Perkiomen School November 2023

HOLLENBACH HEADLINES

Monthly Athletic NewsLetter



Student Spotlight: Lauren Patnode '24

Finishing Strong at Perkiomen School

Girls Prep Basketball team captain Lauren Patnode '24 (Saratoga Springs, NY) first encountered Perkiomen's basketball program as she watched her brother Drew '20 play for the Panthers. She remembers, "I always thought it was so cool that students got to live here, and I imagined what it would be like to have this opportunity to get a great education while playing at a competitive level." Now in her senior year at Perkiomen, Lauren says that she wouldn't want to be anywhere else.

Recruited by Division I basketball programs such as Manhattan College, Columbia University, New Jersey Institute of Technology, and Colgate University, she ultimately chose LaSalle University. She says, "It was such an honor to have received offers from all these schools, and I knew that LaSalle was the right fit for me."

For now, Lauren is focused on a strong finish to her senior year which will prepare her for a successful college career. After college, she hopes to play professionally abroad. Lauren says, "Having lived internationally and then attending Perk has opened my eyes. I have made friends from countries and cities I never knew existed before coming here. I love learning about new cultures, and I want to make the most out of my athletic career."

Lauren is grateful for the support from Perkiomen's Assistant Athletic Director and Girls Prep Coach Kerrie Kosakowski as well as her experiences playing for Elevate New York Basketball Club. In the last three years, Lauren is happy to have witnessed Perk's girls' basketball grow. She says, "Being independent from a league allows us to play at higher levels and spread the word about our school. I'm excited to watch it continue to evolve."





Letter from the Athletic Director: Mike Kruger

November has been an exciting time on the Perkiomen campus. Eighteen of our athletes spanning seven different teams committed to continue their athletic experience at the collegiate level - check out who they are in this edition. And our Boy's National basketball team was ranked 5th in the nation in a preseason poll! Our boys' and girls' basketball teams are off to a strong start - we are looking forward to all of our winter sports having a fantastic season!

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2023 Fall Committed Student Athletes:

Anya Betof -Ursinus College - Track & Field Ava Darvassv -SUNY Oneonta - Basketball Bobby Kleckner -Lehigh University - Baseball Brandon Nunez -Pratt Institute - Basketball Brenden McCleod -<u>Lindenwood University - Lacrosse</u> Cesar Lopez -Bethune Cookman - Baseball Enrico Lombardo -Cleveland State - Lacrosse Erick Diaz -Manhattan College - Baseball Gabby Jones -Loyola University - Swimming Kross Howarth -Tulane University - Baseball Lauren Patnode -La Salle University - Basketball Lucas Orchard -Monmouth University - Basketball Macon Emory -University of Delaware - Basketball Nate Winters -Washington College - Lacrosse Rocky Grossman -Towson University - Lacrosse Rowan Baringer -Lake Forest - Lacrosse Sammy Laux -West Virginia University - Baseball Taylor Fiorini -

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Student Spotlight: Gabe Tanner '25



Supporting the Team On and Off the Court

In his second year as a Panther, Gabe Tanner '25 (Throop, PA) has been happy to have stepped up as a leader on the National Basketball team, demonstrating sportsmanship and supporting his teammates to improve their game and as they represent Perkiomen on the court.

Director of Basketball
Operations Coach Thomas
Baudinet has played a central
role for Gabe throughout
his Perkiomen experience.
Gabe remembers, "Coach
B invited me to campus to
attend classes and do a team
workout, and I could tell that
Perkiomen would challenge me
academically and athletically. I
loved every aspect of my visit."

As Gabe looks to play Division I basketball, Coach Baudinet, along with Coach John Williams and Coach Kevin Maley, have continued to provide guidance through the NCAA recruitment process and the day-to-day workings of being a Perkiomen student athlete.

He is also grateful for the Panthers' Strength & Conditioning program, crediting Coach Bixler's expertise for helping him with stretching and rehab techniques to remain healthy.

Since improving his skills at Perkiomen, Gabe has found greater opportunities to make the most of his high school basketball experience. In the summer of 2023, he was invited to compete with We R1, a premier Under Armour travel team which provides additional exposure and networking for NCAA recruitment.

Asked to name his favorite part of being a Perkiomen Panther, Gabe responds, "When I wake up each day, I look forward to being a member of this great community and doing good things in my classes and on the team. I'm really happy to be here."