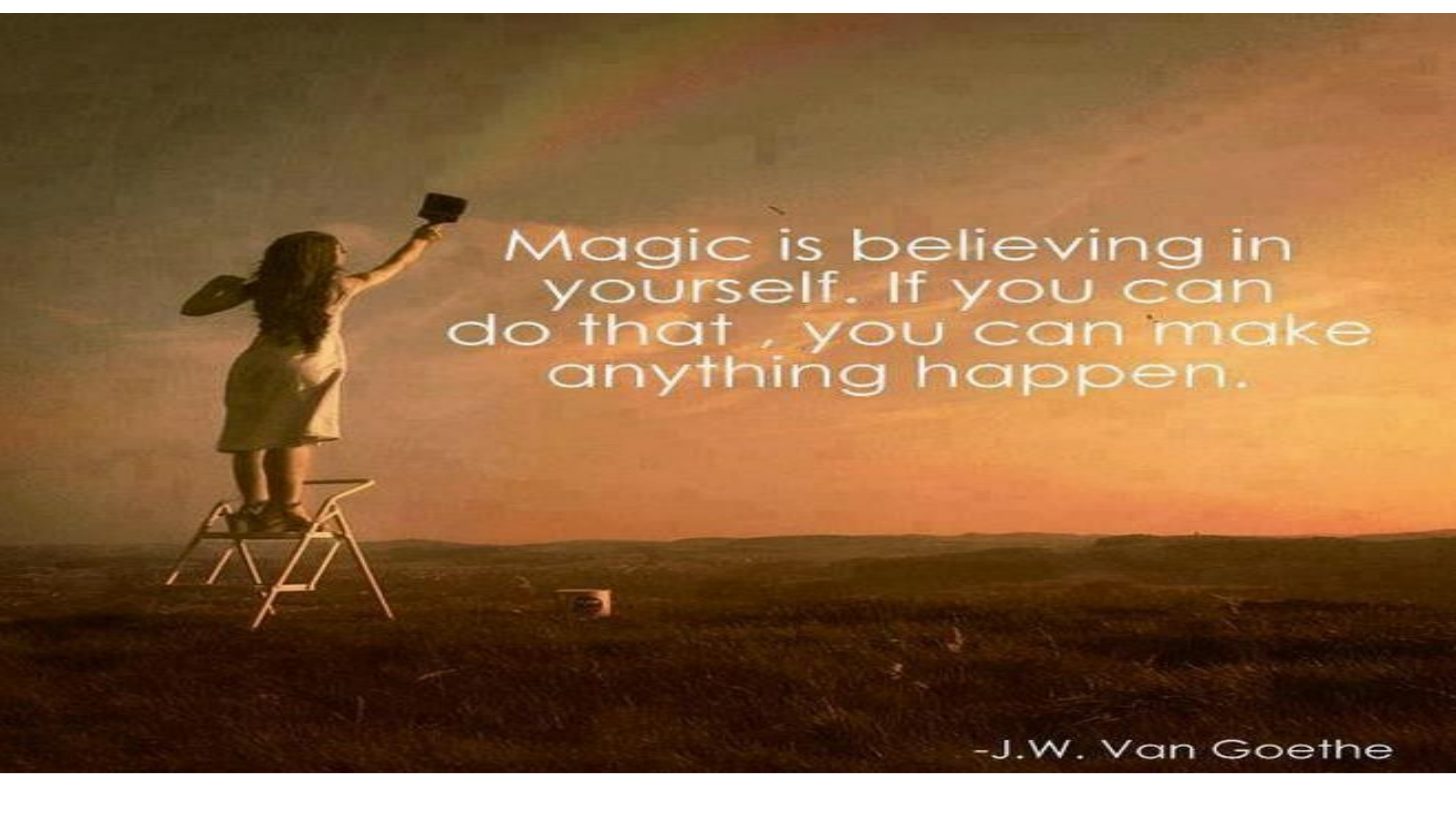
-Fran Sachs, Educator



As we complete our time together, what best describes how you feel right now about moving forward into this journey?

Terrified Confused OK Hopeful Confident



A woman with long dark hair, wearing a light-colored dress, stands on a white step ladder in a vast, dark field. She is holding a paintbrush and painting a bright, glowing sunset or sunrise over the horizon. The sky is a mix of orange, yellow, and blue. The overall mood is inspirational and artistic.

Magic is believing in
yourself. If you can
do that , you can make
anything happen.

-J.W. Van Goethe

RESOURCES ON OTHER PATHWAYS



Gap Year Resources

- <http://www.dynamy.org/>: offers an internship year mixing work, independent living, structure, and coaching.
- www.transitionsabroad.com: for teen travelers, seeking short-term international work, budget travel, language study, and expatriates.
- <http://www.wheretherebedragons.com/>: office located in Boulder.
- TeenLife.com: connects teens with summer programs, volunteer opportunities, gap year and study abroad
- A few affordable options: AmeriCorps(www.americorps.gov), Habitat for Humanity (www.habitat.org), WWOOF (www.woof.org);
- <http://www.workaway.info>: a database of people and organizations in different countries who are looking for volunteer help in a huge range of fields.
- Search Engines and Resources: <https://www.gooverseas.com/> <https://www.transitionsabroad.com/>

ATTEND THE GAP YEAR FAIR AT NEW VISTA ON JANUARY 24th

Technical Institutes/Focused Colleges

- Course work focuses on skills for the workforce
 - Typically award a certificate, diploma, or associate's degree.
 - Offers internship experiences
 - Usually offer job placement services
 - Credits usually DO NOT transfer
 - Includes a strong element of hands-on training
- May be part of community and junior colleges, and sometimes four-year colleges and universities
 - Check for accreditation: Ensures that an institution has been evaluated and meets set standards of quality
(<http://www.chea.org/>)
 - Examples: computer technology, business administration, culinary arts, electronics, medical assisting, legal assisting, automotive technology, massage therapy, and cosmetology.



Military

- **Five branches:** Army, Marine Corps, Navy, Air Force and Coast Guard
- **2 types of duty:** active duty (full-time soldiers and sailors) and reserve & guard forces (usually work a civilian job, but can be called to full-time military duty)
- **Recruiting office:** 3055 Walnut St, Boulder, 303-442-1751
- **ROTC (Reserve Officer Training Corps):** Take classes in college to learn combat techniques, military tactics, and leadership training. Military pays for all or part of your education if you serve as an officer after graduation. (Freshman and sophomore can participate without obligation to join the Army.)

What are some benefits of joining the military?

- **Steady Income:** Paid twice a month, on the 1st & 15th, every month, based on your pay grade & service requirements.
- **Advancement:** Promoted based on job knowledge, performance, time in pay grade & service requirements.
- **Paid vacation:** Earn 2.5 days paid vacation per month for a total of 30 days each year.
- **Training:** Choose your career path based on aptitude, physical abilities, security clearance, motivation and determination.
- **Health Care:** While on active duty, receive complete medical and dental care at no cost.
- **Life Insurance:** While serving on active duty members can select inexpensive term life insurance.
- **Tax Advantage:** Only basic monthly pay is subject to Federal or State income tax.
- **GI Bill:** The Montgomery GI Bill will help pay for college education or vocational training.
- **Tuition Assistance:** While in the Reserves or Guard, you may continue your education, and may be helped in defraying the cost of college-accredited courses. Additionally, if you are in the National Guard some states offer substantial benefits such as free tuition to state colleges or universities.
- **Additional Benefits:** There are exchange and commissary privileges, temporary lodging expenses, travel, Veterans Administration home loans and more.



Tips

- Start looking now
- Network like crazy
- Create a resume and get feedback
- Do mock interviews
- Be professional and confident
- Dress appropriately
- Visit Workforce Boulder
www.wfbc.org

Resources

- <http://www.bls.gov/ooh/>
- www.snagajob.com
- www.coolworks.com
- www.monster.com/
- <https://www.colorado.gov/cdle>
- <https://jobs.livecareer.com/>

Apprenticeships and Internships

- www.doleta.gov/oa
- www.internweb.com/
- <http://www.goabroad.com/intern-abroad>

THANK
YOU!

