



Physical Education: Personal and Social Behavior

Competency: Exhibit responsible personal and social behavior that respects self and others.

Grade Level Competency: Kindergarten

Students will demonstrate self awareness by showing cooperative and respectful behavior toward adults and peers, in small and large group settings taking into consideration space, etiquette, equipment, and varied skill levels of others.

Criteria	Extending	Proficient	In Progress	Beginning
Respect and Cooperation	A complex performance or application of learning that is transferred to new or novel situations beyond the content area, makes extended or abstract connections to authentic, real-world, multifaceted situations, and/or constructs entirely new ideas that are transformational.	I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings.	I can demonstrate the ability to interact with others in small or large groups.	I can work by myself or with others in self selected groups or activities.
Safety		I can follow rules shared with me that allow me to safely move, share, and use equipment and space, and explain why those rules are important.	I can follow rules shared with me to safely move, share, and use equipment and space, but I'm still working on following them consistently.	I know the rules shared with me that allow me to safely move, share, and use equipment and space, but I'm still working on following them.

MDE grade level benchmarks embedded explicitly in the rubric

Kindergarten

- 0.4.1.1 Identify class rules and protocols related to self, space and equipment.
- 0.4.3.1 Share equipment and space with others.
- 0.4.5.1 Move safely in personal space with minimal reminders.



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Grade Level Competency: Grades 1-2				
Students will demonstrate self awareness by showing cooperative and respectful behavior toward adults and peers, in small and large group settings taking into consideration space, etiquette, equipment, and varied skill levels of others.				
Criteria	Extending	Proficient	In Progress	Beginning
Respect and Cooperation	A complex performance or application of learning that is transferred to new or novel situations beyond the content area, makes extended or abstract connections to authentic, real-world, multifaceted situations, and/or constructs entirely new ideas that are transformational.	I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings. <input type="checkbox"/> Grade 1 <input type="checkbox"/> Grade 2	I can demonstrate the ability to interact with others in small or large groups. <input type="checkbox"/> Grade 1 <input type="checkbox"/> Grade 2	I can work by myself or with others in self selected groups or activities. <input type="checkbox"/> Grade 1 <input type="checkbox"/> Grade 2
Safety		I can follow rules shared with me that allow me to safely move, share, and use equipment and space, and explain why those rules are important. <input type="checkbox"/> Grade 1 <input type="checkbox"/> Grade 2	I can follow rules shared with me to safely move, share, and use equipment and space, but I'm still working on following them consistently. <input type="checkbox"/> Grade 1 <input type="checkbox"/> Grade 2	I know the rules shared with me that allow me to safely move, share, and use equipment and space, but I'm still working on following them. <input type="checkbox"/> Grade 1 <input type="checkbox"/> Grade 2



Physical Education: Personal and Social Behavior

Competency: Exhibit responsible personal and social behavior that respects self and others.

Grade Level Competency: Grades 3-4

Students will demonstrate self awareness by showing cooperative and respectful behavior toward adults and peers, in small and large group settings taking into consideration space, etiquette, equipment, and varied skill levels of others.

Criteria	Extending	Proficient	In Progress	Beginning
Respect and Cooperation	A complex performance or application of learning that is transferred to new or novel situations beyond the content area, makes extended or abstract connections to authentic, real-world, multifaceted situations, and/or constructs entirely new ideas that are transformational.	I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings, including working with peers with skills/abilities different than my own. <input type="checkbox"/> Grade 3 <input type="checkbox"/> Grade 4	I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings. <input type="checkbox"/> Grade 3 <input type="checkbox"/> Grade 4	I can demonstrate respectful behavior during small and large group activities. <input type="checkbox"/> Grade 3 <input type="checkbox"/> Grade 4
Safety		I can follow rules shared with me that allow me to safely move, share, and use equipment and space across multiple areas (the gym, outdoors), and explain why those rules are important. <input type="checkbox"/> Grade 3 <input type="checkbox"/> Grade 4	I can follow rules shared with me that allow me to safely move, share, and use equipment and space across multiple areas (the gym, outdoors), but I'm still working on following them consistently. <input type="checkbox"/> Grade 3 <input type="checkbox"/> Grade 4	I know the rules shared with me that allow me to safely move, share, and use equipment and space across multiple areas (gym, outdoors), but I'm still working on following them. <input type="checkbox"/> Grade 3 <input type="checkbox"/> Grade 4



Physical Education: Personal and Social Behavior

Competency: Exhibit responsible personal and social behavior that respects self and others.

Grade Level Competency: Grades 5-6:

Students will apply language and behaviors that respect (space, equipment, varied skill level of others) and encourage self and others, including self monitoring and problem solving strategies that ensure a safe and enjoyable experience for all.

Criteria	Extending	Proficient	In Progress	Beginning
Respect and Cooperation	A complex performance or application of learning that is transferred to new or novel situations beyond the content area, makes extended or abstract connections to authentic, real-world, multifaceted situations, and/or constructs entirely new ideas that are transformational.	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings, including working with peers with skills/abilities different than my own.</p> <p>I can self-monitor my emotions and utilize problem solving strategies to contribute to a safe experience.</p> <p><input type="checkbox"/> Grade 5 <input type="checkbox"/> Grade 6</p>	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings, including working with peers with skills/abilities different than my own.</p> <p>I can self-monitor and verbalize my emotions.</p> <p><input type="checkbox"/> Grade 5 <input checked="" type="checkbox"/> Grade 6</p>	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings.</p> <p><input type="checkbox"/> Grade 5 <input type="checkbox"/> Grade 6</p>

Safety		<p>I can identify and apply rules that allow me to safely move, share, and use equipment and space in all areas (gym, outdoors), and explain why those rules ensure the safety of myself and others.</p> <p><input type="checkbox"/> Grade 5 <input type="checkbox"/> Grade 6</p>	<p>I can identify and apply rules that allow me to safely move, share, and use equipment and space in all areas (gym, outdoors), but I'm still working on applying them consistently.</p> <p><input type="checkbox"/> Grade 5 <input type="checkbox"/> Grade 6</p>	<p>I can follow the rules shared with me that allow me to safely move, share, and use equipment and space in all areas (gym, outdoors), but I'm still working on identifying and applying them.</p> <p><input type="checkbox"/> Grade 5 <input type="checkbox"/> Grade 6</p>
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Physical Education: Personal and Social Behavior

Competency: Exhibit responsible personal and social behavior that respects self and others.

Grade Level Competency: Grades 7-8

Students will apply language and behaviors that respect (space, equipment, varied skill level of others) and encourage self and others, including self monitoring and problem solving strategies that ensure a safe and enjoyable experience for all.

Criteria	Extending	Proficient	In Progress	Beginning
Respect and Cooperation	A complex performance or application of learning that is transferred to new or novel situations beyond the content area, makes extended or abstract connections to authentic, real-world, multifaceted situations, and/or constructs entirely new ideas that are transformational.	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings, including working with and encouraging peers with skills/abilities different than my own.</p> <p>I can self-monitor my emotions and utilize problem solving strategies to promote a safe experience.</p> <p><input type="checkbox"/> Grade 7 <input type="checkbox"/> Grade 8</p>	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings, including working with peers with skills/abilities different than my own.</p> <p>I can self-monitor my emotions and utilize problem solving strategies to contribute to a safe experience.</p> <p><input type="checkbox"/> Grade 7 <input type="checkbox"/> Grade 8</p>	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings.</p> <p>I can self-monitor and verbalize my emotions.</p> <p><input type="checkbox"/> Grade 7 <input type="checkbox"/> Grade 8</p>

Safety		<p>I can independently apply best practices for safe and proper use of space, equipment, footwear/clothing, rules, etc. in PE, and identify safety concerns of a particular activity that help prevent injury or accidents for myself and others.</p> <p><input type="checkbox"/> Grade 7 <input type="checkbox"/> Grade 8</p>	<p>I can apply best practices for safe and proper use of space, equipment, footwear/ clothing, rules, etc. in PE, and identify general safety concerns that help prevent injury or accidents for myself or others, but I'm still working on applying some of those best practices consistently.</p> <p><input type="checkbox"/> Grade 7 <input type="checkbox"/> Grade 8</p>	<p>I can identify best practices for safe and proper use of space, equipment, footwear/ clothing, rules, etc. in PE and general safety concerns that help prevent injury or accidents for myself or others, but I need to apply them.</p> <p><input type="checkbox"/> Grade 7 <input type="checkbox"/> Grade 8</p>
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Physical Education: Personal and Social Behavior

Competency: Exhibit responsible personal and social behavior that respects self and others.

Grade Level Competency: Grades 9-12

Students will apply critical thinking skills to communicate respectfully with others, solve problems or conflicts effectively, and achieve the best possible outcome for self and others during a variety of physical activities.

Criteria	Extending	Proficient	In Progress	Beginning
Respect and Cooperation	A complex performance or application of learning that is transferred to new or novel situations beyond the content area, makes extended or abstract connections to authentic, real-world, multifaceted situations, and/or constructs entirely new ideas that are transformational.	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings, including working with and encouraging peers with skills/abilities different than my own.</p> <p>I can advocate for my own needs while utilizing problem solving strategies to promote a safe experience for all.</p>	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings, including working with and encouraging peers with skills/abilities different than my own.</p> <p>I can self-monitor my emotions and utilize problem solving strategies to promote a safe experience.</p>	<p>I can demonstrate respectful behavior during small and large group activities including cooperative and competitive activities across multiple settings, including working with peers with skills/abilities different than my own.</p> <p>I can self-monitor my emotions and modify my own actions to contribute to a safe experience.</p>
Safety		<p>I can independently apply best practices for safe and proper use of space, equipment, footwear/ clothing, rules, etc. in PE, and when something unsafe occurs, I can analyze why it happened, whether or not it was preventable, and how it can be avoided in the future.</p>	<p>I can independently apply some best practices for safe and proper use of space, equipment, footwear/clothing, rules, etc. in PE, and when something unsafe occurs, I can identify why.</p>	<p>I can identify some best practices for safe and proper use of space, equipment, footwear/clothing, rules, etc. in PE, but I need to apply them. I can identify why some unsafe things occur.</p>