



From the COUNSELOR'S CORNER

March 2021



PANDEMIC PARENTING: SUPPORTING TEEN MENTAL HEALTH

To say that the stress of living through this pandemic is negatively impacting family mental health is an understatement. Not only are you worried about supporting your isolated teens and young adults, but you need support for parental stress too! Attend this free webinar to receive practical tips for how you can compassionately support teens and your own caregiver stress along the way. Join Families for Depression Awareness on Thursday, April 8, 2021, 7:00-8:15PM

[Register Today!](#)



WAYS FOR TEENS TO GET ORGANIZED

Being organized takes work, even at the best of times. But with so much disruption in routine this past year, staying organized — like nearly everything else — has been more difficult than ever before. Children with ADHD or executive functioning issues face unprecedented challenges, and even kids who typically have things under control are struggling. (Taken from the Child Mind Institute - see these [organization tips](#) for teens.)

	Small	Small	Medium	Small	Medium
8-9	Phonics	Phonics	Math	Phonics	Math
10-11	Phonics	Phonics	Math	Phonics	Math
12-13	Phonics	Math	Math	Math	Phonics
14-15	Phonics	Math	Math	Math	Phonics
16-17	Phonics	Math	Math	Math	Phonics
18-19	Phonics	Math	Math	Math	Phonics
20-21	Phonics	Math	Math	Math	Phonics
22-23	Phonics	Math	Math	Math	Phonics
24-25	Phonics	Math	Math	Math	Phonics
26-27	Phonics	Math	Math	Math	Phonics
28-29	Phonics	Math	Math	Math	Phonics
30-31	Phonics	Math	Math	Math	Phonics

COURSE SCHEDULING FOR 2021-2022

Course scheduling for next year is already on the horizon. Before the next school vacation, we will meet with students at all grade levels to discuss course scheduling. Be on the lookout for information on graduation requirements,

teacher recommendations, changes to next year's offerings, etc. There will be opportunities for students (and families) to meet with me one-on-one to address questions or concerns about their individual schedules.



MILITARY INFORMATION NIGHT

Virtually meet with representatives from all branches of the military at a Virtual Info Night on April 29th at 6pm. See more info and registration info at link in title.



ANNA MARIA COLLEGE OFFERS SPEAKER SERIES ON CRIMINAL JUSTICE

Criminal Justice and Law Enforcement faculty are hosting a series of Open Virtual meetings to introduce prospective students to various career paths in the Criminal Justice/Law Enforcement professions! This is an exciting opportunity for you to meet with career professionals in law enforcement. [Check it out here!](#)



WEBINAR FOR SENIORS ON COLLEGE DECISION MAKING

College Guidance Network is hosting a live event on March 24th from 8-9pm that will cover advice on evaluating offers of admission, award letters, and waitlist options to arrive at a final enrollment decision. All episodes include live Q&A with the experts. [Register Here.](#)



NATIONAL VIRTUAL COLLEGE FAIRS

More than 500 institutions will be participating in a National Association for College Admissions Counseling (NACAC) virtual college fair series hosted throughout the spring. Events will be offered on March 21 and May 7 from 1 - 7 p.m. EST. For more information or to register for the event, students may visit virtualcollegefairs.org/events.

The College Board is also hosting virtual college fairs this spring, called BigFuture™ Days. Connect directly with college admissions representatives and current college students. Explore colleges in a way that's not overwhelming. Ask questions and take action on key college planning steps. Register at cb.org/bigfuturedays.



VIRTUAL VISITS WITH ADMISSIONS REPS

Meetings with College Admissions Representatives, usually reserved for the Fall, are now happening with more frequency this Spring. Nearly a dozen schools have already signed up with us to meet directly with Tahanto students. Search in Naviance under College Visits to see the updated list of schools and to register.



QCC APPLICATION AND DECISION DAY

On Friday, March 19, 2021, Seniors will have the opportunity to work directly with an Admissions Representative from Quinsigamond Community College. Students will receive information about QCC programs, get help completing applications, and can earn an on-the-spot conditional acceptance to QCC! Students who would like to get a jumpstart can [find the QCC application here](#). Please let me know if

you are interested in taking advantage of this opportunity, so I can have your transcript ready and schedule an appointment time for you.



SCHOLARSHIPS

As Seniors receive their acceptance letters, (Don't forget to update Naviance with any results!) questions about how to pay for college loom. Remember to regularly check on Naviance for active Scholarships, many which are local and often reduce competition, increasing one's chances of being awarded free money! Other places close to home for scholarship searches include employers, unions, local libraries, cultural groups, and religious organizations. For safe and reliable online search engines, [Fastweb](#) and [College Board](#) are great places to start.



SUMMER PROGRAM OPPORTUNITIES

The Association for Pre-College Program Directors is proud to present the 2021 Summer Pre-College Program Fairs, a series of virtual events that provide students, families, and education professionals the opportunity to learn about academic summer programs at top US colleges and universities.

At each fair, attendees may:

- Visit virtual booths, where you can ask questions via text or video chat with summer program representatives.
- View helpful webinars on how to choose a summer program and how to make the most out of a summer program experience.

Registration is **FREE** to attendees. You are invited to visit the Virtual Fairs website at <https://www.summerstudyintheusa.org/virtualstudentfairs> for complete information on dates, times, and which institutions will be represented at each event. A Virtual Fair will be held on Saturday, April 10, 2021, 11:00am – 1:00pm. You are also encouraged to visit [SummerStudyintheUSA.org](https://www.summerstudyintheusa.org), where you can search participating programs by student grade level, financial aid, academic interests, and more.

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