

PBVUSD Basketball Fact Sheet 2023/24

Try outs must last at least **5 days** before uniform selection. Anyone who doesn't make the uniform team but wants to come to practice and follows rules must be allowed to do so. All students must have a **signed parent permission slip and sign off on the form that acknowledges that sports is dangerous.**

To try out all students must be academically eligible. If not, they can't be at try-outs, they can't observe practices etc: a. All students must have a 2.0 GPA b. Must have no "F" grades c. Students receiving comment 16, Behavior Needs Improvement, on grade report from more than one teacher in grades 7-8 becomes ineligible. In elementary basketball is restricted to 5th and 6th grade students.

After selecting 10 to 12 to uniform squad, then distribute and collect the 3 forms for parents to sign and complete (medical release, parent contract, transportation ... must see proof of insurance and driver's id). These forms are on the district WEBSITE with all of the other recreation resources. Go to <https://www.pbvUSD.k12.ca.us/> and then click on **menu**, then click on **divisions**, then click on **Educational Services**, then click on **Recreation**.

Depending on your school site, a student who becomes academically eligible in January 9th (may try out for the team, but can't compete or be on the bench until 5 full days of practice are complete... even if it takes two weeks to accomplish that. Anyone who tried out and did 5 days of practice WHO DIDN'T MAKE THE SQUAD INITIALLY IS IMMEDIATELY ELIGIBLE TO COMPETE IF YOU ARE IN NEED OF MANPOWER DUE TO GRADES IN JANUARY.

1. Elementary has 6 league games. Mix of 5th & 6th graders.
2. Elementary schools may schedule four (4) additional games other than those scheduled by the district. A tournament counts as one (1) game. (6 game in league + 4 more be tourney or game = 10)
3. Junior Highs may schedule additional games, so long as the total games / matches played do not exceed eighteen (18). A tournament counts as one (1) game, but you cannot exceed six (6) tournaments. (10 league + 8 Tourneys/games = 18) Junior Highs may schedule one (1) scrimmage. Additional scrimmages count as games
4. **All teams must have 10 players on the bench at every game** (more on roster-suggested 12 to 15) or face forfeit. Games with less than 10 players on a team to be played since there are parents & players who invariably are present & PBVUSD is a recreation league.
5. Elementary Minimum play rule in effect, **everyone on bench playing 4 consecutive minutes in each half**
6. Elementary Maximum play rule – Every player on the team must substitute out of the game for at least **4 consecutive minutes at some point in the game**
7. **No Minimum or max play rule for junior high, but everyone is to play a meaningful amount of game of time.**
8. 16 min halves, last 2 minutes regulation clock, 2 time outs/ half
9. Tie games one 2 minute overtime in junior high Recorded as tie if not decided in OT. No OT for elementary.
10. Elementary girls can press up until there is a 10 pt difference, then no press until other team catches up
11. **There will be no 1&1 free throw shots. Each team will have 8 team fouls/half and on foul number 9 and onwards 2 shots will follow any foul. Shooting fouls always result in 2 free throws. The High Schools have also eliminated the 1 & 1.**

Reminder coaches, your behavior on the bench infects the parents positively or negatively....if you go nuts, they will go nuts and players lose focus.

- A. Keep it positivewith everyone, refs, your players, and our parents (basketball mom & dad, very challenging) Remind parents nothing at stake
- B. MAKE SURE ALL PLAYERS ARE SUPERVISED UNTIL PICKED UP AFTER PRACTICE AND GAMES. Publish in writing your practice and game schedule, and any team policies. Before publishing make sure principal agrees and has your back.
- C. Everything you need to know, schedules, eligibility, tournaments, paper work, rule books, score sheets, drills www.pbvUSD.k12.ca.us and then click on departments, then click on recreation
- D. My contact info, and don't give my phone to parentsemail is ok to share Dean - 428-9842 (and I like text because I actually teach too, and it is easier to get back with you) dlarimer@pbvUSD.k12.ca.us
- E. Mercy rule in 20 pt blow out.... Clock runs, no press, defense restricted to 3 pt line until losing team crosses ½ court. No press until the losing team draws within 10pt differential. No press for girls elementary games **IF AT THE 1st HALF, ONE TEAM HAS 20+ POINT LEAD IN THE GAME, THE TEAM WITH THE 20+ WILL BE DECLARED THE WINNER. Score will be removed from the scoreboard. The second half will be played running clock, no score kept in order to minimize humiliation and to maximize player development**