

A Place of Grace Catholic Worker House 919 Hood Street 608-782-6224 placeofgrace.cw@gmail.com

Volunteers help prepare and serve meals, clean up, play with children, talk with guests, and provide general hospitality.

American Cancer Society 1285 Rudy St Ste 103 608-783-5000
<http://www.cancer.org/Involved/Volunteer/index>

Volunteers for the American Cancer Society will make a meaningful difference in our community. You will help cancer patients and their families, build relationships and networks that last a lifetime, and learn and grow personally and professionally.

American Red Cross 2927 Losey Blvd. South 608-788-1000 http://www.arcscenicbluffs.org/volunteer_info.html

If you can handle emergency situations, you may be a candidate for the Disaster Action Team, our first line of defense in the event of a disaster. Members rotate serving on *call* and respond to disasters. Other volunteer opportunities include helping with blood services, office assistant, and working with the Health and Safety Services.

Bethany Riverside/Bethany Lutheran Homes 2575 South 7th Street 608-775-4741
http://www.bethanylutheranhomes.org/inner.iml?mdl=contact_us.mdl

One on one visits, manicures, reading to residents, sing-a-longs, coffee hours 1-3 p.m., Bingo Tuesdays 1-3 p.m., and Wednesdays 6-8 p.m.

Bethany St. Joseph Care Center 2501 Shelby Road 608-788-5700 <http://www.bsjcorp.com/>

Volunteers to assist with meal time, one to one visits, religious services, entertaining residents through music, playing games with them, and possible projects with the dietary department to provide special meal displays. Nursing students with CNA training may also assist in other various projects with the residents.

Boys & Girls Club of Greater La Crosse 811 8th Street South 608-784-5656 <http://www.bgcgl.org/>

In need of game room volunteers, tutors, peer court volunteers, and special event volunteers (sports tournaments, fundraising events, and special holiday events).

Catholic Charities 3710 East Ave South 608-782-0710 <http://www.volunteermatch.org/volunteers/>

Help wanted with programs involving Advocacy and Human Rights, Children and Youth, Crisis Support, Homeless & Housing, Immigrants and Refugees

Children's Museum 207 Fifth Avenue South 608-784-2652 ext. 226
<http://www.funmuseum.org/downloads/volunteeropps.pdf>

Volunteers needed in assisting the kids in learning, discovering, creating, and having fun!! Drop and shop - museum guests can drop off their children, ages 4-12, at the museum so they can shop, dine, or rest in peace. Museum staff and volunteers will supervise, play, provide snacks, and more.

City of La Crosse - Park and Recreation 400 La Crosse St. 608-789-7533 <http://www.cityoflacrosse.org/>

Volunteers wanted to help with recreational programs and activities for the residents of La Crosse. Events include Winter Rec-Fest, punt-pass-kick contest, softball tournaments, sports camp, coaching, playground/afternoon school youth leaders, and adult support official.

Coulee Region Humane Society 911 Critter Court, Onalaska 608-781-4014
<http://www.couleehumane.com/volunteer-main/>

In need of volunteers to provide the following: care for the animals, helping with mountains of laundry and tons of dirty dishes, dog kennel assistant, cat kennel assistant, and grounds maintenance.

Clearwater Farm 911 Critter Court, Onalaska 608-780-0441
http://www.clearwaterfarmfoundation.org/CONTACT_INFORMATION.html

Volunteers needed in areas involving animal team duties (working with the animals, learning about their eating habits, needs, and so much more) and gardening.

Family Resources 1500 Green Bay Street 608-784-8125, ext. 234
<http://www.laxfamilyresources.org/Volunteer%20Application.pdf>

Play Shoppe and Parent Connection

While parents are in their weekly meetings, you'll be playing and watching over the children!

Receptionist

Looking for people to volunteer at the front desk.

Franciscan Skemp Medical Center 700 West Avenue South 608-785-0940
<http://www.mayohealthsystem.org/mhs/live/locations/FSH/pdf/VolunteerPersonnelRecord.pdf>

Volunteers needed in different departments (physical therapy, cardiac rehab, elder service occupational therapy, and emergency department), Clinic Hospitality, Hospice, and Lifeline callers.

Girl Scouts of Riverland Council 2710 Quarry Road 608-784-3693

Volunteers needed to be a starter troop leader, badge box creator, photographer, grant writer, web site creator, marketing and recruitment assistance, or an assistant troop leader.

Great Rivers United Way 1855 East Main Street, Onalaska 608-796-1400 <http://volunteer.truist.com/gruw/volunteer/>

There are a number of volunteer opportunities available upon this website within every field of interest. Check it out and make a difference!

Gunderson Lutheran Hospital 1910 South Ave 608-775-6755, ext. 56755 <http://www.gundluth.org/volunteer/>

Volunteers to help with escort services (transporting non-hospitalized patients throughout medical center), pharmacy volunteer, physical therapy assistant, family rooms volunteer, and therapeutic recreation.

Other Volunteer Opportunities with Gunderson Lutheran Hospital:

Our Patients and Families Need Your Help!

Wheeling or walking clinic patients to appointments – transporting patient care related items such as x-rays and charts – escorting discharged hospital patients – answering calls from our staff who need volunteer assistance.

Habitat for Humanity 434 3rd Street South 608-785-2375
<http://www.habitatlacrosse.org/volunteer/form.shtml>

In need of construction volunteers, committee members, and fundraising help.

Hillview Health Care Center 3501 Park Lane Drive 608-789-4800
<http://www.co.lacrosse.wi.us/hillview/docs/VolApp.htm>

Volunteers wanted for help with group project volunteers (such as bingo), activity therapy assistant, friendly visitor, Alzheimer unit assistant, book volunteer, and help with lounge program.

Other Volunteer Opportunities with the Hillview Health Care Center include the following:

Assist with Community Outings

They are looking for volunteers whom would like to assist the Rec Therapy staff with taking residents on community outings and assist with shopping, pushing wheelchairs or walking with residents at the zoo, etc.

Assistant Gardeners

Looking for volunteers that would be interested in planting and maintaining flower beds, weeding, and watering.

Chess Players

Looking for volunteers that may be interested in playing Chess with a resident on a 1:1 basis.

500 Card Group Leader

Looking for a volunteer to lead a 500 card group. The volunteer would assist and potentially play 500 with a small group of residents.

Hillview Auxiliary Members

The auxiliary members assist with fundraising, social hours, and morning coffee.

Hillview Health Care Center Holiday Craft & Gift Show

Looking for volunteers to assist with their Holiday Craft & Gift show. Volunteer duties would include: greeting, giving directions, assisting vendors with carrying their items in and out of the facility; assisting with serving the meal at the food booth, and assisting the residents with browsing the variety of booths.

Hillview Health Care Center Safe Trick or Treat Volunteers

Looking for volunteers to assist with their Annual Safe Trick or Treat event.

Pretty Nails Volunteer

Looking for volunteers to assist removing fingernail polish, filing, and polishing nails.

Wii Games Volunteers

Looking for volunteers whom would enjoy playing Wii games with the residents.

Hixon Forest Nature Center 789 Myrick Park Dr 608-784-0303
http://www.myrickecopark.com/mgxroot/page_volunteer.html

Volunteers wanted for special events (Spikers for Hikers volleyball tournament, haunted hollow, enchanted forest, river to ridge run/walk) and volunteer naturalists to take school groups through the forest.

Ho Chunk Learning Center 724 Main Street 608-783-6025 <http://ho-chunknation.com/?PageId=1>

Volunteers to tutor students ages 6-14 in all subject areas from 4–5 p.m. on Monday, Tuesday, Wednesday, and Thursday.

Horsensense for Special Riders PO BOX 906 608-791-4868 (HSSR Answering Machine)
http://www.hssrweb.org/main/page_volunteer.html

In need of volunteers for all aspects of their program: side walkers, leaders, barn chores, fundraising, board members and committee members.

Housing Authority of the City of La Crosse 1307 Badger Street 608-782-2264 www.lacrossehousing.org

Volunteers to assist resident services with groups and actives, individuals to organize and lead activities on own or with other volunteers, deliver newsletters to the family units and high-rises, post flyers on various buildings, assist with special door-to door deliveries, and make sample crafts.

La Crosse Area Hmong Mutual Assistance Association 1815 Ward Ave. 608-781-5744
<http://www.lacrossehmaa.org/HMAA/contactUs.aspx>

Volunteers wanted for youth program assistants, office assistants, tutoring, and mentoring

La Crosse Area Salvation Army 223 8th St. N 608-782-6126
http://www.usc.salvationarmy.org/usc/www_usc_lacrosse.nsf/vw-dynamic-index/4DE23BED9CB5A53480256ECA004E2F0B?openDocument&charset=utf-8

Volunteer positions in many areas including meal site, office, pantry, drivers/unloaders, and canteen.

La Crosse County 4-H 400 4th St. N 608-785-9563

Volunteer positions in many areas (call for more information).

La Crosse Area Family YMCA 1140 Main St. 608-782-9622

Volunteers wanted to help with special events. Volunteers will work with both youth and adults on making the events successful.

Miracle League: Volunteers needed to assist children with disabilities (ages 4-19) in learning the fundamentals of baseball, soccer, and fitness. Call 608-783-9622 ext. 749 for more information.

La Crosse Special Recreation 400 La Crosse St. 608-789-7533
<http://www.cityoflacrosse.org/index.aspx?nid=1566>

There are a number of volunteer opportunities available ranging from Crazy Crafters to the Special Olympics. Check out the details below of what there is to offer:

Crazy Crafters

Crazy Crafters club meets twice a month. Participants create a seasonal, holiday or general craft. If you are artistically inclined or just like to be creative, we would love for you to volunteer with the participants.

Drama Club

The Drama Club, made up of volunteers, participants, and their staff, meet to rehearse the current play they are perfecting. Meet once a week.

Special Olympics Aquatics

The Special Olympics Aquatics season runs from March through June. Practices are Mondays, Tuesdays, Wednesdays, and Thursdays. Volunteers are needed to help make this a successful year for the athletes involved.

Special Olympics Basketball

Team basketball holds basketball practices Wednesday and Friday evenings. All athletes participating will participate in an area tournament in March. Volunteers will help instruct the athletes, aid coaches, and make each event a success.

Special Olympics Bocce Ball

Special Olympics Bocce season runs from June through August. Athletes work as a team developing their skills in the game of Bocce. Volunteers are needed to help instruct, encourage, and make the program a success.

Special Olympics Bowling

Over 150 athletes from the local La Crosse metro area participate in the bowling sport season. Volunteers are needed at practices to help athletes become the best bowlers that they can. Volunteers will work with athletes one on one in small groups.

Special Olympics Cycling

The Special Olympics Cycling Season runs from June through August. Athletes bring their own bike or use a bike that is provided. Volunteers are needed to instruct, encourage, and to make the program a success.

Special Olympics Golf

The Special Olympics Golf season runs from June through August. Volunteers are needed to help instruct, encourage, and to make the years program a success.

Special Olympics Gymnastics

The Special Olympics Gymnastics runs from January through April. Volunteers are needed to help teach and instruct athletes in the skills of gymnastics.

Special Olympics Power Lifting

The Special Olympics Power lifting season runs from March through June. Volunteers are needed to help teach and instruct athletes in the skills of power lifting.

Special Olympics Soccer

The Special Olympics Soccer season runs from March to June. Volunteers really make each practice and tournament competition a success.

Special Olympics Softball

This season runs from June through August. Athletes scrimmage and do drills to become a great softball team. Volunteers are needed to help instruct, encourage, and to make the year a success.

Special Olympics Tennis

This season runs from June through August. Athletes-both beginners and advanced participants-work to improve their tennis skills. Volunteers are needed to help instruct and encourage the athletes.

Special Olympics Track & Field

This season runs from March through June. Volunteers are needed to help train, instruct, and encourage athletes to excel in their areas of interest.

Special Recreation Fantastic Voyages

Special Recreation Fantastic Voyages are long distance one day trips that are offered to their participant. These are held once a month. Volunteers are needed to help program staff on the trips.

Special Recreation Open Events

These are local events that are held once a month. Volunteers are needed to help with these events.

La Crosse Area Sports Commission 410 Veterans Memorial Drive 608-782-2250

Help out with events that are put on throughout the year.

La Crosse Community Center Theater 118 5th Ave. N 608-784-9292

Want to work with the Community Center Theater Program? Call now for volunteer opportunities!

La Crosse County Historical Society 112 9th St. 608-782-1980
<http://www.lchsweb.org/volunteers.html>

Volunteers are needed in many areas. Duties include greeting visitors, monitoring museum property, gift shop sales, and assisting office staff when asked.

La Crosse County Jail 333 Vine St.

Volunteers are needed to entertain and watch children who arrive with a visiting adult, to provide a chance for the two adults to meet without distraction. For more information please contact John Hempstead at johnhempstead@yahoo.com

La Crosse County Republican Party PO BOX 772 608-498-3221 <http://www.laxgop.org/>

Help out with upcoming events throughout the year. Call for more information.

La Crosse County Democratic Party PO BOX 1861 608-781-0737 <http://www.laxdems.com/volunteer.php>

Need many volunteers for positions taking place Monday through Friday. Call for more info.

Lakeview Health Center 902 Garland St. E, West Salem 608-786-1400
http://www.co.la-crosse.wi.us/lakeview/docs/volunteer_intern.htm

Volunteers wanted for one-on-one visitors, read to residents, play cards/table games, assist with various activity programs, entertain musically, and much more.

Mary Mother of the Church Early Childhood Center 200 Weston St. 608-788-5225

Volunteers to work with K-3 students on their homework and to teach mini-units on a variety of skills.

Meadow Wood Assisted Living 2904 East Ave. S 608-788-7489 <http://www.meadowwood.org/>

Volunteers wanted to assist with programs such as happy hour, birthday parties, bingo, etc., one-to-one visits, pet therapy with Humane Society, play card games, help tenants with computer skills, assist in transporting tenants to church on Wednesday, Friday, or Sunday, give manicures, etc.

Mississippi Valley Conservancy 201 Main St. Ste 1000 608-784-3606
<http://www.mississippivalleyconservancy.org/GetInvolved/Volunteer.aspx>

Our volunteers accomplish land protection that otherwise would not happen, and they leave a lasting legacy for people today and for future generations. Field workdays encompass tasks like seed collection, brush removal, pulling invasive plant species, sign posting, etc. If outdoor physical labor isn't your thing or if you prefer using computers to chain saws, there are other opportunities to help out. Mississippi Valley Conservancy's volunteers help perform important ecological restoration work, office tasks, and provide guidance through our board of directors.

Mobile Meals of La Crosse 2600 Quarry Rd. 608-784-4623
<http://www.mealcall.org/meals-on-wheels/wi/lacrosse.htm>

Volunteers are necessary to any local non-profit senior meal program and you don't have to be a good cook or have a lot of time in order to volunteer. Program volunteers do more than drive from door to door. Volunteers are needed to help prepare and package dinners to be delivered, organize schedules, make phone calls, load delivery vehicles, and deliver meals.

Myrick Hixon Eco Park Myrick Park Dr. 608-784-0303 http://www.myrickecopark.com/mgxroot/page_volunteer.html

There are many volunteer opportunities available. Some of the many opportunities available include Program Leaders, Public Program Speakers, Prairie & Trail Work, Mailings, River to Ridge Run/Walk, Baking, etc. There is something available that will meet everyone's interest.

Other Volunteer Opportunities with the Myrick Hixon Eco Park include the following:

Baking Volunteers

They occasionally need goodies for their Summer Adventure Programs, River to Ridge, Enchanted Forest and other promotions. If you like to bake, sign up for this opportunity.

Butterfly Garden Volunteers

They'll be moving the butterfly garden from the old Nature Center to the Eco Center and will need help with that this spring/summer. Eventually they will also need staffing and gardening maintenance help.

Enchanted Forest Children's Trick or Treat Hike

Dress up as a story-book character and hand out goodies to young trick-or-treating hikers. If you don't like to dress up, you can help with registration, refreshments, popcorn, hot chocolate making, etc.

Frog Call Survey Volunteers

Learn more about frogs, their vocalizations and population trends. Groups of at least 2 people go out after dark from April until August and listen for frog calls at the La Crosse River Marsh.

Gift Shop/ Reception Desk

Need people to staff the front desk/gift shop at the eco center. Duties include answering phones, greeting visitors, and gift shop sales.

Mailings

Help during the week with newsletter, special event and many other mailings. These occur during a weekday about once a month for 1-3 hours.

Prairie & Trail Work Volunteers

Help restore the native prairies on the top of the bluff. Work on burns, seed collecting, planting, and sumac cutting. Help maintain the existing trail system by clearing and chipping trails.

River to Ridge Run/Walk

This annual run/walk from the Mississippi River to the top of the bluff needs many volunteers for registration, course marshals, water stations and finish. Get a yummy burger and a t-shirt for your hard work.

Volunteer Naturalist

This is an opportunity to lead a small (8-10) group of children on the trails in Hixon forest and the Marsh.

National MS Society 1120 James Dr. Suite A, Hartland, WI 53029 262-369-4400 www.walkmswisconsin.org

Join the fun by volunteering for Walk MS at the LaCrosse Center! Volunteers can assist with a variety of tasks. Register at the website above.

Neighbors in Action 703 11th St., La Crescent, MN 507-895-5155
<http://lacscentneighbors.org/volunteer.php>

Volunteers needed in developing relationships with the elderly. Also, volunteers are needed to do lawn care or other various maintenance.

New Horizons PO Box 2031 608-791-2600 <http://newhorizons.inlacrosse.com/>

Volunteers to help with children's advocacy, crisis phones/shelter assistance, donations/inventory, legal advocate, office assistance, public relations/fundraising, transportation, and women's advocacy.

Norskedalen N455 County Road P, Coon Valley 608-452-3424 <http://norskedalen.org/index.asp>

Norskedalen has many ongoing volunteer opportunities with our many committees. You can also browse their list of volunteer tasks to find an opportunity to share your skill, find community service projects, or choose a short term task that fits your interests. Whether you volunteer as an individual, with your group, club or organization, for a class or to earn community service, everyone is welcome!

Our Savior's Lutheran Church 612 Division St. 608-782-3468 <http://www.oursaviorslutheranchurch.net/>

Volunteers wanted to work with community out reach programs.

Pump House 119 King St. 608-785-1434 www.thepumphouse.org

Front Desk Greeter

The volunteers will welcome guests who are interested in the cultural aspects of our community and answer the telephone.

Ticket Takers for Concerts and Productions

Volunteers are needed in the evenings to hand out tickets that have been ordered in advance and to take tickets at the door.

Red Balloon Child Care Center 1417 13th Street South 608-784-9406 www.redballoonchildcare.com

If you enjoy working with children, this is the place to be! Contact phone number listed above for volunteer opportunities!

Riverfront, Inc. 3000 South Ave. 608-784-9450
<http://www.riverfrontinc.org/Foundation/Volunteer/tabid/110/Default.aspx>

Art Mentors Needed at Riverfront, Inc.

Riverfront is looking for people who have an interest, knowledge or experience in arts genre. These experiences can be in the areas of drama, writing, poetry, photography, any art mediums, dance and music.

Cheerful, Energetic Persons Needed to Support Their Receptionists

Riverfront, Inc., is looking for persons that have lots of enthusiasm and enjoy working with people. This position assists the receptionists with greeting and assisting visitors, answering phones and establishing and maintaining a positive welcoming environment.

Mentors and Role Models Needed For the Production Plant

Caring individuals will help staff as they work with participants with disabilities by mentoring and role modeling; each participant has the goal of working independently to the best of his/her ability.

Shelby Terrace Assisted Living 2501 Shelby Rd. 608-788-5700

Volunteers to work with senior adults to: complete crafts, play games, entertain through music, and help with manicures.

St. Joseph Rehab Center 2902 East Ave. S 608-788-9870

Wanted: singers, musicians, escorts (wheel-chair pushers), visitors, readers to residents, special party helpers, baking helpers, cake decorators, rosary helpers, etc.

Swifthaven Assisted Living 3715 Mormon Coulee Road 608-788-2933

Volunteers to play cards, organize short act plays, musical rehearsals, educational presentations, plan parties, facilitate non-denominational bible study, plan a baking day, crafts, exercise sessions, etc.

The Salvation Army 223 8th St. North 608-782-6126

Jeff: Volunteer Coordinator. Volunteers and interns to work with a variety of projects within the organization.

Other Volunteer Opportunities for the Salvation Army:

Food Pantry Registration Assistant

Do you like to meet and greet people? Are you good with paper work? They are in need of volunteers to work at their registration table, helping clients fill out a simple form before they receive food from their food pantry.

Food Pantry Volunteer

Help is needed in their food pantry packing grocery bags for distribution.

On-call Office Volunteers Needed

The Salvation Army is in need of friendly, competent people to help in their office on an "as needed" basis. They need these people to be willing to fill in at the office by answering phones, greeting clients and providing basic information about their service.

Villa St. Joseph W2658 State Road 33 608-788-5100

Volunteers to help serve cookies and drinks, help with bingo, provide music on each floor, and sometimes help feed sisters.

Viterbo University Fine Arts 900 Viterbo Dr. 608-796-3749

Call for a listing of volunteer opportunities.

Volunteer Center- Great Rivers United Way 1855 East Main St., Onalaska 608-796-1400

Volunteers to work in a variety of places. Check out the website for more information.

WAFER Food Pantry 403 Causeway Boulevard 608-782-6003 <http://www.waferlacrosse.org/>

Volunteers wanted to unload, weigh, and sort food, stock shelves, and wait on clients. No experience necessary. From time to time, WAFER needs help with maintenance and building up-keep. No specific time commitment. Spur-of-the-moment volunteers welcome. Hours: Monday, Tuesday, and Thursday evenings from 4:00-7:45 p.m. *Please contact Susan Clements at wafersue@centurytel.net for volunteering*

Pantry Volunteers

WAFER volunteers assist on a weekly basis, some help once a month, and some help a few times a year. Volunteers help prepare food packages, sort and stock non-perishable items, repackage bulk items, unload trucks, etc.

Volunteer for Senior Share

Once a month, food is delivered to the senior meal sites. In need of help with driving and delivering.

Y.W.C.A. of the Coulee Region 3219 Commerce St. 608-781-2783
<http://www.ywca.org/site/pp.asp?c=jhLQK0PGLoF&b=5110509>

There are many different ways to get involved and volunteer with the YWCA. The YWCA believes *everyone* has something to contribute *and* receive from participation within the YWCA community. The YWCA has volunteer opportunities for individuals and groups. We currently have nine program areas that are accepting volunteers, if you are interested in working with women and children in supportive housing, advocacy or recreation, we have something for you. Please contact the Volunteer Coordinator if you are interested in learning more about how to make a difference in the lives of women, children, families, and the Coulee Region community.