

CAREER CONNECTIONS PROGRAM

The West Irondequoit Central School District offers an exciting program of experiential learning. Recognizing that students should have the opportunity to experience the work today that they may be pursuing as a career tomorrow, the Career Connections Program links students with the real world of business and industry. Students are encouraged to stop into the Career Connections office (adjacent to the IHS Counseling Office) for more information. We offer work based learning programs and career awareness options.

CAREER AWARENESS OPTIONS

EXPLORER POSTS

Grade(s): 9-12 Length: One semester or less
Prerequisite: None Credit: None

Exploring is a co-ed program of the Oretiana Council that offers a hands-on approach to investigating a particular career or hobby.

There are more than 115 Explorer program options, and each one is unique in the way it uses the resources of its host organization. Exploring can often be the first step in identifying career and hobby interests.

Explorer programs are flexible enough to fit in with a student's other activities. Most meet twice a month, in the evening, for a portion of the school year. The experience the student gains can be extremely valuable in giving a jump start on career options. Check out www.rochesterexploring.org.

SHADOWING

Grade(s): 10-12 Credit: None
Prerequisite: none

Students who have a serious interest in a particular field will have an opportunity to actually spend 1/2 or one day with an individual actively engaged in a profession.

A student can gain tremendous insight into a career by following a professional's "typical day." Questions as to appropriate high school and college curriculums are frequently addressed.

WORK BASED LEARNING PROGRAMS

CO-OP WORK EXPERIENCE

Grades 9-12 Length :semester-full year
Required: Weekly seminar Credit: .5—1.0

Co-Op is a real life career specific paid or unpaid hands-on experience that focuses on employability skills as related to the students program of study and career interest.. A specific job training plan is developed for the student worker and quarterly performance evaluations are done by the job mentor. CO-OP students are required to attend the weekly seminar. **Registered CO-OP New York State Work Based Learning Program**

PROFESSIONAL INTERNSHIPS

Grade(s): 10-12 Length: semester - full yr
Required: Application Credit: . 5-1.0

Students make formal application to the Career Connections Coordinator to enter into a non-paid, credit bearing, extended internship in a given career area. The student is partnered with a mentor and commits to approximately 75-150 hours of guided observation, training, and eventual participation in the chosen field of work. Students opting for an internship become keenly aware of the educational and personal requirements of a given career. They will rotate through a variety of learning experiences as their exploratory training continues. **Registered CEIP New York State Work-Based Learning Program**

GENERAL WORK STUDY PROGRAM

Grade(s): 11-12 Length: semester/full year
Required: Weekly Seminar Credit: .25-1

The Work Study Program offers students the opportunity for a paid supervised part-time work experience which earns school credit. The student works a designated number of hours weekly, and evaluated quarterly by the employer and coordinator, and can earn up to one full credit for 300 hours of employment. Students are required to attend a job related weekly seminar to discuss career plans, and on the job experiences. Skill development, labor trends, legal issues and performance appraisals are also discussed.

To qualify for the Work Study Program, students must be enrolled in five courses plus Physical Education. This is an excellent opportunity to gain valuable work experience and have real world performance appraisals incorporated into a student's permanent record. **Registered GEWEP New York State Work Based learning Program**



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