

**PERSONAL & SOCIAL**

Standard A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand themselves and others.

<b>PERSONAL &amp; SOCIAL (PS)</b>									
Grade Level	Lesson Content/ Learning Experience	ASCA Domain/ Standard/ Competency	ASCA Mindset/ Behavior	Format	Timeframe	Approx. # of Students Impacted	Location	Assessment Format	Outcomes Student will...
K-3	Problem solving and decision-making skills  <b>INTRAPERSONAL</b>	PS:A2 PS:B1	BSMS1 BSMS3 BSMS7 BSS5	Counseling lessons (problem solving), individual and group counseling, direct classroom teaching	Winter; throughout the school year	900	Classrooms and counseling office	Problem solving worksheets, mediation, role plays, discipline referrals	Utilize problem solving model to become independent problem solvers
K-3	Healthy self-concept  <b>INTRAPERSONAL</b>	PS:A1	M1 M2 BSS8	Counseling lessons (healthy choices, friendship), individual and group counseling	Fall/Winter throughout the school year	900	Classrooms and counseling office	Checklists, lists of strengths, supporting opinions in writing, observation	Identify and develop one's own values, beliefs, and behaviors in order to develop a healthy self-concept
K-3	Emotions  <b>INTRAPERSONAL</b>	PS:A1	BSMS7	Counseling lessons (problem solving, stress management), individual and group counseling	Winter/Spring, throughout the school year	900	Classrooms and counseling office	Source books/ journals, feelings thermometer, role plays, observations	Identify and express emotions appropriately, and apply effective coping skills with support
K-3	"I statements"  <b>INTRAPERSONAL</b>	PS:A2 PS:B1	BSMS7 BSS1 BSS6 BSS8	Counseling lessons (problem solving), individual and group counseling	Winter, throughout the school year	900	Classrooms and counseling office	Use of "I statements," observations, role plays	Identify and apply "I" statements with support to assertively express needs

K-3	Flexible thinking <b>INTRAPERSONAL</b>	PS:A1 PS:A2 PS:B1	BSMS7 BSMS10	Counseling lessons (social thinking lessons), individual and group counseling, direct classroom teaching	Winter/Spring, throughout the school year	900	Classrooms and counseling office	Observations	Display flexibility during the problem-solving process and throughout times of transition
K-3	Making good choices <b>INTRAPERSONAL</b>	PS:B1 PS:C1	BSMS1 BSMS2	Counseling lessons (healthy choices, Manners, listening/following directions, responsibility/teamwork, problem solving, child safety assembly, stress management individual and group counseling, direct teaching in classrooms and other non-classroom settings, culture/climate building initiatives	Fall/Spring, throughout the school year	900	Classrooms, counseling office, playground, bus, lunch/recess	Observations, discipline referrals	Select and apply "good choices" across a variety of settings
K-3	Self-space <b>INTRAPERSONAL</b>	PS:A1 PS:C1	BSMS2 BSMS9 BSS2 BSS9	Counseling lessons (Manners, sex abuse prevention, safety assembly), individual and group counseling	Fall, throughout school year	900	Classrooms, counseling office	<i>Use of "I statements,"</i> observations	Identify and apply the appropriate self-space and privacy needs in a variety of settings and advocate for self
K-3	Conflict resolution skills <b>INTRAPERSONAL</b>	PS:A2 PS:B1	BLS9 BSMS1 BSMS2 BSS4 BSS5	Counseling lessons, individual and group counseling, direct teaching in classrooms	Winter, throughout the school year	900	Classrooms, counseling office, Principal's office	Observations, discipline referrals, mediations	Identify effective problem solving and conflict resolution skills to work effectively as a member of a team
K-3	Friendship skills <b>INTRAPERSONAL</b>	PS:A2	BSS2 BSS4 BSS9	Counseling lessons (Friendship), individual and group counseling, direct teaching in classrooms	February, throughout school year	900	Classrooms, counseling office, playground, APR, bus	Observations	Apply the skills to create and maintain friendships
K-3	Empathy <b>INTRAPERSONAL</b>	PS:A2	BSS4	Culture/climate building initiatives, individual and group counseling	Winter	900	Classrooms, APR, playground, bus, counseling office	Journaling, sourcebooks	Identify definition of empathy and how to relate to others' feelings

K-3	Respect <b>INTRAPERSONAL</b>	PS:A2	BSS1 BSS2 BSS3	Counseling lessons (Diversity), culture/climate building initiatives	Fall	900	Classrooms, APR, playground, bus	Observations	Understand and display respect for others and property
K-3	Social thinking <b>INTRAPERSONAL</b>	PS:A1 PS:A2	BSMS7 BSMS10	Counseling lessons (ICT classrooms), direct classroom teaching	Throughout the school year	900	Classrooms	Observations	Think about others to determine an expected behavior.
K-3	Social cues <b>INTRAPERSONAL</b>	PS:A1 PS:A2	BSS1 BSS9	Individual and group counseling, direct classroom teaching	Throughout the school year	900	Counseling office, classrooms, throughout the school building	Observations	Identify socially acceptable body language and voice.
K-3	Embracing differences <b>INTRAPERSONAL</b>	PS:A2	BSS2 BSS4 BSS6 BSS7	Counseling lessons (Diversity), culture/climate initiatives, direct classroom teaching	Fall	900	Classrooms, APR, throughout the school building	Think-alouds, observations	Recognize individual differences and cultural diversity.
K-3	Goal setting <b>GOALS/ PLANNING</b>	PS:B1	M1 M5 BLS1 BLS4 BLS7 BSMS5	Direct classroom teaching	Throughout the school year	900	Classrooms	Goal-setting worksheets with oral discussion	Set short term goals and reflect on progress
K-3	Goal monitoring <b>GOALS/ PLANNING</b>	PS:B1	BLS6 BSMS3 BSMS5	Direct classroom teaching	Throughout the school year	900	Classrooms	Self-assessment, checklist, conferencing, observations	With adult support, evaluate and monitor progress toward individual goal
K-3	Self-reflection <b>GOALS/ PLANNING</b>	PS:B1	BLS1 BLS7	Direct classroom teaching, individual and group counseling	Throughout the school year	900	Classrooms, counselor's office	Self-assessment, checklist, observations, conferencing	Predict and explain consequences of various decisions and actions
K-3	Role-model behavior <b>PERSONAL GROWTH</b>	PS:A1	BLS6 BSMS5	Direct classroom teaching	Throughout the school year	900	Classrooms	Observation	Identify the characteristics of a positive role model

K-3	Self-reflection  <b>PERSONAL GROWTH</b>	PS:B1	BLS1 BLS7	Direct classroom teaching, individual school counseling	Throughout the school year	900	Classrooms	Observation	Identify and apply strategies to enhance personal growth
K-3	Perseverance and resiliency  <b>PERSONAL GROWTH</b>	PS:B1	BSMS5 BSMS6	Counseling lessons (perseverance)	Spring	900	Classrooms	Observation	Model perseverance skills in working toward goals and overcoming obstacles
K-3	Safety skills  <b>PERSONAL GROWTH</b>	PS:C1	BSMS9	School assembly, individual counseling, direct classroom teaching	Winter	900	APR, counseling office, classrooms	Surveys, worksheets, think-aloud, observations	Recognize problematic or dangerous situations and apply decision-making skills to keep themselves and others safe
K-3	Healthy choices  <b>PERSONAL GROWTH</b>	PS:C1	M1 BSMS9	Counseling lessons (Fall), direct classroom teaching	Fall	900	Classrooms	Surveys, worksheets, think-aloud, observations	Identify and understand healthy and unhealthy choices
K-3	Sex abuse awareness/prevention  <b>PERSONAL GROWTH</b>	PS:C1	BSMS9 BSS8	Classroom lessons (Sex abuse prevention)	Winter	900	Classrooms	Surveys, worksheets, think-aloud, observations	Recognize the difference between a comfortable and uncomfortable touch, and advocate when necessary
K-3	Accessing appropriate resources  <b>PERSONAL GROWTH</b>	PS:C1	BSS3 BSS8	Classroom lessons (Problem solving, safety assembly)	Winter	900	Classrooms, APR	Surveys, worksheets, think-aloud, observations	Identify and explain the difference between situations requiring peer support and situations requiring adult intervention; identify trusted adults and utilize when needed
K-3	Stress management  <b>PERSONAL GROWTH</b>	PS:B1 PS:C1	M1	Classroom lessons (Stress management), individual and group counseling	Spring	900	Classrooms	Surveys, worksheets, think-aloud, observations	Apply appropriate techniques to manage stress
K-3	Personal safety	PS:C1	BSMS8	Safety assembly, direct classroom teaching				Short answer	State personal information and practice safe

	<b>PERSONAL GROWTH</b>							worksheet, observations, simulations	disclosure
4-6	"I statements" <b>INTRAPERSONAL</b>	PS:A1 PS:A2 PS:B1	BSMS7 BSS1 BSS6 BSS8	Classroom lessons (problem solving), individual and group counseling	Fall; throughout the school year	800	Classrooms and counseling office	Use of "I statements," observations	Identify and apply "I" statements to assertively express needs
4-6	Flexible thinking <b>INTRAPERSONAL</b>	PS:A1 PS:A2 PS:B1	BSMS7 BSMS10	Classroom lessons (social thinking), individual and group counseling, direct classroom teaching	Fall; throughout the school year	800	Classrooms and counseling office	Observations	Display flexibility during the problem solving process and throughout times of transition
4-6	Making good choices <b>INTRAPERSONAL</b>	PS:B1 PS:C1	BSS5 BSS9	Classroom lessons (decision making/health choices), individual and group counseling, direct classroom teaching	Fall; throughout the school year	800	Classrooms and counseling office	Observations, discipline referrals	Compare and contrast socially acceptable behavior across a variety of settings and implement those appropriate choices
4-6	Self-space <b>INTRAPERSONAL</b>	PS:A1 PS:C1	BSS2 BSS9	Individual and group counseling	Throughout the school year	800	Classrooms and counseling office	Use of "I statements," observations	Apply and model the appropriate self-space and privacy needs in a variety of settings and advocate for self
4-6	Conflict resolution skills <b>INTERPERSONAL</b>	PS:A2 PS:B1 PS:C1	BLS9 BSMS1 BSMS2 BSS4 BSS5	Classroom lessons (conflict resolution), individual and group counseling	Winter; throughout the school year	800	Classrooms, counseling office and principal's office	Observations, discipline referrals, mediation	Apply, with adult support, effective problem solving and conflict resolution skills to work effectively as a member of a team
4-6	Friendship skills <b>INTERPERSONAL</b>	PS:A1 PS:A2	BSS2 BSS4 BSS9	Classroom lessons (making and keeping friends), individual and group counseling, direct classroom teaching	Winter; throughout the school year	800	Classrooms, recess, cafeteria, bus and counseling office	Observations	Adjust to changing friendship circles
4-6	Empathy <b>INTERPERSONAL</b>	PS:A2	BSS4	Classroom lessons (empathy and perspective taking), individual and group counseling, direct classroom teaching	Fall; throughout the school year	800	Throughout the school building	Journaling, source-books, observations	Express empathy for others

4-6	Respect <b>INTERPERSONAL</b>	PS:A2	BSS1 BSS2 BSS3	Classroom lessons (character goals), individual and group counseling, direct classroom teaching, culture/climate building initiatives	Fall; throughout the school year	800	Throughout the school building	Observations	Understand and display respect for others and property
4-6	Social thinking <b>INTERPERSONAL</b>	PS:A1 PS:A2	BSS1 BSS4 BSS6 BSS9	Classroom lessons, individual and group counseling, direct classroom teaching	Fall; throughout the school year	800	Classrooms, recess, cafeteria, bus, counseling office	Observations	Think about others to determine an expected behavior
4-6	Social cues <b>INTERPERSONAL</b>	PS:A1 PS:A2	BSS1 BSS9	Individual and group counseling, direct classroom teaching	Throughout the school year	800	Throughout the school building	Observations	Interpret and apply socially acceptable body language and voice
4-6	Embracing differences <b>INTERPERSONAL</b>	PS:A2	BSS2 BSS4 BSS6 BSS7	Classroom lessons (diversity), individual and group counseling, direct classroom teaching	Winter; throughout the school year	800	Throughout the school building	Think-alouds, Observations	Display understanding for individual differences and cultural diversity
4-6	Goal setting <b>GOALS/ PLANNING</b>	PS:B1	M1 M5 BLS1 BLS2 BLS4 BLS5 BLS7	Classroom lessons, individual and group counseling, direct classroom teaching	Fall; throughout the school year	800	Classrooms and counselor's office	Observations, Goal-setting worksheets	Set short term and long-term goals, and reflect on progress
4-6	Goal monitoring <b>GOALS/ PLANNING</b>	PS:B1	BLS6 BSM3 BSM5	Individual and group counseling, direct classroom teaching	Throughout the school year	800	Classrooms and counselor's office	Observations, progress monitoring, behavioral referrals	Independently evaluate and monitor progress towards goals
4-6	Self-reflection <b>GOALS/ PLANNING</b>	PS:B1	BLS1 BLS7	Individual and group counseling, direct classroom teaching	Throughout the school year	800	Classrooms and counselor's office	Observations, teacher/student conferencing	Reflect on the cause and effect of one's actions, and set a goal for improvement
4-6	Role model behavior	PS:A1 PS:A2	BSS2 BSS9	Direct classroom teaching	Throughout the school year	800	Throughout the school building	Observation	Identify and associate with positive role models and peer groups

	<b>PERSONAL GROWTH</b>	PS:B1 PS:B2							
4-6	Self-reflection  <b>PERSONAL GROWTH</b>	PS:B1	M1	Direct classroom teaching, individual counseling	Throughout the school year	800	Classrooms and counseling office	Observation	Apply strategies to enhance personal growth and reflect on the impact
4-6	Perseverance and resiliency  <b>PERSONAL GROWTH</b>	PS:B1	BSMS5 BSMS6	Classroom lessons (perseverance), direct classroom teaching, individual counseling	Spring; throughout the school year	800	Classrooms and counseling office	Observation	Model resiliency skills
4-6	Safety skills  <b>SAFETY SKILLS</b>	PS:B1 PS:C1	BSMS9	Classroom lesson (as part of Science curriculum), individual counseling, direct classroom teaching	Spring; throughout the school year	800	Throughout the school building	Surveys, Worksheets, Think-alouds, Observations	Recognize problematic or dangerous situations and apply decision-making skills to keep themselves and others safe
4-6	Healthy choices  <b>SAFETY SKILLS</b>	PS:B1 PS:C1	M1 BSMS9	Classroom lesson (as part of Science curriculum), individual counseling, direct classroom teaching	Spring; throughout the school year	800	Throughout the school building	Surveys, Worksheets, Think-aloud, Observations	Compare and contrast healthy and unhealthy choices
4-6	Sex abuse awareness prevention  <b>SAFETY SKILLS</b>	PS:B1 PS:C1	BSMS9 BSS8 BSS9	Classroom lessons	Winter	800	Throughout the school building	Surveys, Worksheets, Think-aloud, Observations	Recognize the difference between a comfortable and uncomfortable touch, and use assertiveness and refusal skills to advocate when necessary
4-6	Adult/peer intervention  <b>SAFETY SKILLS</b>	PS:B1 PS:C1	BSMS7 BSMS9 BSS5 BSS6	Individual and group counseling, direct classroom teaching	Throughout the school year	800	Throughout the school building	Surveys, Worksheets, Think-aloud, Observations	Differentiate between situations requiring peer support and situations requiring adult intervention
4-6	Resources  <b>SAFETY SKILLS</b>	PS:B1 PS:C1	BLS5	Classroom lesson (problem-solving), direct classroom teaching, individual sessions	Throughout the school year	800	Classrooms and counseling office	Surveys, Worksheets, Think-aloud, Observations	Identify school and community resources, and know how to access them when needed

4-6	Stress management  <b>SAFETY SKILLS</b>	PS:B1 PS:C1	BSMS7	Classroom lesson, individual and group counseling, direct classroom teaching	Spring; throughout the school year	800	Classrooms and counseling office	Surveys, Worksheets, Think-aloud, Observations	Select and apply a range of appropriate techniques to manage stress
4-6	Personal safety  <b>SAFETY SKILLS</b>	PS:C1	BSMS9	Classroom lessons (safe use of social media and technology), individual counseling, direct classroom teaching	Spring; throughout the school year	800	Classrooms and counseling office	Short answer oral discussion, Written Response	Apply safe use of media and technology (i.e., internet) and understand the ramifications of unsafe use
7-8	Communication Skills  <b>INTRAPERSONAL</b>	PS:A2	BSMS10 BSS1 BSS6 BSS7	Group Counseling, Classroom Lessons, Individual Counseling, Mediations, Consultation with Teachers	Throughout school year	600	Counseling Office, Classrooms	Written and oral responses, interview, Observations	Apply effective communication skills in problem-solving, conflict resolution, teamwork, and compromise
7-8	Healthy Self Concept  <b>INTRAPERSONAL</b>	PS:A1	M1 M2 M3 BSMS2 BSMS7	Group Counseling, Classroom Lessons, Individual Counseling	Throughout school year	600	Counseling Office, Classrooms	Written and oral responses, interview, Observations	Demonstrate a healthy self-concept to Influence desired behaviors and evaluate the impact on your life and the world around you
7-8	Expressing Emotions  <b>INTRAPERSONAL</b>	PS:A1	BSMS7 BSMS2 BSS9 BSS8 BSS5 BSS1	Group Counseling, Individual Counseling, Detention Study Hall, Mediations	Throughout school year	600	Counseling Office, Detention Study Hall	Written and oral responses, interview, Observation of behaviors	Express emotions and feelings appropriately and apply positive, healthy coping skills
7-8	Self-Advocacy  <b>INTRAPERSONAL</b>	PS:A2 PS:C1	BSS8 M1	Individual Counseling, Group Counseling, Consultation with Teachers	Throughout school year	600	Counseling Office	Written and oral responses, interview, self-assessment, interest inventory, career portfolio, Observations	Identify personal strengths, assets and areas of growth and advocate for self accordingly



7-8	Change and Transitions  <b>INTRAPERSONAL</b>	PS:A1 PS:B1	BSMS10 BSMS7	Individual Counseling, Classroom Lessons	Throughout the year	600	Counseling office	Written and oral responses, interview, Performance based (5-week reports, report card comments) Observation	Demonstrate relevant strategies when encountering change
7-8	Appropriate vs. Inappropriate Behavior  <b>INTRAPERSONAL</b>	PS:A1 PS:B1 PS:C1	BSMS1 BSMS9 BSMS7 BSS9 BSS5	Individual Counseling, Consultation with Teachers	Throughout the year	600	Throughout the school building	Written and oral responses, interview, Observation of behavior	Demonstrate and apply understanding of the difference between appropriate and inappropriate behavior. Evaluate this behavior and make an action plan, if necessary, with increased independence
7-8	Respect  <b>INTRAPERSONAL</b>	PS:A2 PS:C1	M3 BSS9 BSS5 BSS4	Individual Counseling, Group Counseling, Mediations, Classroom Intervention, Classroom Consult	Throughout the year	600	PEACE initiative, Counseling Office, Classrooms	Written and oral responses, interview	Respect personal rights, boundaries, and privacy needs of self in more complex settings with growing independence
7-8	Problem Solving  <b>INTERPERSONAL</b>	PS:B1	BLS1 BSMS7 BSS1 BSS4 BSS5 BSS6 BSS7	Group Counseling, Consultation with Teachers	Throughout School Year	600	Throughout the School Building	Written reflection on PEACE Day, Observation, extra-curricular, Journals	Independently apply effective problem solving and conflict resolution skills to work effectively as a member of a team
7-8	Peer Relationships  <b>INTERPERSONAL</b>	PS:A2	BSS2 BSS9	Group Counseling, Individual Counseling, Mediations, Consultation with Teachers	Throughout School Year	600	Counseling Office	Written reflection on PEACE Day, observations, extra-curricular, Journals	Develop and maintain positive peer relationships
7-8	Empathy  <b>INTERPERSONAL</b>	PS:A2	BSS4	Group Counseling, Individual Counseling, Mediations	Throughout School Year	600	Counseling Office	Written reflection on PEACE Day, obser-	Express empathy for others consistently

								ations, extra- curricular, Journals	
7-8	Respect <b>INTERPERSONAL</b>	PS:A2 PS:B1	M3 BSS5 BSS9	Group Counseling, Individual Counseling, Mediations, Consultation with Teachers				Written reflection on PEACE Day, Observation, extra- curricular, Journals	Respect personal rights, boundaries, and privacy needs of others in complex situations
7-8	Advocacy <b>INTERPERSONAL</b>	PS:C1	BSS8 BSS9	Individual Counseling, Group Counseling	Throughout School Year	600	Counseling Office	Oral Expression, Obser- vations	Anticipate when others may be in need and respond appropriately
7-8	Non-Verbal Communication <b>INTERPERSONAL</b>	PS:A2	BLS2 BSS1	Individual Counseling, Group Counseling, Mediations, Consultation with Teachers	Throughout School Year	600	Counseling Office	Written reflection on PEACE Day, Observation, Extended and Construction response	Interpret and apply socially acceptable body language and voice (tone, volume, rate)
7-8	Cultural Awareness <b>INTERPERSONAL</b>	PS:A2	M1 M3 M6 BSS4	Individual Counseling, Group Counseling, Consultation with Teachers	Throughout School Year	600	Counseling Office, School Assemblies,	Written reflection on PEACE Day, Culture (ex. Black History) Month activities, Observation	Display acceptance and respect for individual differences and cultural diversity
7-8	Goal Setting <b>GOALS/ PLANNING</b>	PS:B1	M4 BSMS5 BSMS6 BLS7 BLS4	Individual Counseling, Related Service Meetings, Team Meetings, Group Counseling, Classroom Lessons	Throughout School Year	600	Counseling Office, Classrooms	Four-year plan with self- reflection, report card comments, behavior plans, IEPs, 504 plans	Produce short term and long-term goals and develop an action plan to set and achieve realistic goals

								with observation, long term projects in academic subjects with checklists	
7-8	Assessment  <b>GOALS/ PLANNING</b>	PS:B1 PS:C1	M5 BLS1 BLS4 BLS9 BSMS3	Individual Counseling, Related Service Meetings, Team Meetings, Group Counseling	Throughout School Year	600	Counseling Office	Four-year plan with self- reflection, report card comments, behavior plans, IEPs, 504 plans with observation, long term projects in academic subjects with checklists	Independently evaluate the effectiveness of a plan and adjust accordingly
7-8	Goal Evaluation  <b>GOALS/ PLANNING</b>	PS:C1	BSMS10 BSMS1 BLS1 BLS9	Individual Counseling, Related Service Meetings, Team Meetings, Group Counseling	Throughout School Year	600	Counseling Office	Fou- year plan with self- reflection, report card comments, behavior plans, IEPs, 504 plans with observation, long term projects in academic subjects with checklists	Evaluate consequences of decisions and choices, and set a goal for improvement

7-8	Positive Relationships  <b>PERSONAL GROWTH</b>	PS:A2	BSS3 BSS2 BLS10 M1 M3	Individual Counseling, Consulting with Teachers, Team Meetings	Throughout School Year	600	Throughout the School Building	Interviews, journal entries, participation in Peer Mediation, Natural Helpers, extra- curricular activities, discipline referrals with oral discussion and written response, report card comments	Associate with mentors, positive role models and peer groups
7-8	Self-Reflection  <b>PERSONAL GROWTH</b>	PS:A1 PS:B1 PS:C1	M1 BSMS1 BSMS7 BSS5	Individual Counseling, Consulting with Teachers, Team Meetings, Classroom Lessons	Throughout School Year	600	Throughout the School Building	Interviews, journal entries, participation in Peer Mediation, Natural Helpers, extra- curricular activities, discipline referrals with oral discussion and written response, report card comments	Utilize self-reflection strategies to enhance personal growth
9-12	Communication Skills	PS:A1 PS:A2 PS:B1	B-LS 1 B-LS 2 B-SMS 1 B-SMS 7 B-SS 1 B-SS 2	Group Counseling and Individual Counseling	Throughout school year	1200-1300	Counseling Office, Classroom	Oral discussion, rubric with observation	Apply effective communication skills in problem-solving, conflict resolution, teamwork and compromise

			B-SS 3 B-SS 4 B-SS 5 B-SS 6 B-SS 7 B-SS 8 B-SS 9						
9-12	Healthy Self Concept	PS:A1 PS:B1 PS:C1	M 1 M 2 B-SS 1	Group Counseling and Individual Counseling	Throughout school year	1200-1300	Counseling Office, Classroom	Oral discussion, rubric with observation	Demonstrate a healthy self-concept to influence desired behaviors and evaluate the impact on your life and world around you
9-12	Coping Skills	PS:A1 PS:B1 PS:C1	M 1 M 2 B-SMS 9 B-SMS 10 B-SS 1 B-SS 8 B-SS 9	Group Counseling, Mediation, and Individual Counseling	Throughout school year	1200-1300	Counseling Office, classroom	Oral discussion, observation, discipline record with oral and written discussion	Consistently apply positive and healthy coping skills in increasingly complex situations
9-12	Self-Advocacy	PS:A1 PS:B1 PS:C1	B-LS 1 B-SMS 1 B-SMS 6 B-SMS 8	Group Counseling and Individual Counseling	Throughout school year	1200-1300	Counseling Office, classroom	Oral discussion, self-assessment (interest inventory), career portfolio, student writing)	Identify personal strengths, assets and areas of growth and advocate for self accordingly
9-12	Change and Transitions	PS:A2 PS:B1 PS:C1	B-SS 10 B-SMS 9	Group Counseling and Individual Counseling	Throughout school year	1200-1300	Counseling Office, classroom	Observation, five-week report, report card comments	Demonstrate relevant strategies when encountering change
9-12	Appropriate vs Inappropriate Behavior	PS:A1 PS:B1 PS:C1	B-SS 5 B-SS 9 B-SMS 1 B-SMS 2 B-SMS 4	Individual Counseling	Throughout school year	1200-1300	Throughout the school building	Oral discussion, Simulation	Demonstrate and apply understanding of the difference between appropriate and inappropriate behavior. Evaluate this behavior and make an action plan, if necessary, with increased independence in more complex situations

9-12	Respect	PS:A1 PS:A2	B-SS 1 B-SS 2 B-SS 3 B-SS 4 B-SS 5 B-SS 6 B-SS 7 B-SS 9	Individual Counseling, Group Counseling, Consult to Teachers	Throughout school year	1200-1300	Throughout the school building, Counseling Office	Observation, oral discussion	Respect personal rights, boundaries, and privacy needs to self in more complex settings with growing independence
9-12	Problem Solving	PS:A1 PS:A2 PS:B1	B-SS 2 B-SS 4 B-SS 6 B-SS 7 B-SS 8 B-SS 9	Individual Counseling, Consult to Teachers	Throughout school year	1200-1300	Throughout the school building, Counseling Office	Rubric, observation, peer assessment, group project	Independently apply effective problem solving and conflict resolution skills to work effectively as a member of a team
9-12	Peer Relationships	PS:A2 PS:B1 PS:C1	B-SS 1 B-SS 2 B-SS 4 B-SS 6 B-SS 7 B-SS 9	Group Counseling and Individual Counseling Consult to Teachers	Throughout school year	1200-1300	Counseling Office	Oral discussion, observation, self- reflection, simulation, reports, projects	Develop and maintain positive peer relationships
9-12	Empathy	PS:A2 PS:B1	B-SS 4	Group Counseling and Individual Counseling	Throughout school year	1200-1300	Counseling Office	Oral discussion, observation, self- reflection, simulation, reports, projects	Express empathy for others consistently
9-12	Respect	PS:A2 PS:B1	B-LS 5 B-SS 1 B-SS 2 B-SS 9	Group Counseling and Individual Counseling Consult to Teachers	Throughout school year	1200-1300	Counseling Office, classroom	Oral discussion, observation, self- reflection, simulation, reports, projects	Respect personal rights, boundaries, and privacy needs of others with growing independence

9-12	Advocacy	PS:A2 PS:C1	B-SS 1 B-SS 2 B-SS 4 B-SS 5 B-SS 8 B-SS 9	Individual Counseling	Throughout school year	1200-1300	Counseling Office, classroom	Oral discussion, observation, self-reflection, simulation, reports, projects	Advocate for others in need
9-12	Non-verbal Communication	PS:A2 PS:C1	M 3 B-SS 1 B-SS 2 B-SS 9	Individual Counseling, Consult to Teachers	Throughout school year	1200-1300	Counseling Office, classroom	Oral discussion, observation, self-reflection, simulation, reports, projects	Interpret and apply socially acceptable body language and voice (tone, volume, rate)
9-12	Cultural Awareness	PS:A2 PS:B1	B-SS 1 B-SS 2 B-SS 3 B-SS 4 B-SS 5 B-SS 7 B-SS 9	Individual Counseling, Consult to Teachers	Throughout school year	1200-1300	Counseling Office, classroom	Oral discussion, observation, self-reflection, simulation, reports, projects	Display acceptance and respect for individual differences and cultural diversity
9-12	Goal Setting	PS:A1 PS:B1	B-LS 7 B-LS 9 B-SMS 5	Group Counseling, Individual Counseling, Group Seminars	Throughout school year	1200-1300	Counseling Office, classroom	Self-assessment, oral discussion, checklists, observations (post high school transition planning)	Produce short term and long-term goals and implement an action plan to set and achieve realist goals
9-12	Plan Assessment	PS:A2 PS:B1 PS:C1	B-LS 1 B-SMS 7 B-SS 5	Group Counseling, Individual Counseling, Group Seminars	Throughout school year	1200-1300	Counseling Office, classroom	Self-assessment, oral discussion, checklists, observations (post high school)	Independently evaluate the effectiveness of a plan and adjust accordingly

								transition planning)	
9-12	Goal Evaluation	PS:A1 PS:C1	B-LS 1 B-LS 7 B-SMS 7 B-SMS 9 B-SS 5	Group Counseling, Individual Counseling, Group Seminars	Throughout school year	1200-1300	Counseling Office, classroom	Self-assessment, oral discussion, checklists, observations (post high school transition planning)	Evaluate consequences of decisions and choices, and set a goal for improvement
9-12	Positive Relationships	PS:A2 PS:B1 PS:C1	M 6 B-SS 2 B-SS 3	Group Counseling, Individual Counseling, Consult to teachers	Throughout school year	1200-1300	Throughout school building	Oral discussion, problem-solving rubric with oral discussion	Surround self with mentors, positive role models and peer groups
9-12	Self-reflection	PS:A1 PS:B1 PS:C1	M 1 M 2 M 5 M 6	Group Counseling, Individual Counseling	Throughout school year	1200-1300	Throughout school building	Oral discussion, problem-solving rubric with oral discussion	Utilize self-reflection strategies to further enhance personal growth
9-12	Persistence	PS:B1 PS:C1	M 2 M 6 B-SMS 5	Group Counseling, Individual Counseling, Consult to teachers	Throughout school year	1200-1300	Throughout school building	Oral discussion, problem-solving rubric with oral discussion	Utilize persistence and perseverance in overcoming obstacles and achieving success
9-12	Rules and Laws	PS:C1	M 1 B-SMS 9 B-SS 9	Individual Counseling	Throughout school year	1200-1300	Counseling Office	Oral discussion, rubric, discipline record with student writing	Follow safety rules and laws, and demonstrate an understanding of the ramifications for noncompliance in more complex situations



9-12	Problem Solving	PS:C1	M 1 M 2 B-LS 1 B-SMS 9 B-SS 9	Individual Counseling	Throughout school year	1200-1300	Counseling Office	Oral discussion, rubric, discipline record with student writing	Analyze problematic or dangerous situations and apply decision-making skills to stay safe
9-12	Sexual Activity	PS:A1 PS:B1 PS:C1	M 1 M 2 B-LS 5 B-SMS 9 B-SS 8 B-SS 9	Individual Counseling	Throughout school year	1200-1300	Counseling Office	Oral discussion, role play	Analyze and evaluate the consequences of sexual activity
9-12	Assertiveness Skills	PS:A1 PS:A2 PS:B1 PS:C1	M 1 M 2 B-LS 5 B-SMS 9 B-SS 8 B-SS 9	Individual Counseling	Throughout school year	1200-1300	Counseling Office	Discussion, self-reflection	Differentiate between appropriate and inappropriate physical contact and assert refusal skills when feeling uncomfortable or threatened in more complex situations
9-12	Advocacy	PS:C1	M 1 B-LS 1 B-SS 1 B-SS 2 B-SS 3 B-SS 9	Individual Counseling, Group Counseling, Consult with Teacher	Throughout school year	1200-1300	Throughout school building	Oral discussion (Health), observation	Seek adult/peer intervention when appropriate
9-12	Resources	PS:C1	M 1 M 2 B-SMS 9 B-SS 1 B-SS 8 B-SS 9	Individual Counseling, Group Counseling, Consult with Teacher	Throughout school year	1200-1300	Throughout school building	Oral discussion (Health), observation	Identify and locate resources within the school and community, and seek help if needed
9-12	Stress	PS:B1 PS:C1	M 1 B-SMS 9 B-SS 9	Individual Counseling, Group Counseling, Consult with Teacher	Throughout school year	1200-1300	Throughout school building	PE, Health, Observation	Evaluate the impact on the mind/body connection to stress and apply appropriate techniques for managing stress
9-12	Social Media	PS:C1	M 1 B-LS 1 B-LS 5 B-SS 8 B-SS 9	Individual Counseling, Group Counseling, Consult with Teacher, Parent Night, Grade level Assemblies	Throughout school year	1200-1300	Throughout the school building	Oral discussion, verbal reflection, observation,	Apply safe use of media and technology (i.e., internet) and understand the ramifications of unsafe use

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