#FLIPTHEPAGE

Your story doesn't end here!

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YOUR STORY DOESN'T END HERE!



IF YOU WOULD LIKE SOME HELP PLEASE CALL THE SUICIDE HOTLINE

1-800-273-TALK (8255)

"I said to myself, 'If one person comes up to me and says, 'Are you okay? Is something wrong? Can I help you?' I was going to tell them my whole life story and they were going to make me safe." I wouldn't have jumped if someone just asked a question.

– Kevin Hines



#ASKTHEQUESTION

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"I had so many issues underneath that needed to be taken care of, and I just kept putting bandaids over them." – Demi Lovato



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