

2023-2024 Austin Packer Basketball Rules

(All rules are agreed upon by Austin coaching staff and may change at the coaches' discretion)

Sportsmanship

Sportsmanship is always required from all athletes. Talking poorly to or about other teammates, coaches, and referees is unacceptable. If you have an issue with another teammate you are expected to talk to a coach about this matter. The only person allowed to talk to a referee is the head coach. Depending on the severity of the athletes' actions, poor sportsmanship will result in consequences for those who displayed the action. These consequences will be made by the head coach.

Late to Practice or Missed Practice

All athletes who know they are going to be late or be absent from practice are required to notify a coach before practice begins. A failure to do so will result in direct consequences for the athlete.

If an athlete has one unexcused absence from practice – This may result in suspension of play

If an athlete has two unexcused absences from practice –The athlete will be REQUIRED to sit one half of the next game.

If an athlete has three unexcused absences from practice –The athlete will also be REQUIRED to sit one full game. This suspension will take place the very next game after their third missed practice.

If an athlete has four unexcused absences from practice – They will be removed from the team indefinitely.

*All scrimmages count as a practice. If they are missed, the same consequences will take place as missing a practice.

What Qualifies as an Excused Absence From Practice?

An athlete is required to attend all practices throughout the season. The only acceptable excuses of missing practice are:

- 1) Illness
- 2) Family Emergency
- 3) Church
- 4) Injuries (doctors note)
- 5) Attending Tutor Sessions for Failing Students
- 6) In season school activities

There may be other incidences throughout the year of players needing to miss practices. These incidences will be decided by the head coach if they are excused or unexcused absences.

Attendance

Athletes must be in class for the entirety of the school day. If a player is more than 15 minutes late to class, misses an entire class or the full day of school, they will be marked as a cut which will disqualify them from participating in practice or game for the day.

Illness

If an athlete is contagious, please stay home and avoid contact with other players. A player who misses practice due to an illness may lose minutes during the next game. This all depends on how many practices the athlete missed and when these practices took place relative to the next game. A doctor's note may be required for some illnesses as well.

Injuries

If you are hurt or injured during the season, you will still be expected and required to attend all practices. Depending on the severity of the injury, you may need a Dr. note. If you are ill during the season and a Dr. recommends that you sit out of practice, you will need a Dr. note to be excused from practice.

Academics

Academics come before basketball. You are a student first, and an athlete second.
See Student Handbook

Lettering

To letter during the 2023-24 season all players that suit up and play or sit bench for the majority of the varsity season will letter. Sportsmanship and respect could also sway a final decision of lettering or not.

Being Active in Other Sports During Basketball Season

I encourage all players to be active with other sports during the basketball season. Anytime you participate in another sport when it does not take away from your basketball season will be tolerated. Participating in other sports that take athletes away from basketball practices, scrimmages, or games will not be allowed! When you dedicate yourself to a team, you are required to focus on the team and do what is best for you in season team. Anytime an athlete misses a practice, scrimmage, or a game due to time in another sport, it will be considered an unexcused absence and the consequences will take place.

Transportation to and From Games

All athletes are required to ride the bus to all away games throughout the basketball season. Athletes should be ready to leave 15 minutes prior of departure. Athletes also are expected to ride home on the bus from all away games. A player may ride home with only their parents if our Activities Director has given permission 24 hours prior to the event. This can only be set up through our activities department.

Captaincy

Players will vote for 3 captains in the first week of practice. Captains will be required to attend every event during the year (weights, fundraisers, etc). Captains will have various jobs to fulfill during the season and will be called upon to make team decisions.