



**HEALTH BENEFIT RATES (as of 10/1/23)**  
**OVER-65 RETIREES**

<b>RETIREES With MEDICARE</b>	<b>Previous Yr. Rates (For comparison)</b>	<b>2023-2024 (monthly rate)</b>
<b><i>Kaiser - Single</i></b>	\$309.00	<b>\$281.00</b>
<i>2 party plan (Only one on Medicare)</i>	\$1,486.00	<b>\$1,555.00</b>
<i>2 party plan (Both on Medicare)</i>	\$618.00	<b>\$562.00</b>
<i>Family plan (One on Medicare)</i>	\$2,028.00	<b>\$2,141.00</b>
<i>Family plan (Two on Medicare)</i>	\$1,176.00	<b>\$1,165.00</b>
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<b><i>Blue Shield PPO 100 % No Deductible – Single</i></b>	\$552.00	<b>\$596.00</b>
<i>Two Party</i>	\$1,104.00	<b>\$1,192.00</b>
<i>Family</i>	\$1,448.00	<b>\$1,578.00</b>
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<b><i>Blue Shield PPO 100% \$500 Deductible – Single</i></b>	\$535.00	<b>\$579.00</b>
<i>Two Party</i>	\$1,070.00	<b>\$1,158.00</b>
<i>Family</i>	\$1,411.00	<b>\$1,541.00</b>
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Delta Dental	\$137.52	\$137.52
Delta Dental w/Buy-Up option	N/A	Cost dependent upon options below
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Vision	\$28.93	<b>\$28.93</b>

**Dental Update:** This year, we are including two new dental plan options that include Implant or Orthodontia coverage. Please see the attached dental comparison chart and the additional cost below.

- **Dental Buy-Up Option 1:** Add Implant Coverage for an additional \$2.75 cost per month
- **Dental Buy-Up Option 2:** Add Orthodontia (Adult/Child) Coverage for an additional \$11.00 cost per month

To Note:

- **To determine your monthly cost, select the medical plan desired, and then add the amount for either dental, vision, or both. The total will be your monthly total due to the District.**
- Retirees may terminate their coverage at any point, but advance notice is required. Termination will be done at the start or end of the month, there are no mid-month cancellations.
- Once you terminate a coverage, you cannot re-enroll at a later date.
- Kaiser coverage is specific to Northern CA per SISC.
- If you would like to make changes to your dependents/spouse or coverage (other than termination) – there needs to be a qualifying event (Divorce, Marriage, etc.) All changes must be made within 30 days of the event, with documentation. Other than a qualifying event, any other changes must be made during the annual Open Enrollment period.

Please contact the Human Resources Office for assistance or information, and **please remember to keep your contact information up to date.** Thank you!