

TIPS & TREATS 2023



**MIDTERM
EXAM TIPS!**



IN TODAY'S WORKSHOP

- Review exam schedule
- Hear about Mrs. Ryczko's favorite study technique
- Review strategies for test taking on exam day
- Use this as a working session to:
 - Create a practice exam from your study guide
 - Make an exam notecard or "cheat sheet"
 - Review and compare notes with friends
- **Ask Mrs. Ryczko or our NHS tutors questions!!!!**

EXAM SCHEDULE

Monday 12/11	Tuesday 12/12	Wednesday 12/13	Thursday 12/14	Friday 12/15
Classes	8:30 am: Math 10:30 am: English	8:30 am: Science 10:30 am: History	8:30 am: Spanish, French 10:30 am: Theology 1	Make-up exams if needed

TOTAL TIME = **90 MINUTES** each exam

You will be assigned to a room for your exams.

Arrive by 10 am if you only have a second exam.

Leave after your last exam.

“I’M REALLY BAD AT TAKING TESTS!”





YOU MAY **THINK** YOU'RE BAD AT TESTS BECAUSE ...

... you don't know the **material well enough** to be tested on it.

BUT... If you are absolutely and properly prepared for a test – and you **know the material inside and out** – then you should **do well** on the test.



WHAT'S REALLY HAPPENING IS...

One of two things (or both):

#1 You're studying the wrong way

#2 You're not studying enough



#1 STUDYING THE RIGHT WAY
MEANS



...USING ACTIVE RECALL TECHNIQUES

THE **ONLY** REAL TYPE OF STUDYING INVOLVES **ACTIVE RECALL**

- **“Looking over”** your notes is NOT actively studying.
- **Active recall** is when you try to come up with **answers** to questions or work through problems or write responses **without** having any **resources** in front of you.
- This puts the information that you need to remember into **long-term memory**.



ACTIVE RECALL METHODS INCLUDE:

- Making your own **practice test** and taking it – *like a real test!*
- **Flashcards** that you make yourself – handwritten or digital
- **Writing out answers** to practice questions and problem sets
- **Creating your own** Quizlet or Blooket – test yourself, mix up the questions
- Having someone **ask you questions** while you verbally answer them
- **Talking** over what you don't understand **with a teacher**
- **Teaching someone** what you know



WHAT'S REALLY HAPPENING IS...

One of two things (or both):

#1 You're studying the wrong way

#2 You're not studying enough



#2 STUDYING ENOUGH MEANS



...MULTIPLE REVIEW SESSIONS OVER MULTIPLE DAYS

In school during this review week:

- You've already started these **"multiple review"** sessions in your classes this week.
- Are you **participating and taking notes** in class on what will be on the exam?
- Are you going to **office hours**?

At home each night until exams:

- **Review each day** at home leading up to exams using an active study method and start each new review session by checking what you know **without looking at resources.**
- Dedicate a good chunk of time this **weekend** for **active recall** activities.

**“WHAT SHOULD I DO WHEN I’M
HANDED MY TEST ON EXAM DAY?”**






EXAM DAY REMINDERS ...

- Do a **brain dump** – write things you don't want to forget directly on your exam
- **Read the entire exam** through before answering questions
- Do the **easier questions first** – going out of order is OK
- **Pace yourself** – leave time to check over your answers
- **Ask teacher** for clarification on questions
- **Tips for questions:**
 - Multiple choice questions – predict the answer before looking at choices
 - True/False questions – if one part of the statement is false, the response is false
 - Essay – create a mini outline to organize your thoughts

Test Taking Tips & Strategies

Leave Blank the Top

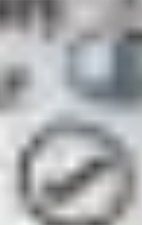


Calculate the Allocated Time for Each Question

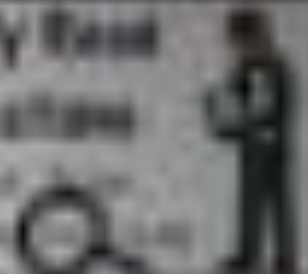


Answer the Easy Questions First

$2 + 2 = 4$



Carefully Read the Questions



Test Taking Tips and Proven Strategies

Read and Understand



Necessary



Use Examples

(Key Words)



Mark and Review



"I'M READY TO WORK THE WORKSHOP!"



WHILE YOU'RE HERE

- Create an exam week **study plan** (calendar)
- Work on a **study guide** (pick a class)
- Start making a **practice exam** to take later
- Work with a **study group** (compare notes)
- Create a **note card or cheat sheet** for a class (even if you can't use on the exam!)

**EXTRA CREDIT WHEN YOU STAY
FOR THE ENTIRE HOUR!**



STUDY GUIDE TIPS:

- Use it to create a practice test by turning each item into a question/problem on a separate sheet or online doc
- Make flash cards from the guide (1 item per card)
- Create a "white out" answer column review document (ask me to show you!)

NOTECARD/CHEAT SHEET TIPS:

- Use for math formulas
- Use for quotes
- Use for definitions
- Use pictures and words (can glue on pics)
- Only 1 question/fact per card
- Say answers out loud to reinforce before looking at answer
- Study cards in both directions
- Ones you make yourself are better than pre-made ones
- **Even if you can't bring to exam, make it anyway!**

CALENDAR TIPS:

- Know which exam is on which day
- Fill in other important event, big assignments, days for office hours
- Write down planned review days at home (treat it like homework time)