

2023 ANNUAL REPORT

9516 Waller Rd E, Tacoma, WA 9844<mark>6</mark>

INTRODUCTION PAGE 02

A NOTE FROM THE FARM MANAGER

Emily Strong, Farm Manager

In this winter season, as the trees drop their leaves and send their energy down deep into their roots, the land teaches us that this is a time for resting, reflecting, replenishing.

As the leaves begin to decompose and nourish the soil, we can ask what things we are holding that can be turned into new energy. In our selves, in our program here at the farm, in our systems and institutions, in the world: What is it time to compost?

As we reflect on a full, full season rich with food for our community but sometimes a little too full of tasks left undone and plants left untended, the land asks of us: What does enough look like?

As we look over the results of our yearly soil tests and reflect with gratitude on all the abundance we shared, the land asks of us: How can we replenish what we take?

As we take this winter season to reflect on these questions and plan for another season, we hope you take some time here to celebrate the 2023 farm season with us and thank our amazing community and the land for such abundant gifts!

Thank you all for your support in our 2023 season! See you in 2024!



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BY THE NUMBERS

FARM NUMBERS

The vegetables grown in 2023 went to school cafeterias, school events, Fresh & Free Veggie events, and to families and residents in the FP community.

33K+

ESTIMATED POUNDS OF PRODUCE

were harvested this year

1,716

POUNDS OF PRODUCE

were delivered to school cafeterias, culinary classes, and cultural clubs.

2,000

PEOPLE

were estimated to have attended Fresh & Free Veggies events from May-Oct 2,320

SQUARE FEET OF NATIVE PLANT

hedgerows were newly planted

105+

VARIETIES OF CROPS

were seeded this year

179

STUDENTS

were in classes (Food Justice in Action, Ecosystem Design) and summer crew

MEET THE TEAM PAGE 04

FARM TEAM

We asked everyone for their favorite crop and how they eat it.



Emily Strong (she/her) Farm Systems Wizard (Farm Manager) Autumn Frost winter squash, cubed and roasted Melons and figs, right off in a warm grain salad with the vine/tree! kale & apples



Hannah Sattler (she/her) Farm Flower Fairy (Farm Program Assistant)



Benita Ki (she/her) Chaco's Mom (Community Nourishment Coordinator) Raspberries. And sauteed broccolini with garlic, lemon, and salt



Giselle Castaño (she/they) Jessica Dennis (she/her) Farm Corn Sorcerer (Field Crew) Roasted Poblano Peppers in everything



Tamale Queen (Teacher) Zucchini: Sauteed or grilled is the best!



Aliyah Faison (she/they) *Teacher* Snap peas straight off the vine

CROPS ON CROPS

The Farm is committed to growing food that is culturally relevant for our community, which is comprised of students and families from many people groups, ethnicities, nationalities, and cultures. Here are the foods that we grew in 2023.

Arugula

Baby Kale

Baby Leaf Lettuce

Baby Spinach

Basil

Beets

Bitter Melon

Broccoli Raab/Bunching Broccoli

Cabbage

Carrots

Cauliflower

Chard

Choi Sum

Cilantro

Collard Greens

Corn

Cucumbers

Daikon Radish

Dill

Eggplant

Epazote

Garlic

Garlic Scapes

Ginger

Green Beans

Green Wave Mustards

Hot Peppers

Kale

Komatsuna

Lemon Balm

Melons

Mustard Greens

Napa/Chinese Cabbage

Onions

Oregano

Pac Choi/Bok Choy

Parsley

Parsnips

Pericón

Potatoes

Red Basil

Red Butter Lettuce

Red Radishes

Rhubarb

Scallions

Shiso

Snap Peas

Spinach

Spring Mix

Squash

Sweet Potato Greens

Sweetie Peppers

Thyme

Tomatillos

Tomatoes

Turnips

A LOOK BACK PAGE 06

2023 REFLECTION

Before the calendar year began, three main focus areas were identified by the Farm team in collaboration with Community Council.

EAT MORE TOGETHER

Students learned farm operations and tasks (seeding, planting, plant bed care, harvesting, processing). They also prepared and ate several meals together to build community and a sense of belonging. A true farm to table experience.

Summer crew prepared a handful of community meals, among them pesto, enchiladas, pupusas, pambazos, Filipino chicken skewers. Family members, excited to share family recipes, came twice to prepare food for the crew.

BETTER SCHOOL

LUNCH

Getting feedback from many students and families, we're hearing a consensus: students would like less frozen foods and better food in their school meals. We see the need to provide fresh produce to students, prepared in ways they're familiar with and reflect their home cuisines. We're exploring creative ways to incorporate more farm produce in spaces beyond the school kitchens, like student-centered spaces like culinary classes, cultural and ethnic-specific clubs, and farm classes and events.

PLANT

MEDICINE

We harvested a bunch of different plant medicines throughout the summer and fall. Students helped process dried plants for storage. Summer crew students helped make a rosemary and rose hairspray, fire cider, pickled foods, and a variety of tea blends. We have also dried and processed herbs like oregano, thyme, and coriander for cooking.