



The Stall Street Journal

of Oak Park and River Forest High School

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Give the Gift of Gratitude

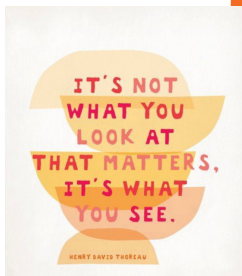
ATTITUDE
Gratitude

Remember that **you choose how you look at life** and what focus you take throughout the day. You can choose to **appreciate all the good things** that you have in your life, **recognize people's positive characteristics**, and do things that **make others feel better** about themselves.

As the holidays approach, practice lifting others up (also known as "bucket filling") by **expressing gratitude** towards your classmates and friends. You can:

- **Tell someone thank you for doing something kind for you.**
- **Look for the good in others and compliment someone on one of their strengths or talents.**

This helps us appreciate the gifts we all have to share and the many good qualities of our classmates, friends, and school community.



Socialize Safely This Season



December is National Impaired Driving Prevention Month, which highlights the dangers of impaired driving and the importance of making responsible choices behind the wheel.

Alcohol-impaired crashes increase in December as more people attend holiday celebrations. Deaths from marijuana-impaired crashes have also been on the rise in Illinois and other states.

The good news is that **prevention works**:

- Know the science! There are no shortcuts to "sobering up," and stopping drinking or smoking an hour or more before driving does not mean the effects have "worn off."
- **Talk with your friends ahead of time** about safe choices for everyone to get home.
- **Coordinate with your parents or friends' parents** about driving plans, so you don't have to worry about saying no to an impaired friend.



Warm Up With a Good Laugh!



What does a magician do the night before a final?

Abra-cram-dabra.

What did the pirate get on their finals?

High Cs.

What do you call a speck that falls into the latke pan?

An unidentified frying object.

What is on an elf's Instagram account?

Lots of elf-ies.

Why did the two snowmen break up?

One thought the other was a flake.



What do you call someone who works in a coffee shop in the winter?

A brrrrr-ista.

What do you call a slow skier?

A slope-poke.

Why was the snowman rummaging through the bag of carrots?

He was picking his nose.

Why did Elsa fall off her sled?

She let it go, let it go.

Why do reindeer like Beyoncé so much?

She sleighs.

