
































EC Weekly Menu



Counter 柜台	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
			PIZZA DAY		BURGER DAY
week 36	6-May	7-May	8-May	9-May	10-May
Set Menu	肉酱弯管面 Pasta Bolognese 	墨西哥风味鸡肉 Mexican Flavored Stewed Chicken 	萨拉米披萨 Salami Pizza   	牛肉千层面 Beef lasagna   	美式热狗 Hot Dog   
	黄油面包片 Butter Bread Chips  	玉米 Corn		土豆泥 Mashed Potato  	薯条 Fried Fries 
	咖喱牛肉 Curry Beef  	油豆腐烧肉 Braised Pork with Fried Tofu in Brown Sauce 	葱油鸡 Scallion Oil Chicken 	蒜香蒸鱼 Steamed Sole Fish in Garlic Sauce  	茄汁排条 Pork Strips in Tomato Sauce   
	卷心菜/健康蔬菜 Cabbage/Vegetable 	圆白菜胡萝卜/健康蔬菜 Cabbage & Carrot/Vegetable 	青豆&菌菇/健康蔬菜 Green Peas & Mushroom/Vegetable 	西兰花胡萝卜/健康蔬菜 Broccoli & Carrot/Vegetable 	混合色拉/健康蔬菜 Mixed Salad/Vegetable
	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice
	原味蛋糕 Plain Cake   	巧克力蛋糕 Chocolate Cake   	芝士蛋糕 Cheese Cake   	南瓜蛋糕 Pumpkin Cake   	胡萝卜蛋糕 Carrot Cake   
	香蕉 Banana	西瓜 Watermelon	哈密瓜 Honey Melon	橙子 Orange	西瓜 Watermelon
	Drink 饮品	Milk/Yogurt/Juice/Soy Milk 牛奶/酸奶/果汁/豆奶			

EC Weekly Menu



Counter 柜台	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
			PIZZA DAY		BURGER DAY
week 37	13-May	14-May	15-May	16-May	17-May
Set Menu	奶油培根意面 Cream Bacon Pasta 	爱尔兰烩鸡 Irish Stewed Chicken 	芝士披萨 Cheese Pizza 	乡村烤肉 Country Style Roasted Pork 	牛肉汉堡 Beef Burger 
	烤面包片 Roasted Bread Chips 	番茄拌饭 Tomato Mixed Rice 		蒜泥土豆泥 Garlic Mashed Potato 	薯条 French Fries 
	西芹牛肉 Stirred Beef with Celery 	肉饼炖蛋 Steamed Minced Pork with Egg  	台式卤肉 Taiwan Braised Minced Pork 	美极汁蒸鱼 Steamed Fish with Maggi Sauce  	可乐鸡翅根 Cola Chicken Roots 
	西兰花&玉米粒 Broccoli & Corn 	菠菜胡萝卜 Spinach Carrots 	广东菜心 Choy Sum 	杭白菜 Chinese Cabbage 	蔬菜色拉 Mixed Salad
	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice
	原味蛋糕 Plain Cake   	巧克力蛋糕 Chocolate Cake   	芝士蛋糕 Cheese Cake   	大理石蛋糕 Marble Cake   	南瓜蛋糕 Pumpkin Cake   
	香蕉 Banana	西瓜 Watermelon	哈密瓜 Honey Melon	橙子 Orange	西瓜 Watermelon
	Drink 饮品	Milk/Yogurt/Juice/Soy Milk 牛奶/酸奶/果汁/豆奶			