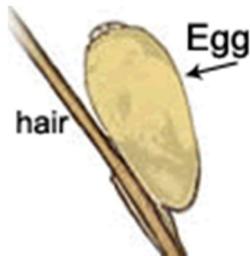


LICE FACTS

- Adult lice can live up to 30 days on a person's head
- Adult lice need to feed on blood
- Hair color can affect the color of the lice (darker hair results in darker lice)
- Lice do not jump or fly
- Lice do not live on animals
- Some lice develop resistance to medication used to kill them
- Nits (lice eggs) are yellow, tan, or brown. Look similar to dandruff but cannot be removed with brushing or shaking



- Nits hatch 1-2 weeks after they are laid
- Lice do not carry disease
- Female lice lay about 6 eggs/nits everyday

Actual size of the three lice forms compared to a penny



P.O. Box 426 Cave Creek, AZ 85327
480-575-2000
www.ccusd93.org

Cactus Shadows High School
Sonoran Trails Middle School
Black Mountain Elementary School
Desert Sun Academy
Horseshoe Trails Elementary School
Lone Mountain Elementary School
Child's Play Preschool

HOW TO AVOID AND CONTROL HEAD LICE



CCUSD has a "No Nit" policy. If there are any nits in the hair the child will be sent home.

HOW TO AVOID HEAD LICE

- Avoid head to head contact with those that are infested
 - Do not share hats, scarves, coats, sports uniforms, hair ribbons, combs, brushes, or towels
 - Do not lie on beds, couches, pillows or stuffed animals that have been in recent contact with infested person
-

SIGNS AND SYMPTOMS

- Feedings/bites may cause itching and small red bumps due to a reaction to lice saliva
- Tickling feeling of something moving in hair
- Nits visible on hair shaft
- Sesame seed size, 6 legged insect(s) crawling on scalp

HOW TO TREAT HEAD LICE

- Talk with your doctor or pharmacist about the most effective product
- Treat the person and other family members with head lice with the appropriate medication to kill the lice
- Apply the medication according to label instructions
 - * Pay special attention to how product should be applied, regarding how long the medication should be left on and whether rinsing the hair is recommended after treatment
- Nit combs often come with the medication and should be used to comb nits and lice from the hair shaft. Using your hands to remove nits and lice may also be necessary
- Removal of nits and lice should be done outside or on a hard surface that can be easily vacuumed
- Check hair and comb with nit comb every 2-3 days to remove nits and lice. Continue this process for 2-3 weeks until you are sure nits and lice are gone
- Do not use hair dryer on hair after applying medication because some contain flammable ingredients
- Do not over treat

HOW TO TREAT THE HOUSEHOLD

- Machine wash all clothing and bed linens. Use hot water (103° F) cycle and dry laundry using high heat for at least 20 minutes
 - For items that cannot be washed or dry cleaned (such as stuffed animals) seal in plastic bag for 2 weeks and place in the sun
 - Soak combs and brushes for 1 hour in rubbing alcohol, Lysol, or wash with soap and hot water (130° F). Dishwashers work great too.
 - Vacuum the floor, furniture and car
-

WEBSITES FOR INFORMATION

American Academy of Pediatrics
www.aap.org/
Center for Disease Control
<http://www.cdc.gov/parasites/lice/index.html>
Harvard School of Public Health
www.hsph.harvard.edu/headlice.html
Mayo Clinic
<http://www.mayoclinic.com/health/lice/DS00368>
National Associations of School Nurses
www.nasn.org/