



### **Responsible Use of Social Media – Students**

- Student use of internet is monitored in school at all times
- All students must sign Acceptable Use Policy to use technology that says the privilege can be revoked
- Students can still be disciplined for use of social media on their own private devices if their behavior impacts the school
- Students can still be disciplined for use of social media off the school campus if their behavior impacts the school
- All threats are taken seriously and will be investigated by the principal and law enforcement
- Students can be suspended and expelled for making threats
- Remember:
  - Your posts can be copied and saved
  - Your posts can be forwarded
  - Your posts can be used as evidence against you
  - Adults are watching and listening
- Before you post, think:
  - Is it true?
  - Is it helpful?
  - Is it kind?
- What can you do to help?
  - Be aware. Look and listen.
  - Be a good role model.
  - Save any evidence.
  - Report all threats to an adult at school. You might be saving lives.
- People who make threats need help and will get it if you report their threat.
- You are safe. Adults are watchful and are protecting you.

### **Responsible Use of Social Media – Families**

- Talk to your child about your expectations with using technology. (Be clear that bullying, threats, profanity/obscenity are not allowed).
- Set limits and boundaries for usage.
- Talk to your child about how they use technology. (Know what apps they use and with whom they are interacting).
- Hold your child accountable. (Restrict usage for misuse or inappropriate use of technology.)
- Tell them to report misuse of technology to you (such as bullying, threats, and profanity/obscenity).
- Teach your child not to disclose personal information online

- Be aware of social media age restrictions and enforce them with your child:



- Monitor your child’s technology usage:
  - Know your child’s passwords
  - Look at posts and browsing history regularly (and randomly)
  - Be aware of secret, hidden and disguised apps
  - Use monitoring apps such as “Net Nanny”
- Know the warning signs:
  - Turning off the screen quickly and not allowing you to see what’s on it
  - Refusing to provide passwords, both to their phone and the apps on their phone
  - A spike in data usage or messaging rates. There will be influxes of usage throughout the payment cycle, but if one app that you do not recognize is using the majority of your child’s data, this might be a secret app
  - Lethargy during the day from lack of sleep, which could be the result of late-night app usage.
  - Check your child’s phone regularly. If you notice that they have no browser history or there are flagrant chunks missing from messaging conversations, you can probably assume they have taken steps to hide things from you.