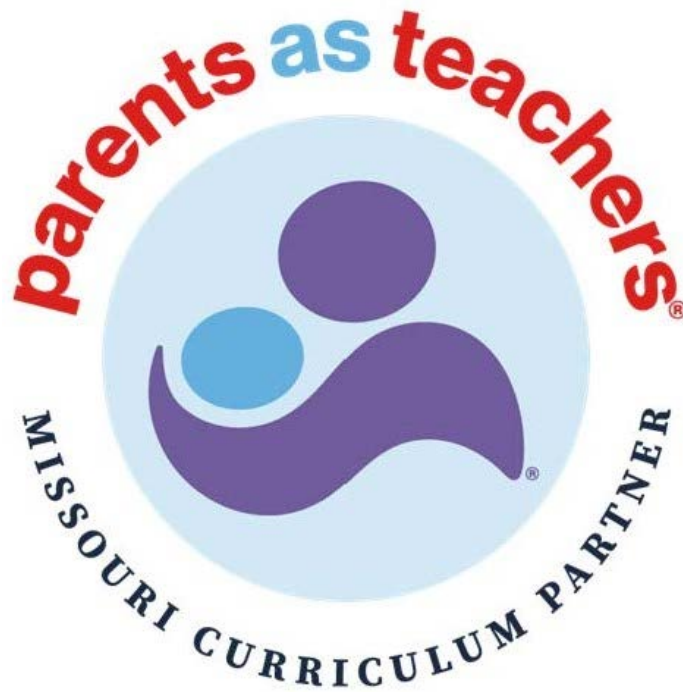


Francis Howell School District  
**Parents As Teachers**  
**2023-24**



**Parents As Teachers Family Education Center**

1400 Gettysburg Landing  
St. Charles, MO 63303  
Phone: 636-851-6060  
Fax: 636-851-5890

Visit the **PAT Website:** [https://bit.ly/FHSD\\_PAT](https://bit.ly/FHSD_PAT)

Find us on **PAT Facebook:** [@Parents as Teachers FHSD](https://www.facebook.com/ParentsAsTeachersFHSD)

Find us on **PAT Instagram:** [@parents\\_as\\_teachers\\_fhsd](https://www.instagram.com/parents_as_teachers_fhsd)

## **Welcome to Parents As Teachers (PAT)**

Welcome to a new program year. It is always exciting to meet with you and hear about the growth and development of your child. Research shows that families that participate in Parents As Teachers improve their knowledge and parenting skills, are more involved in their child's schooling, and have children who enter Kindergarten ready to learn. We are fortunate as a school district to begin this partnership early in your child's life!

### **Parents As Teachers Includes Four Main Components:**

#### **Family Visits**

The personalized visits will last approximately an hour and include Parent-Child Interaction, Development-Centered Parenting and Family Well-being. A certified Parent Educator, trained in child development, will help you know what to expect as your child grows. The Parent Educator will provide you with developmental information and activity ideas specific to your child. Research-based information on parenting topics (sleep, discipline, nutrition, attachment, transitions/routines, health, and safety) will be shared, and your Parent Educator will support you as you make decisions for your child and family.

#### **Group Connections**

We offer two types of meetings throughout the year. These are opportunities that allow families to network with each other while learning about their child's growth and development.

- Topical Meetings - Discussions on specific parenting topics.
- Parent-Child Activities - Meetings that provide an opportunity for you and your child to participate in developmental activities.

#### **Developmental and Health Screenings**

Screenings will give parents insight into your child's overall health and development. Screenings can help identify possible concerns early and activity suggestions and/or resource options will be provided. Screenings are completed in the home for children ages 3 months to 36 months, during personal family visits. For children ages 3-Kindergarten entry, screenings are completed at our FHSD preschools and at the Parents As Teachers Family Education Center.

#### **Resource Networking**

Resources in the community are provided to support families. As needed, referrals to agencies will be offered to further support your child's growth and development.

## **How to Be Involved with Parents As Teachers**

One of the most important determinants of a child's success in school is whether the child's parents are involved in his or her education. The Parents As Teachers program believes that a partnership between home and school is a crucial aspect of a successful beginning to a child's education.

**Francis Howell School District has many opportunities for families to become involved in Early Childhood Programs:**

### **PAT Webpage**

Stay connected with Parents As Teachers by visiting the [PAT webpage \(https://bit.ly/FHSD\\_PAT\)](https://bit.ly/FHSD_PAT).

### **Parents As Teachers Community Advisory Committee**

This committee is to support and promote the Francis Howell Parents As Teachers Program through brainstorming group connection ideas, setting goals and program planning. This committee meets 2-3 times per program year. If you would be interested in participating on this committee, please email [sandra.torbeck@fhdschools.org](mailto:sandra.torbeck@fhdschools.org)

### **Parents Actively Lending Support (PALS)**

PALS is a parent-led group whose vision is to foster lasting connections for parents and young children in Francis Howell School District. Connect with PALS through the [PALS membership form](#) and on Facebook @ Francis Howell PALS. All families that reside in the Francis Howell School District with children birth - Kindergarten entry are able to take advantage of the fun and resources offered through PALS at no cost. PALS hosts a variety of activities, programs, and opportunities for parents to connect and enjoy while making fun memories. PALS partners and supports Francis Howell Parents As Teachers (PAT) and preschool programs.

### **News**

Keep up to date with FHSD events. Visit the [District News Page \(https://www.fhdschools.org/news\)](https://www.fhdschools.org/news). Additional District information can be found on the [Find It Fast tab](#)

## FHSD Parents As Teachers Missouri Curriculum Partner Participation Agreement and Consent for Services

Upon enrollment in FHSD Parents As Teachers, we ask that you complete [FHSD PAT Agreement and Consent for Services form](#) and update annually. The form is also accessible by the QR code below:



### Group Connections

Francis Howell Parents As Teachers hosts a variety of group connections. These meetings are designed to provide child development information to families in a group setting, connect families with similarly aged children, and to discuss parenting issues.

**We offer two types of meetings throughout the year.** These are opportunities that allow families to network with each other while learning about their child's growth and development.

- Topical Meetings - Informational discussions on specific parenting topics.
- Parent-Child Activities - Meetings that provide an opportunity for you and your child to participate in developmental activities.

Group connections are provided both in person and virtually. In order to assure the safety of our virtual format, parents will be provided the opportunity to register for the meeting up to 2 business days in advance. Once the registration is confirmed to be a family in our programming, we will send a link to the meeting using the email we have in our database. We ask that you do not share this link either publicly or privately, rather direct others to the original registration page. It is the information from the registration page that will be used to determine our attendance.

Group meetings are hosted by **P**arents **A**s **T**eachers (PAT), led by certified Parent Educators and community agencies. We are also proud to collaborate with our parent volunteer group **P**arents **A**ctively **L**ending **S**upport (PALS). Please visit the [PAT website \(https://bit.ly/FHSD\\_PAT\)](https://bit.ly/FHSD_PAT) for more information on upcoming group connections.

## Sign Up for Group Connections



PAT is excited to present many fun and engaging activities for our families! Check the link often for the most up-to-date information about our exciting group connections!

To sign up for a group connection, scan the QR code below or visit the [PAT website](#). Check the link often for the most up-to-date information about our exciting group connections!



## **DIAL Developmental Screening Francis Howell School District**

A free developmental screening is provided to children, ages 3 to Kindergarten entry. Francis Howell School District recommends that children have a developmental screening each school year to assess progress in all areas of growth and development. The screening will last 1 – 1½ hours.

### **Developmental screenings will provide valuable information in the following areas of development:**

- Problem Solving
- Communication
- Personal/Social-Emotional Development
- Motor (large and small muscles)
- Health
- Vision and Hearing Screening

### **Helpful Information about screening:**

- Screeners are trained in working with children 3 years to Kindergarten entry. Information will be shared with the parent at the time of the screening.
- If screening results indicate that some help is needed, activity suggestions and/or resource options for further evaluation will be shared.
- To minimize distractions, parents are asked to remain in the waiting area while their child is being screened.
- Help your child to feel comfortable by telling them to try their best and have fun.
- Have your child well rested.
- Have your child wear tennis shoes or rubber-soled shoes.

To schedule a DIAL screening in the Francis Howell School District, scan the QR code below or visit the [DIAL Screening Sign Up Genius](#).



Parents as Teachers Family Education Center  
1400 Gettysburg Landing, St. Charles MO 63303  
636-851-6060

## PALS

PALS is a parent-led volunteer group whose vision is to foster lasting connections for parents and young children. We host opportunities for parents to connect & enjoy making fun memories. We partner with and support Francis Howell Parents as Teachers (PAT) and preschool programs.

All families that reside in the Francis Howell School District with children birth-k entry are able to take advantage of the fun and resources offered through PALS at no cost. Sign up for a PALS Membership filled out the [FHSD PALS Membership Form](#). The form is also accessible through the QR code below:

### Stay Connected:

**PALS website:** <https://fhpalsorg.weebly.com/>

**PALS Facebook:** [@FrancisHowellPALS](#)

**PALS Email:** [fhpalspresident@gmail.com](mailto:fhpalspresident@gmail.com)

### Give Back

PALS is 100% ran off of volunteers and donations from the public and people like you! Please consider making a donation today or at one of our events to help keep our organization and events a success! Did you know that when you help PALS by donating money it goes to helping out in many different ways:

- Hardship Scholarships for those families with unknown sudden circumstances.
- Other scholarships for the FHSD Early Childhood Centers for those families in need.
- Helping fund fun events for us to put on for kids' birth through Pre-K to help them socialize with other kids their age, enjoy special events with their families and learn things too!
- Supports staff and Parents As Teachers during teachers week by helping provide a meal and snacks for them for all they do for us!

Donations can also be mailed: Attn PALS, 1400 Gettysburg Landing, St. Charles, MO 63303

**PayPal:** [paypal.me/FHSDPALS](https://www.paypal.me/FHSDPALS)

## 2023-24 PALS Fun Family Programs

Do you have a neighbor, grandparent or would you yourself like to volunteer at some of our events or be an officer? We have opportunities to fit everyone's needs Any amount of help is appreciated! Visit our website for more information.

## SEPTEMBER

### **Kick Off w/ PALS & PAT: Sept 9th, 9:30-11:30 AM**

Start the year off right with family fun on the Fairmount Elem playground!

### **Apple Picking: Time & Date TBA**

Play, pick apples, and take a hayride at Hermans Farm Orchard!

### **PALS @ the Farm: Sept 23rd, 9:00 AM- 12:00 PM**

Explore the farm, play on the fort, feed animals (\$1 feed bags available), and wander the corn maze at the family owned Dickherber Farms. \$8pp, children 3 and under are free. There will be a picnic table if you would want to eat.

## OCTOBER

### **PALS @ the Patch: Oct 4th, 9:00 AM**

Let your tot crawl around in the corn sensory bins, slide and play, or explore the hay maze at Daniels Farm and Greenhouse, \$8 child, \$4 adult, 2 under free. Pumpkins will be \$3.50 and the train is \$3.50 to ride.

### **Spooktacular: Oct 28th TBA**

Join us for some spooktacular fun at our annual Halloween event! Costumes are encouraged! This event will be held at Central Elementary.

## DECEMBER

### **Letters from Santa**

Register to receive a personalized keepsake letter mailed to your little one(s).

## FEBRUARY

### **Safety House Outing: Feb. 16th, 10:00 AM**

Explore and play on fire trucks while we learn about fire safety! Limited event.

### **Family Reading Night with PAT: Feb 22nd, 6:30-8:00 PM**

Foster a love of literacy with the whole family during this reading event at Hackmann Early Childhood Center.



## MARCH

### **Bunny Bonanza: 9th, TBA**

Easter egg hunts, crafts & the Easter bunny! Big Cinnamon Rolls will be available for pre-sale again this year. Fairmount Elementary playground.

## APRIL

### **People in Our Neighborhood Event w/PAT: April 16th, 6:30 - 8:00 PM**

Learn about the many amazing people in our community and the important jobs that they do during this event at Central Elementary.

**FHSD PALS events will follow CDC guidance and may be subject to change accordingly.**



# Francis Howell School District Preschool

## **LOCATIONS**

### **CENTRAL SCHOOL ROAD**

4535 Central School Road  
St. Charles, MO 63304  
636-851-6400

### **HACKMANN ROAD**

2555 Hackmann Road  
St. Charles, MO 63303  
636-851-6200

### **MEADOWS PARKWAY**

4810 Meadows Parkway  
St. Charles, MO 63304  
636-851-6000

### **BECKY-DAVID ELEMENTARY (Full Day, Multi-Age and O2K)**

1155 Jungs Station Road  
St. Charles, MO 63303  
636-851-4282

### **JOHN WELDON ELEMENTARY (Fully Day O2K Only)**

7370 Weldon Spring Road  
Dardenne Prairie, MO 63368  
636-851-5432

## **PROGRAMS**

### **O2K (Off to Kindergarten)**

Off to Kindergarten is an age specific classroom designed for the students who will be going to kindergarten the following school year. This classroom has a more in-depth emphasis on the literacy component with our existing curriculum.

**Ages:** Children age 4 before August 1

**Full Day: 7:00 AM – 5:30 PM**

Monday – Friday

**Half Day: 12:10 – 3:15 PM**

Monday – Thursday

Please note: Full Day Program times at Becky-David Elementary and John Weldon Elementary are 6:30 AM – 6:00 PM.

**MULTI-AGE**

Pre-academics for children 3-4 years old. Learning and Instruction are individualized as children progress at their own rate. Children engage in real, meaningful activities at their own level of development.

**Ages:** Children age 3 before August 1.

**Full Day: 7:00 AM – 5:30 PM**

Monday – Friday

**Half Day: 8:15 – 11:20 AM**

Options:

Monday – Thursday

Monday / Wednesday

Tuesday / Thursday

Monday / Wednesday / Friday (Hackmann Only)

Please note: Snacks are provided for students enrolled in full day sessions. Parents provide a sack lunch.

**MINDS IN MOTION**

Minds in Motion is a half day program, where students learn foundational skills to prepare them for the multi-age preschool classroom.

**Hackmann EC Only, 8:15 – 11:20 AM**

Tuesday and Thursday

**Ages:** 2 years 6 months on or after August 1

**INTERSESSION**

Care on days outside the school year calendar will be held at alternative sites. These days include fall, winter, spring breaks, holiday breaks, and teacher meeting / work days. Registration occurs with Vacation Station.

## FHSD Preschool 2023-24 Tuition Rates

Registration is available on the District Enroll page: <https://www.fhdschools.org/enroll>

### HALF DAY PRESCHOOL TUITION RATES

A \$60.00 non-refundable activity/supply fee, per child, is due at the time of enrollment.

#### **Monday – Thursday**

9 payments of \$382.00

#### **Monday / Wednesday**

9 payments of \$188.00

#### **Tuesday / Thursday**

9 payments of \$194.00

#### **Monday / Wednesday / Friday**

9 payments of \$281.00 (Hackmann, AM)

### MINDS IN MOTION (Hackmann)

A \$60.00 non-refundable activity / supply fee, per child, is due at the time of enrollment.

#### **Tuesday / Thursday AM**

9 payments of \$194.00

### FULL DAY PRESCHOOL TUITION RATES

\$75.00 non-refundable activity / supply fee, per child

#### **5 days per week**

\$241.25 per week

#### **3 days per week**

\$173.25 per week (limited part-time slots available)

#### **2 days per week**

\$115.50 per week (limited part-time slots available)

### INTERSESSION FOR FULL DAY ONLY

Available through Vacation Station

## **Notification of Rights Under the Protection of Pupil Rights Amendment (PPRA)**

PPRA affords parents/guardians and students who are 18 or emancipated minors ("eligible students") certain rights regarding our conduct of surveys, collection and use of information for marketing purposes, and certain physical exams. These include the right to:

- **Consent before students are required to submit to a survey that concerns one or more of the following protected areas ("protected information survey") if the survey is funded in whole or in part by a program of the U.S. Department of Education (ED) -**
  1. Political affiliations or beliefs of the student or student's parent(s)/guardian(s);
  2. Mental or psychological problems of the student or student's family;
  3. Sex behavior or attitudes;
  4. Illegal, anti-social, self-incriminating, or demeaning behavior;
  5. Critical appraisals of others with whom respondents have close family relationships;
  6. Legally recognized privileged relationships, such as with lawyers, doctors or ministers;
  7. Religious practices, affiliations, or beliefs of the student or parent(s)/guardian(s); or
  8. Income, other than as required by law to determine program eligibility.
  
- **Receive notice and an opportunity to opt a student out of -**
  1. Any other protected information survey, regardless of funding;
  2. Any non-emergency, invasive physical exam or screening required as a condition of attendance, administered by the school or its agent, and not necessary to protect the immediate health and safety of a student, except for hearing, vision, or scoliosis screenings, or any physical exam or screening permitted or required under State law; and
  3. Activities involving collection, disclosure, or use of personal information obtained from students for marketing or to sell or otherwise distribute the information to others.
  
- **Inspect, upon request and before administration or use -**
  1. Protected information surveys of students;
  2. Instruments used to collect personal information from students for any of the above marketing, sales, or other distribution purposes; and
  3. Instructional material used as part of the educational curriculum.

Francis Howell School District has adopted policies regarding these rights, as well as arrangements to protect student privacy in the administration of protected surveys and the collection, disclosure, or use of personal information for marketing, sales, or other distribution purposes. Francis Howell School District will directly notify parents/guardians and eligible students of these policies at least annually at the start of each school year and after any substantive changes. Francis Howell School District will also directly notify parents/guardians and eligible students at least annually at the start of each school year of the specific or approximate dates of the following activities and provide an opportunity to opt a student out of participating in:

- Collection, disclosure, or use of personal information for marketing, sales or other distribution.
- Administration of any protected information survey not funded in whole or in part by ED.
- Any non-emergency, invasive physical examination or screening as described above.

Parents/guardians or eligible students who believe their rights have been violated may file a complaint with:

Family Policy Compliance Office  
 U. S. Department of Education  
 400 Maryland Avenue, SW  
 Washington, D.C. 20202-4605

## **Notification of Rights under FERPA for Elementary and Secondary Schools**

The Family Educational Rights and Privacy Act (FERPA) affords parents and students who are 18 years of age or older ("eligible students") certain rights with respect to the student's education records. These rights are:

1. The right to inspect and review the student's education records within 45 days after the day the of school receives a request for access.

Parents or eligible students who wish to inspect their child's or their education records should submit to the school principal or appropriate school official a written request that identifies the records they wish to inspect. The school official will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.

2. The right to request the amendment of the student's education records that the parent or eligible student believes are inaccurate, misleading, or otherwise in violation of the student's privacy rights under FERPA.

Parents or eligible students who wish to ask the school to amend their child's or their education record should write the school principal or appropriate school official, clearly identify the part of the record they want changed, and specify why it should be changed. If the school decides not to amend the record as requested by the parent or eligible student, the school will notify the parent or eligible student of the decision and of their right to a hearing regarding the request for amendment. Additional information regarding the hearing procedures will be provided to the parent or eligible student when notified of the right to a hearing.

3. The right to provide written consent before the school discloses personally identifiable information (PII) from the student's education records, except to the extent that FERPA authorizes disclosure without consent. One exception, which permits disclosure without consent, is disclosure to school officials with legitimate educational interests. The criteria for determining who constitutes a school official and what constitutes a legitimate educational interest must be set forth in the school's or school district's annual notification for FERPA rights. A school official typically includes a person employed by the school or school district as an administrator, supervisor, instructor, or support staff member (including health or medical staff and law enforcement unit personnel) or a person serving on the school board. A school official also may include a volunteer, contractor, or consultant who, while not employed by the school, performs an institutional service or function for which the school would otherwise use its own employees and who is under the direct control of the school with respect to the use and maintenance of PII from education records, such as an attorney, auditor, medical consultant, or therapist; a parent or student volunteering to serve on an official committee, such as a disciplinary or grievance committee; or a parent, student, or other volunteer assisting another school official in performing his or her tasks. A school official typically has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility.

Upon request, the school discloses education records without consent to officials of another school or school district in which a student seeks or intends to enroll, or is already enrolled if the disclosure is for purposes of the student's enrollment or transfer. [NOTE: FERPA requires a school or school district to make a reasonable attempt to notify the parent or student of the records request unless it states in its annual notification that it intends to forward records on request or the disclosure is initiated by the parent or eligible student.]

4. The right to file a complaint with the U.S. Department of Education concerning alleged failures by the school to comply with the requirements of FERPA. The name and address of the Office that administers FERPA are:

Family Policy Compliance Office U.S. Department of Education  
400 Maryland Avenue  
SW Washington, DC 20202

## **Directory Information**

The Francis Howell School District has designated the following information contained in the educational records of its students as directory information for purposes of FERPA: student's name, student's address, student's phone number(s), parent(s)/guardian(s) e-mail, grade level, grade point average, dates of attendance, grade level, participation in officially recognized activities and sports, weight and height of members of athletic teams, degrees and awards received, grade point average, most recent previous school attended, and photographs.

## **How to Opt Out**

A parent or student refusing to have any or all of the designated directory information disclosed is required to complete [FERPA Student Directory Information & Media Opt-Out Form](#) and designate

that you are refusing to disclose directory information. Return the form to the principal of the school which the student attends.

## **PUBLIC NOTICE**

All responsible public agencies are required to locate, evaluate, and identify children with disabilities who are under the jurisdiction of the agency, regardless of the severity of the disability, including children attending private schools, children who live outside the district but are attending a private school within the district, highly mobile children, such as migrant and homeless children, children who are wards of the state, and children who are suspected of having a disability and in need of special education even though they are advancing from grade to grade. The Francis Howell School District assures that it will provide a free, appropriate public education (FAPE) to all eligible children with disabilities between the ages of 3 and 21 under its jurisdiction. Disabilities include autism, deaf/blindness, emotional disorders, hearing impairment and deafness, intellectual disability, multiple disabilities, orthopedic impairment, other health impairments, specific learning disabilities, speech or language impairment, traumatic brain injury, visual impairment/blindness and young child with a developmental delay.

The District assures that it will provide information and referral services necessary to assist the State in the implementation of early intervention services for infants and toddlers eligible for the Missouri First Steps program.

The Francis Howell School District assures that personally identifiable information collected, used, or maintained by the agency for the purposes of identification, evaluation, placement or provision of FAPE of children with disabilities may be inspected and/or reviewed by their parents/guardians. Parents/guardians may request amendment to the educational record if the parent/guardian believes the record is inaccurate, misleading, or violates the privacy or other rights of their child. Parents have the right to file complaints with the U.S. Department of Education or the Missouri Department of Elementary and Secondary Education concerning alleged failures by the district to meet the requirements of the Family Educational Rights and Privacy Act (FERPA).

The Francis Howell School District has developed a Local Compliance Plan for the implementation of State Regulations for the Individuals with Disabilities Education Act (IDEA). This plan contains the agency's policies and procedures regarding storage, disclosure to third parties, retention and destruction of personally identifiable information and the agency's assurances that services are provided in compliance with the General Education Provision Act (GEPA). This plan may be reviewed at the Francis Howell School District Alternative Education Department from 8:00 – 4:30 p.m. each school day.

This notice will be provided in native languages as appropriate.

Director of Alternative Learning  
Francis Howell School District  
801 Corporate Centre Drive O'Fallon, MO 63368  
Phone: 636-851-4060 Fax: 636-851-4094