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## WELCOME TO THE FLIK FAMILY!

St. Philip's Episcopal School has selected Flik Independent School Dining to be the food service provider for your school's community.

You may have questions about who we are and what to expect.

As we begin our partnership with St. Philip's Episcopal School we will share a series of communications in the next few weeks containing information about our company, our food and nutrition philosophy, food sourcing, food allergies and special dietary needs, plans for service, and more.

We thank you and look forward to partnering with your unique community to ensure our program and offerings exceed your expectations.

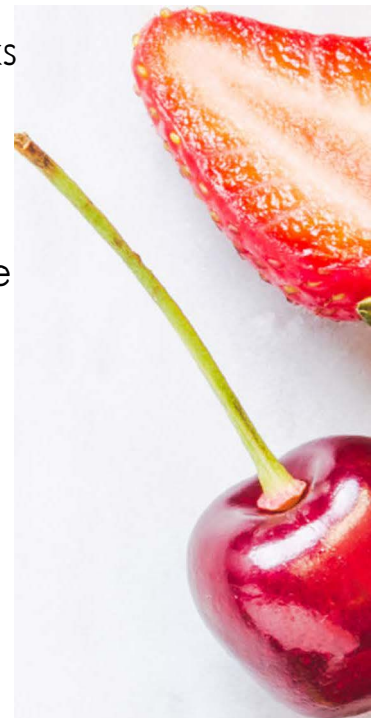
**Eat. Share. Connect.**

Ray Mulligan  
President

[www.flikisd.com](http://www.flikisd.com)



CONNECT WITH US @FLIKISDINING





## FREQUENTLY ASKED QUESTIONS:

### **WHAT IS FLIK?**

Flik is the last name of the couple who began our company in 1971. Building their company through corporate dining services and private catering, Rudi and Julie Flik eventually expanded into the education market, focusing on private and independent schools. In 1995, our parent company, Compass Group, acquired Flik. We operate over 265 private and independent day and boarding schools nationwide, throughout 34 states. In the state of Florida, we currently service 17 schools, the closest being St. Stephen's Episcopal Day School in Coconut Grove.

### **WHAT IS FLIK'S FOOD PHILOSOPHY?**

As a culinary driven organization from inception, Flik's focus has always been cooking from fresh, whole foods and using quality ingredients. Our mission is to provide wholesome, nutritious meals that fuel the minds of our campus communities, each day.

### **HOW ARE MENUS CREATED?**

The on-site chef creates menus with local/regional flavors and ingredients. They receive guidance, training and suggestions for on-trend, innovative ideas from the community and Flik's culinary, nutrition and marketing team .

### **WHAT IF I HAVE AN ALLERGY OR SPECIAL DIETARY NEED?**

Flik believes in a customized approach to serving students with special dietary needs. Schools receive support from registered dietitians regarding training, operation management and communication to ensure safety. We are in the process of organizing a parent engagement session with the nurse to ensure we keep all kids and adult safe on campus.