



HEALTH BENEFIT RATES (as of 10/1/23)

UNDER-65 RETIREES

<i>Plan</i>	<i>Cost 2022-2023</i>	<i>Cost 2023-2024</i>	<i>Out of Pocket/Monthly (12)</i>
Kaiser			
Single	\$1,177.00	\$1,247.00	\$0.00
2-Party	\$1,659.00	\$1,796.00	\$0.00
Family Plan	\$2,201.00	\$2,382.00	\$573.00
Blue Shield PPO 100%			
Single	\$1,620.00	\$1,779.00	\$0.00
2-Party	\$2,270.00	\$2,491.00	\$682.00
Family	\$2,885.00	\$3,166.00	\$1,357.00
Blue Shield PPO 80%			
Single	\$1,273.00	\$1,398.00	\$0.00
2-Party	\$1,788.00	\$1,964.00	\$155.00
Family	\$2,274.00	\$2,497.00	\$688.00
Delta Dental			
	\$137.52	\$137.52	\$0.00
Dental w/ Buy-Up option	N/A	Cost dependent upon options below	
VSP Vision			
	\$28.93	\$28.93	\$0.00

Dental Update: This year, we are including two new dental plan options that include Implant or Orthodontia coverage. Please see the attached dental comparison chart and the additional cost below.

- **Dental Buy-Up Option 1:** Add Implant Coverage for an additional \$2.75 cost per month
- **Dental Buy-Up Option 2:** Add Orthodontia (Adult/Child) Coverage for an additional \$11.00 cost per month

To Note:

- Retirees may terminate their coverage at any point, but advance notice is required. Termination will be done at the start or end of the month, there are no mid-month cancellations.
- Once you terminate a coverage, you cannot re-enroll at a later date.
- If you would like to make changes to your dependents/spouse or coverage (other than termination) – there needs to be a qualifying event (Divorce, Marriage, etc.) All changes must be made within 30 days of the event, with documentation. Other than a qualifying event, any other changes must be made during the annual Open Enrollment period.
- Kaiser coverage is specific to Northern CA per SISC.
- **If turning 65 soon and you wish to maintain District sponsored coverage, you will need to be enrolled in Medicare (with parts A and B), effective the first of the month in which you turn 65. Delays in providing proof of Medicare and corresponding paperwork will result in penalties directly passed on to you until resolved.**

Please contact the Human Resources Office for assistance or information, and remember to keep your contact information up to date. Thank you!

Leah Noble-Christoff, HR Admin:

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