MRSA & Staph

Each year, there are reports of staph infection outbreaks.

"Staph" (Staphylococcus Aureus) and MRSA (Methicillin-Resistant Staphylococcus Aureus) are very common bacteria that can cause infections if proper precautions are not taken.

"Staphylococcus Aureus ('Staph') and MRSA."

This Technical Information Bulletin includes information on:

- signs and symptoms of staph and MRSA infections,
- general preventive measures to avoid infection,
- preventive measures specific to an athletic/sporting environment, and
- treatment of common infection symptoms.

You can see more information about this on the Trust Web site: http://www.the-trust.org. (After logging in to the site, go to "Technical Information Bulletins" under the "Resources & Training" tab.)