



FREDDY'S FOOTNOTES



A Newsletter from Onalaska High School

August 2023

Highlights

Important Dates

OHS 2023-24 Registration August 8
Freshman Parent Night..... August 8
Freshman Link Orientation August 16
New/Transfer Student Orientation..... August 16
1st Day of School..... August 21

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2023 -2024

Student Fall Registration Tuesday, August 8

Tuesday, August 8 from 8:30 AM to 7:00 PM.

The first day of classes is Monday, August 21.

PowerSchool Back-to-School Student Update

The School District of Onalaska is once again doing an online student data validation system update through PowerSchool. Powered by InfoSnap, this secure system allows the district to verify all student demographic, emergency and medical information for your child prior to the start of the new school year. The system will also allow you to electronically sign the annual permission forms for school district policies.

If you have not yet received instructions via email from the School District office, please contact the office for instructions and/or a paper copy if you do not have internet access.

This process was opened starting Monday, July 17. See page 4 for generic instructions. If you are still not able to figure out this process, please call the main office (608-783-4561) for assistance.

Fall Sports starting dates

Tuesday, August 1
Football

Tuesday, August 8
Girls Tennis
Girls Swimming

Mandatory
Parent/Athlete
Preseason
Information video

Monday, August 7
Girls Golf

Monday, August 14
Boys Soccer
Cross Country
Girls Volleyball

for **ALL** Fall
Sports located on
the main [Activity](#)
[Page](#).

Important Dates

Parent/Athlete Preseason Sports Meeting Video	posted on Athletic Webpage
2023-24 Registration.....	Tuesday, August 8 --- 8:30 AM – 7:00 PM
9 th Grade Parent Information Night	Tuesday, August 8 --- 6:30 PM in the PAC
Link Leader Training	August 13 --- 1:00 – 6:00 PM
Freshman Orientation Link Day	Wednesday, August 16 --- 7:45 AM in the Fieldhouse
Transfer (New) Student Orientation	Wednesday, August 16 --- 12:00 PM – 2:00 PM --- Hilltopper Room
Junior Parking Ballots Due	August 21 --- (Lottery Drawing will take place the first week of school)
1 st day of school	Monday, August 21, 2023 --- 7:45 AM
Last day to drop a class	Friday, August 25
Homecoming Week	September 11 – 16
Picture Re-take Day	Monday, September 18
Practice ACT for All Freshman-Juniors	Tuesday, September 19
Senior Pictures/ Baby Ads Due.....	Friday, September 22
Early College Credit and Start College Now applications due.....	October 1
Parent Teacher Conferences	Wednesday, October 4 --- 3:30 PM – 8:00 PM
.....	Thursday, October 5 --- 12:30 PM – 8:00 PM
Early Dismissal	Thursday, October 5 --- 11:50 AM
No School.....	Friday, October 6
Junior PSAT (during school)	Tuesday, October 10
No School --- Professional Development	Monday, October 30
National Honor Society Induction	November 6 --- 6:00 PM
Academic Awards Night.....	November 6 --- 6:30 PM
UW System practice placement tests (resource).....	November 8 – 9



Nurse Notes

The School District of Onalaska follows the Wisconsin Childhood Communicable Diseases table when determining if a child shall be excluded from school due to illness. If fever is 99.9°F/37.8°C or higher, please do **not** send your child to school. When symptoms of possible communicable diseases are present, a child may be excluded based on district RN determination (i.e.: fevers, vomiting, diarrhea, etc.)

Parent Liaison Information

The role of Parent Liaison was created through the Wisconsin Statewide Parent-Educator Initiative (WSPEI) to aid in the support of families with children or adolescents who have special needs. The Parent Liaison for the Onalaska School District is:

Vicky Shanley
214 15th Ave N, Onalaska
608-317-0275

vickyshanley@outlook.com

If you are the parent of a child with special needs, please contact Vicky if you have any questions about the special education process.

Back to School Checklist

What do I need for High School Registration? – Your registration checklist

- ❑ POWERSCHOOL BACK-TO-SCHOOL UPDATE & PERMISSION WAIVER --- This online process through your students' PowerSchool Parent Portal account should be updated prior to registration. Instructions mailed and emailed by the School District Office. Look for "Returning Student Enrollment" bottom left column. Step-by-step outline on page 4.
- ❑ GENERAL FEE – This **\$6.00 fee** is for all OHS students and should be paid online or at registration.
- ❑ STUDENT SCHEDULE – On Tuesday, August 8, student schedules will be handed out at registration. Come to school at your scheduled time for your ID picture, pay fees if you have not already done so online, pick up class schedule and student ID card.
- ❑ "340" REQUEST GOOGLE FORM -- **Juniors & Seniors – To be filled out after schedule is received.**
The Wisconsin Act 340 allows juniors and seniors to apply each semester for a one-hour release from school during their study hall or commons period. Students must have permission from their parents to participate and must be approved by administration based on grades, attendance, behavior concerns and teacher recommendations. All Junior/Senior parents will receive a 340 **google form** in their **email** or can be found on our website at: <https://www.onalaska.k12.wi.us/schools/high/students/important-forms.cfm>
Please complete this form if you wish to give permission for your child to have a 340.
- ❑ EMPIRE PHOTOGRAPHY--- Schedule a time to come in on **Tuesday, August 8** for student ID picture at www.empirephotos.com/onalaskahigh2023. Multiple time slots are available every 15 minutes. You will be able to see your child's photo **BEFORE** you purchase. When signing up for a time slot, the software will request parent contact information to be used to send your child's proof for optional viewing/ordering. All students **must** have a **picture taken for ID** purposes even if they are not purchasing pictures. Seniors: Be aware that your ID picture will be used for news awards. See page 17.
- ❑ YEARBOOK INFORMATION PAMPHLET --- Do you want to purchase a 2023–2024 yearbook? All correspondences go directly through Jostens. **THE SCHOOL WILL NOT COLLECT ORDERS AND WE WILL NOT TAKE JOSTENS PAYMENTS FOR YEARBOOKS.** Follow the instructions to order provided on the Jostens pamphlet in our registration mailing. Order **online** or **call** the toll-free number (1-877-767-5217). See page 18-21 for more information.
- ❑ SENIOR PARKING PERMIT GOOGLE FORM --- **All** seniors will have the opportunity to purchase a permit at any time during the school year. If you do not need it right away, you can wait to purchase at a later date. Permits can be picked up in the main office any time prior to the start of school, 7:00 AM – 3:00 PM. <https://forms.gle/g6VBpU2txk3hpoNE6>
The cost is \$40.00 and can be paid online at: <https://www.onalaska.k12.wi.us/parents/payonline.cfm>
- ❑ JUNIOR PARKING PERMIT APPLICATION GOOGLE FORM – Juniors interested in the opportunity to possibly purchase a limited number of Junior parking permits, should complete this form to be registered for a lottery drawing. Please submit by the first day of school. <https://forms.gle/nwnnFGVqpojy74957>.

PowerSchool Back-to-School Update

Step-by-Step: Completing Online Registration

To access the online registration form, you will login to the Parent Portal.

<https://ona.powerschool.com/public/home.html>

Scroll to the bottom of the page and click Returning Student Enrollment near the bottom left.

A new window will open and you are brought to the InfoSnap returning student enrollment portal. The first time you login, they will ask you to check an agreement box. After that, you enter your student's date of birth and click Continue.

Student name, DOB, address, phone and contact 1 & 2 names are pre-populated from PowerSchool. Parent/guardian address and phone as well as medical information will need to be entered by the person completing the form. All mandatory fields are marked "required". You will not be able to submit the form until all required fields are completed.

For parents with more than one student, after completing the first form, you will return to the parent portal - <https://ona.powerschool.com> - click the next student's name and then click Returning Student Enrollment again.

After entering the next child's date of birth, they'll have the option to import relevant information from the first form to save time or start from scratch.

OHS Fees Due at Registration

A. REQUIRED FEE FROM EVERYONE

General Fees.....\$6.00

B. OPTIONAL

Chromebook Insurance\$25.00

This fee covers the cost of repairs or replacement of school issued Chromebook.

C. OPTIONAL

Lunch Account..... Amount of your choice

This can be made out for any amount with which you would like to start your child's account. The money will be available to your child with their four-digit account code to be used for the regular lunch or a la carte.

Regular lunch line is \$3.45 per day; an extra Entrée is \$2.65; an extra Milk \$.55. Breakfast is \$2.40 per day.

If you are wanting to purchase the **optional** former "Activity Card" sports pass, please see information about our new program **Go Fan** on page 7. Activity passes will now be purchased thru that program and Activity Cards will no longer be needed.

Online
Payment



Online payment is preferred

SchoolPay® >

The district is encouraging everyone to use our online system in lieu of sending cash or checks to the school. If you need assistance with [SchoolPay](#), please review the directions on page 6 or contact Amanda in our accounting department. You can reach her at 608-781-8706 or gamam@onalaskaschools.com.

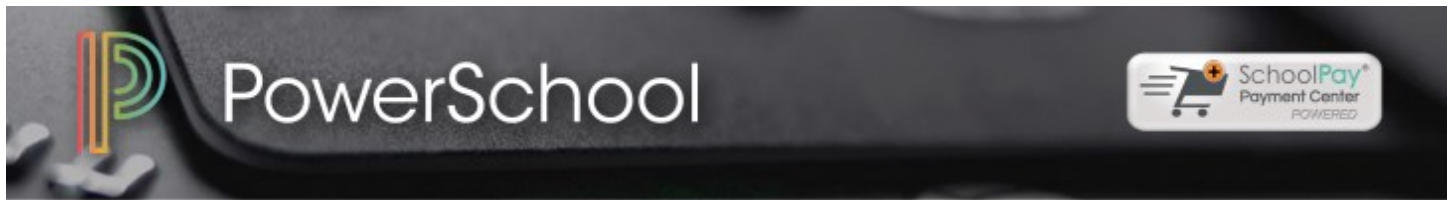
All school fees can be paid through our online payment system, SchoolPay. There are no convenience fees this year regardless of your payment type. You can log into SchoolPay through PowerSchool or directly on their website: www.schoolpay.com

During the registration process, the General Fee of \$6.00 and Band and/or Choir fees are the only fees that will show as owed in PowerSchool for your child. *All other fees, such as Athletic User Fees, Chromebook Insurance, Senior Parking and Senior Baby Ad, are optional fees that you would be able to view in the School Pay program only.

Some students will eventually see class fees in PowerSchool, which are not due until the end of August. Since some students may decide to drop a fee course prior to the drop class deadline of Friday, August 25, those payments are not assessed until after that date.




Lunch money can be paid online through the [MyPaymentsPlus](#) system <https://www2.mypaymentsplus.com/welcome> (See page 30 for more details). Both online payment systems are accessible from the school district website at: <http://www.onalaskaschools.com/district/payonline.html>.



There are Two Easy Ways to Make Online Payments

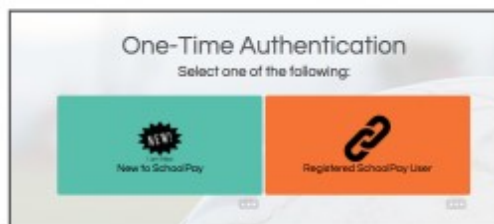
Pay Via Your PowerSchool Account

- 1 Log in to your Parent PowerSchool Account
- 2 Click on the arrow at the top right of your screen to locate your applications 



Select *SchoolPay* from the slideout menu.

- 4 The first time you access SchoolPay through PowerSchool, you will be asked if you're brand new or have an existing account.



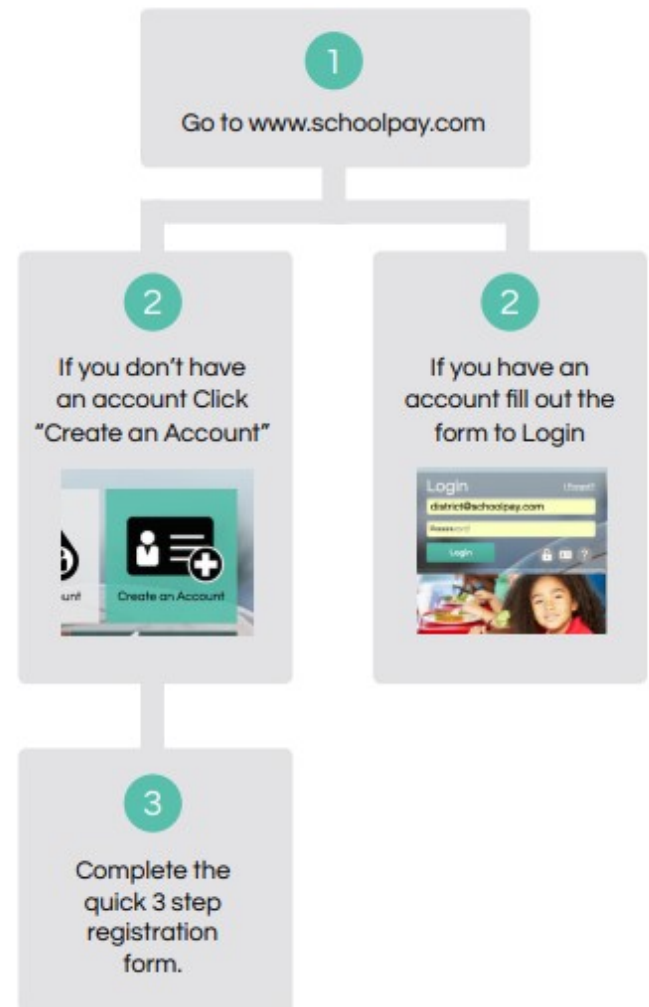
New to SchoolPay:

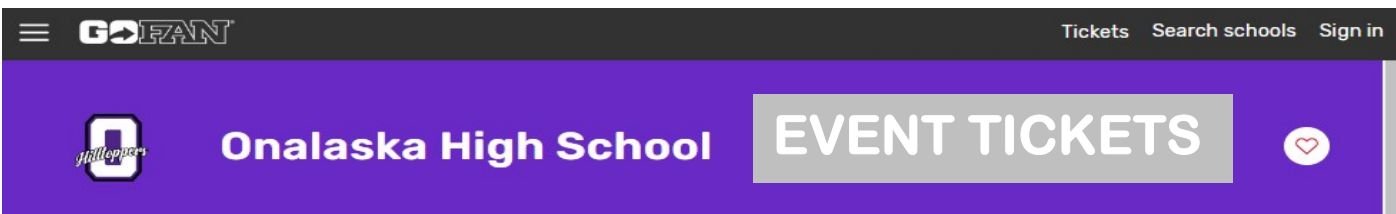
You will be taken directly into your SchoolPay account.

Registered SchoolPay User:

1. Enter email address and password
2. You will be taken directly into your SchoolPay account.

Create an Account or Login to SchoolPay





We have an exciting update regarding our athletic ticketing for this coming fall and winter! GoFan cashless ticket system.

Similar to the WIAA state tournaments, the Coulee and MVC Conferences are partnering with GoFan to provide a cashless system for all athletic entry fees. All purchases for athletic events will need to be purchased through GoFan. Your ticket will be available on your electronic device on the date of the event. In addition, your Onalaska High School athletic sports passes will now be purchased through GoFan. Please note, there will be **no cash event ticket sales at our games this year**. Electronic individual game tickets and athletic sports passes will be available for purchase at Onalaska High School's GoFan page link - <https://gofan.co/app/school/WI17153>. **OHS will not be taking payments for athletic passes this year.**

Activity Sports Passes (formerly known as **Activity Card**)

- Student Sports Pass – optional \$30 for all home athletic events (Students K-12)
- Adult Sports Pass – optional \$70 for all home athletic events
- Non-resident Senior Citizen Sports Pass – optional \$30 for all home athletic events
- Onalaska Resident Senior Citizen Sports Pass Gold Card – Still free, same as before. No need for a new card, still active this year. Just present when entering event.

- Download the [GoFan](https://gofan.co/app/school/WI17153) app and create an account
<https://gofan.co/app/school/WI17153>



GoFan: Buy Tickets to Events (4+)

For Fans to Buy Tickets

Huddle Inc

Designed for iPad

★★★★★ 2.9 • 800 Ratings

Free

Install



This app is available for your device

Freshman Update

Welcome, Class of 2027!

Dear Freshmen and Parents:

Welcome to the class of 2027! Soon you will be walking through the doors at 700 Wilson Street to begin a journey that will offer opportunities of a lifetime. With so many questions or concerns associated with the changes taking place in your life, we want you to know our plans for this upcoming school year.

We are holding our school registration on Tuesday, August 8 from 8:30 AM to 7:00 PM. Students will pay fees, get their schedules with locker and locker combination, and have a **picture ID taken**. Students are able to check out their lockers and walk around to familiarize themselves with the building. The designated Freshman/Parent Orientation meeting is not until 6:30 PM, but registration fees can be collected anytime during the 8:30 AM to 7:00 PM time frame. If for some reason you are unable to be at registration on August 8, you can come to the high school office any time **after** that date to pay fees and receive your schedule with locker assignment. The only thing you would not be able to do after the 8th is have the picture ID taken. Picture retakes will be Monday, September 18, 7:45-11:00 AM and the ID picture will have to be taken at that time.

Jump Start to High School

Wednesday, August 16, 2023

7:45 AM – 11:00 AM

The purpose of this Link Orientation is to make the transition from middle school to high school a positive one. Seniors and juniors will serve as leaders to the freshmen. Large and small group activities are designed to address students' needs and concerns in an enjoyable manner. Wear comfortable clothes and don't bring all your stuff...travel light. If you have any questions, please call Link Crew Coordinator: Megan Sprague Ext. 5314 or email at sprme@onalaskaschools.com.

Plan to be engaged during the full time! OHS Students and staff have designed activities for the freshmen that will promptly start and end according to the schedule. Be sure to eat a good breakfast to get you through the morning.

Onalaska High School

Student Services

700 Wilson Street
Onalaska WI 54650
608-783-4571

All School Registration

Tuesday, August 8, 2023

Open 8:30 AM to 7:00 PM

OHS Commons

Freshman & Parent Orientation Meeting

Tuesday, August 8, 2023

6:30 PM

OHS Performing Arts Center

Picture Retakes

Monday, September 18, 2023

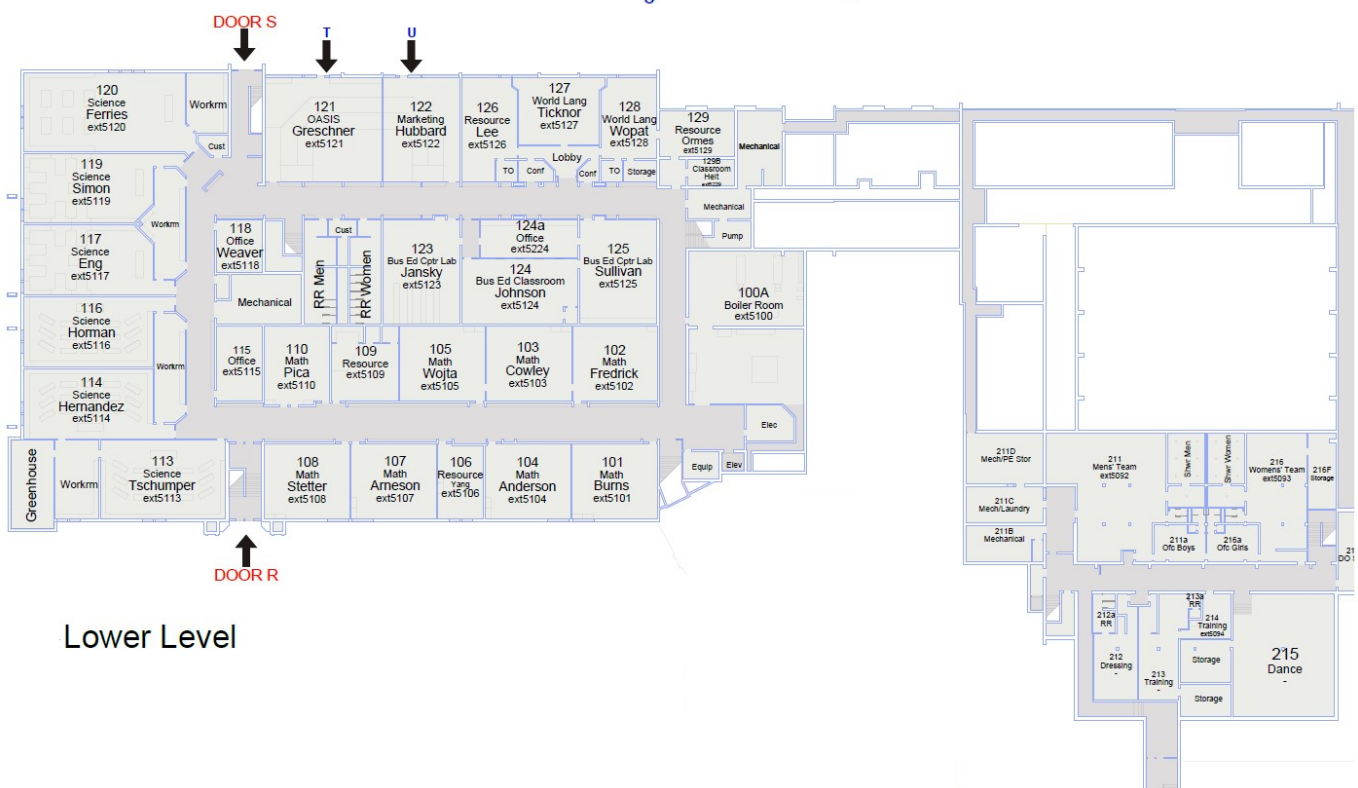
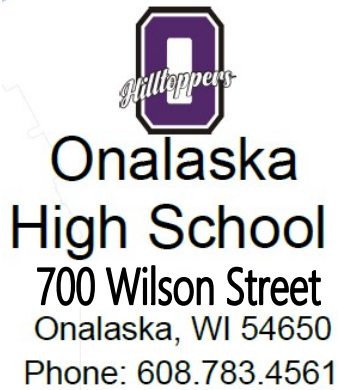
7:45 AM – 11:00 AM

OHS Performing Arts Center

Students will be called down alphabetically via PA system

School Starts
August 21st
7:45 AM

9



About Supplies....

Freshman parents often ask what school supplies are needed. Please find a list below for students in the core-subject areas.

English – folder, post it notes (2x2 or 3x3), and a highlighter

Math – folder, notebook or a binder with loose leaf paper as well as a calculator - the math department recommends a TI-30XIIS or similar model. If the student plans to eventually take Pre-Calculus, AP Calculus or AP Stats, a TI 83 or TI 84 is useful to provide access to a graphing calculator outside of class time. Some families choose to purchase the graphing calculator now while others wait until the more advanced coursework. NOTE - the more expensive graphing calculator is not needed for Algebra, Geometry, or Algebra II.

Social Studies and Science – folder, notebook, or a binder with loose leaf paper.

PE – The school does not issue uniforms for PE. Students will need to bring shorts, t-shirt and gym shoes from home.

Principles of Leadership – A 1-inch binder.

Students should also have an assortment of pens, pencils and dry-erase markers (2-3 - these are often used for individual white board learning activities). Some students have found it useful to purchase two 3-subject notebooks and use one notebook for morning classes and the other notebook for afternoon classes.

SCHEDULE CHANGES

We have worked diligently to develop a schedule that meets the needs of ALL our students. We have utilized our student information system scheduling program and tried to resolve students schedule conflicts as much as possible. We have made every effort to control class sizes; however, it is important to know that many classes are at or even over capacity.

Schedule corrections will be limited to only necessary situations. With new students moving into the district, we need classes for them to be placed in. Therefore, we cannot make changes to accommodate 340s, having a class with friends, having a certain teacher, having classes certain times of the day, or simply preferring a different course.

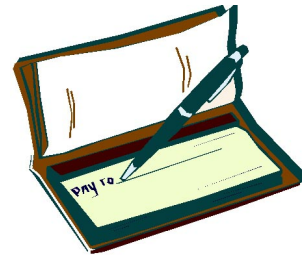
Onalaska High School will continue to offer a quality education and are excited to welcome students to the 2023 - 2024 school year.

Separate Checks PLEASE!

If online payments do not work for you, we ask that parents paying by check please make out separate checks to help alleviate any confusion with individual fees and/or lunch account money. This includes the general fee, lunch account, parking permit, band fee, show choir fee and athletic user fee.

Fees will be collected as usual by the commons during the registration process. Lunch account monies and parking permit money will be taken at any time in the main office.

Thank you all for your cooperation.



Food in the Classroom

Food and beverages (with the exception of water) cannot be consumed in the classrooms because of food allergens unless it is part of a teacher-approved class activity (Board Policy 3690).



Page 19 in the Student Handbook

If you are interested in following what is happening in the School District of Onalaska, check us out on Facebook.

School District of Onalaska, WI Facebook Page



Building Entrance during the school day

All doors will be locked from 7:45 AM – 2:50 PM, and access to the building is limited to the main office entrance with the use of a buzzer system. Once permitted access into the building, visitors will enter through the main office, which is located at Entrance “A” off Wilson Street. If you are continuing into the building further than the main office, you will need to swipe your driver’s license for an approved printed visitor hall pass, using our Raptor Technologies visitor management system (see page 11 for more information).

Visitor parking spots are provided in the circle drive on Wilson Street, but space is limited. Please note that parking across the street **is** allowed for parents since the posted signs there read “No Student Parking.”

Checking In and Out of School

Checking in and out of school for any reason must be through the main office. Students must have parent or guardian permission to leave school. This would be by either a note or phone call. When a note is brought to the office, a pass will be given with the time the student needs to leave. If a phone call is received, students are responsible to pick up a pass in the office prior to class starting. The office will NOT send a pass for an appointment that the child already knows about. Being responsible and taking care of his/her own schedule makes for less disruptions in class. If for some reason your child does not know about the appointment, the office will contact the class if necessary. Trying to keep classroom disruptions to a minimal helps make the learning process more successful.

Checking in to school is very simple. Students should always check into the office when they arrive. If the student is excused by either a note or phone call, an excused pass will be given. If the student arrives with no note or phone call, the student will report to class and be marked unverified until excused by parent/guardian. This absence, of course, can still be excused by a parent at a later time.

Proper Procedure: Check In and Out of school through the MAIN OFFICE!

Dropping Something Off at School

We all have experienced the absent-minded day that may result with something needing to be dropped off at school for a student. The office is more than willing to hold whatever item is needed for pick up. Please be sure to have your child’s name listed somewhere on the item to insure that materials go to the proper person. Students will be expected to pick these items up between classes and will NOT be sent a note unless they do not know something is being dropped off for them. Again, this makes for fewer interruptions to the classroom.



Starting with the 2021-2022 school year, the School District of Onalaska started using an Online Visitor Management System called Raptor Technologies. This school safety system replaced our old pen and paper system and now allows visitors to check in safely just by swiping their driver's license. A picture ID sticker will print for the visitor and can be easily seen by all building staff and students.



We will be screening every visitor, including contractors, parents/guardians and volunteers. After an initial registration, visitors can then check in via self-service kiosk and will be able to easily scan as they exit and check out of the building.

The print badge will include the visitor's photo, name, date, time of entry, school building name and the visitor's destination within the school.

This system will generate an accurate, reliable district-wide and school-level report with complete sign-in/sign-out history on a daily basis, allowing us quick access to who is in the building in the event of an emergency.

Attendance 101

The Basics So All Children Can Be Successful

Wisconsin public schools abide by the same attendance laws (118.15). We know that attending school regularly is directly linked to academic and job success. In the event of an absence, the following is a breakdown of the three major categories and the codes we use in PowerSchool to distinguish them:

PARENT EXCUSED—this is when a parent/guardian calls or writes a note to excuse a student from school. Parents are permitted 10 parent choice days per school year. We determine the 10 days by counting the hours missed (i.e. Missing periods 1 and 2 does not count as an entire day). If a parent is getting close to using all 10 parent-excuse days, we will send a warning letter. Once all 10 parent days are exhausted, absences will be unexcused. Below is a list of the most common attendance codes when a parent excuses his/her child from class:

- ILL=a parent feels his/her child is too ill to attend or stay in school
- PER=for personal reasons a student is not in attendance (e.g. running late, out of town, visiting someone in the hospital)
- VAC=vacation
- FNL=a parent excuses his/her child for a funeral
- COL=college visit (juniors and seniors are granted one college visit per year that the schools excuses and does not count toward parent-excuse time)

MEDICAL—this is when a student has visited a medical provider. Once written documentation of the visit is provided, the PER code is changed to one of the following and does not apply toward the 10 parent-choice days:

- MED=student is ill and a physician indicates the day or range of days that he/she should stay home
- APT=student went to dentist, orthodontist or chiropractor. Please bring an appointment slip to the main office with the day and time of the appointment
- HOF=student went to our school health office and the nurse/health aide has determined that the student needs to lie down in the health office or go home (you will receive a call from the health office if your child is too ill to stay at school)

**** If an absence can be excused, please call or provide a note within 48 hours of the absence.**

UNEXCUSED—this is when a student has been absent and the period(s)/day(s) have not been excused in any way. If this occurs, you will receive an automated call the day of the unverified absence.

UNV=unverified (unverified absences will change to either a parent or medical excused code or TRU if the absence cannot be cleared)

TRU=truant; absences that cannot be excused in any way because of skipping or no parent-excused days remain

“A student is considered truant if he/she is absent without an acceptable excuse for all or part of one or more days during which school is held. A student qualifies to be habitually truant when he/she is absent without an acceptable excuse for all or part of five or more days in a school semester” (Wisconsin State Statute 118.16). If students exceed the number of truant absences allowed by the state, truancy tickets will be referred to the school resource officer.

We want to work together to ensure accurate and consistent school attendance, and we will communicate with you and your child when attendance—excused or unexcused—is concerning. You also have daily access to attendance through PowerSchool. If you have any questions, feel free to contact Charlie Ihle, OHS Associate Principal, at 608.783.4561 x5003.

Definition of Tardy and Determination of Absence

Attendance at the high school is taken by class period. At the high school level, a tardy is defined as missing any part of the beginning of a class period. If a student is tardy more than 15 minutes, he/she is considered absent. If a student accumulates more than 5 tardy notations in his/her attendance record during the semester, the school attendance officer or a designee will attempt to meet with the student. After 10 tardy notations a parent meeting (or attempt to hold a meeting) that involves the student's parent or guardian will be requested. Tardiness during the remainder of the semester that also involves an unexcused lack of the student's physical presence at school will be considered an instance of truancy under these procedures, but prior to such a meeting (or attempted meeting) such tardiness will not be considered truancy (Board Policy 3331).

High School - Tardies Contributing to Truancy

Before and during school tardies can contribute to truancy at the high school level.

After 5 Unexcused Tardies/Semester	After 10 Unexcused Tardies/Semester	Each Successive Unexcused Tardy for Rest of Semester
Truancy Warning Letter	Issue Truancy Warning Letter – if First Truancy Notice (by personal contact, email, or phone call then by 1st class mail) Parent/Guardian Meeting	Each successive unexcused tardy equals a truant period. See Table A for school and law enforcement action.



Changes in Student Information

If you have any changes throughout the year in your child's information, please contact our Pupil Services office at 783-4610.

This information would include:

- address/phone number
- parent/guardian information
- emergency contacts
- health issues
- email address

FAMILY SCHOOL LIAISON

In recognition of the importance in supporting the **whole** child (e.g. students' physical and mental health, their social and emotional learning along with their academic growth), the School District of Onalaska has a Family School Liaison position. My name is Carrie Rein and as the Family School Liaison for the School District of Onalaska, my role is to partner with families in effort to support overall student success. Services may include collaboration, consultation, home visits, and/or information and referral to community resources and agencies. If you are interested in learning more about community resources to assist with student or family needs (e.g., food, housing, healthcare, human services, clothing, etc.), feel free to contact me.

Carrie Rein, Family School Liaison, School District of Onalaska, 608-779-1959.

Daily Time Schedules

Regular Schedule – Monday/Tuesday/Friday

1st hour 7:45 - 8:30

2nd hour 8:34 – 9:19

3rd hour 9:23 – 10:10

4th hour 10:14 – 10:59

Lunch A – 11:02–11:32

5th – 11:03 – 11:48

5th – 11:03 – 11:48

5th Hour – 11:36 – 12:21

Lunch B – 11:51 – 12:21

6th – 11:52 – 12:37

6th Hour – 12:25 – 1:10

6th Hour – 12:25 – 1:10

Lunch C – 12:40 – 1:10

7th hour 1:14 – 2:00

8th hour 2:04 - 2:50

Extended Learning Schedule – Wednesday/Thursday

1 / 2 7:45 – 9:05

Resource 9:09 – 9:49

3 / 4 9:53 – 11:15

5 / 6 Lunch A 11:15 – 11:45 Class 11:19 – 11:49 Class 11:19 – 12:39

Class 11:49 – 1:09 Lunch B 11:49 – 12:19 Lunch C 12:39 – 1:09

Class 12:23 – 1:09

7 / 8 1:13 – 2:32

Homeroom 2:36 – 2:50

- On Wednesday students will attend periods 1 – Resource – 3 – 5 – 7 – Homeroom
- On Thursday students will attend periods 2 – Resource – 4 – 6 – 8 – Homeroom

IT'S TIME FOR

SCHOOL PHOTO DAY

**Onalaska
High School**

Tuesday, August 8, 2023
8:30 AM - 7 PM



SIGN UP FOR YOUR PORTRAIT SESSION

Please sign your child(ren) up to have their school photo taken. Siblings that attend the school listed above can attend the same time slot. Multiple time slots are available every 15 minutes and they may fill up quickly - so sign up today!

SIGN UP: www.empirephotos.com/onalaskahigh2023



ATTEND PHOTO DAY

There is no need to bring anything to picture day except your smile! :) Picture day will be paperless and 100% contact-free. The photo taken will be used for the yearbook as well as your child's ID card (if your school requires student IDs).



VIEW YOUR CHILD'S GALLERY

After picture day you will receive an email from Empire Photography containing a link to your child's private, PIN-protected online photo gallery. You should receive an email from Empire Photo by: August 16

If you do not see the email from us by the date listed above, please first check your spam folder and then contact Empire Photography via email or phone. Or please fill out this form for additional help: www.empirephotos.com/proofrequest



COMPLETE YOUR ORDER ONLINE

You can complete your purchase for photo print and specialty products online. All photo orders will be mailed to the address provided during checkout and will be shipped within 2-5 business days. *It's that easy!*

*Please Note: When signing up for a time slot, the software will request parent contact information. This information will be used when sending the proof of your child's photo to you after picture day for viewing/ordering. You will be able to unsubscribe at any time.

QUESTIONS?
customerservice@empirephotos.com
608-257-2941
8:30 AM - 5:00 PM, Monday - Friday



Everyone is required to get a picture **Student ID** taken.

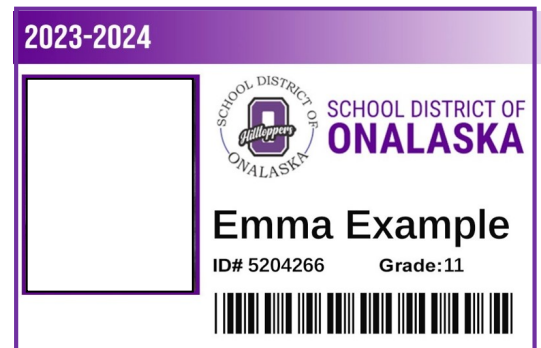
Please be sure to get your picture taken on Tuesday, August 8 or picture retake day Monday, September 18, even if you are not purchasing pictures.

There is **no cost** for a Picture ID card.

Sign up for your picture time slot at:

www.empirephotos.com/onalaskahigh2023

Thank YOU!



Yearbook Information

A yearbook information sheet was mailed out with the Back-to-School mailing for the 2023–2024 school year. Be sure to read carefully and follow the correct procedures. Also, please complete the google form below to insure that you do not miss out on ordering opportunities and promotions.

Order Information Pamphlet (Sent in the back to school mailing)

This pamphlet gives you ordering options and details. Just remember, **THE SCHOOL WILL NOT COLLECT ACTUAL ORDERS AND WE WILL NOT TAKE JOSTENS PAYMENTS FOR YEARBOOKS.** Order [online](#) or call the toll-free number (1-877-767-5217) to order.

Jostens Yearbook Stay in the Know Google Form

This form, used only by Jostens, gives them permission to contact you with ordering information. You will be placed on an email list for updates, promotions and reminders of yearbook deadline dates. Simply click [here](#) and fill out the form. **NOTE: This form is NOT an order form.**



**ORDER YOUR 2023-24
YEARBOOK**
REMEMBER THE YEAR FOREVER.



AKSALANO YEARBOOK

View the JOSTENS yearbook information pamphlet mailed with the back-to-school registration letter. Follow the easy instructions, to purchase your full color 2023-24 AKSALANO yearbook. The book will be approximately 144 pages with a 32-page spring supplement.

Ordering a yearbook is completely through Jostens itself. **THE SCHOOL WILL NOT COLLECT ORDERS AND WE WILL NOT TAKE JOSTENS PAYMENTS FOR YEARBOOKS.**

Order **online** at jostensyearbooks.com or **call** the toll-free number at (1-877-767-5217).

If you need to set up a **payment plan** for the yearbook, Jostens has a 3 easy payment plan. Just call the toll-free number (1-877-767-5217) or order [online](http://jostensyearbooks.com) at jostensyearbooks.com. Be sure you are selecting Onalaska, Wisconsin. We have had people accidentally order for Onalaska, Washington. 😊

Order by September 15, 2023, to get the best yearbook sale price of **\$62.00** and up to four free icons with a purchase of one line of personalization.

Don't let your student miss out on a year's worth of memories. Remember it forever with a yearbook.



ORDER YOURS TODAY ¡CÓMPRALO HOY!
jostens.com/2024yearbook | 1-877-767-5217

Jostens®

TOP REASONS TO ORDER 2023-2024 ONALASKA HIGH SCHOOL YEARBOOK!

- ☒ Laugh-inducing memories
- ☒ Actual printed pics
- ☒ Moments that matter
- ☒ Your classmates
- ☒ Autographs from friends
- ☒ It's the lowest price of the year.

NOW \$62.00

That's a savings of \$5.00

Order by 09/15/2023

YEARBOOK	\$62.00
SIGNATURE PACKAGE <i>Includes: Yearbook, Enhanced Personalization, Autograph Pens, Autograph Section</i>	\$80.20
ENHANCED PERSONALIZATION	\$8.50
ICONS	FREE!
AUTOGRAPH SECTION	\$5.00
PHOTO POCKETS	\$5.00
DONATE A YEARBOOK	\$62.00
CLEAR PROTECTIVE COVER	\$5.00

Tax, service and delivery fee(s) will be added if applicable.
Credit card installment plan available for orders of \$30 or more.

Attention Class of 2024 - make your senior picture appointments now!

A reminder from the yearbook staff and area photographers:

La Crosse/Onalaska area photography studios request that you make your appointment NOW to get your picture taken this summer.

Dates are already being booked and filled for photographers.

The Yearbook's deadline for submission of senior graduation photos is Friday, September 22, and area photographers need the time to process your photos (takes approximately four weeks) for you to be able to make your print selection. September 22 is also the deadline for yearbook Baby Ads (see how to submit an ad below).



Class of 2024 Senior Baby Ad

The yearbook staff would like to invite you to place a Student Recognition Ad (better known as "[Baby Ad](#)") in the 2023-24 Aksalano yearbook. Submit a favorite infant or toddler photo of your senior son or daughter, and include a personal message of love, support and encouragement. Submit form by clicking [here](#).

The message should be no longer than 40 words, and the cost is \$40.00. Payments can be made online at <http://www.onalaska.k12.wi.us/schools/high/about/yearbook.cfm>.

Photos can be sent through the Jostens image share site (images.jostens.com – ID 0Njif1-hGFdexh0pkWA3W3Q), or emailed to Travis Johnson at johtr@onalaskaschools.com.

In order for us to meet our deadline with Jostens, we must receive your photo, message and payment no later than Friday, September 22. This date is earlier than in the past, due to the deadlines associated with a mid May end of the school year in 2024. Late submissions cannot be accepted. September 22 is also the day senior portrait photos must be submitted to the yearbook staff.

Any questions should be directed to Travis Johnson, Onalaska High School Yearbook Advisor, at johtr@onalaskaschools.com.

Thank you,
The Aksalano Yearbook Staff



ONALASKA HIGH SCHOOL YEARBOOK COMMUNITY PHOTO SUBMISSION

Get your pictures in the yearbook.

The yearbook staff invites students and parents to submit photos for the yearbook. If you've got great photos of school and community events or you and your friends just having fun, we'd like to see them.

Our photographers can't be everywhere. Help us get as many photos as possible to create a terrific book everyone will want to have. We know that we are going to create an awesome yearbook for our whole school community to enjoy now and for years to come.

We need **YOUR** help to do that. The yearbook team can't be everywhere, so we need you to help us get as many photos as possible, so **EVERYONE** can be included in making the 2023-2024 yearbook a true community effort.

SUBMIT YOUR PHOTOS ONLINE

CLICK HERE TO UPLOAD NOW:

<https://images.jostens.com/ONjif1-hGFdexh0pkWA3W3Q>

OR

LOG ON TO: images.jostens.com Enter Login ID: **ONjif1-hGFdexh0pkWA3W3Q**

- Browse to select the photo(s) you wish to upload, click on "Select My Images."
- Enter information about the photo and provide contact information in case the staff needs additional information.
- Click "Upload Chosen Images."

The last day to submit your photos is:



The yearbook staff will review all photos and determine final yearbook content. We cannot guarantee that all submissions will be used.

Don't forget to buy your yearbook today at jostensyearbooks.com



Student Parking

The City of Onalaska has instituted a parking ordinance that calls for no student parking during school hours on 8th Avenue South, 9th Avenue South, Green Bay Street, Johnson Drive, and Wilson Street.

Students failing to comply with the ordinance will be assessed a \$20.00 fine from the Onalaska Police Department. Students without permits are strongly urged to park on Oak Forest Drive to avoid being subject to any fines.

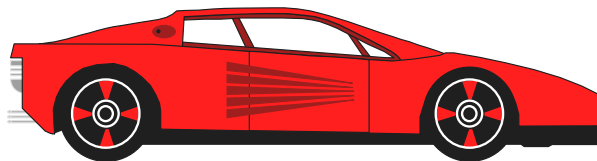
As a means to ensure traffic safety in and around the High School, the Onalaska Police Department will also be strictly enforcing parking violations on streets located in the High School area. This includes the State Park Trail parking lot, where fines are \$150-\$200.

Senior Parking Permits will be sold to All interested Seniors.

Drivers should be made aware of the following restrictions:

Parking is prohibited:

- * within 4 feet of the entrance to an alley or a private road or driveway;
- * within 10 feet of a fire hydrant, unless a greater distance is indicated by an official traffic sign;
- * closer than 15 feet to the near limits of a crosswalk.
- * upon any portion of a highway where and at the time when parking is prohibited, limited or restricted by official traffic signs.



Senior parking permits will be available for ALL seniors wanting a parking permit any time prior to the start of school in the main office at a cost of \$40.00. [Senior Parking google Form](#) required with car information.

Juniors may fill out a parking application [online google form](#) before school starts for a lottery chance at getting a Junior parking permit. The drawing process will begin after we determine senior spots. Please have your completed request filled out by the first day of school to be considered for the lottery.

No payment will be accepted until after the drawing.

Please Note:

Onalaska School district reserves the right to deny parking privileges for disciplinary matters related to parking permit violations.

Student parking permits are subject to non-refundable suspension or revocation because of attendance and/or behavior.

Permits are non-transferable. Students may not give or sell their permits to other students. If this occurs, it will result in a parking citation and a loss of the parking privileges.

OHS PARKING LOT

PERMIT PARKING ONLY!

If you will be switching cars with your parents for the day, please be sure to transfer the tag to the car you are using to avoid getting a ticket. The Onalaska Police Department will issue tickets to all cars



The parking area along the football field is based on senior parking permits sold.

Seniors may park here when no other spaces are available in the senior lot.

Juniors who are allowed to park here will be told personally by the Associate Principal.

Those parked here without permission will be ticketed.

Senior Parking is located at the back of the building and a section directly behind the staff parking on the East side of the Fieldhouse. See the designated red area above.

Junior Parking is located at the back of the parking lot (end of the football field) attached to Rowe Park.

See the designated area circled. Use only the Parking Lot, DO NOT park in Rowe Park.

NOTE: Students vehicles on school grounds are subject to search by school officials when there is a suspicion of alcohol, drugs, weapons, stolen materials,

August 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Calendar Key

- No School
- Early Dismissal
- First & Last Day of School
- Parent Teacher Conferences
- End of Quarter

2023-2024 School Calendar School District of Onalaska

www.onalaskaschools.com



Start and End

Aug 21	First Day of School Gr K-12
Aug 22	First Day of School 4K
May 22	Last Day of School

No School

Aug 8-10	New Teacher Orientation
Aug 14-17	Staff Development
Sept 4	Labor Day
Oct 4	Conferences - 4K No School
Oct 6	No School
Oct 30	Professional Development
Nov 22-24	Thanksgiving Break
Dec 25-Jan 1	Winter Break
Jan 15	Professional Development
Feb 7	Conferences - 4K No School
Feb 9	No School
Mar 11	Professional Development
Mar 27-Apr 1	Spring Break
Apr 19	Professional Development

Early Dismissal

Oct 5	Early Dismissal
Jan 5	Early Dismissal
Feb 8	Early Dismissal
May 22	Early Dismissal

Family Conferences

Oct 4-5	All schools
Feb 7-8	All schools

*Times will vary per school and will be communicated to families

End of Semester/Quarter

Oct 27	End of 1st Quarter
Jan 5	End of 1st Semester/2nd Quarter
Mar 15	End of 3rd Quarter
May 22	End of 2nd Semester/4th Quarter

February 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Early Dismissal Times

HS 11:50	MS 11:55
IP 12:20	NH 12:20
EB 12:25/12:35	

BOARD OF EDUCATION MEETINGS

Regular Board of Education meetings are generally held on the second and fourth Mondays of each month at 6:00 p.m. at the District Office, 237 2nd Ave S, as follows:

September 11, 2023

September 25, 2023

October 9, 2023

October 23, 2023

November 13, 2023

November 27, 2023

December 11, 2023

January 8, 2024

January 22, 2024

February 12, 2024

February 26, 2024

March 11, 2024

March 25, 2024

April 8, 2024

April 22, 2024

Student Accident Insurance

The School District of Onalaska does not provide any type of health or accident insurance for injuries incurred by your child.

As a service to students and families, our district is making available a yearly student accident insurance plan at a nominal cost. The district offers this program because of trends in rising family health and dental insurance costs, increased deductibles, co-payments, or lack of health or dental insurance coverage.

If you have other insurance, benefits from this policy can be applied to your deductible or co-pays.

An on-line application must be completed. The direct link for Onalaska is

<https://www.1stagency.com/wisconsin/onalaskaschdist/?SchoolId=288>

All questions regarding this coverage should be directed to First Agency, Inc. at (269) 381-6630, or toll free at (800) 243-6298. Further information can be obtained at <http://www.1stagency.com/>

Local Florists Told Not to Send LATEX Balloon Bouquets to OHS

Onalaska High School cannot accept arrangements delivered which contain any latex balloons. Some students at OHS have latex allergies and exposure to the balloons could cause serious or potentially life-threatening allergic reactions. Florists were asked to substitute mylar balloons or provide arrangements without balloons. If you have questions, please contact OHS or the school district nurses at 783-4610.

Asbestos Notification

In compliance with the U.S. Environmental Protection Agency (EPA) and the Asbestos Hazard Emergency Response Act (AHERA), this is notice that the School District of Onalaska has an Asbestos Management Plan at the school district office. The plan is available for inspection by the public, parents, and district employees. The district performs six-month periodic surveillance of asbestos in June and December and full re-inspections every three years. For more information, please contact the district office.



School District of Onalaska

237 2nd Avenue South, Onalaska WI 54650
608.781.9700 www.onalaskaschools.com

To: School District of Onalaska Busing Families

We're looking forward to transporting your students this year for in-person learning in the safest, most efficient way possible. It's imperative that you read and review this entire document with your bus riders.

We use **eLink** to communicate planned routed information. We do not post or email individual route information, so signing up for eLink is required. This is an important tool for you to communicate with us via the eLink message function. Please see the following pages for instructions. This information will be emailed to you as well.

Here Comes the Bus is to be used each day to locate the bus and its arrival time. Please contact Go Riteway if it's not working for you. It can also display the student barcode to scan on the bus.

All riders are required to be waiting at their assigned stops 10 minutes early, and be prepared to wait an extra 10 minutes after the bus stop time. Our drivers cannot wait for riders to come out of their homes as we have a tight schedule to maintain in order to get all students to school on time.

Bus Badges will be mailed out and used by all students, for every ride. The Drivers will help remind students to use them.

We have a few changes for Bus Badges this year:

- We will not issue badges to the HS students. Their Student IDs have a barcode that works for scanning.
- New Badges will not have photos so they can be used indefinitely.
- We will not give out lanyards. Instead, we'll send out a supply of lanyards to the NH, IP, EB, and OMS offices if a student needs one. Again, this will allow us to mail out just the Badge and expectations to families, instead of sending you a lot of the packages to distribute during the school day.
- The Here Comes the Bus app is available for any student with a smartphone. The barcode that we print on Badges is found in the app.
- Students will be required to use Badges, their ID, or the app barcode. If they don't have or use their Badges they may still ride but we'll be collecting their info from the drivers to be sure families understand the expectations.

If the badge is lost or broken please contact me directly and I will make a new one. The Bus Badge system is well on the way to helping with student tracking, accountability, and safety. Thank you for your help in this process!

If you have any questions please contact the Transportation Department.

Dan Dahlquist
Transportation Director
608-783-5489





NOTICE: CHANGES FOR BUSING COMMUNICATIONS

We're continuing to use the following methods for communicating Bus Route and Time information to you, and provide a new way for you to see when your bus(es) will arrive. We'll also be issuing a Bus Badge for all riders to use to "swipe on" and "swipe off" the bus - so we'll be able to know when your children arrive at their destination.

E-Link is a parents portal for you to log in and see current routing information for your child(ren), all in one place. We will not be emailing route information - you'll instead be directed to login to E-Link to see your routing. Since this information comes directly from our transportation partner GO RiteWay, you're getting the most current information. It will also allow you to review routing ahead of time in case changes are needed. You may look at eLink at any time, but **RE-CHECK YOUR BUS TIMES THE NIGHT BEFORE THE FIRST DAY as times are subject to change.**

The process for families is:

1. Go to <https://students.goriteway.com/onalaskarp>
(you may need to copy this link into your browser)
2. Username is **any** student's Student ID number in your family
3. Password is the Home Phone Number as entered into PowerSchool – numbers only.
Ex: 5551234567
4. Click on the STUDENTS tab, then VIEW MY STUDENTS to display any students with matching Family ID
5. Click on the name of the student to view detailed routing information

The parent will have access to any student that has the same Family ID, which is the student's Home Phone number in PowerSchool. If students in the same household do not have the same home phone, the parent will have to log in as each student separately.

You will be able to use eLink to communicate with GoRiteway using the Parent Communication link at the top of the screen.

Students who aren't eligible to ride or haven't been routed yet will not show up on eLink. Please contact the Transportation Department at 608-783-5489 or email kulmi@onalaskaschools.com if you have any questions about eligibility.

**IF YOU NEED TO CANCEL A RIDE
PLEASE CONTACT GO RITEWAY at 608-519-2696
or use eLink to send a message**





Here Comes the Bus®

A School Bus Tracking App for Parents

The School District of Onalaska is happy to announce the adoption of an innovative mobile device app and website entitled, Here Comes the Bus®.

Here Comes the Bus allows you to view the real-time location of your child's school bus on your smartphone, tablet or computer. With it, you'll have the information you need to send your children to the bus stop at just the right time, helping to protect them from inclement weather and other roadside dangers. What's more, you'll have peace of mind knowing your children haven't missed the bus.

Here Comes the Bus is new for the 2020-2021 school year, and enables you to:

- See the location of your child's bus both before and after school
- Confirm that your child's bus has arrived at the bus stop, at school or both
- *Receive a push notification* or email message when the bus is near your stop, has been substituted, or when we have information to relay

Here Comes the Bus is powered by Synovia Solutions™, makers of the GPS-tracking technology used by the School District of Onalaska to increase safety and cost savings as it relates to our school bus fleet.

Available in three languages (English, Spanish and French), the Here Comes the Bus app can be downloaded from the App Store or Google Play.

To sign up or to learn more about Here Comes the Bus, visit <http://www.herecomesthebus.com>

Should you have any questions, please contact GO Riteway via email onalaska@goriteway.com or by phone at 608-519-2696

If you need to contact Here Comes the Bus customer support, please go to: www.help.herecomesthebus.com/en/support/home and click on "Contact Support."

You will be asked to provide the following information:

- Your name
- School District Name or 5-digit School Code: 29513
- Email address used for your Here Comes the Bus account
- Your child's first and last name, and student ID #
- Description of the question

How to get started:

1. Download the Here Comes the Bus app* or visit [herecomesthebus.com](http://www.herecomesthebus.com)
2. Click the **SIGN UP** button
3. Enter school code (29513) and click "Next" followed by "Confirm"
4. Complete the "User Profile" box
5. Under "My Students," click "Add." Enter your child's last name and student ID number
6. Once you confirm your information, you're ready to begin using Here Comes the Bus!

*Push notifications only available on iPhone & Android devices.



Student Rider Responsibilities -- General

1. Go to your assigned seat and remain seated while the bus is in motion, unless you need assistance from the adult in charge or to use the restroom on motor coaches.

SEAT TO SEAT, BACK TO BACK, FEET TO FLOOR!

2. Do not stand, kneel in the seats, block the aisle, walk around, switch seats, bounce around, etc.
3. Check with the bus driver first before opening windows. Open windows will depend on time of year and weather conditions. Problems may result in closing windows.
4. Keep your hands, arms, heads, and other items inside the bus when windows are open.
5. Keep noise and disruptions to a minimum. Avoid yelling, loud talking, throwing things, celebrating, loud singing, chanting, whistling, etc.
6. Store or keep belongings (book bags, duffel bags, musical instruments, etc.) under the seats, on your laps, or in empty seats not in the aisle for school buses, and in the cargo bay or overhead compartments for motor coaches.
7. Check to make sure all belongings are taken along when leaving the bus.
8. Remain seated if an emergency occurs, and wait for instructions from the adult in charge or the bus driver.
9. Use the rear door for emergency exiting only, when instructed to do so.
10. Use only earbuds/headphones for music.
11. Use only acceptable, appropriate comments, gestures, and language.
12. Do not use, possess, or be under the influence of controlled substances, drugs, alcohol, tobacco products, dangerous objects / weapons.
13. No beverages or food are permitted on the bus.
14. Help keep the bus clean by putting trash in the provided containers.
15. Make sure cleated shoes are not worn on the bus, during athletic trips. Uniform changing is not to take place on the bus.
16. Ride home on field trip and co-curricular buses, unless you have permission according to school procedures, to use private transportation instead.
17. Be considerate, cooperative, courteous, respectful, follow instructions, and use common sense.
18. NO Skateboards are allowed on any bus.
19. Drivers are authorized to assign seats.

Additional Student Responsibilities -- Routes To & From School

A.M.

1. Wait for the bus at designated stops and be on time.
2. Be alert to possible dangers and stay off of streets or roadways.
3. Stand back and wait for the bus to come to a complete stop and the door to open, before boarding.
4. Sit in the first available seat.

P.M.

1. Move away from the bus immediately, after being dropped off at your stop after school.
2. Move toward your house, if you live on the same side of the street or roadway as your stop.
3. Cross the street or roadway (when flashing lights are used) by walking to a point 10 feet in front of the bus and waiting for the driver to signal to cross.
4. Cross the street or roadway (all other times) by walking to the nearest pedestrian crosswalk or intersection and cross when it is safe.



**IF YOU NEED TO CANCEL A RIDE
PLEASE CONTACT GO RITEWAY at 608-519-2696**



School District of Onalaska

School Nutrition Department

705 8th Avenue North
Onalaska, WI 54650
608-783-6251

INDIVIDUAL STUDENT ACCOUNTS –

Your payments are deposited into individual student accounts, and this account is used for breakfast, lunch and a la carte purchases.

LUNCH PRICES		2023–2024	BREAKFAST PRICES
ELEMENTARY SCHOOLS	\$3.25	ELEMENTARY SCHOOL	\$2.05
MIDDLE SCHOOL	\$3.30	MIDDLE SCHOOL	\$2.25
HIGH SCHOOL	\$3.45	HIGH SCHOOL	\$2.40
ADULTS / GUESTS	\$4.85*	ADULTS/GUESTS	\$3.30*
REDUCED	.40¢	REDUCED	.30¢
Single carton of milk	\$0.55	Second entrée ONLY	\$2.65

*If a student purchases more than one lunch/breakfast per day, the second lunch/breakfast is at the adult rate because no government subsidy applies.

IMPORTANT:

Our online program only allows one category for your child's lunch account. **All accounts will consist of ONLY a Cafeteria account.** Within the online payment system, you will be able to set parameters for a la carte use, if you want limited access. **Be aware that without set parameters, your child will have full access to purchase as they choose.** Go to mypaymentsplus.com to set ala carte spending limits

PAYING INTO INDIVIDUAL STUDENT ACCOUNTS –

- **ONLINE** – the online payment system **MyPaymentsPlus.com (Free to Onalaska Parents)** that allows payments from your checking account or credit card. You will need your students ID#. You may call 783-6251 for this information.
- **CHECK OR CASH** – Please write your student's account number on your check, or write it on a slip of paper to send with your cash. You may send the money to any school, and it will be applied to the account you specify.

CHARGES TO INDIVIDUAL STUDENT ACCOUNTS-

After your student goes through the food service line and either fills a tray or takes a carton of milk to have with a sack lunch, the student gives his/her name to the cashier and punches his/her 4-digit meal code number into the keypad at the checkout station. The student's name and picture will flash onto a computer screen. After the cashier verifies that the correct student is being served, the system deducts the correct charge from the student's account. *(Cashiers assist students with their meal code numbers until the students learn them. The system preserves confidentiality of those eligible for free and reduced priced meals.)* Cash or four-digit lunch number may also be used for a la carte purchases at the middle and high schools.

Parents are expected to maintain accounts in a positive status.

DRESS CODE

August 2023

To Parents and/or Guardians of Onalaska High School Students:

We hope this summer has provided a chance for your family to spend time together and participate in the many activities in the Coulee Region. However, the 2023-2024 school year is quickly approaching. In light of the new school year, we want to take this opportunity to share our dress code to allow ample time for families to prepare prior to back-to-school shopping.

Our dress code includes specific language to better articulate our expectations for student dress. Students are expected to dress appropriately for school and the code detailed below relates to health, safety, cleanliness, and/or decency. We recognize that some fashions are appropriate for social settings but are not appropriate for a learning environment.

The Onalaska High School Dress Code is listed below and will be in your student handbook. If you have any questions, please let me know.

Sincerely,

Charlie Ihle
Associate Principal

The Onalaska High School Dress Code as it appears in the 2023 - 2024 student handbook

STUDENT DRESS EXPECTATIONS:

These guidelines are intended to define appropriate student attire and that align to school place readiness.

Clothing items that are considered unacceptable to wear to school include, but are not limited to, the following:

- Clothing that does not provide adequate coverage, including garments that expose undergarments, buttocks and/or chest area.
- Apparel that makes written or graphic reference to the following topics is strictly prohibited: alcohol, drugs, tobacco, violence, weapons, nudity, profanity, discrimination, vulgarity or gangs. This includes phrases of dual meaning.
- Shoes must be worn at all times in the building and on school grounds.

Onalaska High School Administration will use discretion to make decisions regarding the appropriateness of each student's dress and possible consequences for violation of the above policy. Repeated violations of dress code rules will result in disciplinary actions.

Students may be required to change into appropriate clothing. If students do not have extra clothing to wear, the school will offer a change of clothes, in order to avoid being sent home. With staff, student, and/or family support regarding the use of good sense for appropriate attire for school, all attempts to resolve issues will be made to avoid missing learning opportunities.

Onalaska High School Teaching Staff For 2023-2024 School Year

Art

Melissa Benzing
Sam Servais

Business/Marketing

Bridgett Hubbard
Jonathan Jansky
Travis Johnson
Christopher Sullivan

English

John Froh
Karen Hellman
Jonathan Idárraga
Celine Lamont
Cassie Michaels
John Reimler
Megan Ulrich
Andrea Vogler

Family & Consumer Education

Susan Brewer

Student Services

Christine DeLong
John Horman
Rikki Kazda
Garrett Silker

World Language

Andrew Beckstrom
Victoria Carter
Valerie Mumm-Jensen
Devin Pettys
Brian Wopat

LMC

Keli Shapiro

Math

Melissa Anderson
Aaron Arneson
Thomas Cowley
Jesse Fredrick
Erin Lucas
Jay Pica
Sarah Stetter
Eric Wojta

Music

Robbie Coe
Linda Lebakken
Chris Meunier
Richard Moses
Jennifer Saner

Resource

Dean Bloch
Shelby Buchanan
Krissa Byom
Robby Carson
Bailey Goyette
Mesa Heit
David Kazda
Brittany LaMere
Sarah Ormes
Erin Siegel
Dawn Weaver
Christa Weber
Saeng Yang

PE/Health

Lyle Blum
Trevor Kramolis
Erin Needham
Jena Oeltjen
Tom Yashinsky

O.A.S.I.S. Coordinator

Darwin Greschner

Science

Isaac Castellano
Daniel Eng
Tony Ferries
Sara Hernandez
Dave Horman
Zoe Simon
Megan Sprague

Social Studies

Marjorie Anderson
Adam Archer
Andrew Beckstrom
Darwin Greschner
Elizabeth Nicolai
Luke Sauerman
Darin Shepardson
Zak Wallenfang

Technology Education

Ben Heiser
Joseph Shilts

Military Recruiters Access to Student Directory Data

Districts receiving federal education funds are required to notify parents of secondary school students

1. that a secondary school student or the parent of the student may request that the student's name, address and telephone listing not be released to military recruiters or institutions of higher education without prior written parental consent; and
2. that the district must comply with such request.

School districts receiving federal education funds are required to provide, on request made by military recruiters or an institution of higher education, access to secondary school students' names, addresses and telephone listings unless access to such information has been restricted by the secondary school student or the student's parents as outlined above. Federal guidelines issued to implement this requirement state that if a school district does not designate student names, addresses and/or telephone listings as directory data it must still provide all three items to military recruiters and institutions of higher education upon request.

Staff Voice Mail Extensions and E-mail Addresses

Teacher	Voice Mail	E-mail		Teacher	Voice Mail	E-mail
Anderson, Marjorie	5326	andma	To call a specific teacher dial 779-5760 and then the voice mail extension given.	LaMere, Brittany	5126	lambr
Anderson, Melissa	5104	andme		Lamont, Celine	5306	lamce
Archer, Adam	5321	arcad	To e-mail, type the teachers five letter e-mail and @onalaska schools. com	Lebakken, Linda	4213	lebli
Arneson, Aaron	5107	arnaa		Lucas, Erin	5102	lucer
Beckstrom, Andrew	5615	becan		Meunier, Chris	5349	meuch
Benzing, Melissa	5354	benme		Michaels, Cassie	5309	micca
Bloch, Dean	5515	blode		Moses, Richard	5350	mosri
Blum, Lyle	5227	bluly		Mumm-Jensen, Valerie	5305	mumva
Brewer, Susan	5339	bresu		Needham, Erin	5206	neer
Buchanan, Shelby	5335	bucsh		Nicolai, Elizabeth	5320	nicel
Byom, Krissa	5428	byokr		Shapiro, Keli	5315	sha
Carson, Robby	5118	carcu		Oeltjen, Jena	5206	oelje
Carter, Victoria	5310	carvi		Ormes, Sarah	5338	ormsa
Castellano, Isaac	5113	casis		Pettys, Devin	5128	petde
Coe, Robbie	5351	coero		Pica, Jay	5110	picja
Cowley, Thomas	5103	cowth		Reimler, John	5313	reijo
DeLong, Chrissy	5030	delch		Saner, Jennifer	5449	sanje
Eng, Daniel	5117	engda		Sauerman, Luke	5322	saulu
Ferries, Tony	5120	ferda2		Servais, Sam	5353	sersa
Fredrick, Jesse	5101	freje		Shepardson, Darin	5324	sheda
Froh, John	5311	frojo		Shilts, Joseph	5340	shijo
Goyette, Bailey	5307	goyba		Siegel, Erin	5109	sieer
Greschner, Darwin	5121	greda		Silker, Garrett	5032	silga
Heiser, Ben	5443	heibe		Simon, Zoe	5119	simzo
Heit, Mesa	5229	heime		Sprague, Megan	5314	sprme
Hellman, Karen	5307	helka		Stetter, Sarah	5108	stesa2
Hernandez, Sara	5114	hersa		Sullivan, Christopher	5125	sulch
Horman, David	5116	horda		Ulrich, Megan	5303	ulrme
Horman, John	5031	horjo		Vogler, Andrea	5308	vogan
Hubbard, Bridgett	5122	hubbr		Wallenfang, Zak	5323	walza
Idárraga, Jonathan	5312	idajo		Weaver, Dawn	5129	weada
Jansky, Jonathan	5123	janjo		Weber, Christa	5635	webch
Johnson, Travis	5124	johtr		Wojta, Eric	5104	wojer
Kazda, David	5535	kazda		Wopat, Brian	5127	wopbr
Kazda, Rikki	5035	kazri		Yang, Saeng	5106	yansa
Kramolis, Trevor	5327	kratr		Yashinsky, Tom	5325	yasth

FCC Emergency Broadband Benefit Announced

The Emergency Broadband Benefit will provide a discount of up to \$50 per month towards broadband service for **eligible households** and up to \$75 per month for households on qualifying Tribal lands. Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers if they contribute more than \$10 and less than \$50 toward the purchase price. The Emergency Broadband Benefit is limited to one monthly service discount and one device discount per household.

For more information please see FCC webpage at <https://www.fcc.gov/broadbandbenefit>

Video Cameras in School

Board Policy 4164 – Electronic Surveillance of Public Areas of School Buildings

Surveillance cameras are installed on school property, and video surveillance shall be used to promote the order, safety, and security of students, staff, visitors, and property.

When cameras are used, signs will be posted stating “NOTICE: This facility employs video surveillance equipment for security purposes. This equipment may or may not be monitored at any time.” Cameras are authorized for use in the following areas where public, students, and staff have no reasonable expectation of privacy such as entrances, hallways, commons, gymnasiums, parking lots, athletic fields, and the exterior of buildings. Under no circumstances will video cameras be used in any area where the public, students, or staff have a reasonable expectation of privacy, including restrooms, locker rooms, and health rooms.

Only individuals authorized by the superintendent or building administrator may view surveillance recordings. Should surveillance recordings become part of a student disciplinary action, they become part of that student's record and shall be dealt with in a manner consistent with the district's student records policy and procedures. The District reserves the right to provide copies of recordings to law enforcement agencies as deemed appropriate by the district administrator and in compliance with appropriate federal and state laws.

Video Cameras on School Buses

Board Policy 4327 – Use of Video/Audio Recording Systems on School Buses

The School District of Onalaska approves the use of video/audio recording systems on the school buses to enhance safety and provide a record of student behavior.

Parents will be notified once a year via the student handbook and the school newsletter or the school's newspaper that video/audio recording systems are being used on the buses. A sign will be placed in front of each bus stating that video cameras are used on that bus.

The transportation director, transportation contractor's bus manager, and the district's administrators shall be authorized to view the record for the purpose of documenting a problem. Administrators from the private schools whose students ride the District's routes are also authorized to view the record if students from a private school are involved in a problem. Disciplinary action may be taken with students or drivers based on a video/audio documentation.

The records shall not be available for viewing by the public in general, employees in general, media, or other individuals. The principals, district administrator or transportation director may authorize parents or other individuals, such as school counselor, school psychologist, nurse, teacher or social worker, to view segments of a specific record if viewing the record is beneficial to their role in assisting the student.

A log shall be kept of the dates and names of all individuals viewing the record. These recordings are not public record and do not need to be saved or archived. If the transportation director or administrators decide that a recorded segment may involve the violation of a law, the appropriate legal authorities may view the segment.



National Honor Society 2023 - 24



This fall a Faculty Committee will discuss NHS eligibility for juniors and seniors. Students interested in applying for NHS may use the following criteria to enhance their summer experiences, putting them in a better position for acceptance into NHS in the fall. *In addition, obtaining adult signatures verifying your hours of service work and leadership opportunities will save you time in the future.*

The NHS adviser will mail letters home in the late summer for juniors/seniors who qualify academically. Students who wish to apply will then receive an application to complete and submit.

The Faculty Committee will evaluate the following areas:

1. **Scholarship** – 3.5 cumulative GPA
 - ☐ No classes weighted more than others
2. **Leadership** – Must have TWO documented leadership experiences.
 - ☐ Demonstrates initiative in promoting school activities
 - ☐ Exercises positive influence on peers in upholding school ideals
 - ☐ Demonstrates academic initiative
 - ☐ Holds school offices or positions of responsibility
 - ☐ Demonstrates reliability and dependability
 - ☐ Leader in the classroom, at work, in other school or community activities
3. **Service** – Must have 20 documented hours of service while in high school. Better defined as actions undertaken by student which are done with or on behalf of others without any direct financial or material compensation
 - ☐ Volunteers and provides dependable and well-organized assistance
 - ☐ Works well with others
 - ☐ Cheerfully and enthusiastically provides service to others
 - ☐ Assists teachers, students, visitors

Please email me with any questions. JJ Jansky, NHS Adviser, janjo@onalaskaschools.com.

ONALASKA SCHOOLS FOOD PANTRY 2023 - 24



The Onalaska Schools Food pantry is open to families with children in any Onalaska school (public, private, or home school) who need supplemental food staples.

Distributions are held on the **first *school* Monday of each month** beginning in September and throughout the school year at:

**Irving Pertzsch Elementary School
Door I (access through the parking lot)**

4:00 - 5:15 PM

Monthly updates and reminders will be posted on the Onalaska Schools Food Pantry Facebook page.

There is also information on the District website.

Distribution Dates

- September 11
- October 2
- November 6
- December 4
- January 8
- February 5
- March 4
- April 8
- May 6





Onalaska High School Student Services

700 Hilltopper Place
Onalaska, WI 54650
Phone: 608.783.4571
Fax: 608.783.2604

Office Hours:

Week Days: 7:00 am - 3:30 pm

Reach the Student Service Administrative
Assistants at: Melissa de Boer – Ext. 5034
Jennifer Morrison – Ext. 5029

Your High School Student Services Staff

Garrett Silker - Ext. 5032
silga@onalaskaschools.com

Serves students with last names beginning with A – Hr

Chrissy DeLong - Ext. 5030
delch@onalaskaschools.com

Serves students with last names beginning with Hs – Ra

John Horman - Ext. 5031
horjo@onalaskaschools.com

Serves students with last names beginning with Rb– Z

Administrative Assistants

Melissa de Boer– debme@onalaskaschools.com
Jennifer Morrison – morje@onalaskaschools.com

CHECK OUT OUR WEBSITE...

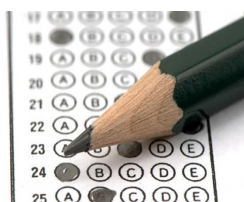
<http://www.onalaskaschools.com/ohs/studentservices.html>



ACT[®]

Statewide Junior ACT Day for 2024

All OHS Juniors test on March 13,
2024 next year!



Upcoming ACT Dates and Deadlines

Test Date	Register By	Late Registration (Additional Fee)
September 9, 2023	August 4	September 1
October 28, 2023	September 22	October 20
December 9, 2023	November 3	December 1
February 10, 2024	January 5	February 2
March 13, 2024	All Juniors required – Free	No registration required
April 13, 2024	March 8	April 5
June 8, 2024	May 8	May 31
July 13, 2024	June 7	July 5

Important Dates

August 8	OHS Registration 8:30 am - 7:00 pm
August 8	Freshman Parent Night 6:30 pm, OHS PAC
August 16	Freshman Link and New Transfer Freshman Orientation (7:45-11:00 am)
August 16	New Transfer Student (Grade 10-12) Orientation (12:00-2:00 pm)
August 21	First Day of School
August 25	Last Day to Drop a Class
September 11	Senior Student & Parent Night/Financial Aid Overview 6:15 pm, OHS PAC
September 11-15	Homecoming Week
September 19	Junior Practice ACT
October 1	Early College Credit and Start College Now applications due
October 10	Junior PSAT (during school)
October 17	ASVAB (during school)
October 23	Junior STAR Conference Kick-Off Meeting - 6:30 pm, OHS PAC
Oct 25-Dec 15	Junior STAR Conferences
November 6	Academic Awards Night 6:30 pm, OHS PAC
November 8-9	UW System Pre-Tests during Resource

Scholarships

SCHOLARSHIPS for SENIORS

Check out our on-line scholarship database, which is updated often:

<http://www.onalaska.k12.wi.us/schools/high/students/scholarships.cfm>

This is your site for upcoming scholarship deadlines and information needed to be a successful scholarship recipient. Continue to check this database, as it is updated frequently.

Mental Health Counseling Services for Students



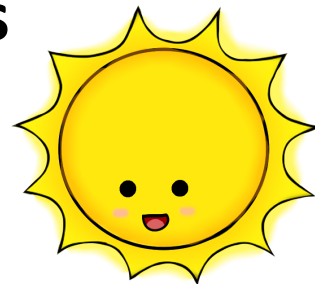
Peace of Mind
Counseling LLC

Hello parents and students!

Greetings! I am Caitlyn Snyder, the mental health counselor at the high school through Peace of Mind Counseling. I am available to all students who may need extra support. If you are interested in counseling, schedule with your school counselor to set up a time with me. We are anticipating seeing students occasionally throughout the summer.

Summer Counselor Hours

While the Student Services office is open weekdays during the summer, counselor staff will be available on a limited basis during the summer months. Counselors will be in their offices and available for appointments on the dates below. Students and parents can see any of our counselors for help during the summer. Counselors will be in the office for Registration on August 16, but not taking appointments.

**Mr. Silker**

Thursday, August 3
Thursday, August 10

Mrs. DeLong

Tuesday, August 1
Wednesday, August 9
Thursday, August 10
Friday, August 18

Mr. Horman

Thursday, August 3
Friday, August 11

Call Student Services at 783-4571 or email Mrs. de Boer (debme@onalaskaschools.com) or Mrs. Morrison (morje2@onalaskaschools.com) to schedule an appointment with your counselor for any of the days listed above.

Student Services Says Good-Bye to Mrs. Nelson and Welcomes Mrs. Morrison

After 15 years at Onalaska High School in Student Services, and 22 total years in the school district, Mrs. Nelson retired at the end of June. We will miss her tremendously and wish her well on her many adventures yet to come!

On July 10th, we welcomed Jennifer Morrison to Student Services. Jennifer grew up in the Fox Cities and after graduation attended UWL where she double majored in Human Resource Management and Political Science. She now calls Onalaska home with her husband and 9-year old daughter.

She is addicted to sudoku, chai lattes, and lip balm and loves to grocery shop but doesn't like to cook. Jennifer is excited to be a Hilltopper and is looking forward to seeing all of your smiling faces! Please don't hesitate to stop in and say "hi!"



Looking for a Job? Check out the OHS Jobs Board

Students:

Check out the Job Opportunities on the OHS website. Opportunities change, so check it often!

<https://www.onalaska.k12.wi.us/schools/high/students/job-board-for-current-students.cfm>

Parents & Employers:

Please submit childcare or employment opportunities you have to the Student Services Office for posting. You can reach us at 608-783-4571 or by email at debme@onalaskaschools.com.

****CHANGE IN PROCESS FOR WORK PERMITS****

Remember that students **under age 16** need a work permit. Work permits are now completed by the parent online, and can be done 24 hours a day, 7 days a week. Payment is made directly to the department through the application, using credit or debit card, or by ACH direct withdrawal. Go to <https://dwd.wisconsin.gov/er/laborstandards/workpermits> for instructions and more information.

ACT Updates

The University of Wisconsin System has suspended the ACT requirement for all UW colleges and universities **for the class of 2024**. Many other colleges have also waived the ACT requirement. A strong ACT score can still help with admission to college and scholarship placement. Since most schools are now “test optional”, students can choose not to use a score if they are not pleased with it. Students will choose if they wish to include their ACT scores as part of their application. Visit the websites of your colleges for more information.

College Bound Student Athletes

Students who plan to compete in D1 or D2 athletics in college must register with the NCAA in order for you to be eligible to compete prior to enrollment this fall.

1. Log into his or her account at www.eligibilitycenter.org
2. Follow the directions on the page to register for the clearinghouse

If you have questions, please contact Mr. Wojta in room 105, or call 783-4571 Ext. 5105.



UGETCONNECTED! - Many opportunities to participate in community service as a family, with friends, or by yourself. This organization matches volunteers with organizations in need. Visit <https://www.ugetconnected.org/> and check it out!

www.ugetconnected.org

Freshmen Student/Parent Meeting (Class of 2027)

Tuesday, August 8, 2023 at 6:30 pm

OHS Performing Arts Center (PAC)

Freshmen students and parents are invited to attend an information night to prepare for entering high school. Administrators, Counselors and LINK Leaders will explain the student daily schedules and answer any questions you have. Junior and Senior LINK Leaders will offer advice for incoming freshmen, and lead building tours.

Registration at OHS will be on Tuesday, August 8 from 8:30 am-7:00 pm in the OHS Commons. At Registration, students can pick up their schedules, pay school fees, and have their school pictures/IDs taken. Freshmen students and parents planning to attend the parent night on August 8 are asked to arrive between 5:30 and 6:00 pm to be sure to have enough time to complete the registration process and attend the program.

A graphic with the word "Orientation" in a large, blue, cursive font. The background is white with faint, repeating outlines of the word "Orientation" and a circular pattern of dots.

New/Transfer & International Student Orientation

Wednesday, August 16

12:00-2:00 PM

OHS Hilltopper Room

Non-Freshman – Transfer Students

Students who are transferring to Onalaska High School (including International Students) are encouraged to attend an orientation to OHS in the Hilltopper Room on August 16. Students will learn about how to read their schedules, understand procedures, and get a tour of the building to learn where their classes are.

Freshmen transfer students are encouraged to attend the Freshman LINK Crew orientation from 7:45 – 11:30 AM on August 16 in the OHS Fieldhouse. We look forward to meeting our newest additions to OHS!

Student Services Accepting Donations for Students

The OHS Student Services office maintains a supply of items for students who need them throughout the school day. At this time, we are in need of the following items:

- feminine hygiene products such as pads and tampons
- reusable water bottles, new or used but clean
- gently used or new clothing such as leggings, shorts, and t-shirts
- school supplies such as notebooks and folders

If you have any of these items you'd like to donate, you can drop them off at OHS and just let them know your donation is for the Student Services Office. Thank you!

Register to Retake the ACT

If you are interested in retaking the ACT, please register at [ACT.org](https://act.org).

The following are tips to help students complete the registration process:

- Students go to myACT.org to log into their account, register and pay for the ACT test
- Plan to register at least a month in advance of the test date to avoid late fees!
- Decide if you want to take the writing test. Most schools do NOT require the writing test. Remember, all juniors took the writing test at OHS on March 7th.
- Give yourself at least 45 minutes to complete the registration
- Decide which 4 colleges/universities you want FREE score reports sent to. It's better and easier to do this now to avoid extra steps later.
- Be prepared to upload a clear headshot photo to the website. Students without a picture are NOT allowed to test!
- Fee waivers are available for students who qualify - see your school counselor if you need one.
- Print your admission ticket, and keep it somewhere safe – you will need it to be admitted to your testing room.

PSAT

Tuesday, October 10

8:00 AM

Cost = \$18.00

The PSAT (Pre-SAT) will be offered on October 10 at Onalaska High School. Juniors with very high PSAT scores may qualify for the National Merit Scholarship (for all students) and National Achievement (for Black American students) competitions. Students may also wish to take the PSAT as a way to assess their college readiness and practice for future college admissions tests. We encourage students with strong standardized test-taking skills, or those who are looking to prepare for future tests, to take advantage of this opportunity. Interested students should sign up in the Student Services Office. Space is limited, and filled on a first-come, first-served basis.

Seniors, Class of 2024 - It's Time to Schedule Campus Visits:

Many colleges are now offering in-person visits as well as virtual visits. Go to your college's website for more information. Now is the time to visit campuses (technical, 2 or 4 year) and get a feel for which school "fits" for you! While it's important to meet with admissions counselors and take the official campus tour, it's also helpful to take your own personal tour. Check out the places they don't show you, talk to a student in the student union about what they like about the school, as well as what they do not like about the school. Pick up a campus newspaper to see what's important to students and soak in the environment. If you don't feel like the school is a good fit, it may be a difficult place for you to find success. Refer to your STAR Conference materials for more helpful tour information.

Prepare to Apply to College Soon!

Seniors are encouraged to begin preparing to apply to colleges and universities, as they will be opening their admissions process soon. Students should begin to gather materials such as lists of activities, involvements, community service and recognitions, and letters of recommendation (if necessary) to make completing applications easier. It should be simple to find the application to your college on their website.

Regardless of the kind of school students plan on attending, it is very important to apply early. Technical college programs, especially, fill quickly on a first come first serve basis. Our goal is for ALL seniors going on to postsecondary education to have applications turned in and processed by Thanksgiving!

Application Process:

Once a student has completed their application, he or she should:

1. Request a transcript in person in OHS Student Services or fill out [this form](#).
2. Include letters of recommendation, **IF necessary**. (Most schools do **NOT** require letters of recommendation.)
3. Include check for application fee unless paid online (no cash please).
4. **IF required**, bring completed application or counselor sheet from application to Student Services.
5. Applications completed using online programs like the Common Application or Send Edu will request a High School counselor's email address. Transcripts for these applications are sent directly to colleges using these programs and do not require students to make transcript requests in person.
6. Counselors will complete requested information, and all application materials will be mailed out in a timely manner.

Early College Credit & Start College Now

Applications due Sunday, October 1st

Applications due Sunday, October 1st (Please turn in by Friday, September 29)

Students at OHS have several unique opportunities they can take advantage of typically during their junior or senior years. The Early College Credit Program (ECCP) for private and public 4 year colleges and Start College Now (SCN) for technical college offers students an opportunity to take college courses at Western, Viterbo or UW-L at no cost to them or their families. A student must have exhausted all course offerings in a content area and meet the college's admissions criteria in order to be approved for these programs. Students should contact OHS Student Services for more information and be sure to turn in an application before October 1st. **NO LATE APPLICATIONS CAN BE ACCEPTED!**

Student & Parent Senior Year Planning Night

Monday, September 11 – OHS PAC

6:15 PM Session 1 - Post-Secondary Planning

7:15 PM Session 2 - Paying for College

Student Services will host a **2-part senior student & parent night** on 2 different important topics for the senior year.

The first session will discuss post-secondary planning including: options for after high school, the college selection and application process. This session will include specific information on how to effectively complete college applications and request transcripts and additional materials required for admission.

The second session will focus on paying for college. Presenters will include our Senior Class Advisor, Bridget Hubbard, and a financial aid expert. This session will briefly cover the OHS scholarship process, followed by a longer presentation on the Federal Financial Aid process (FAFSA). The FAFSA will be available to students and families starting on October 1, 2023.

It is not required for students to complete the FAFSA in October. Some families may choose to begin the federal financial aid process early, to assist in the college decision making process. Most financial aid offices will continue to recommend completing the FAFSA process in January to maximize students' chances at federal financial aid for college. Contact your college of interest for their FAFSA priority deadline. Both students and parents are welcome to attend **one or both of these sessions!**

On August 28 and October 13, counselors will meet with all seniors in social studies classes to discuss this content as well.



CIEE Looking for Host Families for International Students



Study abroad and intercultural exchange organization, CIEE, is currently looking for volunteer host families for several high school exchange students coming to Western Wisconsin for the 23-24 school year. Their students will attend the high school

closest to their host family, and can take school transportation or carpool. Students speak very good English and have their own medical insurance and spending money to cover personal expenses. A host simply puts another plate on the table and welcomes the student as one of their own!

Volunteer host families come in all shapes and sizes; retired, single parents, couples with or without children of any age, etc. Interested parties can visit www.ciee.org/host for more information or start a host family application at ciee.org/hostapply.

Children's Mental and Behavioral Health Resource



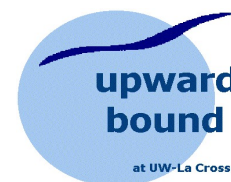
The [Children's Mental and Behavioral Health Resource Navigator](#) is a free, confidential, online tool designed to help parents, caregivers, and professionals navigate mental and behavioral health services and support for children ages 0 to 21. For more details, click [here](#).



Upward Bound Available to OHS Students

UW La Crosse provides a unique and FREE opportunity for our students to prepare for higher education. Upward Bound provides tutoring, college visits, advising and a summer program to assist students in college preparation. Students participating in the summer program can earn one high school credit from the experience.

Upward Bound works with students who have parents who have not graduated from a 4-year college or are income eligible. Details are available at the UB office at 608-785-8539, on their website at www.uwlax.edu/upward-bound/ or on Facebook (Upward Bound @ UW-La Crosse). Start your application online at www.uwlax.edu/upward-bound/.



Eligible for Free or Reduced Lunch?

Any student who has participated in, or has younger siblings who have participated in the free or reduced lunch program should reapply each year, **even if they do not eat in the school cafeteria.** Many opportunities are available to students participating in this program such as fee waivers for tests, like the ACT, and scholarship/grant programs. OHS Counselors often confidentially inform students of these opportunities, but only know who is eligible based on this program.

Applications for the School District of Onalaska's Free and Reduced Lunch Program are available in the main office or online. Names of students participating in this program are kept confidential.

2023-2024 Assessments at OHS

The following is a schedule of assessments that will be given to each grade level at no cost to the student and families.

Freshmen	* Practice ACT * Required Pre ACT	September 19 April 9
Sophomores	* Practice ACT * Required Forward Exam (Social Studies) * Required Pre ACT	September 19 March 20-21 April 16
Juniors	* Practice ACT * PSAT (Pre SAT, Optional, Fee Required) * Required State-wide ACT	September 19 October 10 March 13
Seniors	* PSAT (Pre SAT, Optional, Fee Required) * UW System Early Math & English Placement Practice Tests	October 10 November 8-9

Opportunities for Juniors (Class of 2025)

All OHS Juniors

Tuesday, September 19, 2023

Morning – Practice ACT

Afternoon – Local college tours FREE!

Morning:

All juniors will take a FREE practice ACT test. This retired ACT test will be administered, timed and scored identically to an actual ACT. ACT will score this test, and provide students with sub scores, a composite score and most importantly an itemized list of correct answers compared to the student answers. Results will be shared with students in October.

Afternoon:

All juniors will be attending a campus tour. Juniors will have the opportunity to tour a technical college (Western Technical College), a 4-year public university (UW-La Crosse), or a 4-year private university (Viterbo University). Although students may not plan to attend these specific post-secondary institutions, they will receive helpful information on the process and various aspects of post-secondary education.

The campus visit is a crucial part of the post-secondary decision process. It is a time to ask questions, and obtain an overall perspective of the college's atmosphere. Visiting colleges will provide a better understanding of which college is the right choice. Students should be prepared to ask questions about:

- Academic expectations
- Popular academic programs
- Technology on campus
- Cost of attendance
- Financial Aid
- Scholarship opportunities
- Housing or dorm arrangements
- Campus food
- Extracurricular activities
- Sports
- Clubs/student organizations
- College social life

Now is the time for juniors to begin to narrow down post-secondary options and opportunities. A campus tour is a great way to motivate students in considering options that will ultimately guide the direction of their careers. The campus tour will provide a start in considering their post-secondary options! Permission slips for this event will be sent electronically to junior parents early in September. Assignments to colleges will be made first come first served – based on completed permission slips.



Coping with Back-to-School Anxiety for High-Schoolers

From familyeducation.com

Am I good enough to make the team this year? Am I smart enough to take AP Biology? Those seniors seem so much older than me! Each year of high school brings new concerns for your teen. Follow our suggestions on how to help ease those worries.

Where Do I Fit In?

Your teen is most worried about belonging -- finding a group of like-minded peers who will accept him and call him their friend. These safe havens come in many forms: sports teams, clubs, extracurricular activities, and friendship circles.

As you might recall from your own high-school days, every student body is fractured into distinct cliques -- jocks, geeks, nerds, goths, preps -- and while the labels may change with the times, the pressure to fit in seems eternal. Encourage your child to follow extracurricular activities based on his own interests, curiosities, and abilities, not on whether a certain pursuit will grant him automatic acceptance to a clique.

How Do I Look?

What kids wear and how they look is very important in high school, and even in middle school. Certain fashions and brand-name clothing become the uniforms for particular groups. Hairstyles (and colors), makeup, body piercings, and tattoos also give kids both an individual and group identity.

There's considerable pressure on girls to emphasize their sexuality in the way they present themselves and communicate. For boys, achieving average height and a sufficiently developed physique by the mid-teens is often equated with their masculinity.

Particularly for mothers and daughters, sarcastic or critical remarks about a girl's appearance is shaming, harmful, and puts an unnecessary strain on a relationship that may be stressed already. If it's tempting to comment on your daughter's outfit or hairstyle, try pulling back -- and pulling out some of your own high-school pictures instead. Besides giving you both a good laugh, you can use these photos to start a discussion on how you both coped with anxieties about your appearance. Pictures can be a vivid reminder that Mom also struggled with these same issues.

Am I Smart Enough?

A nervous freshman once told me, "Everything starts to count freshman year. From here on in, if you goof up at all, no colleges will want you." This abiding panic can continue until the end of junior year, when kids believe their futures will have been decided. For many, college acceptances dictate whether they have any future at all.

Academic competition heats up in high school; coursework gets measurably tougher, homework gets much longer, teachers don't spoon-feed kids. The challenge is "Are you smart enough to handle all this, on your own?"

Remind your teen that college acceptances are based on many factors. Kids who challenge themselves with difficult courses and do well are considered better candidates than students who receive higher grades but take the easiest classes. Freshmen grades are not considered as relevant as grades in later years.

Assure him that his study and test-taking skills will improve. Encourage him to come to you if he begins to become confused or overwhelmed about any of his schoolwork.

Keep up with the specifics of his coursework and homework. Don't wait for his first term's grades to find out how he's doing academically. Tell him that you will do whatever it takes to help him succeed, including finding him a tutor if necessary.



EXPECTATIONS OF ONALASKA STUDENT ATHLETES

1. YOU ARE TOUGH
2. NO DRAMA...PERIOD
3. COMMITTED TO THE TASK
Find a Way, Take Care of your People
4. ABOVE THE LINE DECISION
MAKING 24-7-365
5. DO NOT BE A FENCE RIDER
Decide and Move on



Onalaska Hilltopper Athletic Booster Club

Page · Community · onaboosters · 782 like this

“Like” the Onalaska Booster Club Facebook page to get events and other information.

Follow Mr. Thiry @OnaActivities on Twitter for updates and results for Hilltopper Athletics.

Please subscribe to the Onalaska Booster Club YouTube Page for Home Event Streaming.

Check Out The Onalaska Booster club website -

[Onalaska - Team Home Onalaska Hilltoppers Sports](#)

Check it out - onalaskahilltoppers.net
 *Sport schedules - continuously updated
 *Link to join the Booster Club
 *Link to become a sponsor
 *Link to sign up your athlete for the upcoming season

Click the link to sign up now to get text updates for schedules & upcoming events:
<https://alerts.getvnn.com/>

Looking forward to a great 2022-2023 school year supporting our student athletes!

Students registering for athletics

must have a **current physical examination** on file in the athletic office **before the student is authorized to participate in practice/tryouts**. If your students' physical is outdated and you are struggling to make an appointment with your regular physician other options include:

Bronston Chiropractic - 1202 CTH PH Suite 100 - Onalaska 608-781-2225

OR **Neighborhood Family Clinics** -

La Crosse - 1526 Rose Street - 608-781-9880 or
 Onalaska - N5560 CTH ZM - 608-779-5323



Sports Physical Card?

Physical Examinations - Athletes, cheerleaders and dance team may not practice for or participate in interscholastic athletics until the school has registration on file attesting to:

- Completion of online registration and parent acknowledgement.
- Current physical examination by a licensed physician or Advanced Practice Prescriber (APNP).

-Examinations performed after April 1 of the current year are good for the following two school years. A physical form signed by the physician is required for eligibility.

Example – A student who received a physical examination on April 1, 2022, and turned in a physical form signed by the attending physician or APNP, would be covered for the 2022-2023 school year. That same physical would cover the 2023-2024 school year also.

-Examinations performed before April 1 of the current year are good for the remainder of that school year and the following school year.

Example – A student who received a physical examination on March 31, 2022 and turned in a physical form signed by the attending physician or APNP, would be covered for the remainder of the 2021-2022 school year. That same physical would cover the 2022-2023 school year.

- Acknowledgment that the SCHOOL DISTRICT OF ONALASKA DOES NOT PROVIDE ACCIDENT, MEDICAL, OR DENTAL INSURANCE FOR STUDENT ATHLETES.

Gundersen Health System Offering Physical Clinics

Gundersen Health System is offering two physical clinics if you cannot get an appointment with your local provider:

July 25th from 5-8 p.m. at the La Crosse Clinic - Family Med Residency

August 9th from 5-8 p.m. at the Onalaska Clinic - Sports Med Clinic

Cost for the sports physical is \$30.00 or billable to your insurance. Space is limited and you MUST call for an appointment - 608-775-6680. This is not a walk-in clinic.

Important Fall Sports Dates



Mandatory Parent/Athlete Meetings:

[Parent/Athlete Preseason Video](#) can be viewed online on the main activity page.

Individual sports coach meeting schedules can be found by clicking "OHS Fall Sports" and selecting the desired sport page.

Starting Dates:

Football: August 1, 2023

Girls Golf: August 7, 2023

Girls Swimming: August 8, 2023

Girls Tennis: August 8, 2023

Boys and Girls Cross Country: August 14, 2023

Boys Soccer: August 14, 2023

Volleyball: August 14, 2023





<http://www.onalaska.k12.wi.us/schools/high/activities/>



**ONALASKA
HIGH SCHOOL**

Activities & Athletics Home

All Athletic Registration is online!

All necessary forms for Athletic Registration are online. You will need to know your student's ID number to register.

The only paper form that can be handed in to the Athletic Office is the physical form. This completed form can also be uploaded to your online registration page. If your student athlete's last physical was before April 1, 2022, they will need a new physical exam this year to be eligible to participate in a sport.

To access the online registration page, go to our school website at <http://www.onalaska.k12.wi.us/schools/high/activities/> .

Participation Fees are now available to pay through eFunds at <https://payments.efundsforschools.com/v3/districts/55003> .

A short video that demonstrates the online registration process can also be found on our high school activities main page.

Fees need to be paid prior to the first competition.

***Thank you
OHS Activity/Athletic Office***



ONALASKA HIGH SCHOOL ATHLETIC USER FEES

\$45.00 – (\$6.75)

Cross Country
Swimming
Tennis
Track & Field

\$100.00 – (\$15.00)

Dance
Golf
Gymnastics

\$75.00 – (\$11.25)

Baseball
Basketball
Football
Ski & Snowboard
Soccer
Softball
Volleyball
Wrestling

\$200.00 – (\$30.00)

Winter Guard

\$250.00 – (\$37.50)

Hockey



*Students whose families submit the proper federal forms and qualify for free or reduced lunch under existing federal guidelines will have the option to have athletic fees waived/reduced.

*Families with students in multiple athletic programs will be responsible for a maximum family fee of \$350.00 per year.

*Participation fees are to be paid prior to the first competition.

*Refunds of athletic user fees will be considered if a student/athlete voluntarily terminates or is terminated from an athletic activity prior to the third competition in that sport.

*All school owned athletic equipment **MUST** be returned before any refunds will be considered. All school owned athletic equipment must be returned at the end of the season or cost of equipment will be added to the student's school account.

Admission Charges for Athletic Events: [Purchased through GoFan](#) (see page 7)

Adults - \$5.00

Students (K-12) and Senior Citizens - \$3.00 (62 or Older)

School Year Sport Passes – Adults \$70.00 / Students (K-12) \$30.00

Good for all OHS home events - **except** post season tournament events



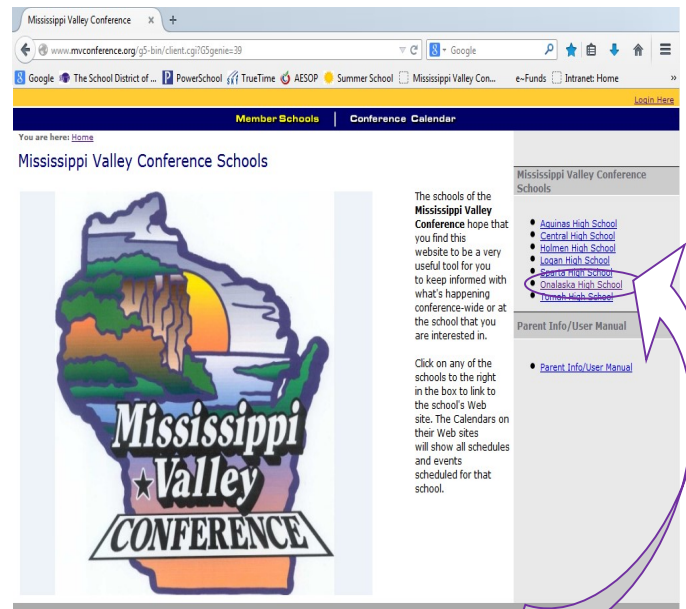
Calendar of Events

To view the most updated schedules for any Mississippi Valley Conference team, use the MVC website at:

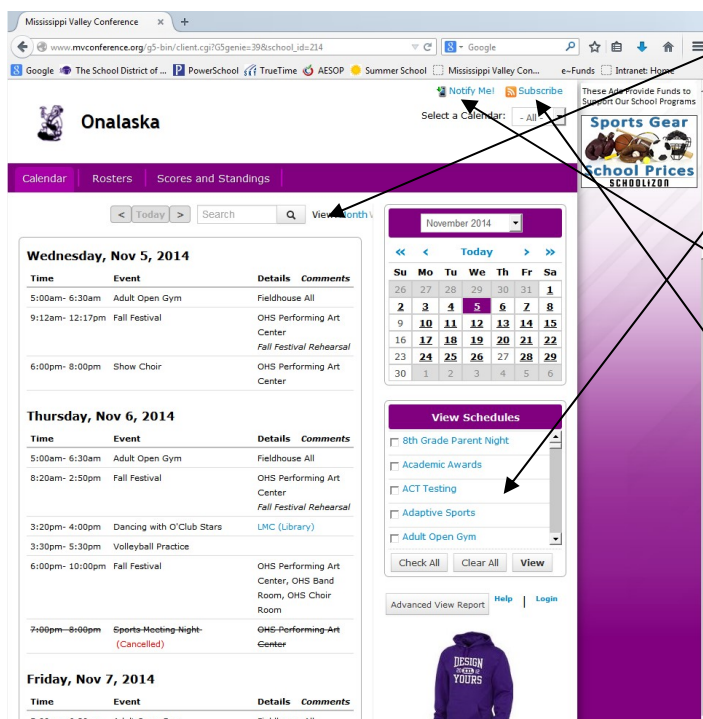
<http://www.mvconference.org/g5-bin/client.cgi?G5genie=39>

This website not only has athletic events, but also all other events taking place in our school.

Once you click into a specific school, you can subscribe to a calendar or set up a “notify me” text reminder. This is located in the upper right corner of the website. All MVC sporting events go through this calendar and will give you the most up to date information possible.



Select Onalaska High School



View the calendar by day, week, or month.

Select schedules you would like to view and see your own customized view.

Use the “Notify Me!” tab to set up text reminders.

“Subscribe” to set up a calendar that will update automatically with any changes that may occur.

When subscribing to a calendar, you can choose from Outlook, iCal or Google for your calendar.

SUBSCRIBE TO ALL OF TODAY'S EVENTS

IMPORTANT NOTE: This data feed is for PERSONAL use only. Any business or organization that wants this information, even if for providing it back to the school in **ANY** form, should contact support@thischooltoday.com for a simple license agreement.

Click any of the links below to subscribe to **ONLY** today's activities. If you want full schedules for any activity, click into those schedules first from the "View Schedules" box on the right side of the calendar, then Subscribe.

CALENDARS



OUTLOOK Click the icon to add your selected schedules to your Outlook Calendar
Note: Some versions of Internet Explorer have limits.



ICAL Click the icon to add your selected schedules to any iCal device (Mac, iPhone, iPad, etc)



GOOGLE Click the icon for instructions and the link to paste into any Google Calendar

RSS READERS



RSS Click the icon to add your selected schedules to your RSS Reader



GOOGLE Click the icon to add your selected schedules to your Google Reader



YAHOO Click the icon to add your selected schedules to your Yahoo Reader

Onalaska Hilltoppers Athletic Booster Club 2023-2024 Membership Form

The purpose of the Booster Club is to promote and support Onalaska School District interscholastic athletics and athletic programs and to foster school and community spirit and sportsmanship that are consistent with the educational philosophy of the school and the community it serves.

Please consider supporting our student athletes in one of the following ways

☐ **Ultimate Fan Club Level- \$200**

- OHABC Membership - includes voting rights at Annual Meeting to elect OHABC officers
- Two Activity passes for 2023-2024 for all regular season games (\$140 value)
- Ultimate Ona Swag Bag
 - Includes:
 - Hilltopper yard sign
 - Insulated 40 oz tumbler with handle
 - Wireless charger



☐ **Family Fan Club Level- \$50**

- OHABC Membership - includes voting rights at Annual Meeting to elect OHABC officers
- Ona Swag Bag includes: Hilltopper yard sign, lanyard and insulated lunch bag

☐ **OHABC Supporter level- One time donation \$ _____**

- OHABC Membership - includes voting rights at Annual Meeting to elect OHABC officers

Registration Form

Name: _____
 Address: _____
 City, State, Zip Code: _____
 Email: _____
 Cell phone: _____

It's easy to join!

Click [HERE](https://onalaskahilltoppers.net) or go to onalaskahilltoppers.net

Mail form and check (payable to OHABC):
 Onalaska Hilltopper Athletic Booster Club
 700 Hilltopper Drive
 Onalaska, WI 54650



Questions about your membership?
 Contact Amy Sjolander (608) 779-4929 or
 email the fundraising committee at athleticboosters@onalaskaschools.com



Join us as we work together for the benefit of our student athletes in the 2023-2024 academic year!



SCHOOL DISTRICT OF
ONALASKA

Volunteer Background Check Information

VOLUNTEER BACKGROUND CHECK SYSTEM

The School District of Onalaska parent and community volunteer background checks are completed through an online system called BIB. BIB (Background Investigation Bureau) is a comprehensive online system that will provide thorough background checks on all volunteers. Please allow up to two weeks for a volunteer background check to be complete.

How does it work?

A volunteer will go to the BIB Secure Volunteer website and input their individual information. A direct link is provided on the School District of Onalaska website - <http://www.onalaska.k12.wi.us/district/volunteer-background-check-information.cfm>

The volunteer will receive an email from BIB stating they have passed the background check to volunteer. All volunteers need to coordinate with the building administration on volunteer opportunities.

The BIB background check is valid for 3 years. The BIB system will notify the volunteer via email when it is time for a recheck.

***If you are currently on the approved volunteer list and within your three year approved time, your background check is still valid and you do not have to complete the BIB check until your 3 years has passed. After the expiration of the 3 years, you will switch to the BIB background check. You may verify with your school secretary if you are a current approved volunteer.*

Please contact your building principal if you have any questions.

SecureVolunteer
Powered by BIB

We need volunteers just like you!

I want to volunteer!

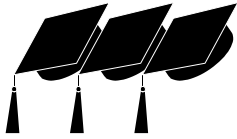
Follow this link to our Secure Volunteer site to initiate your background screen, which is required for all volunteers.

Onalaska High School
700 Wilson Street
Onalaska, WI 54650

Welcome to OHS! Check
out our website at:
www.onalaskaschools.com



An Equal Opportunity Employer



Important dates for Seniors

Senior photo submission deadline for the OHS Yearbook	Friday, September 22, 2023
<i>Submit close up shot showing predominantly head and shoulders, wallet size only</i>	
Senior baby ad submission deadline for the OHS Yearbook.....	Friday, September 22, 2023
Cap and Gown measurements taken and packets sent home	early November
Graduation orders taken for announcements, etc.	early November
Graduation Date	Saturday, May 18, 2024 --- 1:00 PM

CONTACT

School phone # 608-783-4561
School fax # 608-783-0102
School voice mail 608-779-5760

School Hours: 7:45 AM – 2:50 PM
Building Opens at 6:45 AM

Jared Schaffner Principal
schja2@onalaskaschools.com

Charlie Ihle Assoc. Principal
ihlch@onalaskaschools.com

Jason Thiry Activities Dir.
thija@onalaskaschools.com

LeAnn Dirks Admin. Assistant
dirle@onalaskaschools.com

Amber Turner Attendance
turam@onalaskaschools.com

Web: www.onalaskaschools.com



**School Starts
August 21
7:45 AM**



*The mission of
the School
District of
Onalaska is to
work together to
ensure high
levels of learning
for all.*

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