

Brookline Bulletin

Dec. 8, 2023 Volume 5. Issue 2



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Dates to remember

Dec. 11 CSDA Book Fair

Dec. 14 CSDA Book Fair Evening Event

Dec. 14 CSDA Band and Chorus Concert 6:00 p.m.

Dec. 15 Report Cards Posted to Parent Portal

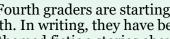
Dec. 18-22 Brookline Schools Spirit Week

Dec. 20 School Board Meeting at RMMS 6:00 p.m.

Dec.25 - Jan. 1 NO SCHOOL Winter Break

Jan. 15 NO SCHOOL Martin Luther

King Jr. Day



Grade 4: Fourth graders are starting a division unit in math. In writing, they have been working on winter themed fiction stories about being stuck in a snow globe!

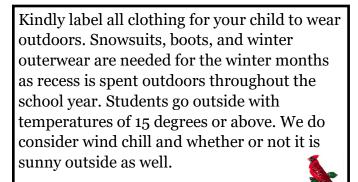
CSDA Happenings

Grade 5: This week fifth graders are wrapping up their learning about gravity. Next week, they will move on to learning about matter.

Grade 6: Sixth graders are excited to begin trimester 2! We had a blast this week building and launching our hot air balloons over the course of the week.

CSDA Unified Arts: The library will host the Scholastic Book Fair from December 11th to the 15th. A portion of all sales are used to support library programs and new books. We encourage you to sign up for the e-wallet. Students love learning how to shop. I assist them with the social, reading, and math challenges that come with shopping on their own.

Have a wonderful weekend! Mrs. Bouley



RMMS Happenings

Pre-K: Preschoolers are enjoying the hustle and bustle of the season. They continue to enjoy their bakery center in dramatic play and will be making lots of crafts. They have begun to introduce letters and sounds using the school-wide Fundations visuals.

Grade K: Kindergarteners are knee deep in addition right now. They're using objects, pictures, fingers, and brains to solve simple problems 0-5.

Grade 1: First graders continue to work on skills to decode more complex words when reading. They will learn to pay attention to word endings as well as irregular words like can't and I'm as they read more difficult texts.

Grade 2: Second graders will be learning how to write friendly letters and will be studying fictional characters. They wrapped up math topic 3 and will continue to work on addition strategies in topic 4.

Grade 3: Third graders are working on country research projects for their Heritage breakhistorical fiction journals. In math, they are working through division practice and previewing area and perimeter concepts while practicing spelling patterns in word study.

RMMS Unified Arts: In the library this season, we will enjoy various discussions, short engaging read alouds about gratitude. Students will be discussing story elements such as clips, and character, setting, and plot broken down to meet grade specific expectations.

Have a great weekend!



CSDA & RMMS HEALTH OFFICE UPDATES

December 8, 2023

Parent Alert- Energy Drinks



Energy drinks containing 200 mg of caffeine are not intended for children. The packaging is enticing to children. The Ghost & Prime brands come in colorful cans and candy flavors.

Caffeine is a stimulant found in plants that is added to energy drinks in high amounts. If kids have too much caffeine, it can lead to serious, life threatening heart problems. Children are at a higher risk for heart issues from excess caffeine because their body size is much smaller than adults. Children under the age of 12 are recommended to have 'zero' caffeine in their diet.

https://www.cdc.gov/healthyschools/nutrition/energy.htm

It is not too late to protect your family this season. Locations for obtaining a flu vaccine can be found here: https://www.vaccines.gov/

WHEN TO STAY HOME from school: To prevent contagious illness stay home with the following:

- Unexplained Rash- contact MD
- Uncontrolled Cough- contact MD
- Vomiting or Diarrhea until symptom free for 24 hrs
- Fever until fever-free without medication for 24 hours

CIRCULATING: <u>Strep Throat</u>, <u>Stomach Illness</u>, <u>Pneumonia</u>, <u>Bronchitis</u>, and the following

Croup The croup cough sounds like a harsh "barking" sound. This is the most common symptom of croup. Your child may also have stridor which is a raspy, vibrating sound that occurs when your child is breathing in.

Hand Foot and Mouth (Coxsackie Virus) Having direct contact with nose and throat secretions of an infected person may spread the infection. It may also be spread by the aerosol droplet route (e.g., sneezing, coughing). Or when you touch an object with the virus on it and then touch your face. Blisters may appear in the mouth, on the sides of the tongue, inside the cheek and on the gums. Lesions may also occur on the palms, fingers, soles of feet and buttocks. Most lesions persist for 7-10 days. A low-grade fever may accompany the illness for one to two days.

RSV (Respiratory Syncytial Virus) Common symptoms include runny nose, decrease in appetite, cough, sneezing, fever and wheezing. Most RSV infections resolve on their own in a week or two, but RSV can also cause more severe infections such as bronchiolitis and pneumonia (infection of the lungs).

COVID-19 Common symptoms include Sore throat, Congestion or runny nose, Headache, Cough, Fatigue, Fever, Chills, Muscle or body aches, loss of taste or smell, Nausea or vomiting, Diarrhea. Obtain a COVID test with any symptoms. To order 4 free COVID rapid tests https://www.covid.gov/tests What should we do if we test positive for COVID? Isolate and Contact the school nurse. Symptom start date or test positive date is Day Zero, then isolate days 1-5 and wear a well fitting mask days 6-10.

Follow the CDC Guidelines for Isolation If someone in the household tests positive, start wearing a well fitting mask for 10 days from exposure. If you have any symptoms, test for COVID right away.

CSDA: Maureen Lorden,

RN maureen.lorden@sau41.org

Phone: 603-821-0439

RMMS-Covering/District Float Nurse:
Diana Zoltko, RN <u>diana.zoltko@sau41.org</u>
Phone: 603-673-4640

RMMS: Tena Ferenczhalmy, RN tena.ferenczhalmy@sau41.org

Phone: 603-673-4640

Currently accepting donations and supporting families in Brookline and Hollis!

HOW OUR SCHOOLS CAN HELP

Most needed items for December:

- Bottled Juice (apple, cranberry)
- Canned Beets
- Cooking Oil
- Pasta Sauce
- Frozen Bread Dough
- Rice Pilaf Mixes
- Mayo
- Mustard
- Jelly
- Beef Broth
- Peanut Butter

All families
welcome- please
spread the word
to community
friends
and neighbors.

Thanks to our PTO, you may purchase the most needed items through Amazon:



YOUR CONTINUED SUPPORT IS APPRECIATED!
PLEASE KNOW THAT ALL DONATIONS MAKE A
DIFFERENCE IN OUR COMMUNITY.

RMMS and CSDA Spirit Days

December Spirit Days

Monday	Tuesday	Wednesday	Thursday	Friday
12/18/23	12/19/23	12/20/23	12/21/23	12/22/23
Tree Topper	Toasty Toes	Ugly Sweater	Hoping for a	Pajama Day
Day	Day	Day	Snow Day	Wear your
Wear your favorite hat, headband, or hair accessory	Wear your favorite pair of cozy socks	Wear or make your most favorite ugly sweater!	Wear all white in hopes of snow!	favorite PJs!

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Richard Maghakian Memorial School Registration for Kindergarten and First Grade

2024-2025 School Year.

RMMS will be holding registration for incoming kindergarten and new first grade students starting on January 2, 2024 thru January 31, 2024. Please visit our school website at www.myrmms.org and go to the Kindergarten registration link to download the forms and instructions. Registration for kindergarten is for Brookline residents who have children who will be five years old by September 30, 2024. Registration for first grade is for Brookline residents who have children who will be six years old by September 30, 2024. Please share this with any family you know who may have an age appropriate child entering kindergarten or first grade and are new to the area. Thank you for your help. If you cannot make dates in January please call the school office to make an appointment at 603-673-4640.



BOOK FAIR

THURSDAY, DEC 14

5:00PM-7:00PM

CSDA LIBRARY

Come to our

MSCHOLASTIC BOOK FAIR



Families can shop for books, journals, posters and more!

Accepting cash, credit cards, check and Scholastic eWallet

Not a school sponsored event



ATTENTION LOCAL BUSINESSES

The Brookline Parent Teacher Organization is excited to host Brookline Holiday Lights again this year.

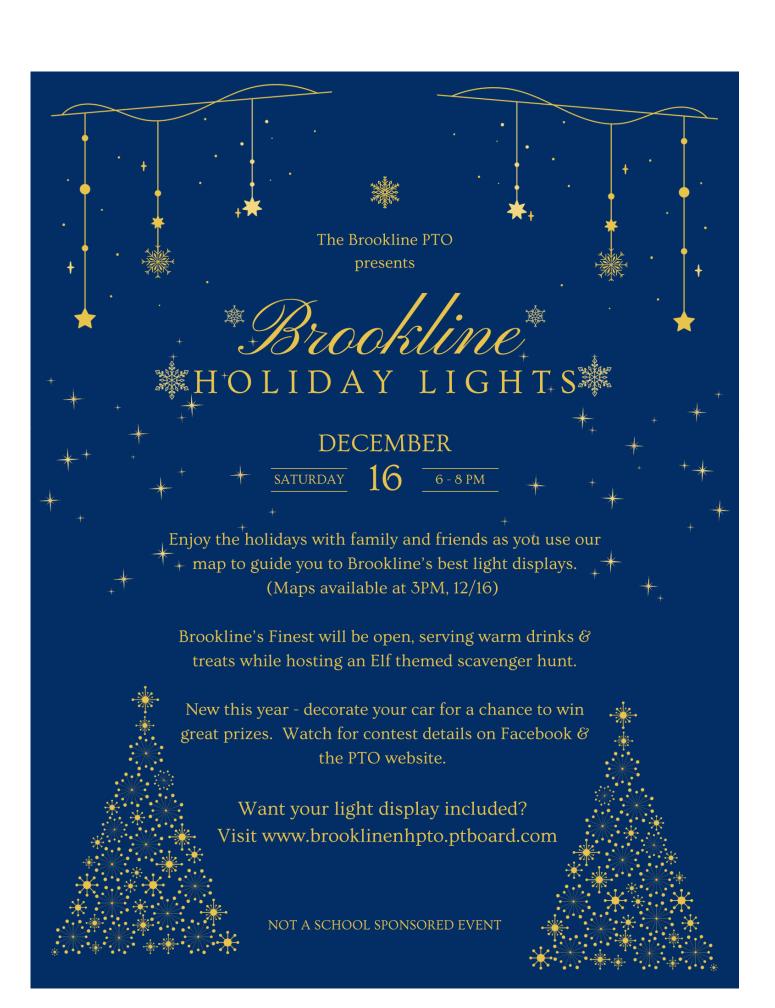
This fun, free community events encourages family & friends to visit all the best light displays in Brookline by following our detailed directory & map. This year we are adding a car decoration contest and Brookline's Finest will be open to serve warm drinks and treats.

If your business would like to participate in Brookline Holiday Lights, please email the business name and address that you would like included in our directory & map.

Take your participation to the next level by becoming a sponsor of Brookline Holiday Lights. Make a donation of \$200 or more to the Brookline Parent Teacher Organization and we will include your business name &/or logo on the printable directory. Sponsors also get a special mention on the Brookline PTO's social media accounts.

CONTACT US AT BROOKLINELIGHTS@GMAIL.COM TO ADD YOUR BUSINESS' LIGHT DISPLAY TO OUR DIRECTORY & MAP OR TO BECOME AN EVENT SPONSOR.

Not a school sponsored event





2024 LEARN TO SKI & RIDE PROGRAM



PLUS: NH SKI & RIDE BONUS

FREE Full Day/All Lift ticket to THREE NH Mountains. Valid starting Monday, February 26, 2024 through the end of each mountain's respective ski season. Valid for students only.







We take great pride in holding the title, The Premier Teaching Mountain in New Hampshire. Our professional instructors gear every lesson toward the student's age and ability, while providing a fun learning environment.

LEARNING AND FUN, IT'S WHAT WE DO BEST!

WHAT IS THIS PROGRAM?

- Weekday 5-Week Learn to Ski & Ride Series
- Participants receive a 1-hour lesson (if signed up for lessons) from a Pats Peak instructor and free ski/ride time.
- Program Dates: 2/16, 2/23, 3/8, 3/15, 3/22

HOW TO REGISTER

- It is open to Anyone in Hollis and Brookline Grades 1-12
- Register online at www.patspeak.com/LTSR Access Code: BESKI2024
- To receive early pricing, registration must be paid in FULL on or before: Open
- Additional Registration info: Best Rates Register by 12/15/2023

CONTACT INFORMATION:

Miranda Terry - Coordinator mirandalynnterry@gmail.com/603-548-5505 or Jen Morrissey -Coordinator jsjen03033@gmail.com/978-758-2824

TRANSPORTATION INFORMATION:

Parents responsible for transportation, we can help with carpooling!

WHAT ABOUT EQUIPMENT?

- RENTALS: Full Rental Packages are available for the program, or for the season. Helmets are additional.
- BRING YOUR OWN: Mark equipment with NAME AND SCHOOL.
 Unsafe equipment will not be allowed on the mountain.

PEAK PERKS: (DISCOUNTED PRICING)

- CAFÉ CARDS
- PARENT/SIBLING FREQUENT USER CARD AND LIFT TICKETS
- HELMET, GOGGLES AND WATERPROOF MITTENS
- PRACTICE MAKES PERFECT SEASON PASS
 Unlimited Season Pass that is valid for the whole season-you don't have to wait until the program begins to use it! This discounted season pass is only available to the students of the Learn to Ski & Ride Program (must have minimum purchase of lessons. Non-transferable).

IMPORTANT NOTES:

Not a school-sponsored event

