

Gender Resources for Educators[©]

Books

[I am Jazz](#) by Jessica Herthel and Jazz Jennings

[Jacob's New Dress](#) by Sarah and Ian Hoffman

[Red: A Crayon's Story](#) by Michael Hall

[Beyond Magenta](#) by Susan Kuklin

[The Gender Book](#) by Mel Reiff Hill and Jay Mays

[The Transgender Teen: A Handbook for Parents and Professionals-Supporting transgender and non-binary teens](#) by Stephanie Brill and Lisa Kenney

Websites

<https://www.frameline.org/distribution/youth-in-motion>

This website provides free LGBTQ films and curriculum guides.

<http://www.welcomingschools.org/resources/>

A website full of resources about how gender can impact the student and the classroom. Including: book lists, ready-to-use lesson plans, tips on creating a welcoming community, and suggested responses to questions related to gender, families and LGBTQ topics.

<http://www.doe.mass.edu/sfs/lgbtq/GenderIdentity.html>

This website describes the guidelines that the Department of Elementary and Secondary Education in Massachusetts has created to help foster a safe school and community for all. Topics covered: gender transition, names and pronouns, privacy/confidentiality/student records, restrooms/locker rooms/changing facilities, and physical education/sports.

<http://www.doe.mass.edu/bullying/PNGuidance.html>

This website describes the guidance on how teachers/staff are to notify parents when a student has been bullied based on sexual orientation or gender identity/expression.

<http://www.mass.gov/cgly/BESE%20recs%20memo%202015.pdf>

This website describes nine new principles created in March 2015 to help ensure safe and supportive learning environments for LGBTQ students.

<https://www.genderspectrum.org/>

This website is a great resource for educators, parents, and youth to explore topics such as gender, expression, identity, and community.

<https://www.thetrevorproject.org/>

The leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

Community Organizations

Children's Friend

<http://www.childrensfriend.org>

508-753-5425 Parker Terrell, Gender Resource Specialist

An affiliate of the Seven Hills Foundation, Children's Friend offers outpatient individual/family therapy, support groups for transgender youth and their caregivers, and has a gender resource specialist who can help facilitate access to further resources.

Greater Boston PFLAG

<http://www.gbpflag.org>

"We are a group of parents, families, friends, and lesbian, gay, bisexual, transgender, and queer people. We help change attitudes and create an environment of understanding so that our LGBTQ family members and friends can live in a world that is safe and inclusive. We accomplish this through support, education, and advocacy."

MassEquality

<http://www.massequality.org>

"Leading statewide grassroots advocacy organization working to ensure that everyone across Massachusetts can thrive from cradle to grave without discrimination and oppression based on sexual orientation, gender identity, or gender expression."

Massachusetts Transgender Political Coalition

<https://www.masstpc.org>

"An advocacy, education, and community-building organization that works to end discrimination on the basis of gender identity and expression."

Safe Homes

<http://www.safehomesma.org/>

"Safe Homes is a program of The Bridge of Central Massachusetts, a human services agency headquartered in Worcester."

"..a program supporting lesbian a program supporting lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people, and their straight allies, between the ages of 14 and 23. The group is led by youth peer leaders, professional staff, and volunteers who offer support, resources, and opportunities for socialization in a safe and nurturing environment."

Helpful Terms and Definitions ©

- **Accomplice**: A person who focuses on dismantling the structures that oppress an individual or group, such work is often directed by the stakeholders within these marginalized communities.
- **Agender**: A person with no (or very little) connection to the current system of gender, no personal alignments to the ideas of either man/woman, and/or someone who considers themselves to exist without gender.
- **Ally**: A person who mostly engages in activism by standing with an individual or group within a marginalized community.
- **Androgyny**: A gender expression that has elements of both masculinity and femininity.
- **Androsexual**: Being primarily sexually/romantically attracted to some men, and/or masculinity.
- **Aromantic**: Experiencing little or no romantic attraction to others and/or lacks interest in romantic relationships/behavior.
- **Asexual**: Experiencing little or no sexual attraction to others and/or a lack of interest in sexual relationships/behaviors. Should be noted that asexuality is different than celibacy in that it is an identity label whereas being celibate is choosing to abstain from a certain action.
- **Bigender**: A person who fully identifies with two separate genders, often “man” and “woman”, but can be any two gender identities. Some describe the presence of two gender identities that can fluctuate over time, while others describe their experience as being a bit grayer by existing between the two at any given time, but at all times still fully identifying with both.
- **Cisgender**: A person whose sex assigned at birth and gender identity align.
- **Demiromantic**: Little or no capacity to experience romantic attraction until a strong sexual or emotional connection is formed with another individual, often within a sexual relationship.
- **Demisexual**: Little or no capacity to experience sexual attraction until a strong romantic or emotional connection is formed with another individual, often within a romantic relationship.
- **Drag king**: Someone who performs masculinity.
- **Drag queen**: Someone who performs femininity.
- **Feminine-of-center; masculine-of-center**: A word that indicates a range of terms of gender identity and gender presentation for folks who present, understand themselves, and/or relate to others in a more feminine/masculine way, but don't necessarily identify as women/men.
- **Feminine presenting; masculine presenting**: A way to describe someone who expresses gender in a more feminine/masculine way. Often confused with feminine-of-

center/masculine-of-center, which generally include a focus on identity as well as expression.

- **Genderfluid:** A gender identity described as a dynamic mix of boy and girl. A person who is gender fluid may always feel like a mix of the two traditional genders, but may feel more man some days, and more woman other days.
- **Gender non-conforming:** A gender expression descriptor that indicates a non-traditional gender presentation (i.e. masculine woman or feminine man). Term could also be used as a gender identity label that indicates a person who identifies outside of the gender binary.
- **Genderqueer:** A gender identity label often used by people who do not identify with the binary of man/woman.
- **Gender variant:** Some who does not conform to gender-based expectations of society
- **Gynesexual:** Being primarily sexually, romantically, and/or emotionally attracted to some women, females and/or femininity.
- **Hermaphrodite:** An outdated medical term previously used to refer to someone who was born with some combination of typically-male and typically-female sex characteristics. It's considered stigmatizing and inaccurate.
- **Intersex:** Term for a combination of chromosomes, gonads, hormones, internal sex organs, and genitals that differs from the two expected patterns of male or female.
- **Mx.:** An honorific (i.e. Mr.; Ms.; Mrs.; etc.) that is gender neutral. It is often the option of choice for folks that do not identify within the gender binary.
- **Pansexual:** A person who experiences sexual, romantic, physical, and/or spiritual attraction for members of all gender identities/expressions.
- **Passing:** A term for trans people being accepted as, or able to 'pass for,' a member of their self-identified gender identity, or being perceived as cisgender. Also can be used for an LGBT/queer person who is believed to be or perceived as straight.
- **Queer:** Used as an umbrella term to describe individuals who don't identify as straight or cisgender.
- **Skoliosexual:** Being primarily sexually, romantically, and/or emotionally attracted to some genderqueer, transgender, and/or non-binary people.
- **Transgender:** A person who lives as a member of a gender other than that which was assigned at birth.
- **Two-spirit:** An umbrella term traditionally, and exclusively, used by indigenous people to recognize individuals who possess qualities or fulfill roles of both genders.
- **Ze; zir:** Pronouns that are gender neutral and used by some trans people.

Want More Information?

This guide is meant to be a brief introduction to these concepts, so if you would like to explore further please contact us at Children's Friend, we have a Gender Resource Specialist on staff specifically to help individuals learn more about these topics.

<http://www.sevenhills.org/affiliates/chil>

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