

Family Balance Retreat

Time: 9:00-12:30

Date: Dec 16, 2023

Location: 2803 Rd. 88, McLoughlin Middle School

In Collaboration with: Kadlec Community Health

The topics we will be covering are loss and grief, mental health, substance use disorder, and mindfulness.

Please email @Mbice@psd1.org to notify us of any allergies you or your child have. Thank you!



Personal information

Name	
Gender	
Date of birth	

Contact information.

Residential address	
Email	
Phone number	

Child signature_____

Parent signature_____