



ORRHS Guidance Newsletter

Current Guidance Happenings

Sophomore Meetings - Personality and Career Inventories

Starting Thursday, December 7th, counselors will be meeting with groups of sophomores to discuss Career Exploration. Meetings will take place in the guidance conference room during study halls and will last approximately 50 minutes. Students, please bring a writing utensil and a chromebook as you will be completing a Personality/Career Interest Inventory. Students should continually check e-hallpass for meeting times.

Parents, learn more about your Sophomore will be doing here: [Grade 10 Presentation](#)

Attention Senior Families - Important & Time Sensitive FAFSA Information

Although the FAFSA will not be released until December 31st, students and families **can and should** create their FSA ID now. Your FSA ID will be your digital signature and used to open your FAFSA account.

Use [this link](#) and follow the steps to create your account. You will need your social security number, your email address, and a cell phone number.

Check out these documents to learn more about the FAFSA: [FSA ID and College Board Accounts](#), [What do you need to complete a FAFSA?](#)

Senior Families - FAFSA Assistance Night, SAVE THE DATE: January 9th at 6 pm

The ORRHS Guidance Department will be hosting a FAFSA night on January 9th at 6 pm in the library. Beth Connelly-Silvia, Director of the Educational Opportunity Center, a program of Seven Hills, will work with families to complete their FAFSA. Please register in advance here: [FAFSA Night RSVP](#)

Senior Yellow Sheets

Seniors who have a **January 1st** deadline should submit their yellow college application checklists to your counselor no later than **Dec. 11th**.

Scholarship Information



[Apply for the Emerging Scholar Award!](#) Awards of \$1,000 are available to rising college freshman and sophomores.

To be eligible for this award, you must:

- Have earned a minimum GPA or QPA of 3.0
- Have been accepted into a community or four-year college or university
- Intend to study accounting

Updated scholarship information can be found on our ORRHS Guidance Website. Visit this link for quick access to current scholarship information (found on the right hand side of the page): [ORRHS Guidance](#)

Financial Aid Information for Seniors

Over 200 private colleges require the CSS Profile. The CSS Profile is available now and can be found at <https://cssprofile.collegeboard.org/>. Colleges have deadlines for financial aid applications, including the CSS Profile. Please check your schools to see if they require the CSS Profile and the timeline for submission.

Spring SAT information

SATs will be digital this spring. Juniors, it is recommended that you test in the Spring if you choose to test. To learn more, visit: <https://satsuite.collegeboard.org/digital>. The deadline for registering for the **March 9th** test is **February 23rd**, the deadline for registering for the **May 4th** test is **April 19th** and the deadline for registering for the **June 1st** test is **May 16th**.

Upcoming ON THE SPOT ACCEPTANCE event for Seniors, January 18

Attention seniors: A representative from Bristol Community College will be here on Thursday, January 18, for an “On-the-Spot College Acceptance Day”. Senior students are offered same day admittance and the application fee is waived. To take advantage of this one-time opportunity, you must contact your guidance counselor to sign up by Thursday, January 11. On Friday, January 12, during Bulldog Block, students who have registered for this opportunity will meet in the Guidance conference room to pre-register online. Please bring your social security number and your chromebook.

Junior and Senior Information Session with BCC

Attention Juniors and Seniors, a Bristol Community College information session will be held during Bulldog Block on December 19, in the Guidance conference room. Please sign up with your Bulldog Block Mentor and in Naviance to attend. To access Naviance use your student username and password. If you have any questions please email your guidance counselor.

Save the Date - RISD Pre-College Program Application Open



This summer, follow a college-level curriculum in the format that works for you with Pre-Collegiate Programs at Rhode Island School of Design. Rhode Island School of Design is excited to announce that applications are now open for RISD Pre-College, their residential summer immersive. Pre-College isn't just an education—it's an experience. This summer, live like a RISD student and work alongside hundreds of other creative, highly motivated students who will inspire you to push your limits and produce your best work.

June 29–August 3, 2024

Employment Opportunities


The Gleason Family YMCA in Wareham is looking for people for their child care program. Hours would be approximately 4pm-7pm. Interested students (or staff) could contact the Y directly at (508) 295-9622 or visit this page to download an application: <https://ymcasouthcoast.org/about/careers/>

Johnson & Wales LEAP Program

Hosted at Johnson & Wales University Providence Campus, [the Wildcat Learning Effectiveness in Action Program \(LEAP\)](#) is a fee-based educational program designed to help students discover how they learn and to develop specific strategies to enhance their learning. The program includes one-on-one support, small group instruction, and a 3-credit course available only to LEAP participants. LEAP focuses on supporting students with challenges

in the area of executive functioning. Those with ADHD, generalized anxiety, and/or specific learning disabilities may particularly benefit from the program. Wildcat LEAP is a 10-month program, operating August through May. The JWU experience begins with a 10-day intensive summer component designed to support students through the transition from high school to college. Participants explore the many supports and resources available to them at JWU, begin to learn about themselves and their learning characteristics, and develop peer support within their LEAP cohort. Throughout the fall semester, LEAP participants benefit from biweekly individualized support from their LEAP Learning Advisor. In addition to one-on-one support, the cohort is enrolled in a 3-credit course designed specifically for and available only to LEAP participants. The program continues through the spring semester with biweekly one-on-one meetings with their LEAP Advisor, as well as group activities and workshops on topics selected by the LEAP cohort. The program concludes with the development of a Wildcat LEAP Learning Portfolio that demonstrates comprehensive evidence of applied learning strategies

Career of the Week

| CAREER OF THE WEEK | | ENVIRONMENTAL ENGINEER |
|--|--------------------------|---|
| | |  https://www.bls.gov/ooh/ |
| WHAT DO THEY DO? | HOW TO BECOME ONE | JOB OUTLOOK & SALARY |
| <ul style="list-style-type: none"> • PREPARE, REVIEW, UPDATE, AND PRESENT REPORTS ON ISSUES RELATED TO THE ENVIRONMENT • DESIGN SYSTEMS THAT PROTECT THE ENVIRONMENT, SUCH AS THOSE TO RECLAIM WATER OR TO CONTROL AIR POLLUTION • OBTAIN, UPDATE, AND MAINTAIN PLANS, PERMITS, AND STANDARD OPERATING PROCEDURES • PROVIDE TECHNICAL SUPPORT FOR ENVIRONMENTAL REMEDIATION PROJECTS AND FOR LEGAL ACTIONS • ANALYZE SCIENTIFIC DATA AND DO QUALITY-CONTROL CHECKS • MONITOR THE PROGRESS OF ENVIRONMENTAL | <p>Bachelor's Degree</p> | <p>Projected job growth 6% between 2022-2032</p> <p>Median salary \$96,530</p> |

SEL TIP OF THE WEEK



Although some of us are fans of the winter, the darker and colder months can take a toll on others. As winter wraps its chilly embrace around us, finding ways to brighten your day becomes paramount. Embrace the coziness of the season by creating warm and inviting spaces at home, complete with soft blankets, twinkling lights, and comforting aromas. Encourage family and friends to engage in activities that spark joy, whether it's trying out a new indoor hobby, cooking a favorite meal together, or having a movie night with plenty of popcorn. Take advantage of natural daylight by spending time outdoors, even in the brisk air, to soak in vitamin D and boost your mood. Setting small, achievable goals and celebrating accomplishments can help you practice and benefit from a positive mindset. Lastly, laughter is a powerful antidote to winter blues, so inject humor into your days. By incorporating these uplifting practices into your daily routine in the winter, may your days be filled with warmth and joy!