



From the COUNSELOR'S CORNER

December 2021

Remember that we are here for you via phone, email, and now for in person appointments, so don't hesitate to reach out to us. Visit our [Tahanto School Counseling website](#) for more information on available supports and resources.



CLASS OF 2022 APPLICATIONS BY THE NUMBERS

> 60% seniors have applied to at least one college. (56% of these were for Regular Decision. There is still time to apply to most schools.)

> 300 transcripts have been processed by the Counseling Office and sent to colleges to date. (All requests for transcripts needed by 1/15 should be entered in Naviance already.)

> 12% students have received acceptance letters - congratulations! Some of those students have already committed to their college of choice. (Remember that *any* decision should be updated in Naviance.)

100% of schools receiving transcripts will **automatically** be sent midyear grades, as soon as they become available in February. Students do NOT need to request these on Naviance.



SCHOLARSHIP SEARCH TOOLS

As students complete college applications and hear from schools, focus may shift to how to pay for it all. In addition to regular updates in Naviance, there are many search engines available to families. Below is a list of scholarship websites which may provide opportunities not found elsewhere. You should not have to pay someone to find you money for college. Additionally, be sure never to share personal information, such as credit card numbers, bank account data, or social security numbers. Good luck!

1. [Scholly](#)
2. [College Board Scholarship Search](#)
3. [Fastweb](#)
4. [Scholarships.com](#)
5. [Cappex](#)
6. [Chegg](#)
7. [Niche](#)
8. [Peterson's](#)
9. [Department of Labor](#)
10. [Look locally](#) (Many of these are already on Naviance and will continue to be updated throughout the winter and early spring. Checking with student and family employers (especially unions), community groups, religious organizations, etc. are also potential places to start.)
11. [Sallie Mae](#)



LIVE COLLEGE-GUIDANCE FORUMS

All high school students and their families can benefit from nationally recognized experts who offer insights on essential topics surrounding college application and admissions through free programming. All [On Demand Recordings](#) can be viewed

at your convenience. Downloadable toolkits accompany each episode. Join the experts for advice on all things admissions, from financial aid to first generation students.



AN EARLY TASTE OF COLLEGE

Students interested in experiencing college level coursework, while still in high school, have lots of opportunities to do so. Many universities offer students ways to explore and challenge themselves through online programs throughout the year. Summer enrichment programs are already taking applications. Learn from college professors, explore interests, and discover new skills.

Learn with Leaders by Harvard Student Agencies (HSA) at Harvard University, has programs that begin next month including: Future [Future Doctors Program](#), [Program in Policy Making and International Relations](#), and [Future Lawyers Program](#). Certificates will be provided directly by **Harvard Student Agencies** at **Harvard University**.



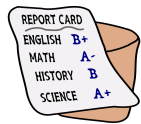
LEADERSHIP OPPORTUNITY FOR SOPHOMORES

Massachusetts Hugh O'Brian Youth Leadership ([MA HOBY](#)) Seminar invites sophomore students to participate in their annual leadership seminar. The MA HOBY seminar provides a fantastic opportunity for students to develop individual, group, and societal leadership skills. The 2022 seminar is planned to be held in person at Bentley University on June 10-12, 2022. Let Ms. Rodman know ASAP if you are interested in representing Tahanto.



VOLUNTEER OPPORTUNITY FOR GRADES 9 & 10

Youth for Community Improvement (YCI) is taking applications for the YCI Class of 2022. This program is geared towards sophomores and juniors in high school who are interested in making an impact in their community. The 12-week program helps to develop public speaking, consensus building and advocacy skills amongst participants. Together, the group will develop a request for proposals, create an application and review proposals to award \$25,000 in grant dollars to nonprofits. The deadline for [applications](#) is January 21, 2022.



INTERIM GRADES FOR QUARTER TWO

We are halfway through the second academic quarter. All grades should be up to date in PowerSchool. If there are questions or concerns, reach out directly to teachers following the break. From after school extra help sessions to peer tutoring, from developing new study skills and organizational strategies, there are steps students can take to make changes. Don't hesitate to reach out to the Counseling Office too for any additional assistance.



REDUCING HOLIDAY STRESS

See this [Article](#) for helpful information from the Child Mind Institute about how to take the stress out of family gatherings this holiday season.



MENTAL HEALTH HELP

Seeking guidance for your student's mental health journey? [This site](#) provides information for learning more, connecting with resources, and assisting with finding help. Remember that our own [Tahanto School Counseling website](#) offers links to many resources too.



TAKE A BREAK!



Once again, this fall has been filled with challenges and changes requiring us all to be flexible and adapt. I hope that everyone takes time over the break to move away from the screens and towards one another (safely, of course). Connect with those you love and reach out to support one another. We can still be productive, without the pressure of due dates and deadlines. Take time to care for others and ourselves. Play games, enjoy the snow, tell stories, read a book, do a craft, start a hobby, volunteer, exercise, practice mindfulness, meditate, try yoga, play music, dance - the options are endless. Be sure to rest and rejuvenate so that you return ready to face 2022, which holds the promise of positivity. Best wishes for a peaceful holiday season. Stay safe. Stay healthy. Be well. Take care.

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