



PROJECT ABLE

WINTER/SPRING
CATALOG '24

PROJECT ABLE



Project ABLE (Achieving a Better Life through Education) is a program for adults with disabilities that provide social, recreational and educational opportunities. Project ABLE's staff is delighted to be back for another season!

Tips to help our activities run successfully:

- Please preregister for each class.
(Help us be prepared for class and let us know that you are coming.)
- Missing a class that you have signed up for? To receive a refund, you must inform the Project ABLE staff 12 hours in advanced that you will not be there.
- Transportation is not provided for any event unless specified in the course description.
- Please do not show up more than 15 minutes early to an event.
- If you have any questions regarding Project ABLE, please call our new Project ABLE Cell Phone Number at 507-201-5134.

Bowling League

NORTHFIELD BOWLING

Sign up for Tuesday night bowling leagues. Set up a carpool system with a friend or two. No transportation will be provided by Project ABLE Programming or staff. This league will be 8 weeks long. The price includes two games and bowling shoes. Weekly bowling results will be given each evening. Lanes will be assigned based on requests and needs. Please be sure to arrive on time. Participants that arrive late will not be guaranteed original lane assignments..

TUESDAYS: February 6th - March 19th

Location: Flaherty's Northfield Lanes, 1700 MN-3, Northfield, MN 55057

Instructor: Project ABLE Lead

Times: 4:00 PM - 5:30 PM

Price: \$56 for 7 weeks (\$8 drop-in rate)

*Limited availability. First 20 bowlers to sign up are promised a lane to bowl. Walk-in bowlers, not available.

THREE WAYS TO REGISTER:

- Faribault Education Center:
340 9th Ave. SW, Faribault, MN 55021
- Call us at 507-333-6472
- Register & Pay Online: faribault.ce.eleyo.com

*Project ABLE is always looking for volunteers.
If you are interested, please call 507-333-6472.*

ARTS & CRAFTS

JANUARY: SNOWMEN DICE

Let's get dicey and make snowmen from foam dice.

Date: Thursday, January 11th
(pre-registration required - 1 week in advance)

Location: Faribault Education Center

Instructor: Project ABLE Lead

Time: 4:30 - 6 pm

Cost: \$6

**Sponsored by the United Way*

FEBRUARY: CRAFT BAZAAR

We are going to take all craft materials out and see what crafts we come up with.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, February 15th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: FREE

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MARCH: MAKE IT, WATERVILLE

You will be purchasing a pre-made piece of pottery in the studio. You will paint it and then it will need to stay to be gone through the kiln. Linda will pick up and deliver or you can pick at at Faribault Education Center.

Location: Make It, Waterville 103 3rd Street S
Waterville, MN 56096

Instructor: Project ABLE Lead

Date: Thursday, March 14th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$15

**Sponsored by the United Way*

APRIL: FAIRY GARDEN

Add some "fairy" fun to spring. Make a fairy garden with a clay pot.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Dates: Thursday, April 11th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

MAY: WORRY DOLLS

According to legend, you are to make worry dolls then place under your pillow and it will help make worries go away.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Dates: Thursday, May 9th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

MUSIC GET-TOGETHER

For all Music Lovers! We will sing and hopefully be able to use some instruments for the first 30 minutes. Take a 10 minute break. Snacks and refreshments will be provided. The remaining 30 minutes we will continue with songs.

Dates: January 25th, February 22nd, March 21st,
April 25th, May 23rd

Time: 4:30 PM - 6:00 PM

Location: Faribault Education Center

Instructor: Debbie McBride and Project Able Staff

Cost: \$5

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FOOD FINDS

JANUARY: WILD RICE SOUP

What's better than warming up with a hot bowl of soup?

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, January 4th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

FEBRUARY: TRIO OF VALENTINE TREATS

We will make Love Bug Oreo cookies, Pretzel M&M Hug and Wafer cookies.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, February 8th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

MARCH: RAVIOLI

March 20th is National Ravioli Day.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, March 7th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

APRIL: HOMEMADE BROWNIES & ICE CREAM

Let's make up gooey brownies from scratch with a scoop of ice cream.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, April 4th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

MAY: ENCHILADAS WITH SPANISH RICE

We will make Beef Enchiladas with Spanish Rice.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, May 16th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*



SPECIAL EVENTS

FEBRUARY: STEEL MAGNOLIAS PLAY

The action is set in Truvy's beauty salon in Chinquapin, Louisiana, where all the ladies who are "anybody" come to have their hair done. Lots of laughs.

Location: Little Theatre of Owatonna - 560 Dunnell Drive #A Owatonna

Instructor: Project Able Lead
Date: Saturday, February 24th (pre-registration required - by Feb. 16th, limit 20 participants)
Time: 7:30 PM - 9:00 PM (Approximately).
Cost: \$20 per participant

***Registration cut off Friday, February 16th 3:30 PM** *NON-REFUNDABLE EVENT*

MARCH: THE HELLO GIRLS PLAY

THE HELLO GIRLS chronicles the story of America's first women soldiers in this new musical inspired by history. These intrepid heroines served as bilingual telephone operators on the front lines, helping turn the tide of World War I.

Location: Paradise Theatre Faribault
Instructor: Project Able Lead
Date: Saturday, March 2nd (pre-registration required - by Feb. 23rd, limit 20 participants)
Time: 7:30 PM - 9:00 PM (approximately)
Cost: \$25 per participant

***Registration cut off is Friday, February 23rd 3:30 PM *NON-REFUNDABLE EVENT*

APRIL: SPRING DANCE

Get those dancing shoes on and dance with friends.

Location: Faribault Middle School
Instructor: Project Able Lead
Date: Friday, April 12th
Time: 5 PM - 7:30 PM
Cost: FREE

**Light appetizers and refreshments will be provided.*

APRIL: FARIBAULT HIGH SCHOOL SPRING MUSICAL 2024 DISASTER!

Take all of the 1970's Disaster movies like Towering Inferno, Earthquake, and the Poseidon Adventure and add 70's songs with Comedy and you get the spring musical!

Location: Faribault High School
Instructor: Project Able Lead
Date: Thursday, April 18th
****ASL Interpreted****
(pre-register by April 12th)
Time: 7:30 PM - 9 PM (Approximately)
Cost: \$7

***Registration cut off is Friday April 12th 3:30 PM*

SCHOLARSHIPS AVAILABLE

Having trouble paying for Project ABLE enrichment activities? Due to a generous donor and the Rice County Area United Way, we have scholarships available for Project ABLE this year! Call 507-333-6011 and speak with Monica or Linda for more details.



FOOD ACTIVITIES

PIZZA BINGO

Spend the evenings with your friends playing BINGO, eating pizza and having fun. Pizza and beverages will be served. In order to ensure that we order enough pizza, preregistration is highly recommended.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Dates: Fridays | January 12th, 26th, February 16th, 23rd, March 1st, 22nd, April 5th, May 3rd, 17th

ASL Interpretation – January 12th, February 16th, March 1st, April 5th, May 3rd

Times: 5:00 PM – 6:30 PM

Participant Price: \$13 (Includes two pieces of pizza, one beverage, and prizes)

Staff Price: \$6 (Includes two pieces of pizza, one beverage)

**Staff, please wait to eat until all participants have been served.*

*** If you are paying for Pizza Bingo at time of activity. You must have correct change! If you do not have correct change you will be invoiced. Project ABLE Staff do not have change.*

NIGHT OUT OF EATING

Join great friends for laughs and food. Experience one of Faribault's many wonderful restaurants. Staff must pay at the venue separately directly to the restaurant.

Location: Local Mystery Venue

Instructor: Project ABLE Lead

Dates: Tuesday, January 23rd; Tuesday, February 27th; Friday, March 8th; Tuesday, April 23rd; Tuesday, May 28th

*** Friday, March 8th will be at the Faribault Family Diner. (In Speedway gas station – Faribault, MN)*

Time: 5:00 PM – 6:30 PM

Participant Price: \$18

Staff Price: Staff pay individually at the venue.

Project ABLE
is sponsored by the
Rice County Area United Way



It is highly recommended that individuals preregister for activities as this helps us in getting needed materials as well as holding event. You will not be invoiced until after the event. If you preregister and pay before activity and do not call within 24 hours that you can not make event, refund may not be available. Each cancellation will be looked at individually based on circumstance. Thank you for understanding



Project Able is always looking for gently used/new small donations to help support our bingos. Some ideas are: crayons, coloring books, boxed theater candy, matchbox cars, CD, movies, seasonal, cookie/brownie mixes. Cash donations are also welcomed and appreciated very much and are used as scholarships for participants.

REGISTRATION FORM

PROJECT ABLE REGISTRATION FORM Winter/Spring 2024

Name: _____

Address: _____ Phone Number: _____

Guardian Name: _____

Group Home (if applicable): _____

Tuesday Nights! Bowling League - Northfield 4:00-5:30 pm

Dates	Paid	Participant
Tuesday Nights in Northfield		
February 6th - March 19th	<input type="checkbox"/>	\$56 for 7 weeks

Night Out of Eating

5:00 - 6:30 pm

Dates	Paid	Participant		Staff
January 23rd	<input type="checkbox"/>	\$18.00	<input type="checkbox"/>	*Pay venue
February 27th	<input type="checkbox"/>	\$18.00	<input type="checkbox"/>	*Pay venue
Friday, March 8th	<input type="checkbox"/>	\$18.00	<input type="checkbox"/>	*Pay venue
April 23rd	<input type="checkbox"/>	\$18.00	<input type="checkbox"/>	*Pay venue
May 28th	<input type="checkbox"/>	\$18.00	<input type="checkbox"/>	*Pay venue

Music Get-Together with Debbie

4:30 PM - 6:00 PM

Dates	Paid	Participant		Staff
January 25th	<input type="checkbox"/>	\$5.00	<input type="checkbox"/>	Free
February 22nd	<input type="checkbox"/>	\$5.00	<input type="checkbox"/>	Free
March 21st	<input type="checkbox"/>	\$5.00	<input type="checkbox"/>	Free
April 25th	<input type="checkbox"/>	\$5.00	<input type="checkbox"/>	Free
May 23rd	<input type="checkbox"/>	\$5.00	<input type="checkbox"/>	Free

Arts & Crafts

4:30 - 6:00 pm

Dates	Paid	Participant		Staff
January 11th	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free
February 15th	<input type="checkbox"/>	Free	<input type="checkbox"/>	Free
March 14th - Make It, Waterville	<input type="checkbox"/>	\$15.00	<input type="checkbox"/>	Free
April 11th	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free
May 9th	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free

Medical Conditions or Needs

Food Allergies: Y / N List: _____
ASL Interpreter Needed: Y / N
Bumpers for Bowling: Y / N
Wheelchair: Y / N

New Refund Policy

To receive a full refund, you must call or text (507) 201-5134 12 hours prior to the event. Refunds of \$20 or less will be applied as credit towards your next invoice.

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Scholarship Info

Please call 507-333-6011 to ask about our scholarships.

Pizza Bingo 5-6:30 pm

Dates	Paid	Participant		Staff
January 12th	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00
January 26th	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00
February 16th	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00
February 23rd	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00
March 1st	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00
March 22nd	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00
April 5th	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00
May 3rd	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00
May 17th	<input type="checkbox"/>	\$13.00	<input type="checkbox"/>	\$6.00

Special Events

Dates	Paid	Participant		Staff
February 24th - Theater	<input type="checkbox"/>	\$20.00	<input type="checkbox"/>	\$20.00
March 2nd - Theater	<input type="checkbox"/>	\$25.00	<input type="checkbox"/>	\$25.00
April 12th - Spring Dance	<input type="checkbox"/>	Free	<input type="checkbox"/>	Free
April 18th - Musical	<input type="checkbox"/>	\$7.00	<input type="checkbox"/>	\$7.00

Food Finds

4:30 - 6:00 pm

Dates	Paid	Participant		Staff
January 4th	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free
February 8th	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free
March 7th	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free
April 4th	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free
May 16th	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	Free

Three Ways to Register

- 1.) Drop off or mail completed form to:
Faribault Education Center, 340 9th AVE SW, Faribault, MN 55021
- 2.) Call us at 507-333-6011 for us to register for you
- 3.) Register and pay online: faribault.ce.eleyo.com

Participant Total:	\$ _____	Check # _____
Staff Total:	\$ _____	Check # _____

Credit Card Info:

Name: _____

Card Number: _____

Exp. Date: _____ Sec. Code: _____

PA Received Date: _____ PA Initials: _____

