

2023-2024
School Health Advisory Council (SHAC)
Meeting Agenda

A meeting of the Midlothian ISD School School Health Advisory Council will be held December 4, 2023 beginning at 9:32 AM via Zoom. [LINK TO ZOOM RECORDING](#) The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice.

1. CALL TO ORDER

A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

2. PUBLIC COMMENT

Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email krista.tipton@mysd.gs by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

3. INFORMATION / DISCUSSION ITEMS

- A. School Nutrition & MISD Menu Items
- B. First Semester SHAC Initiatives & Programing Review
- C. Body Shop Coordinated School Health Curriculum
- D. Hope Squad

4. ACTION ITEMS –

None

5. ADJOURNMENT

On this, the 4th day of December, 2023, this Notice posted an original copy was posted in the window of the School District Administration Building at 12:00 pm on said date.

Krista Tipton

Krista Tipton, M. Ed

The SHAC Meeting Minutes

12/04/23

1. Welcome– Krista Tipton called the meeting to order.
2. School Nutrition & MISD Menu Items- Aaron Carroll presented a nutrition update. Reviewed the menu tasting event from last year. Getting feedback from students, parents, student advisory committee to improve current offerings. Have special offerings each month, to encourage students to try new foods. Limited special offers like spicy Tzatziki Beef Gyro, was one example given. Special events promotions, like National French Toast Day, incorporated into the menu. Had ACE competition this Fall, our chef won a bronze medal. Student chef competition in February, excited to take to state level representing MISD. Reviewed what makes a meal components.
3. YES AntiBullying Programming for Elementary Schools- Krista reviewed the YES programming and shared the parent flyer. Virtual parent meetings were offered. Overall schedule for 2023-2024 reviewed with committee. Mental health series added per SHAC recommendation last year and will be presented in the spring of this year. YES programming feedback summary reviewed.
4. Tucker’s Law/Fentanyl Awareness During Red Ribbon Week– Krista discussed Tucker’s Law and dangers of Fentanyl. Started a campaign last year in MISD on Fentanyl. Cassie Street from REACH will be at the February SHAC meeting to discuss further. Focused on Fentanyl Awareness during Red Ribbon Week this year in October. Video links from events shared as well. Wendy shared an update on MISD nurse clinics in response to opioid antagonist legislation and MISD policy.
5. Monique Burr Foundation - Teen Safety Matters: Parent Information Flyer- Krista shared the schedule and how we are splitting the information into two sessions. Katie Tackett, Ellis Co CAC, shared how the presentations have been going.
6. LifeVacs- Wendy Hein reviewed the committee decision about bringing the LifeVac devices to each cafeteria. She reminded the committee that these do not take the place of the Heimlich. She shared the decision to have the devices stay in the cafeteria based on reviews from campus nurses. Some nurses suggested we have one in the cafeteria and one in their offices.
7. Dental Screenings- Wendy Hein shared information about the Colgate Bright Smiles mobile van that came to the FSMS parking lot. There were approximately 20 students that took advantage of the dental screenings and additional work that might be needed where given referral for some free services. Looking at what we can do next year to have the back.

8. Lion's Club Mobile Vision Clinic- Wendy Hein shared information about the Mobile Vision Clinic. MISD participated on November 14th. Because of our needs in our district the Lions Club secured an additional doctor for the day. 71 students were seen. All services were free and were able to provide referrals for more free services.

9. Body Shop Coordinated School Health Curriculum- Wendy Hein shared some information with Coach Ellington about the curriculum that we discussed at the last SHAC meeting. MISD has been using the CATCH program. This has been great for Elementary. Secondary purchased the Great Body Shop program because of the needs of the secondary campuses. Coach Ellington shared some information about the Great Body Shop and what all is included.

10. Hope Squad Update- Sabra discussed last year's programming Sources of Strength and Hope Squad, counselors more excited about Hope Squad, due to the way its built and meets wider needs across the campus, while building coping skills for students. Looking at Hope Squad again this week, looking for a grant to help buy. If unable to find a grant to pay for the whole program, will look at options to purchase components of the program.

11. Meeting adjourned at 9:46 am on December 4, 2023.

Representatives in attendance:

Krista Tipton -Co-Chair
Sabra Golden - Co-Chair
Wendy Hein - Co-Chair
Rachel Bryant
Lauren Williams
Aaron Carroll
Jaime Martin
Adrianna Ellington
Abby Pate
Amanda Brady
Beth Stokman
Stephanie Brown
Kristin Vernon
Johnna Stinchcomb
Christine Thorpe
Mandy Berry
Katie Tackett
Whitney Krupala
Leslie Deen
Karis Schumacher
Mandie Tucker
Amadna Jenson

John Davidson
Heather Beck
Meagan Newsome