

Documentation of Mandated Substance Abuse Prevention Hours Taught in School Year:_____

School:_____ Teacher:_____ Subject:_____ Grade Level(s):_____

Teachers are reminded that Louisiana Law requires all students grades K-9 to receive 16 direct contact instructional hours in Substance Abuse Prevention Education. Students in grades 10, 11, and 12 are required to receive 8 hours. Substance abuse prevention lessons should be reflected in your lesson plans on file in your school and must be from approved materials. Lessons may be in any of the following areas:

Alcohol, Tobacco, or Other Drugs:

___disease concept ___family effects ___driving ___legal, social issues ___physical, mental, emotional effects ___reproductive issues
___addiction ___nutrition ___wellness/safety ___alcohol/drug/tobacco effects ___second-hand smoke ___fetal alcohol damage

Life Skills:

___communication ___peer pressure ___stress ___assertiveness ___media literacy ___refusal skills ___feelings
___goal setting ___negotiation ___anger management ___self-esteem ___decision-making ___motivation ___conflict resolution

Curricula (Check if you are using one of these curricula):

___Promoting Alternative Thinking Strategies (PATHS) ___Get Real about Violence ___Character Education ___Project Towards No Drug Abuse (TND) ___DARE
___Life Skills ___GlenCo Health Curricula ___Project Alert ___Peer Mediation or Natural Helpers (circle one)

Are you using a best practices program? ___Yes ___No

Date	Topic/Lesson/Drug-Free Objective	Resource/Text	# of Hours	# of Students
			Total Hours	

**Thank you for helping to ensure that our schools are in compliance with State Regulations and ESSA requirements.
This form is needed for State monitoring. Please keep your original and give a copy of completed form to your school's SAPE' Coordinator.**

*****Please email this Form to federalprogramsrosteet@cpsb.org
Attn: Loree Smith by May 1st yearly *****