



# FREDDY'S FOOTNOTES



A Newsletter from Onalaska High School

May 2023

## Highlights

### Important Dates

AP Testing .....	May 1-12
Orchestra Concert .....	May 8
Band Concert .....	May 8
Senior Night.....	May 18
Senior Last Day.....	May 19
Senior Breakfast/Awards/Walk .....	May 19
Choir Oratorio Concert.....	May 19 – 20
Graduation Practice.....	May 24
Senior Scholarship Awards .....	May 24
Graduation .....	May 27

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## 2023 Prom Court



*Back Row: James Taylor, Gus Weiner, Adam Skifton,  
Xavier Lawrence and Lucas Go*

*Front Row: Amaya Thesing, Anna Skemp, Elijah LeFebre,  
Sadie Vannieuwenhoven, Mary-Catherine Clatworthy, Kyla Betz,  
Lauren Bakkestuen and Siri Anderson*

**Congratulations to the  
Prom Royalty,  
Elijah LeFebre  
and  
Sadie Vannieuwenhoven**





## Graduation 2023



Senior Night..... Thursday, May 18 --- 7:00 – 9:00 PM in the Commons and Fieldhouse  
 Seniors' last day of classes ..... May 19, 2023  
 Senior Breakfast..... Friday, May 19 --- 7:00 - 7:30 AM in the Fieldhouse  
 Senior Assembly ..... Friday, May 19 --- 9:00 AM in the Fieldhouse  
*Parents are invited to attend this assembly – Special recognition, military enlists and department awards*  
 Senior Walk ..... Friday, May 19 --- 2:20 PM  
 Graduation practice ..... Wednesday, May 24 --- 9:00 AM --- Chuck Deeth Fieldhouse  
*Graduation practice is **required** of all graduating seniors*  
 Senior Scholarship Awards..... Wednesday, May 24 --- 7:00 PM in the PAC  
*Students will receive notice to attend if they are receiving a scholarship*  
 Class of 2023 Graduation..... 1:00 PM, Chuck Deeth Fieldhouse, Saturday, May 27, 2023  
*Seniors in hallway by 12:30 PM to line up*

### Graduation Information

1. There will be special seating for senior citizens and people with disabilities on the main floor.
2. Doors will open at 12:00 p.m. and tickets are NOT needed.
3. Empire Photography is on stage to take pictures of all graduates as they receive their diplomas. The proofs will be sent to your email so you have the option of purchasing them if you wish.
4. This is a formal occasion. Students should dress appropriately and have their gowns ironed. Corsages, pins, etc. are not to be worn on the outside of the cap or gown.
5. Graduates will receive their diploma covers during the ceremony and will pick up their actual diplomas in the Commons immediately following graduation. Students may not participate in the ceremony if they have outstanding fees or fines.
6. Seniors participating in the graduation ceremony must have all graduation requirements met by 3:00 PM on Friday, May 19.

### Senior Night

There will be a Senior Night get together on Thursday, May 18 from 7:00 - 9:00 PM in the OHS Commons and Fieldhouse. An evening of fun has been planned for the class of 2023. If you leave, you cannot return.



Dear Parents:

Please remind your senior that attending the graduation ceremony is a **privilege**, one that could be lost up to and including the day of graduation. Please stress the dignity of this special event.

Thank you! *Jared Schaffner, Charlie Ihle and Jason Thiry*



## Graduation 2023



### Senior Activities-

**Thursday, May 18**

**Senior Night - 7:00 - 9:00 p.m.**

Onalaska High School Commons and Fieldhouse

This is a fun night where seniors have one last social event all together.

*If a senior chooses to leave, they will not be allowed back into Senior Night.*

**Friday, May 19**

**Senior Breakfast - 7:00 – 7:30 a.m.**

Onalaska High School Fieldhouse

Parent supplied breakfast served in the south gym prior to school.

**Friday, May 19**

**Senior Assembly - 9:00 a.m. Fieldhouse**

Recognition for the following students will take place:

Senior Department Awards, recognition of those entering the military and the traditional passing of the flag.

*Parents are invited to attend this assembly. Bleacher seating will be available.*

**Friday, May 19**

**Senior Walk - 2:20 p.m.**

**Wednesday, May 24**

**Mandatory Graduation Practice - 9:00 a.m. in Fieldhouse**

**Wednesday, May 24**

**Senior Scholarship Night - 7:00 Performing Art Center**

Seniors will be recognized for scholarship awards. Seniors who will be recognized at this event will receive an invitation.

### Senior Scholarship Night

Students earning scholarships will be notified of the recognition.

Please understand that everyone is invited to attend this event. However, we will be sending invitations to the students who will be recognized at the event. It is important to understand that we cannot control community organizations that contact us with scholarship information. Your son/daughter could be notified anytime up until May 24 that he or she will be recognized.

Students who have earned scholarships will be asked to sit on stage in the Performing Arts Center. Please dress appropriately for this recognition event.

If you have any questions or concerns, please contact Bridgett Hubbard,

**Scholarship Coordinator and Senior Class Advisor,**

[hubbr@webmail.onalaska.k12.wi.us](mailto:hubbr@webmail.onalaska.k12.wi.us) or 608-783-4561



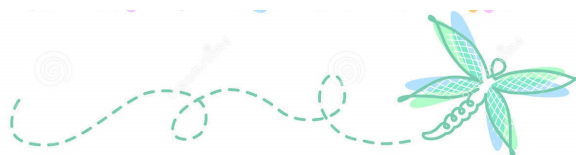
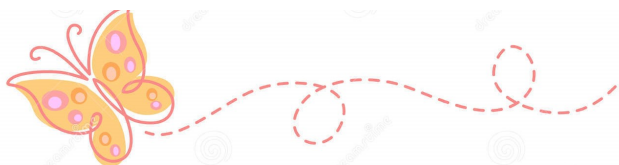
### NO BALLOONS AT GRADUATION!

Due to latex allergies, OHS is not allowed to accept or have latex balloons in school. The exposure to the balloons could cause serious or potentially life-threatening allergic reactions. Please refrain from bringing balloons to the graduation for this reason. Anyone bringing balloons will be asked to return them to their car. You are more than welcome to give them to the graduate after the program, outside. Sorry for any inconvenience this may cause.



## Important Dates

AP Testing .....	May 1 – 12
Orchestra Concert .....	Monday, May 8 --- 6:30 PM in the PAC
Band Concert .....	Monday, May 8 --- 7:30 PM in the PAC
Senior Night .....	May 18 --- 7:00 – 9:00 PM Commons/Fieldhouse
Seniors last day of classes, Senior Breakfast, Senior Awards, Senior Walk .....	Friday, May 19
Choir Oratorio Concert .....	Friday, May 19 and Saturday, May 20 at 7:30 PM
Graduation Practice .....	Wednesday, May 24 at 9:00 AM in the Field House
Senior Scholarship Awards .....	Wednesday, May 24 – 7:00 PM in the PAC
Graduation .....	Saturday, May 27 --- 1:00 PM in the Field House
Summer School .....	June 12 – July 21
2023-24 Registration .....	Tuesday, August 8
Freshman Orientation Link Day .....	Wednesday, August 16



## Changes in Student Information

If you have any changes throughout the year in your child's information, please contact our Pupil Services office at 783-4610.

This information would include:

- address/phone number
- parent/guardian information
- emergency contacts
- health issues
- email address

## FAMILY SCHOOL LIAISON

In recognition of the importance in supporting the **whole** child (e.g. students' physical and mental health, their social and emotional learning along with their academic growth), the School District of Onalaska has a Family School Liaison position. My name is Sue Mathison and as the Family School Liaison for the School District of Onalaska, my role is to partner with families in effort to support overall student success. Services may include collaboration, consultation, home visits, and/or information and referral to community resources and agencies. If you are interested in learning more about community resources to assist with student or family needs (e.g., food, housing, healthcare, human services, clothing, etc.), feel free to contact me.

Jenni Moris, Family School Liaison, School District of Onalaska, 608-779-1959

**If you are interested in following what is happening in the School District of Onalaska, check us out on Facebook.**

*School District of Onalaska, WI Facebook Page*







## 2023 SUMMER SCHOOL



The summer school online registration process began on Thursday, April 13. Be sure to register early since some classes do reach their capacity before the deadline and ALL courses are based on a first-come first-served basis.

Also, please keep in mind when registering for summer courses that there are strict attendance guidelines. For all **credit courses**, students are allowed to miss only two classes, and if they miss a third time, they are removed from the class. Please read the summer school booklet to find out what the specific attendance requirements are for each course.

### Summer School

Summer School begins June 12 and will end July 21.

There will be no classes on July 3 & 4.

### Onalaska Summer School Registration

**Who:** Students entering grades 9 – 12

**How:** Online – click [here](#)

**When:** Registration began on April 13

**Contact:** Melissa de Boer, Summer School Secretary at [debme@onalaskaschools.com](mailto:debme@onalaskaschools.com) or 608-783-4571 x5034  
Charlie Ihle, Summer School Coordinator at [ihlch@onalaskaschools.com](mailto:ihlch@onalaskaschools.com) or 608-783-4561 x5003

## Catherine C. Berg Summer Musical

This year's OHS Summer Musical will be The Addams Family by Marshall Brickman, Rick Elice, and Andrew Lippa, and based on characters created by cartoonist Charles Addams. Students who will be in grades 9-12 at the start of next school year can still get involved with the production by contacting John Reimler at Onalaska High School. Public performances of the show are scheduled for July 14 and 15, 2023, in the Claude C. Deck Performing Arts Center.

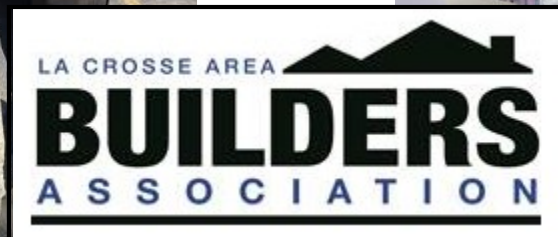
THE  
ADDAMS FAMILY  
A NEW MUSICAL



# LaCrosse Area Builders Association Event



The **LaCrosse Area Builders Association** hosted an awesome learning event for area students in April at the Omni Center. Students were able to participate in several stations - pouring concrete, framing a building, operating a backhoe, etc. A wonderful hands on experience to promote future builders.







## Job Fair



The OHS Job Fair on April 27<sup>th</sup> was a great success.

Area employers set up displays and discussed employment options, giving great tips to students about current and future job opportunities.

We also had several staff members that helped some of our students learn how to approach a prospective employer, interact appropriately, and leave with the necessary contact or application material.

A very positive experience for both employers and OHS students.

## Nurse Notes

The School District of Onalaska follows the Wisconsin Childhood Communicable Diseases table when determining if a child shall be excluded from school due to illness. If fever is 99.9°F/37.8°C or higher, please do **not** send your child to school. When symptoms of possible communicable diseases are present, a child may be excluded based on district RN determination (i.e.: fevers, vomiting, diarrhea, etc.)

### Parent Liaison Information

The role of Parent Liaison was created through the Wisconsin Statewide Parent-Educator Initiative (WSPEI) to aid in the support of families with children or adolescents who have special needs. The Parent Liaison for the Onalaska School District is:

Vicky Shanley  
214 15<sup>th</sup> Ave N, Onalaska  
608-317-0275

[vickyshanley@outlook.com](mailto:vickyshanley@outlook.com)

If you are the parent of a child with special needs, please contact Vicky if you have any questions about the special education process.



## Attention Class of 2024 - make your senior picture appointments now!

A reminder from the yearbook staff and area photographers:

La Crosse/Onalaska area photography studios request that you make your appointment NOW to get your picture taken this summer.

Dates are already being booked and filled for photographers.

The Yearbook's deadline for submission of senior graduation photos is Friday, September 22, and area photographers need the time to process your photos (takes approximately four weeks) for you to be able to make your print selection. September 22 is also the deadline for yearbook Baby Ads (see how to submit an ad below).



## Class of 2024 Senior Baby Ad

The yearbook staff would like to invite you to place a Student Recognition Ad (better known as “[Baby Ad](#)”) in the 2023-24 Aksalano yearbook. Submit a favorite infant or toddler photo of your senior son or daughter, and include a personal message of love, support and encouragement. Submit form by clicking [here](#).

The message should be no longer than 40 words, and the cost is \$40.00. Payments can be made online at <http://www.onalaska.k12.wi.us/schools/high/about/yearbook.cfm>.

Photos can be sent through the Jostens image share site ([images.jostens.com](https://images.jostens.com) - ID 416224505), or emailed to Travis Johnson at [johtr@onalaskaschools.com](mailto:johtr@onalaskaschools.com) (jpeg format, 300 dpi).

In order for us to meet our deadline with Jostens, we must receive your photo, message and payment no later than Friday, September 22. This date is earlier than in the past, due to the deadlines associated with a mid May end of the school year in 2024. Late submissions cannot be accepted. September 22 is also the day senior portrait photos must be submitted to the yearbook staff.

Any questions should be directed to Travis Johnson, Onalaska High School Yearbook Advisor, at [johtr@onalaskaschools.com](mailto:johtr@onalaskaschools.com).

Thank you,  
The Aksalano Yearbook Staff









## Kiwaniis Scholarship

Sanjana Xiong was recognized as a scholarship recipient at the Kiwanis Luncheon the first week of April. Sanjana was able to invite a teacher to join her and she chose Chris Sullivan, Business teacher.

Congratulations Sanjana.

The following OHS students were recently recognized at the Viterbo University Volunteer Recognition Ceremony due to their community service involvement:



*Sofia Tak, Josie Anderson, Kali Bronston, Ben Hsieh, Macy Meyer, Abigail Rudrud, Sidney Fillbach (not pictured)*



## Envirothon Team Competition



Onalaska's Envirothon team competed in Rosholt, Wisconsin at the Lions Camp in April. Congratulations for taking 1st place in Aquatic Ecology, 2nd place in Forestry, and 3rd place in Soils - missing 3rd place overall by just 13 points!

Team members include **Ben Hsieh, Aditi Muduganti, Matias Dahl and Daniel Yao.**

## Leadership Connections Class



Students in **Leadership Connections** collected used books over the past two weeks. During the month of May the Free Little Libraries in Onalaska will be restocked. **Donations resulted in over 750 books.**





Visit the Onalaska Education Foundation website ([OnalaskaFoundation.org](http://OnalaskaFoundation.org)), under "Events," find "Giving Thanks for Onalaska School Staff." Use the link to the Google Form on the page to recognize the school staff member of your choice.



# April 2023 Students of the Month

Every month students who meet specific criteria are nominated by departments and voted on by the entire staff.

The STUDENT OF THE MONTH honor goes to the student in each grade level who receives the most votes. The STUDENT OF THE MONTH receives a plaque, certificate, and publicity in the local newspaper.

Criteria for nomination includes: long-term academic effort and achievement; a high degree of life skills – respect, responsibility, teamwork, integrity, and initiative – demonstrated on a regular basis; and involvement in co-curricular activities.

## Freshmen Class

### *Student of the Month:*

**Bella Malecek**

### Nominees:

Ainsley Cowan  
Raelyn Cowley  
Zoe Koonce-O'Kane  
Soham Patel  
Carter Sanders  
Gavin Sommerfield

## Junior Class

### *Student of the Month:*

**Evan Anderson**

### Nominees:

Katherine Eliason  
Caleb Fejfar  
Samantha Hosch  
Alanna Hurlburt  
Juliene McDonald  
Abigail Xiong

## Sophomore Class

### *Student of the Month:*

**Jenna Gansen**

### Nominees:

Nathaniel Brace  
Eva Dryer  
John Gobel  
Michael Hintz  
Alexis Sulentic  
Vincent Thao  
Shouana Xiong

## Senior Class

### *Student of the Month:*

**Sean Gilles**

### Nominees:

Nicholas Berry  
Amina Dagon  
Madeline Grossklaus  
Nathan Kintgen  
Benjamin Stuhr  
Noah Woyczik



**Bella Malecek**  
Freshman



**Jenna Gansen**  
Sophomore



**Evan Anderson**  
Junior



**Sean Gilles**  
Senior



## Freddy Extra Effort Award ... April



**Cameron Sisk**  
Freshman



**Zoie Loeffelholz**  
Sophomore



**Justin VanDyken**  
Junior



**Josh Fenn**  
Senior

This award is given to a student who works above and beyond what is expected while displaying positive leadership and school spirit.

Four winners per month from each grade are chosen by the academic departments. The award is sponsored by the staff and is dedicated to promoting student success and school pride.

The FREDDY EXTRA EFFORT AWARD winners will receive a certificate, a gift from the staff and recognition in the Community Life.







## School District of Onalaska World Language Department



LE DEPARTEMENT DES LANGUES ÉTRANGÈRES • DEPARTAMENTO DE IDIOMAS DEL MUNDO

APRIL 2023 • AVRIL 2023 • ABRIL 2023

### WORLD LANGUAGE TEAM



**Mr. Brian Wopat**  
wopbr@onalaskaschools.com



**Mr. Devin Pettys**  
petde@onalaskaschools.com



**Mrs. Rebecca Chaouki**  
chare@onalaskaschools.com



**Mrs. Valerie Mumm-Jansen**  
mumva@onalaskaschools.com



**Mrs. Victoria Carter**  
carvi@onalaskaschools.com



**Mr. Andy Beckstrom**  
becan@onalaskaschools.com



**Mrs. Jennifer Garves**  
garje@onalaskaschools.com



### FACT CHECK



**MYTH:** All the languages in the world are of equal difficulty.

**REALITY:** Although many languages are very similar, each one has a different level of difficulty. Depending on what your native tongue is, a language can be hard for some, while at the same time be easy for others. A person who has grown up speaking Spanish all his or her life will find it easy to learn a language like Italian. Some languages are more difficult than others. It is important to start early and be committed to sticking with it long-term.

## How Your Child Can Save \$4000 by taking Dual Credit French 4

The World Language Department is excited about the addition of Dual Credit French 4 to our offerings. Since our French curriculum aligns with that of UW-Green Bay's French program, we are able to offer students in French 4 high school credit and college credit at the same time. Here is how it works.

At the start of the school year, all students in French 4 have the option to either take French 4 for just one (1) high school credit or high school credit AND three (3) college credits. The college credits align with French 202, a fourth semester French course at UW-Green Bay. If students select dual credit, they enter into agreement with UW-Green Bay for French 202 and pay the course tuition of \$300. A typical credit costs \$328 but we are offered a reduction of \$100 per credit. If at the end of the school year, the student has earned an A or A/B combination, they will be awarded 3 credits **PLUS 11 retro-active credits!**

### That's right – a total of 14 college credits for \$300!

Students who earn a B or B/C in the course will still be able to earn a total of 8 college credits. Credits earned will appear that summer on the student's UW-Green Bay college transcript. Those credits can transfer to other institutions of higher learning. We use the side, transferology.com to verify which universities across the country accept transfer credits from the UW system.

Currently there are 29 students enrolled in Dual Credit. If each student earns an A or A/B, they will earn **406 college credits** with a potential savings of **\$92,000**. Those credits can be applied towards university graduation requirements!



## Onalaska High School World Language Department



LE DEPARTEMENT DES LANGUES ÉTRANGÈRES • DEPARTAMENTO DE IDIOMAS DEL MUNDO

MAY 2022 • MAI 2022 • MAYO 2022

### WORLD LANGUAGE TEAM



**Mr. Brian Wopat**

wopbr@onalaskaschools.com



**Mr. Devin Pettys**

petde@onalaskaschools.com



**Mrs. Rebecca Chaouki**

chare@onalaskaschools.com



**Mrs. Valerie Mumm-Jansen**

mumva@onalaskaschools.com



**Mrs. Victoria Carter**

carvi@onalaskaschools.com



**Mr. Andy Beckstrom**

becan@onalaskaschools.com



**Mrs. Jennifer Garves**

garje@onalaskaschools.com



### FACT CHECK



**MYTH:** You should learn a language until you are proficient and only then move on.

**REALITY:** It is just a Western fetish to try learning languages until proficiency. And really, why would you do that? As long as you can communicate and understand while talking to another person, all is good. One doesn't need to be perfect when learning a new language because it's not possible to be perfect. Everyone ends up making mistakes, and these mistakes are what help us learn.

## French Students Visit Le Château & UW-L

On Tuesday, March 22<sup>nd</sup>, Onalaska High School Dual Credit French 4 students traveled to UW-L where they attended a French level 201 or 202 course (intermediate French) taught by UW-L Professors Madame Keefe or Monsieur Cormier. OHS students were mingled in with the UW-L students and they worked together throughout the lesson. Monsieur Wopat and Monsieur Pettys were extremely proud of how their students worked with the university students, volunteered to participate, and spoke *beaucoup* French during the class. After class, the students boarded the bus and headed over to Le Château in La Crosse for an authentic lunch *à la française*. Thirty students enjoyed steak-frites, a small salad, les escargots, lava cake and cider. Le Château owner Madame Ewers greeted the students and served them a four-course meal all *en français*. Afterwards on the bus, the students shared with their teachers that they enjoyed the class and found it rewarding. Many said they didn't realize how alike it would be to the class they are taking in high school and how diverse the other university students' majors and minors included French.



# ONALASKA SCHOOLS FOOD PANTRY 2022 - 23



The Onalaska Schools Food pantry is open to families with children in any Onalaska school (public, private, or home school) who need supplemental food staples.

Distributions are held on the **first *school* Monday of each month** throughout the school year at:

**Irving Pertzsch Elementary School  
Door I (access through the parking lot)**

**4:00 - 5:15 PM**

Monthly updates and reminders will be posted on the Onalaska Schools Food Pantry Facebook page.

There is also information on the District website.

## Distribution Dates

- September 12
- October 3
- November 7
- December 5
- January 9
- February 6
- March 6
- April 3
- May 1
- June 5







**Onalaska High School  
Student Services**

700 Hilltopper Place  
Onalaska, WI 54650  
Phone: 608.783.4571  
Fax: 608.783.2604

**Office Hours:**

Week Days: 7:00 am - 3:30 pm

Reach the Student Service Administrative  
Assistants at: Barb Nelson – Ext. 5029  
Melissa de Boer – Ext. 5034

**Your High School  
Student Services Staff**

**Garrett Silker - Ext. 5032**  
[silga@onalaskaschools.com](mailto:silga@onalaskaschools.com)

*Serves students with last names beginning with A – Hr*

**Chrissy DeLong - Ext. 5030**  
[delch@onalaskaschools.com](mailto:delch@onalaskaschools.com)

*Serves students with last names beginning with Hs – Ra*

**John Horman - Ext. 5031**  
[horjo@onalaskaschools.com](mailto:horjo@onalaskaschools.com)

*Serves students with last names beginning with Rb– Z*

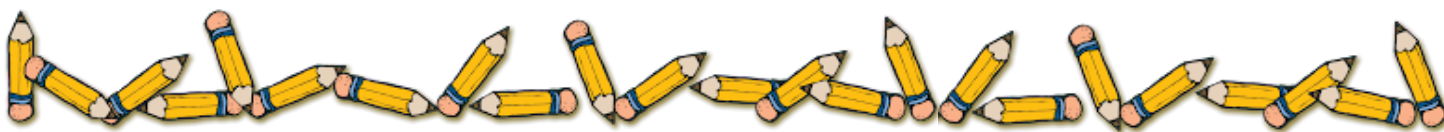
**Administrative Assistants**

Barb Nelson – [nelba@onalaskaschools.com](mailto:nelba@onalaskaschools.com)

Melissa de Boer– [debme@onalaskaschools.com](mailto:debme@onalaskaschools.com)

**CHECK OUT OUR WEBSITE...**

<http://www.onalaskaschools.com/ohs/studentservices.html>



**ACT<sup>®</sup>**



**Upcoming ACT Dates and Deadlines**

Test Date	Register By	Late Registration (Additional Fee)
June 10, 2023 at OHS	May 5	May 19
July 15, 2023	June 16	June 23
September 9, 2023	August 4	August 18

## Important Dates

May 1-12 AP Tests Administered at OHS

### Dates for Seniors

May 9 (& 11) Senior Western Technical College registration day

May 18 Senior Night 7:00-9:00 pm in the Commons/Fieldhouse

May 19 Senior Awards 9:00 am/Seniors' Last Day/Senior Walk 2:20 pm

May 24 Graduation Practice 9:00 am in the Fieldhouse

May 24 Senior Scholarship Awards 7:00 pm

May 27 Graduation 1:00 pm in the Fieldhouse

## SCHOLARSHIPS for SENIORS

Check out our on-line scholarship database, which is updated often:

<http://www.onalaska.k12.wi.us/schools/high/students/scholarships.cfm>

This is your site for upcoming scholarship deadlines and information needed to be a successful scholarship recipient. Continue to check this database, as it is updated frequently.

## Mental Health Counseling Services for Students



Hello parents and students!

Greetings! I am Luann Gregorich, and the mental health counselor at the high school through Peace of Mind Counseling. I am located full time in the high school which gives me the opportunity to offer support and services to the students of OHS. I am available to all students who may need extra support. If you are interested in counseling, schedule with your school counselor to set up a time with me.

### Youth Apprenticeship

Students who participate in Youth Apprenticeship are able to learn essential skills under the supervision of a skilled mentor while earning high school credit. Juniors and Seniors who have part-time jobs in areas including **food service, banking, automotive, construction, computer science, agriculture, nursing assistant or other related careers** who are interested in earning high school credit for their employment should see Mrs. DeLong in Student Services for more information about the Youth Apprenticeship program!



## Looking for a Job? Check out the OHS Jobs Board

### Students:

Check out the Job Opportunities on the OHS website. Opportunities change, so check it often!

<https://www.onalaska.k12.wi.us/schools/high/students/job-board-for-current-students.cfm>

### Parents & Employers:

Please submit childcare or employment opportunities you have to the Student Services Office for posting. You can reach us at 608-783-4571 or by email at [debme@onalaskaschools.com](mailto:debme@onalaskaschools.com). Remember that students **under age 16** will need a work permit. Once you've been hired, bring the following to the Student Services Office to obtain your permit:

1. your hiring paperwork
2. note from a parent/guardian giving permission to hold a job
3. birth certificate (or copy of it)
4. social security card (or copy of it)
5. \$10 permit fee

## ACT Updates

The University of Wisconsin System has suspended the ACT requirement for all UW colleges and universities **for the classes of 2023, 2024, and 2025**. Many other colleges have also waived the ACT requirement for the foreseeable future. A strong ACT score can still help with admission to college and scholarship placement. Since most schools are now "test optional", students can choose not to use a score if they are not pleased with it. Students will choose if they wish to include their ACT scores as part of their application. Visit the websites of your colleges for more information.

## College Bound Student Athletes

Students who plan to compete in D1 or D2 athletics in college must register with the NCAA in order for you to be eligible to compete prior to enrollment this fall.

1. Log into his or her account at [www.eligibilitycenter.org](http://www.eligibilitycenter.org)
2. Follow the directions on the page to register for the clearinghouse

If you have questions, please contact Mr. Wojta in room 105, or call 783-4571 Ext. 5105.

# UGETCONNECTED

UNITED IN *Service*

UNIVERSITY of WISCONSIN  
LA CROSSE



VITERBO  
UNIVERSITY

Western  
Technical College



**UGETCONNECTED!** - Many opportunities to participate in community service as a family, with friends, or by yourself. This organization matches volunteers with organizations in need. Visit

<https://www.uggetconnected.org/> and check it out!

**[www.uggetconnected.org](http://www.uggetconnected.org)**

## Seniors, Class of 2023 -

**Still time to apply for college** Seniors are encouraged to complete and submit their applications to colleges and universities as soon as possible. Many colleges and universities will be closing their admissions process in the coming months. Technical college programs, especially, fill quickly on a first come first serve basis. Seniors considering applying to college for the fall of 2023, but who still need help with the process, should stop in to see their counselor today!

### Juniors - It's Time to Schedule Campus Visits

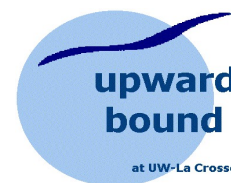
Many colleges are now offering virtual visits as well as in-person visits. Go to your college's website for more information. The spring of your junior year is the best time to visit campuses (technical, 2 or 4 year) and get a feel for which school "fits" for you! While it's important to meet with admissions counselors and take the official campus tour, it's also helpful to take your own personal tour. Check out the places they don't show you, talk to a student in the student union about what they like about the school, as well as what they do not like about the school. Pick up a campus newspaper to see what's important to students and soak in the environment. If you don't feel like the school is a good fit, it may be a difficult place for you to find success. Refer to your STAR Conference materials for more helpful tour information.



### Upward Bound Available to OHS Students

UW La Crosse provides a unique and FREE opportunity for our students to prepare for higher education. Upward Bound provides tutoring, college visits, advising and a summer program to assist students in college preparation. Students participating in the summer program can earn one high school credit from the experience.

Upward Bound works with students who have parents who have not graduated from a 4-year college or are income eligible. Details are available at the UB office at 608-785-8539, on their website at [www.uwlax.edu/upward-bound/](http://www.uwlax.edu/upward-bound/) or on Facebook (Upward Bound @ UW-La Crosse). Start your application online at [www.uwlax.edu/upward-bound/](http://www.uwlax.edu/upward-bound/).





**College Application -- Tips & Help -- from UW Help!**UW Ready

The University of Wisconsin System has developed a webpage for prospective applicants to use to prepare for their college applications. UW Ready: <https://uwhelp.wisconsin.edu/admission-guidelines/uw-ready/> will assist applicants and their parents with the college application process.

The application is at [apply.wisconsin.edu](https://apply.wisconsin.edu). Each admission office has its own priority dates or deadlines.

**Register to Retake the ACT**

OHS is hosting this test on June 10, 2023. Register at ACT.org.

The following are tips to help students complete the registration process:

- Students go to myACT.org to log into their account, register and pay for the ACT test
- Plan to register at least a month in advance of the test date to avoid late fees!
- Decide if you want to take the writing test or not. Most schools do NOT require the writing test. Remember, all juniors took the writing test at OHS on March 7th.
- Give yourself at least 45 minutes to complete the registration
- Decide which 4 colleges/universities you want FREE score reports sent to. It's better and easier to do this now to avoid extra steps later.
- Be prepared to upload a clear headshot photo to the website. Students without a picture are NOT allowed to test!
- Fee waivers are available for students who qualify - see your school counselor if you need one.
- Print your admission ticket, and keep it somewhere safe – you will need it to be admitted to your testing room.

***Senior Scholarships and Military******Acknowledgement for Senior Awards Night***

Seniors - If you have received scholarships from outside organizations or schools that OHS is unaware of, or if you plan to go into the military immediately upon graduation and wish to be recognized for these at the Senior Award Programs, please provide Mrs. Hubbard written proof by May 5th.

# AP Exam Schedule - May 2023

Subject	Date	Time
AP US Government & Politics	Monday, May 1, 2023	7:45 am
AP Chemistry	Monday, May 1, 2023	12:00 noon
AP Psychology	Tuesday, May 2, 2023	11:30 am
AP English Literature & Composition	Wednesday, May 3, 2023	7:45 am
AP Macroeconomics	Thursday, May 4, 2023	7:45 am
AP Statistics	Thursday, May 4, 2023	12:00 noon
AP Microeconomics	Friday, May 5, 2023	11:30 am
AP Studio Art: 2D or Drawing	Friday, May 5, 2023	3:00 pm
AP Calculus AB/BC	Monday, May 8, 2023	7:45 am
AP English Language & Composition	Tuesday, May 9, 2023	7:45 am
AP Spanish Language	Wednesday, May 10, 2023	7:45 am
AP Biology	Wednesday, May 10, 2023	12:00 noon
AP French Language	Thursday, May 11, 2023	7:45 am
AP World History	Thursday, May 11, 2023	7:45 am
AP Physics 1 (Algebra-based)	Thursday, May 11, 2023	12:00 noon
AP Physics 2 (Algebra-based)	Friday, May 12, 2023	11:30 am



**FOCUS ON:**

The End of the School Year



## Upcoming Opportunities

**Minnesota Private Colleges Week** - June 26-30, 2023

<https://www.mnprivatecolleges.org/news-events/events/college-explorations>

Sessions begin at 9:30 am and 1:30 pm

**UW Stout Summer Youth Camps & Programs** - available to students in grades 6-12

<https://www.uwstout.edu/outreach-engagement/youth-camps-programs>

**Summer Music Clinic** - UW Madison - June 25-July 1

Visit <https://precollege.wisc.edu/smc/> for more information

Courses include: Band, Choir, Orchestra, Music Business, Music Appreciation, Jazz, Musical Theater, Music Performance, Electronic Music, and more!

**Carnegie Mellon's Pre-College Programs** - beginning in July 2023

<https://www.cmu.edu/pre-college/>

World-class instruction on a beautiful university campus – help your students prepare for the college experience while exploring educational and career options. Application opens on December 1st, and can be found [HERE](#).

### **National Student Leadership Conferences**

NSLC seeks current 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup> grade students who have demonstrated academic excellence, extracurricular involvement, and leadership potential to attend one of several career-focused leadership programs. Participants will meet with and learn from prominent national and world leaders, experience a future career, and experience life on a college campus and earn college credit.

The minimum GPA required for this program is a 3.0. Program cost ranges from \$2,000-\$5,000 depending on the program. Visit <https://www.nslcleaders.org/> for more information. Interested students can ask their school counselor to be nominated.

**Bellin College Summer Camp** - June, July and August 2023 dates at Bellin College in Green Bay

<https://www.bellincollege.edu/admissions/visit/summer-camps/>

**Nursing Camp** - June 26-27 or July 17-18 from 8:30 am - 3:00 pm

Registration of \$100 includes camp t-shirt, lunch and supplies

Participants will have the chance to:

- Practice hands-on nursing skills in Bellin College's state of the art simulation labs (starting an IV, surgical nursing skills, CPR, wound care, general health assessment and more)
- Find out what a day in the life of a healthcare worker is like by shadowing healthcare professionals at a local hospital
- Discover opportunities available in the field of nursing
- Hear from alumni about their college experiences and career paths
- Learn about college planning from an admissions counselor

## Upcoming Opportunities

**Allied Health Day Camp** - August 2 from 1:00-7:00 pm at Bellin College in Green Bay

<https://www.bellincollege.edu/admissions/visit/summer-camps/#two>

Registration of \$100 includes camp t-shirt, dinner and supplies

Participants will have the chance to:

- Learn about the fields of radiologic sciences, sonography, radiation therapy and surgical technology through hands on experience in our specialized labs
- Practice the basics of x-ray, CT, MRI, ultrasound, mammography, radiation therapy and surgical technology
- Dissect a synthetic cadaver
- Discover opportunities available in the field of allied health
- Hear from alumni about their college experiences and career paths
- Learn about college planning from an admissions counselor

**Viterbo University Junior Visit Day** - May 5th from 9:00 am - 1:00 pm

- Juniors and Sophomores are welcome to visit campus to learn about academic programs, meet with current students, go on tour, and enjoy a complimentary lunch & the Courtyard Carnival
- Registration can be found at [www.viterbo.edu/visit](http://www.viterbo.edu/visit)

**Southeast Explorers Camp** - June 17-21 in Winona, MN

Open to all students entering grades 9-12

[southeastmn.edu/SoutheastExplorers](http://southeastmn.edu/SoutheastExplorers)

Discover various degrees in healthcare, transportation, manufacturing, and transfer pathways at Minnesota State College Southeast, while taking part in the many outdoor adventures that the area has to offer.

**Minnesota Aviation Career Education Camp** - June 11-16, June 18-23 or July 9-14

<https://www.mnacecamp.org/> for more information, pricing, and scholarship information

### Summer Music Clinic Tuition Waiver

Visit <https://precollege.wisc.edu/smc/tuition-waiver/> for more information, Applications due June 1, 2023  
Students who are completing their junior year at a Wisconsin high school, are permanent legal residents of Wisconsin, and attending Summer Music Clinic in 2023 are eligible to audition for the Tuition Waiver Award program, a scholarship opportunity for **free tuition to UW–Madison or UW Milwaukee!**

## Eligible for Free or Reduced Lunch?

Any student who has participated in, or has younger siblings who have participated in the free or reduced lunch program should reapply each year, **even if they do not eat in the school cafeteria.** Many opportunities are available to students participating in this program such as fee waivers for tests, like the ACT, and scholarship/grant programs. OHS Counselors often confidentially inform students of these opportunities, but only know who is eligible based on this program. Applications for the School District of Onalaska's Free and Reduced Lunch Program are available in the main office or online. Names of students participating in this program are kept confidential.

## Upcoming Opportunities

**Environmental Science Camp** - July 23-29, 2023

<https://nmu.edu/seaborg/environmental-science-camp>

Registration fee of \$699 includes lodging in a residence hall, three meals/day in the dining hall or box lunches on field trips, and all necessary fees and transportation associated with field experiences.

Campers will explore the scenic vistas and natural resources of Michigan's Upper Peninsula. Students will experience firsthand how scientists incorporate technology and field experiences to study the changing environment and sustainability issues.

**World Affairs Seminar 2023** - June 24-30, 2023 at Carroll University, Waukesha, WI

<https://worldaffairsseminar.org/was2023/>

Climate Change: Youth Take Action

Program is open to students between the ages of 15-18 years, who are high school sophomores, juniors or seniors in good academic standing. Students should be interested in global issues and building a strong portfolio for college and future careers.



### **CIEE Looking for Host Families for International Students**



Study abroad and intercultural exchange organization, CIEE, is currently looking for volunteer host families for several high school exchange students coming to Western Wisconsin for the 23-24 school year. Their students will attend the high school closest to their host family, and can take school transportation or carpool. Students speak very good English and have their own medical insurance and spending money to cover personal expenses. A host simply puts another plate on the table and welcomes the student as one of their own!

Volunteer host families come in all shapes and sizes; retired, single parents, couples with or without children of any age, etc. Interested parties can visit [www.ciee.org/host](http://www.ciee.org/host) for more information or start a host family application at [ciee.org/hostapply](http://ciee.org/hostapply).





**VITERBO**UNIVERSITY

## **JUNIOR VISIT DAY!**

- All grade levels welcome
- Tour campus
- Meet with current students
- Meet with faculty
- Free lunch
- Courtyard Carnival
- Free Viterbo merch!



929 Jackson St,  
La Crosse, WI 54601



Friday, May 5th



9:00am - 1:00pm

Register at:

[www.viterbo.edu/visit](http://www.viterbo.edu/visit)

## **VISIT CAMPUS ANY TIME!**

You can visit Viterbo University at a time that works best for you! Tours are offered daily throughout the week and are created based on your individual schedule. You can go on tour, meet with an admissions counselor, sit in on a class, eat in the Caf, and so much more!

Sign up today at [www.viterbo.edu/visit](http://www.viterbo.edu/visit)

# VISIT VITERBO THIS SUMMER

COME AND JOIN US!

ANY DAY DURING THE SUMMER  
BETWEEN 9 AM TO 4 PM,  
TOUR CAMPUS AND MEET WITH  
ADMISSIONS COUNSELORS AND  
ATHLETIC COACHES!

REGISTER FOR YOUR VISIT AT  
[WWW.VITERBO.EDU/VISIT](http://WWW.VITERBO.EDU/VISIT)

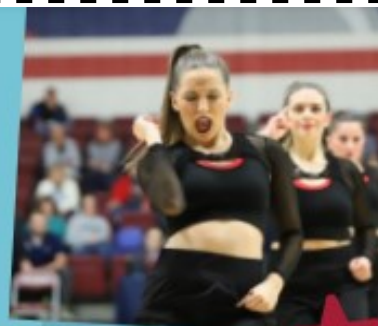


Caps off to  
the class of  
2023!

Best Wishes,  
Viterbo  
University

CURRENT JUNIORS!

- Want to have your first college application competed before senior year?
  - Our free application will open on July 1st for the high school class of 2024
  - Submit the application and submit your high school transcripts to compete the application!
  - ACT/SAT Optional
  - Common App available on August 1st, 2023!







Hilltoppers

## EXPECTATIONS OF ONALASKA STUDENT ATHLETES

Hilltoppers

1. YOU ARE TOUGH
2. NO DRAMA...PERIOD
3. COMMITTED TO THE TASK  
Find a Way, Take Care of your People
4. ABOVE THE LINE DECISION  
MAKING 24-7-365
5. DO NOT BE A FENCE RIDER  
Decide and Move on



### Onalaska Hilltopper Athletic Booster Club

Page · Community · onaboosters · 700 like this

“Like” the Onalaska Booster Club Facebook page to get events and other information.

Follow Mr. Thiry @OnaActivities on Twitter for updates and results for Hilltopper Athletics.

Please subscribe to the Onalaska Booster Club YouTube Page for Home Event Streaming.

The Onalaska Booster club has a new website -[Onalaska - Team Home Onalaska Hilltoppers Sports](http://Onalaska - Team Home Onalaska Hilltoppers Sports)

Check it out - [onalaskahilltoppers.net](http://onalaskahilltoppers.net)

\*Sport schedules - continuously updated

\*Link to join the Booster Club

\*Link to become a sponsor

\*Link to sign up your athlete for the upcoming season

Click the link to sign up now to get text updates for schedules & upcoming events:

<https://alerts.getvnn.com/>

Looking forward to a great 2022-2023 school year supporting our student athletes!

## Students registering for athletics

must have a **current physical examination** on file in the athletic office **before the student is authorized to participate in practice/tryouts**. If your students' physical is outdated and you are struggling to make an appointment with your regular physician other options include:

**Bronston Chiropractic** - 1202 CTH PH Suite 100 - Onalaska 608-781-2225

OR **Neighborhood Family Clinics** -

La Crosse - 1526 Rose Street - 608-781-9880 or

Onalaska - N5560 CTH ZM - 608-779-5323





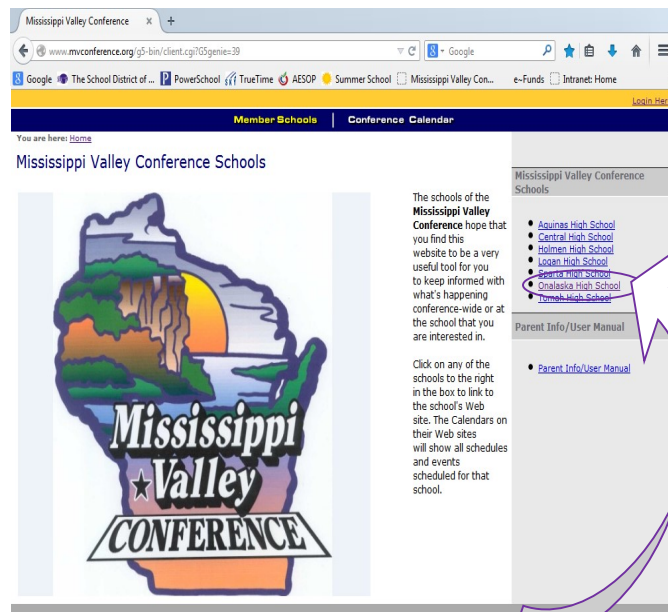
## Calendar of Events

To view the most updated schedules for any Mississippi Valley Conference team, use the MVC website at:

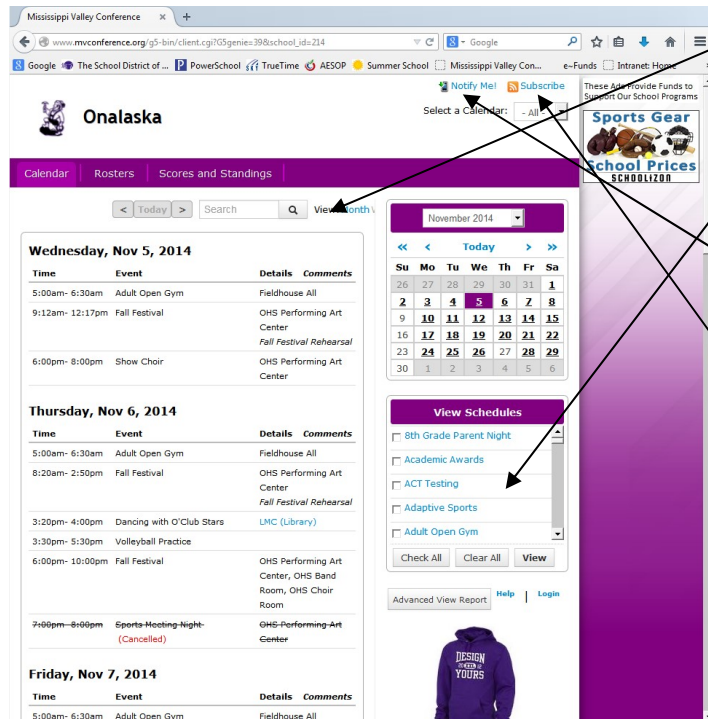
<http://www.mvconference.org/g5-bin/client.cgi?G5genie=39>

This website not only has athletic events, but also all other events taking place in our school.

Once you click into a specific school, you can subscribe to a calendar or set up a “notify me” text reminder. This is located in the upper right corner of the website. All MVC sporting events go through this calendar and will give you the most up to date information possible.



Select Onalaska High School



View the calendar by day, week, or month.

Select schedules you would like to view and see your own customized view.

Use the “Notify Me!” tab to set up text reminders.

“Subscribe” to set up a calendar that will update automatically with any changes that may occur.

### SUBSCRIBE TO ALL OF TODAY'S EVENTS

IMPORTANT NOTE: This data feed is for PERSONAL use only. Any business or organization that wants this information, even if for providing it back to the school in ANY form, should contact rschooltoday at: [support@rschooltoday.com](mailto:support@rschooltoday.com) for a simple license agreement.

Click any of the links below to subscribe to ONLY today's activities. If you want full schedules for any activity, click into those schedules first from the "View Schedules" box on the right side of the calendar, then Subscribe.

#### CALENDARS



OUTLOOK Click the icon to add your selected schedules to your Outlook Calendar  
Note: Some versions of Internet Explorer have limits.



ICAL Click the icon to add your selected schedules to any iCal device (Mac, iPhone, iPad, etc)



GOOGLE Click the icon for instructions and the link to paste into any Google Calendar

#### RSS READERS



RSS Click the icon to add your selected schedules to your RSS Reader



GOOGLE Click the icon to add your selected schedules to your Google Reader



YAHOO Click the icon to add your selected schedules to your Yahoo! Reader

When subscribing to a calendar, you can choose from Outlook, iCal or Google for your calendar.



# Ski and Snowboard National Champion



**Bodie Callaway**, a member of our Ski and Snowboard team, recently competed in the National Competition in Cooper Mt, Colorado. He earned the gold medal in both the parallel slalom and parallel giant slalom.

## **Summer Workout – Strength and Conditioning Program**

Summer School Enrichment Strength and Speed Training (**Supported by ETS Performance**)

Grades 9 – 12 June 12 - July 27 \*Mondays, Tuesdays, Thursdays Meet on track daily

Section 1 7:00AM – 8:30 AM

Section 2 7:45 – 9:15 AM

Section 3 8:30-10:00 AM 6th-8th Grade 10:15-11:15 AM

The summer strength training program is designed to help prevent injuries and improve athletic performance. If you are in a sport, please communicate with your coach to identify what time your team will be lifting. If you are not in a sport but want to be involved for personal fitness, sign up for section 3 as Section 1 and Section 2 will be very full of our athletes lifting with their sports teams. If you have any questions, please contact Tom Yashinsky at [yasth@onalaskaschools.com](mailto:yasth@onalaskaschools.com).

ETS Performance has been contracted to support our strength and conditioning program. With that partnership being put into place, they will now run our summer strength program as well. Throughout the school year our athletes have had great success and gains in their athletic performance and we look forward to growing that with our summer offering. There will be a \$50 fee for the summer (\$50 is the max amount, it could go down based on enrollment numbers)-- Students who qualify for free or reduced lunch will have fees reduced or waived based on qualification.

Lead Instructor, Zack Wallenfang - Track Coach, Onalaska High School  
Coach Ben Horzo - ETS Performance Coach, B.S. Exercise Sport Science





May the 4<sup>th</sup> be with you



## ONALASKA HIGH SCHOOL MENU MAY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1) Brat and Kraut on a WG Bun 2) Cheeseburger or Mushroom Swiss Burger on a WG Bun 3) Mini Corn Dogs All lines: Au Gratin Potatoes, Garden Bar</p> <p><b>Breakfast:</b> Mini Bagels, Cheese Stick, fruit, juice, milk</p>	<p>1) Orange Chicken over Brown Rice 2) Cooks Choice Variety 3) Orange Chicken over Brown Rice All lines: Stir Fry Veggies, Garden Bar</p> <p><b>Breakfast:</b> Cheesy Bosco Bread Stick, fruit, juice, milk</p>	<p>1) Walking Tacos 2) Beef Brisket Sandwich with Provolone 3) Walking Tacos All lines: Whole Kernel Corn, Garden Bar</p> <p><b>Breakfast:</b> French Toast Sticks, sausage links, fruit, juice, milk</p>	<p>1) Mini Corn Dogs 2) Popcorn Chicken 3) Pizza Dippers All lines: Mac-N-Cheese, Garden Bar</p> <p><b>Breakfast:</b> Omelet, Tri-Tater, Muffin, fruit, juice, milk</p>	<p>1) Kickin' Chicken Sandwich on a WG Bun 2) Bakalar Hot Dog on a Bun 3) Chicken Patty on a Bun All lines: Tri-Taters, Garden Bar</p> <p><b>Breakfast:</b> Pancake on a Stick, fruit, juice, milk</p>
<p>1) Crispy Chicken Ranch Wrap 2) 2-Uncrustable PB&amp;J's/ Sun Chips 3) WG Chicken Patty on a WG Bun All lines: Roasted Broccoli, Garden Bar</p> <p><b>Breakfast:</b> Breakfast Pizza, fruit, juice, milk</p>	<p>1) Orange Chicken over Brown Rice 2) Cooks Choice Variety 3) Orange Chicken All lines: Stir Fry Veggies, Garden Bar</p> <p><b>Breakfast:</b> Uncrustable PB&amp;J Sandwich, fruit, juice, milk</p>	<p>1) Pizza Dippers 2) Garlic Cheese Bread 3) Personal Pan Pizza All lines: Tomato Soup, Garden Bar</p> <p><b>Breakfast:</b> Breakfast Sandwich on a Biscuit, fruit, juice, milk</p>	<p>1) Cheese Omelet, mini pancakes 2) Fish Sandwich with cheese on a Bun 3) Cheeseburger on a Bun All lines: Tri-Tater, Garden Bar</p> <p><b>Breakfast:</b> Pancake on a Stick, fruit, juice, milk</p>	<p>1) Meatballs 2) Popcorn Chicken 3) BBQ Rib Patty on a WG Bun All lines: Mashed Potatoes/Gravy, Garden Bar</p> <p><b>Breakfast:</b> French Toast Sticks, sausage links, fruit, juice, milk</p>
<p>1) Orange Chicken over Brown Rice 2) Chicken Panini on a Ciabatta Bun 3) Orange Chicken over Brown Rice All lines: Stir Fry Veggies, Garden Bar</p> <p><b>Breakfast:</b> Uncrustable PB&amp;J sandwich, fruit, juice, milk</p>	<p>1) Pizza Dippers 2) Mini Corn Dogs 3) BBQ Rib Patty on a WG Bun All lines: Green Peas, Garden Bar</p> <p><b>Breakfast:</b> Breakfast Sandwich on a Biscuit, fruit, juice, milk</p>	<p>1) Beef Brisket Sandwich with Provolone 2) Popcorn Chicken 3) Meatballs All lines: Mashed Potatoes/Gravy, Garden Bar</p> <p><b>Breakfast:</b> Cheesy Bosco Bread Stick, fruit, juice, milk</p>	<p><b>Harvest of the Month</b> 1) Pasta Bowl with Beef or Chicken and choice of red sauce or Alfredo/ Garlic Bread 2) Garlic Cheese Bread with Soup 3) same choices as line 1 All lines: <u>Asparagus Spears</u>, Garden Bar</p> <p><b>Breakfast:</b> Breakfast Pizza, fruit, juice, milk</p>	<p>1) Chicken Fajitas 2) Bakalar Hot Dog 3) Kickin' Chicken Sandwich All lines: Mac-N- Cheese, Garden Bar</p> <p><b>Breakfast:</b> WG Muffin, Yogurt Cup, fruit, juice, milk</p>
<p>1) Walking Tacos 2) Pizza Pasta Bake with Breadstick 3) Walking Tacos All lines: Whole Kernel Corn, Garden Bar</p> <p><b>Breakfast:</b> Mini Bagels, fruit, juice, milk</p>	<p>1) Orange Chicken rice bowl with mini egg roll 2) Pizza Variety 3) Orange Chicken rice bowl with mini egg roll All lines: Stir Fry Veggies, Garden Bar</p> <p><b>Breakfast:</b> Colby Cheese Omelet/ Muffin/Tri-tater, fruit, juice, milk</p>	<p><b>Harvest of the Month</b> 1) Brat and Kraut 2) Cheeseburger 3) Chicken Patty All lines: Oven Fries, <u>Asparagus Spears</u> Garden Bar <b>Breakfast:</b> Pancake on a Stick, fruit, juice, milk</p>	<p>1) Mini Corn Dogs 2) Popcorn Chicken 3) Pizza Dippers All lines: Mac-N-Cheese, Garden Bar</p> <p><b>Breakfast:</b> Uncrustable PB&amp;J sandwich, fruit, juice, milk</p>	<p>1) Crispy Chicken Ranch Wrap 2) 2-Uncrustable PB&amp;J's/ Sun Chips 3) WG Chicken Patty on a WG Bun All lines: Roasted Broccoli, Garden Bar</p> <p><b>Breakfast:</b> Breakfast Pizza, fruit, juice, milk</p>
<p><b>No School</b></p>	<p>1) Orange Chicken rice bowl with mini egg roll 2) Pizza Variety 3) Orange Chicken rice bowl with mini egg roll All lines: Stir Fry Veggies, Garden Bar</p> <p><b>Breakfast:</b> Uncrustable PB&amp;J Sandwich, fruit, juice, milk</p>	<p>1) Kickin' Chicken Sandwich on a Bun 2) Cheeseburger on a Bun 3) Chicken Patty on a Bun All lines: Oven Fries, Garden Bar</p> <p><b>Breakfast:</b> French Toast Sticks, fruit, juice, milk</p>	<p><b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</b></p> <p><b>Menu is subject to change without notice.</b></p>	

Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any food served in the cafeteria.



Onalaska High School  
700 Hilltopper Drive  
Onalaska, WI 54650

Welcome to OHS! Check  
out our website at:  
[www.onalaskaschools.com](http://www.onalaskaschools.com)



An Equal Opportunity Employer



## Important dates for Seniors



Senior Night .....	Thursday, May 18 --- 7:00 – 9:00 PM in the Commons and Field House
Senior Assembly .....	Friday, May 19 --- 9:00 AM in the Field House
Senior Walk .....	Friday, May 19 --- 2:20 PM
Last Day of School for Seniors .....	Friday, May 19
Graduation Practice.....	Wednesday, May 24 --- 9:00 AM in the Field House
Senior Scholarship Awards.....	Wednesday, May 24, 2023
Graduation Date .....	Saturday, May 27, 2023 --- 1:00 PM

### CONTACT

School phone # 608-783-4561  
School fax # 608-783-0102  
School voice mail 608-779-5760

School Hours: 7:45 AM – 2:50 PM  
Building Opens at 6:30 AM

Jared Schaffner Principal  
[schja2@onalaskaschools.com](mailto:schja2@onalaskaschools.com)

Charlie Ihle Assoc. Principal  
[ihlch@onalaskaschools.com](mailto:ihlch@onalaskaschools.com)

Jason Thiry Activities Dir.  
[thija@onalaskaschools.com](mailto:thija@onalaskaschools.com)

LeAnn Dirks Admin. Assistant  
[dirle@onalaskaschools.com](mailto:dirle@onalaskaschools.com)

Amber Turner Attendance  
[turam@onalaskaschools.com](mailto:turam@onalaskaschools.com)

Web: [www.onalaskaschools.com](http://www.onalaskaschools.com)

*The mission of  
the School  
District of  
Onalaska is to  
work together to  
ensure high  
levels of learning  
for all.*

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