

ES Weekly Menu



Counter 柜台	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
			PIZZA DAY		BURGER DAY
week 36	6-May	7-May	8-May	9-May	10-May
ES Western Set Meal 西式套餐	肉酱弯管面/黄油面包片 Pasta Bolognese/Butter Bread Chips 	墨西哥风味鸡肉/玉米棒 Mexican Flavored Stewed Chicken/ Corn 	萨拉米披萨 Salami Pizza 	牛肉千层面/土豆泥 Beef lasagna/Mashed Potato 	美式热狗/薯条 Hot Dog/Fried Fries
	花椰菜&西兰花/健康蔬菜 Cauliflower & Broccoli/Vegetable 	圆白菜胡萝卜/健康蔬菜 Cabbage & Carrot/Vegetable 	青豆&菌菇/健康蔬菜 Green Peas & Mushroom/Vegetable 	西兰花胡萝卜/健康蔬菜 Broccoli & Carrot/Vegetable 	混合色拉/健康蔬菜 Mixed Salad/Vegetable
	番茄蔬菜汤 Tomato & Vegetable Soup 	玉米浓汤 Corn Soup 	罗宋汤 Borscht Soup 	奶油培根土豆浓汤 Cream Bacon Potato Soup 	南瓜汤 Pumpkin Soup
	香蕉 Banana	西瓜 Watermelon	哈密瓜 Honey Melon	橙子 Orange	西瓜/胡萝卜蛋糕 Watermelon/Carrot Cake
	Milk/Yogurt/Juice/Soy Milk 牛奶/酸奶/果汁/豆奶				
ES Asian Set Meal 亚式套餐	咖喱牛肉 Curry Beef 	油豆腐烧肉 Braised Pork with Fried Tofu in Brown Sauce 	葱油鸡 Scallion Oil Chicken 	蒜香蒸鱼 Steamed Sole Fish in Garlic Sauce 	茄汁排条 Pork Strips in Tomato Sauce
	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice
	花椰菜&西兰花/健康蔬菜 Cauliflower & Broccoli/Vegetable 	圆白菜胡萝卜/健康蔬菜 Cabbage & Carrot/Vegetable 	青豆&菌菇/健康蔬菜 Green Peas & Mushroom/Vegetable 	西兰花胡萝卜/健康蔬菜 Broccoli & Carrot/Vegetable 	混合色拉/健康蔬菜 Mixed Salad/Vegetable
	番茄蔬菜汤 Tomato & Vegetable Soup 	奶油培根土豆浓汤 Cream Bacon Potato Soup 	罗宋汤 Borscht Soup 	玉米浓汤 Corn Soup 	南瓜汤 Pumpkin Soup
	香蕉 Banana	西瓜 Watermelon	哈密瓜 Honey Melon	橙子 Orange	西瓜/胡萝卜蛋糕 Watermelon/Carrot Cake
Milk/Yogurt/Juice/Soy Milk 牛奶/酸奶/果汁/豆奶					

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