## LUNCH TIME CHAT December 13th on Doula and Nurturely Program

## HOW CAN I BECOME A DOULA?

Doula, childbirth educator and Nurturely program coordinator Jessalyn (she/they) will share about the role of community birthworkers and the possibilities of this career for anyone interested in health, medicine and advocacy! "Nurturely is a non-profit organization that believes wellness for infants and caregivers is a right - not a privilege. Everyone in our community has a role to play in ensuring that people navigating pregnancy, birth and parenthood are informed and supported, regardless of race, gender, age, language, ability or income. Learn what doulas do, and how birthwork might connect to your dreams and goals for your own health and career. You can learn more about Nurturely at <a href="https://nurturely.org">https://nurturely.org</a>."



Introducing the

## Birthworker Business Hub

Nurturely Advocates Program

- ✓ training and certification for aspiring doulas
- ✓ equity-focused trainings for perinatal professionals
- ✓ fun, connection-based events for local birthworkers