

Nooksack Valley Middle School

Notes Home

December 4, 2023

Monday, December 4 th	A Day
Monday, December 4 th	Fundraiser reward trip to Volli
Tuesday, December 5 th	A Day
Wednesday, December 6 th	B Day
Wednesday, December 6 th	Late Arrival, School starts at 10 AM
Thursday, December 7 th	B Day
Friday, December 8 th	B Day
Monday, December 11 th	A Day
Tuesday, December 12 th	A Day
Wednesday, December 13 th	A Day
Thursday, December 14 th	B Day
Thursday, December 14 th	Spirit Day: Pajama Day!!
Friday, December 15 th	B Day
Friday, December 15 th	Spirit Day: Festive Day!!
Monday, December 18 th	A Day
Monday, December 18 th	Spirit Day: Dress like favorite holiday character!!
Tuesday, December 19 th	A Day
Tuesday, December 19 th	Spirit Day: Holiday Sweater!!

Wednesday, December 20th – Tuesday, January 2nd

Christmas Break!!!

Wednesday, January 3rd

A Day

Wednesday, January 3rd

First day back!!

Are you interested in being on a “For the Levy” or “Against the Levy” committee? If so, please contact Melissa at the District Office at 360.988.4754.

Ask your student to check the Lost and Found. Items will be donated over Christmas Break.

Basketball information:

MS BASKETBALL SCHEDULES

Here the gym schedules for this week.

- 12/4 MS GBB home with LC so MS BBB back up to the Rubber gym.
- 12/5 Girls main gym-- Boys in the shed.

- 12/6 GBB away at MB - Boys both gyms at MS
- 12/7 GBB away at Vista, same as 12/6. Last day for the girls.

Thanks everyone for your flexibility.
Coach Harmon

Health Unit coming up, what does it mean for my student?

Health

Our health units are approaching.

6th Grade

In sixth grade we will cover basic hygiene on how to care for ourselves to promote and maintain a healthy lifestyle. We will also cover the basics of nutrition of what food carries certain nutrients that nourish our bodies.

7th Grade

Seventh grade will cover more in-depth hygiene focused maintenance, importance of sleep, and Prevention education Series. The Prevention Education Series will be taught by our prevention counselor and will cover these for topics:

- Becoming an adolescent (adolescent brain development)
- ATOD (Alcohol, Tobacco, and/or other Drugs)
- Relationships: Friends & Family
- Skills for Coping

8th grade

In 8th grade students cover sexual health.

If you have any questions regarding any of the health units your students will be taught, please contact their PE teacher.

FREE Dental Clinic coming:

See the attached fliers for information on a FREE dental clinic coming in February. Print the form or pick on up from the school office.

Giving Tree . . .

The NVHS ASB Leadership Team and Nooksack Valley Family Services are sponsoring a Giving Tree at the high school. We have a number of families from the Nooksack Valley School District who are in need of holiday assistance during this time of year.

We have chosen to collect “new” blankets (example, throw blankets from Costco) and socks (any size for babies/toddlers/teenagers and adults for all genders) for families this year as gifts and our goal is 300 items! All items will find a home with Nooksack Valley families.

Questions? Contact Tyler Perry, NV High School ASB Advisor, at tyler.perry@nv.k12.wa.us, or Alice Linterman, NV High School Registrar, at alice.linterman@nv.k12.wa.us (360-988-2641, Ext. 3102).

Items may be dropped off at the middle school office or:

Please return unwrapped gifts to Alice Linterman in Room 102 at NVHS no later than Friday, December 15! Thank you!

Free breakfast and lunch for all students this year!!

Annual Student Update and Parent Square

Each year we ask parents and guardians to make sure their student's information is updated. This is done through Skyward as our Annual Student Update. The window for this update closes later in October. Without correct mailing addresses, phone numbers and contact information you will not receive report cards or other informational mailings and we may not be able to contact you in case of illness or emergency. Along with information updates, please complete the other forms and information requested each year. Please update!!

We use Parent Square for our communication home with families. You choose to set up the way in which the schools and teachers will communicate with you. It also helps us ensure we have accurate contact information. If you are not already signed up in Parent Square, please contact the Middle School office and we will help you with the process. If you have a student who has rolled up to a new school, you may need to confirm this in Parent Square, look for a pop-up. This system also allows for two-way communication regarding absences, texting to teachers, emailing etc. Our goal is to provide one communication tool for our parents and teachers for all school activities.

Updated cell phone use at school:

At NVMS our hope for students is that they are able to develop healthy peer-peer relationships both in-person and online along with healthy and productive relationships with technology. In order to do so, consistent campus and classroom expectations around cell phone and ear bud usage will be in place. If a student needs to use their phone for personal use, the expectation is that they check in with a teacher or other staff member to get permission to step into the office or separate space to do so. Students may also use the school phone for school business or emergencies.

Cell phones must remain in students' backpack between the times of 7:40-2:15., with the exception of their lunch time.

Violation of Cell Phone Expectation- (cell phone gets turned into the office)

1st time— Student will need to pick up phone at the end of the day

2nd time – Parent/Guardian will need to arrange to pick up phone Lunch Detention

3rd time– Pioneer Level Drop